

A FREE COMMUNITY NEWSLETTER

September 2020

MIMBRES MESSENGER

A Mimbres Hiker's Journal of Misadventures

By Mungo de Grijalva

I love hiking in the Mimbres Valley. It is world-class hiking. It compares well with trekking through the valleys and mountains of the Sierras, Rockies, and even the Andes. The views are awe inspiring. The variety and change of terrain are challenging. The wildlife is diverse, abundant, and at times hair-raising. Given the current requirement for social distancing, I've been spending lots of time outdoors hiking alone throughout the river valley, mountains and ancient ruins of the Mimbres. I come across very few people.

The large majority of my trekking through the Mimbres Valley is soothing, enlightening and rejuvenating. A handful of misadventures have left me exhausted with effects of post adrenaline rush, and assorted body aches and pains; but also, exhilarated and renewed. I'm averaging one misadventure per month. I'm due for another.

A couple of months ago, I was hiking around the Bear Canyon Lake Dam area. I was excited and inspired by the beautiful, natural setting of the lake. I parked above the lake and hiked down to the water's edge to cool my feet. There was no trail down, so I bushwhacked down the rocky, cacti covered hill. Halfway down, I stepped on some shell-rock material and pebbles. They gave way, and, as I tumbled backwards, I tried to recover by planting my left foot. I did not stick the landing. My foot slipped and twisted my knee, tweaking the joint. I fell and bounced on my behind as I yelled, "Ahhhhhh!" Echoing through the canyon could be heard a painful curse and cry, "My kneeeeee!" The cool water did soothe my aching leg, but not my bruised ego.

One evening, four weeks ago, hiking in the upper reaches of the Mimbres Valley, I was almost trampled by a hungry



Javelina runts bringing up the rear of the pack

looking squadron of a half-dozen smelly javelinas — big wild pig-like animals that look like overgrown gophers. The herd was led by a hairy, muscular gray-brown, alpha male, followed by suckling females, and numerous stinky little ones. I yelled and threw rocks. They came too close, before turning and dashing off in the other direction. The odds were not in my favor: 6 to 1!

Last week, hiking down Palomino Trail in the Mimbres, a tarantula the size of my hand tried to "throw down on

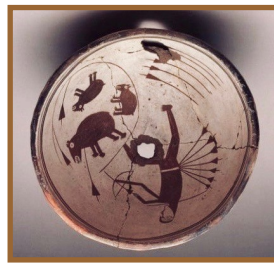


Tarantula that spooked me

me!" I was alone. When I approached the critter, it stopped, turned towards me and raised two front hairy, black legs and claws in a menacing warning. My only offense, attempting to take a photo of the enormous black, fuzzy hair spider. Before it

could flick its stinging bristles at me, I snapped the photo and "high kicked" out of there. But, without warming up and sprinting on the uneven rocky ground, I again tweaked and reinjured my left knee: "Ouch!" Tarantula 1 — Mungo 0. I did get a photo. You judge, was it worth it?

Where to go on my next hiking (mis)adventure? I'm headed to the northern upper reaches of the Mimbres Valley, where it joins the Gila wilderness to explore landscapes and wildlife. People tell me there are hungry bears in the region. To repel those bigger than me, furry mammals, does anyone have experience using bear spray? Does it really work?



Mimbres pottery with Javelinas

VOLUNTEER STAFF

- Mary Willhite, Editor, Production and Advertising
- Bonne Beavers, co-editor
- Marilyn Markel, Kathy Hill, and the "Bugman" monthly Contributing Writers
- Grace Williams, Distribution & Printing
- RJ Nelson, Chief of Printing, Distribution and Billing
- This month's guest writers: Bill Overholt, Mungo de Grijalva, Chris DeBolt, Ria Bonneami (thanks to everyone)

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LETTER FROM THE EDITOR

By Mary Willhite

I had two people come by my house in the last couple of days while I was working on the *Messenger*.

Both of them were surprised to find that I had a new administrative assistant and they both suggested that I should introduce her to the readers. I have attached a picture of her so you will recognize her when you see her and can thank her for her hard work. I will



admit that she is very loyal and very dedicated to her job. If I am working, she wants to work. My biggest complaint is that she is a terrible typist. However, she does love the touch screen. She takes great offense if I try and take over, and I have the scars to prove it. I wonder if my computer warranty covers "cat hair" issues.

I don't have much to write about these days since I rarely go out and see anyone. I am very excited to see the Governor's revised Emergency Public Health Order. (see page 16) I can't wait to go into Silver and eat inside or outside at one of the restaurants. This is from someone who ate in restaurants four out of seven nights a week when I was working, so you know how excited I am to be waited on and eat someone else's cooking once again.

I am very proud of Grant County with its response to fighting against Covid-19, and I want the successful efforts to continue. Sometimes, because we are doing so well, I feel I may be getting too complacent and letting my guard down.

I always wear my mask when I go to a public place, but the other day I was just dropping off a letter to be mailed at the post office and had a "senior moment" and forgot to put on my mask. When I saw the gentleman holding the door for me with his mask on, it jarred me back to reality. Since I was already half way

through the door, I put my shirt across my nose and mouth and apologized profusely for forgetting and being so rude. He

laughingly and graciously accepted my apology. I ran inside dropped my letter and ran out. The quickest trip to the post office I ever made.

We all know the path to continued success by now: wearing masks, avoiding groups, keeping physical distance and regularly washing our hands. Hopefully, we can all keep it up long enough to get back to

normal.

This month's **Good Neighbor Award** goes to Sharon McGrath. You know you really deserve the award when you have two people nominate you!

Sharon has been an outspoken advocate for senior citizens in the Mimbres Valley for years. When she sees an injustice, she wants it addressed and corrected. She has been on the Senior Center Advisory Community for years, and has run an Alzheimer's Caregiver Support Group.

Sharon helps deliver food to people who are not able or have no transportation to come to the mobile food pantry themselves. She is very concerned with the welfare of others. Even when she isn't up to the task herself, she makes sure someone else can cover for her.

For at least the past eight years, she has been part of the Grant County Volunteer Program. She drives for people who need transportation to doctor's appointments, or to the store for groceries.

Even though she is barely able to look after herself, these days, Sharon has taken in a woman who had no place to go and can't look after herself, offering her shelter and food.

Sharon recently had surgery, and probably needs a little help herself these days. Hopefully we can return her good works by helping her out.



**THE MIMBRES VALLEY
HARVEST FESTIVAL HAS BEEN CANCELLED
FOR 2020
BUT, THERE WILL BE A MIMBRES VALLEY
FARMERS' MARKET GRAND FINALE
SEE PAGE 4 FOR DETAILS**

MIMBRES FARMERS' MARKET

During the month of September, the Mimbres Farmer' Market will be at Valle Mimbres Market every Saturday between 10 am and noon. Remember the market is free for growers (all fees are paid by MVHAL) and more growers are needed—everyone is selling out. Come and support our local growers!

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Mimbres Valley Harvest Festival Cancelled for 2020

But everyone is invited to the Mimbres Valley Farmers' Market Grand Finale

Anyone who has been in the valley for any length of time is aware that the Mimbres Valley Health Action League (MVHAL) is the entity responsible for the Mimbres Valley Harvest Festival. For the past 14 years, the dedicated members of MVHAL have financed and worked diligently to hold this festival for everyone to enjoy and to participate in the festivities.

Many volunteers' hours of planning, organization, hard work and physical labor make this event possible every year. The festival always includes a Health Fair, a San Lorenzo Elementary School Enchilada Dinner Fundraiser, a bike raffle for the kids, special exhibitions, vendors with great food, local craft vendors and local growers selling their bounty. The festival is where everyone gets their Harvest Festival T-shirts and hats and you can purchase the Harvest Festival calendars. (see page 6 and 13).

Unfortunately, for the safety of the residents of the valley there will be no Mimbres Valley Harvest Festival this year.

However, there will be.....

MIMBRES VALLEY FARMERS' MARKET GRAND FINALE

By William Overholt

Since 2006, the Mimbres Valley Health Action League has organized the Harvest Festival to celebrate community, encourage local agriculture, showcase locally grown food and handmade products, promote tourism to the Valley, and simply have a fun day for Valley residents and visitors alike.

Sadly, this year we had to make the difficult decision to cancel the Harvest Festival due to the COVID-19 pandemic. **Instead, on October 3 from 10 AM until 2 PM, we will hold a Grand Finale of the Mimbres Valley Farmers' Market to celebrate the end of the growing season.**



The Finale will be held in the parking lot of the Roundup Lodge and feature agricultural growers and their locally grown, nutritious produce. Precautions to avoid the spread of coronavirus will include mandatory wearing of masks and social distancing.

We very much hope that next year we will be able to once again hold a full-scale Harvest Festival with music, dancing, games, local arts and crafts and the many other activities included in previous years. In spite of this year's limited celebration, please come to the Farmers' Market Grand Finale and support local agriculture! If you are a grower with excess produce, please consider selling at the market. You can reserve a space by contacting Valerie McCaffrey at vallimac51@gmail.com or by filling out an online form at <http://mvhal.org/grower-application/>.

NO HEALTH FAIR at the HARVEST FESTIVAL THIS YEAR

Because of the restrictions of the COVID-19 pandemic that we are all living through, the Mimbres Health Fair, that is held in conjunction with the Harvest Festival, is also being cancelled. As it stands now, medical and screening personnel are unable to commit to any of the health services and screenings available in the past. Everyone associated with the Health Fair is hopeful that it can be rescheduled for the fall. Hopefully by that time, restrictions will be lifted quite a bit and more healthcare screeners can participate. That is the plan and we are sorry but that is our reality. Take good care of yourselves and stay tuned for more information about the rescheduled Mimbres Health Fair.



Chris DeBolt

The Mimbres Valley Health Action League or MVHAL looks forward to seeing you in 2021 at the Mimbres Valley Harvest Festival.

Be sure to visit our new website at www.mvhal.org

What Love Means to 4-8 Year old Kids

Submitted by Susie Eickhoff

A group of professional people posed this question to a group of 4 to 8 years old kids.

“What does love mean?”

When my grandmother got arthritis, she couldn't bend over and paint her toenails anymore...So my grandfather does it for her all the time, even when his hands got arthritis too. That's love. - Rebecca age 8

When someone loves you, the way they say your name is different. You just know that your name is safe in their mouth. Billy age 4

Love is when a girl puts on perfume and a boy puts on shaving cologne and they go out and smell each other. - Karl age 5

Love is when you go out to eat and give somebody most of your French fries without making them give you any of theirs. - Chrissy age 6

Love is when your puppy licks your face even after you left him alone all day. - Mary Ann age 4

Love is what's in the room with you at Christmas if you stop opening presents and just listen. - Bobby age 7

Love is when you tell a guy you like his shirt, then he wears it everyday. - Noelle age 7

Love is when my mommy makes coffee for my daddy and she takes a sip before giving it to him to make sure the taste is OK. - Danny age 8

If you want to learn to love better you should start with a friend who you hate. -Nikka age 6

My mommy loves me more than anybody. You don't see anyone else kissing me to sleep at night. - Clare age 6

Love is when Mommy gives Daddy the best piece of chicken. - Elaine age 5

I know my older sister loves me because she gives me all her old clothes and has to go out and buy new ones. - Lauren age 4

When you love somebody, your eyelashes go up and down and little stars come out of you. - Karen age 7

You really shouldn't say "I love you" unless you mean it. But if you mean it, you should say it a lot. People forget. - Jessica age 8

Awaiting by Ria Bonneamie

A time of change is upon us,
A time for inner reflection,
A time of contained upheaval.
Standing still,
Waiting for discovery,
Stagnant surface, swirling waters below.
While the world still turns,
While mankind still fights,
While the minuscule still bites,
Nowhere to go,
Nothing to do,
No more to get.
Restrictions bring us to a halt,
Reaching for safe and sound,
Giving us time to search,
For what we had in the past,
For a new beginning,
For a spiritual end.
A blessing in disguise,
Teeming with sorrow and pain,
Building resilience and strength.
Waiting for peace of mind,
Until lifting the silver lining, we perceive
The beauty hiding beyond the beast.



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www.mvhal.org

Try it! You'll like it!

Thanks to the efforts of Mitch Clinton (also of Mitchell Clinton Photography, obviously a multi-talented individual), the Mimbres Health Action League or MVHAL has joined the 21st century! Actually, Mitch says it is more like we have joined the 20th century, but we are making headway!

After many years of not having maintained a viable website, MVHAL now has a beautiful new, informative, helpful, and useful interactive website.

The website encompasses information on all of the programs that MVHAL maintains and supports.

From the home page you can assess information on all of the programs or you can directly contact the person in charge of each of these programs. You can also pre-order and pay for your **2021 Mimbres Harvest Calendar** and pick one up at the Farmers' Market Grand Finale. If you are out of the area, you can also order calendars (shipping charges apply).

If you click on the Mimbres Messenger, you can access all of the *Messengers* as far back as 2014. You can also get information on ad sizes and costs, and request to

become an advertiser. With the new automated billing systems, you can even pay your bill on-line.

If you click on the Mimbres Valley Farmers' Market, you can read about the Saturday Farmers' Market that is free to growers, and see the times and the schedule for the year.

If you click on the Mimbres Valley Harvest Festival, which is the Farmers' Market Grand Finale this year due to Covid-19, you can learn all about the upcoming Grand Finale. If you are a grower, you can request an application to sell your produce (remember it is free). If you do it ahead of time you can be featured on the webpage with all of the attending growers. If you are an attendee, you can reference the time and place.

From this webpage, you can also pre-order and pay for your **2021 Mimbres Harvest Calendar** and then just pick it up at the Farmers' Market Grand Finale!

You can click on webpages that highlight all of the MVHAL programs, a contacts page, and there is even a page to **DONATE** to MVHAL directly.



EVERYONE COUNTS in New Mexico ~ the 2020 U.S. CENSUS

Why it is so important - especially for seniors

The U.S. Census is a decennial count of people living in the United States and is mandated by Article I, Section 2 of the United States Constitution. The first census after the American Revolution was taken in 1790, under Secretary of State, Thomas Jefferson. There have been 22 federal censuses since that time.

The 2020 Census is happening now until September 31, and it is important that everyone participate. The U.S. decennial census is critically important to our democracy for a number of reasons.

- ◆ It determines how many of the now 435 available seats (districts) each state is entitled to in the House of Representatives.
- ◆ The data from the census is used to distribute billions of federal funds for essential programs to local communities, including programs that assist older adults.
- ◆ The government will use 2020 Census statistics to help decide how to spend billions of dollars annually in federal funds on critical public services for the next 10 years.

New Mexico receives over \$7 billion each year through federal programs which benefit the entire community: health care, nutrition, highways, education, housing, jobs, and more that allocate funds on per a capita basis.

Everyone who is not counted and resides in New Mexico will mean less money and representation for the state. If New Mexico undercounts residents by **only 1%**, the state will lose \$780 million dollars per year for 10 years. Each New Mexican not counted equates to a loss of approximately \$3,745 per year for 10 years.

If you live in the United States, you are required by law to participate in the 2020 count.

Don't be afraid to get counted. It helps everyone. The 2020 Census is SAFE. The U.S. Census Bureau has a legal commitment to keep census responses confidential. The U.S. Census Bureau is required to protect your answers, and all employees take a lifetime oath to protect your information. It's against the law for them to publicly release your responses in any way that could identify you or your household.

The U.S. Census Bureau will NEVER share information with immigration enforcement agencies like Immigration and Customs Enforcement (ICE), law enforcement agen-

cies like the county sheriff, local police, or the Federal Bureau of Investigation (FBI), or allow this information to be used to determine eligibility for governmental benefits.

Here in Grant County, only 48.7% of residents have responded to date as compared to 50% back in 2010.

Thank you if you've responded to the census, but if you haven't: Our community needs you to get counted!

The easiest way to get counted is to go online to 2020census.gov and fill out the on-line questionnaire. It takes about 10 minutes.

You can also fill out your paper questionnaire that you should have received in the mail.

Due to the coronavirus outbreak, all public locations for census taking are closed.

So if you do not have access to the internet or have not received a paper questionnaire, you can call the 2020 Census Assistance line at 1-844-330-2020.

Additionally, Belinda Jones of the El Refugio is offering to help walk anyone through the form. You can reach her at 575-538-2125 extension 17.

Again, to date only 48.7% of Grant County residents have responded, so please get counted today!

That's 2020census.gov

References: [iknowexpo.org](https://www.iknowexpo.org),
[U.S. Census Bureau.gov](https://www.census.gov),
[2020 Census.gov](https://www.2020census.gov),
[Wikipedia.org](https://www.wikipedia.org)

GET COUNTED TODAY! New Mexico needs its fair share of federal tax dollars and representation!

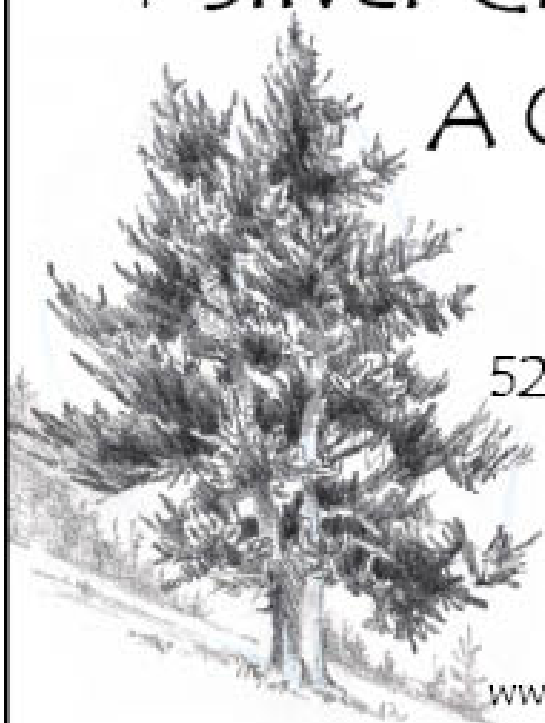
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MIMBRES CULTURE HERITAGE SITE

By Kathy Hill, President of the IFWEF

Want to get rid of good stuff you don't want or need? Tired of staying at home?

Want to have something to look forward to? Want to get out and have some fun?

Come to the Mimbres Culture Heritage Site's Yard Sale to Benefit the Mimbres Museum

The Mimbres Museum has been closed since March in compliance with the Governor's Emergency orders due to the Covid-19 pandemic. In order to recover some of our losses, to pay some bills, and to have some fun, the Imogen F. Wilson Foundation is holding a yard sale.

Here is your chance to help The Mimbres Culture Heritage Site through this difficult time. We are seeking donations of good, clean, and functioning items for our yard sale. Make sure your items are clean and in working order. Start putting aside your donations now!



Donate

Then



Come by and Buy

Here is another chance to help the Mimbres Culture Heritage Site. Come to the **Yard Sale!**

MARK THESE DATES ON YOUR CALENDAR NOW!

NO CLOTHING PLEASE

Bring your donations to the Mimbres Museum, 12 Sage Drive (just past the old Mimbres Café on Highway 35)

- ◆ Friday, October 2 from 11 am - 3 pm and 5 pm - 6 pm
- ◆ Saturday, October 3 from 11 am - 3 pm and 5 pm - 6 pm
- ◆ Friday, October 9th from 11 am - 3 pm and 5 pm - 6:30 pm

Masks required

Saturday, October 10th from 11 am to 3 pm

Sunday, October 11, from 11 am to 1 pm

Masks required

For questions or information, call

Kathy @ 307.640.3012

Bill @ 575.536.3092

Chris @ 575.956.3225 or

WEAR YOUR MASKS TO ENSURE EVERYONE'S SAFETY ~ SEE YOU AT THE YARD SALE

A thank you note

I want to thank everyone in the Mimbres Valley and beyond for their time, their money, and most of all their prayers. I am sure that the love that you have all shown me will continue to see me through any trying times ahead. Again, I thank you all from the bottom of my heart.

Sharon McGrath

THE MIMBRES CULTURE HERITAGE SITE IS REOPENING

Friday, September 4, 2020, the Mimbres Culture Heritage Site will be open to visitors.

The hours will be 11 am - 3 pm on Fridays, Saturdays, and Sundays.

On Saturday, September 5, Bill Hudson will give a walking tour of the Mattocks Ruin at 1 pm. The tour will include entrance to the museum. Masks are required for visitors.

A donation of \$3 per person is suggested.

Dress for the weather. Photos are allowed.

The Heritage Site is on Highway 35, just past the old Mimbres Cafe, 12 Sage Drive, Mimbres.

COMMUNITY and COUNTY CALENDAR

Per the Governor's orders most everything that normally appears here each month has been cancelled until further notice. There are a few places that are still able to operate, (at least at this time) and they are listed below.

ALBERTSONS - Wednesday, September 5 - First Wednesday of the month. Seniors 55+ get 10% off. All day.

ALCOHOLICS ANONYMOUS - Cancelled until further notice. For more information call 515-313-4693 or 888-388-1802.

COMMODITIES DISTRIBUTION - September 19 - (third Wednesday of every month) - 12 NOON to 2:00 pm - Roundup Lodge
Please bring a suitable box. Volunteers to help pack boxes are always needed.

DESERT WEST AUCTION - THE BIG RED BARN - 3870 Hwy 35, Mimbres. Third Sunday of every month Off Line and On Line
Auction email: desertwest@desertwestauction.com web: www.desertwestauction.com phone: 575-536-9353 On Line
at www.liveauctioneers.com (We assume they can still hold their off-line auction)

HMS MIMBRES CLINIC - *Clinic Hours and Days have been CHANGED* - Now open **Tuesday, Wednesday and Thursday 8:00 am to 5 pm.** 575-536-3990 (Closed between 12 noon and 1 pm for lunch)

LA ESPERANZA VINEYARD & WINERY - **By appointment only Winery open Friday, Saturday and Sunday - Noon to 6:00 pm. for curbside service.** Call in advance to place order and schedule pickup. Mimbres' Award Winning Winery. For more information, call 505-259-9523 or 505-238-6252

La TIENDA - NEW HOURS Store hours and Fuel Pumps are open **9:00 am to 4:00 pm ~ La Tienda Restaurant Del Sol** is now OPEN for Take out and very limited outdoor seating, with a luncheon menu of burgers, sandwiches and salads. **Hours for lunch are 11:00 am to 4:00 pm.** All safety Covid-19 practices are observed. **Support your local businesses!**

MIMBRES FARMERS' MARKET - Saturdays, August 1 - September 26, - 10:00 am to Noon. Outdoors at the Valle Mimbres Market, 2739 Highway 35. On October 3, the Farmers' Market will be held from 9:00 am to Noon at the Mimbres Roundup Lodge, 91 Acklin Hill Road.

MIMBRES VALLEY THERAPEUTIC HEALING - Tuesday thru Saturday - By appointment only, 2739 Highway 35, Mimbres, 575-574-7069.

MIMBRES VALLEY SENIOR CENTER - LUNCH DAILY - Monday - Friday NEW HOURS—LUNCH IS NOW AT 12 NOON Reservations are requested one day in advance. See Page 15 for daily menu. 575-536-9990

NEW PROCEEDURES

Until further notice, you may still get Senior Lunches at the Senior Center. The building will remain closed, but you may call in your order one day in advance and it up at the Center between 12 noon and 12:30 pm. Drive around to the back door and stay in your vehicle and they will bring your lunch to your vehicle.

SILVER CITY FOOD CO-OP - Food Co-op at 575-388-2343 or www.silvercityfoodcoop.coop Open Monday - Saturday 9 am - 7 pm and Sunday 11 am to 5 pm. Don't forget to round up for local non-profits.

SILVER CITY MUSEUM GOES DIGITAL DURING LOCKDOWN Virtual Summer programs being held via Zoom Information can be found on the Museum's newly redesigned website, www.silvercitymuseum.org. Website visitors can also sign up for the email list to get links and reminders of upcoming events, and of course those who like or follow the Museum on Facebook will get updates, links, and fascinating tidbits. For more information, please contact the museum at (575) 538-5921 education@silvercitymuseum.org, or visit the museum's website: www.silvercitymuseum.org

Sunday, September 6, 7pm: *Rattlestiltskin* - Bilingual Storytime with Kristin Warnack and Xochitl Hernandez Moctezuma: https://us02web.zoom.us/webinar/register/WN_s4v0iRAfR4Cp5QdTbIvMzw

Sunday, September 20, 7pm: *The Napping House* - Bilingual Storytime with Misty Pugmire and Millie Moyer of El Grito Head Start: https://us02web.zoom.us/webinar/register/WN_6AFcZuUnQs2THS9Mv9vQ8w

Saturday, September 26, 11am: *The Street That Changed Everything* - How Silver students made an award-winning documentary about Sesame Street, with the Silver High National History Day Team: https://us02web.zoom.us/webinar/register/WN_cdSkEfnzTpqUnNXOjoyRw

SILVER CITY VISITORS CENTER NOW OPEN FOR CURBSIDE SERVICE - Murray Ryan Visitor Center offers Curbside Service The Silver City Murray Ryan Visitor Center is now open for curbside service. Residents and visitors can interact with staff via a video intercom system. Come to the front door, ring the bell, and have your questions answered. Staff will also gather

Continued from Page 10

maps and brochures that are requested and put them in a bag to be picked up outside the front door. The "Billy the Kid" cabin is also open. Visitor Center hours are 9 am to 5 pm Monday through Saturday and 10 am to 2 pm on Sundays. Visitors and residents are encouraged to stop by or call (575) 538-5555. Residents and visitors will be reminded to wear masks and practice social distancing while visiting and shopping in Silver City.

THREE QUESTIONS CAFÉ and LIVING HARVEST BAKERY - Highway 35 (just north of mile marker 2) - Tuesday through Saturday. 7 am - 12 pm Breakfast menu. 907-406-9313 **Support you local restaurants!**

THUNDERBIRD CAFÉ is located on Route 35 at Camp Thunderbird and is open Thursday - Sunday, 11 am to 7 pm. Take out and outdoor setting is available. Great limited menu. **Support you local restaurants!**

VALLE MIMBRES MARKET - TUESDAY, THURSDAY AND SATURDAY 11:00 am to 6:00 pm; Fresh organic and local produce, groceries and more. Every Saturday 10% off all fresh produce. Credit, debit, EBT. 2739 Highway 35. 575-574-7069.

WALGREENS - Tuesday, August 4 - (1st Tuesday of each month) - SENIOR DISCOUNT - 10% off of items not on sale.

TASTE OF DOWNTOWN REINVENTED AS A COUPON BOOK

Silver City MainStreet's annual fundraiser, the Taste of Downtown, usually features a walk around sweet and savory tastings at downtown eateries on Labor Day weekend. This year, due to the pandemic, the event has been turned into a super coupon book. The coupon book features 32 coupons offering savings of more than \$200 for \$20.

MainStreet's Patrick Hoskins says "This was a way for us to still support and promote local eateries since we cannot hold our regular event this year. We are so happy to include local merchants and the downtown hotels in the coupon book. The coupon book has an expiration date of December 31, 2021, so you have more than a year to take advantage of the savings offered and support out local business."

Sales of The Taste of Downtown coupon books will be kicked off on Saturday, September 5th, from 8:30 am to 12 noon at the Maker's Market at the Main Street Plaza located at 700 North Bullard Street.

The \$20 coupon books can also be purchased online at www.silvercitymainstreet.com or at the Murray Ryan Visitor Center on Hudson Street.

Funds raised by this event go to support Silver City MainStreet activities that include beautification projects and programs and projects that encourage residents and tourists to visit downtown Silver City.



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FOREST SERVICE NEWS



The Gila National Forest Wilderness Ranger District is looking for volunteer camp hosts.

The host would be stationed at the Mesa Campground near the Lake Roberts Recreation area. Amenities provided include a pull-through campsite, water, electricity, a Forest Service radio, sewer and propane. Time commitment desired would be to arrive as soon as possible and be able to stay through October 31, 2020. "Campground hosts are the backbone of our developed campground program" said acting District Ranger Ericka Luna. "They provide information to visitors, help keep facilities clean, and just help us in so many ways".

If you are interested in this position, apply at [Volunteer.gov](https://www.volunteer.gov) or contact Christiann Tillman, Wilderness Ranger District at 575-536-2250.

For more information on the Mesa Campground please visit <https://www.fs.usda.gov/recarea/gila/recreation/camping-cabins/recarea/?recid=1986&actid=29>

VOLUNTEER

Are you tired of being stuck indoors all day and want a chance to get out and do something? Well, here is your chance! Come volunteer some of your free time to help your public lands!!!

Partners of the Southwest New Mexico Collaborative are offering a variety of volunteer opportunities that you can help with. The Southwest New Mexico Collaborative is an emerging initiative to ensure greater and more efficient coordination and alignment among local government, land management agencies and community-based organizations, working towards a shared vision of healthy forests and watersheds, resilient communities, vibrant local economies, and high quality of life for current and future generations in southwest New Mexico.

Partners currently offering volunteer opportunities include the New Mexico State Parks (NMSP), City of Rocks State Park, USDA Forest Service (FS) Gila National Forest, National Park Service (NPS) Gila Cliff Dwellings National Monument, and the Grant County area.

Each agency has several projects and volunteer opportunities available to the public with flexible schedules. Some of these can be as often as you like –some are for a few hours a day, while others can range from one day, one week, one month, or longer.

Currently, we have a few projects that need volunteers. Listed below are the volunteer opportunities available for Summer/Fall 2020:

- ◆ Adopt the Gila River Bird Area on the Silver City Ranger District, Gila National Forest, FS
- ◆ Burros ATV/UTV trail sign maintenance on the Silver City Ranger District, Gila National Forest, FS
- ◆ Campground cleanup at City of Rocks State Park, NMSP
- ◆ Invasive plant removal at Gila Cliff Dwellings National Monument, NPS
- ◆ Landscaping for fire mitigation at Gila Cliff Dwellings National Monument, NPS
- ◆ Light trail work at Gila Cliff Dwellings National Monument, NPS
- ◆ Trail maintenance at City of Rocks State Park, NMSP
- ◆ Trail work and trash pickup (various ranger districts) on the Gila National Forest, FS
- ◆ Trash cleanup at City of Rocks State Park, NMSP

To learn more, please contact Faryl Smith, AmeriCorps Community Volunteer Ambassador at (575) 536-9461 ext. 31.

For more information about the Gila National Forest, check out our website at <http://www.fs.usda.gov/gila> or join the conversation on Facebook at www.facebook.com/GilaNForest/ or follow us on Twitter [@GilaNForest](https://twitter.com/GilaNForest)

Reminders while visiting the Gila National Forest:

While hiking be aware of your surroundings and carry bear spray.

Keep a clean camp. Keep your food and food-related items inside a closed, hard-sided vehicle or special bear-resistant container except when preparing or eating. **Ice chests, coolers, boxes, cans, tents, and soft sided campers are not bear-resistant!**

Change your clothes before going to bed—do not sleep in the clothes you cook in.

Store deodorants, toothpaste, soap, and lotions with food. Keeping these items in your tent may attract bears.

Keep your pet on a leash when visiting the forest. Pets can chase and harass wildlife, and could be harmed by predators.

TOBACCO AND TOMATO HORNWORMS

BY THE "BUGMAN"

Did you head out to your garden one fine day this summer only to find that half of the leaves on your prized tomato plant were missing? If so, the likely culprit was either the tomato hornworm or tobacco hornworm. These two caterpillars look similar and cause the same type of damage. Both species are large and green with a projection (horn) at the posterior end. Tomato hornworm has eight 'V' shaped white marking on its sides whereas tobacco hornworm has 7 diagonal stripes. The horn of the tomato hornworm is black while the tobacco hornworm has a red horn. Both species feed on plants in the family Solanaceae, which includes tomatoes, potatoes, peppers, tobacco and eggplants as well as several common weeds. So far, I've only seen the tobacco hornworm in the Mimbres Valley, so the rest of this article will focus on that species, although most of what I write applies to both hornworms.

Adult female hornworms, sometimes referred as tobacco hawkmoths or hummingbird moths, lay their small (about 1/16" in diameter) light green eggs on young leaves, often near the stem. The eggs hatch in 2-4 days, and the larvae begin feeding, passing through 5 larval stages (instars) in about 20 days, before they pupate. About 90% of the feeding of the tobacco hornworm occurs during the final larval stage which explains why they are usually quite large when found. The larvae can reach nearly 3" in length



when fully grown. Mature larvae migrate to the ground and pupate in the soil, and after about 20 days, an adult emerges. Adult tobacco hornworms have a wingspan of nearly 4", although when resting, the wings are folded over the body in a triangular shape. There are 6 yellow/orange spots on each side of the abdomen. Adults are nocturnal and feed on nectar from flowers. There are two generations per year, and they pass through the winter as pupae in the soil.

Tobacco hornworms have several defensive strategies. The most obvious is camouflage; their green coloration

blends well with the leaves of the plant on which they are feeding, making them extremely difficult to spot. The horn at the posterior end may also have a defensive purpose simply due to its menacing stinger-like appearance. But don't be afraid to pick one off your tomato plant, the projection is nothing but a Potemkin village – all for show. When disturbed, the

larvae often regurgitate, which is also a likely defensive strategy. I've read that if you happen to get hornworm puke in your eye (hard to imagine how that would happen), it can be very painful. Research has shown that when tobacco hornworms feed on tobacco, they utilize the plant's nicotine to deter predators. The nicotine, released through the caterpillars breathing system, was shown to ward off spiders – talk about bad breath!



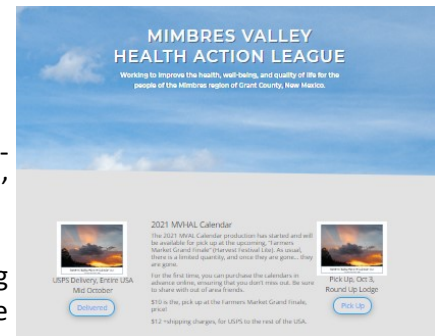
MIMBRES VALLEY HARVEST CALENDAR 2021

The calendar is finished and has been ordered. They will be for sale at the Farmers' Market Grand Finale.

If you don't want to miss out on getting your copy this year (we have sold out the past two years), then why not reserve your calendar today. Go to www.mvhal.org and on the home page or the Farmers'

Market Finale page, you can reserve and pay for as many calendars as you would like, and then pick them up at the Farmers' Market Finale.

Tell your friends, because they can also order a calendar and get it mailed to anywhere in the U.S. with a shipping and handling charge.

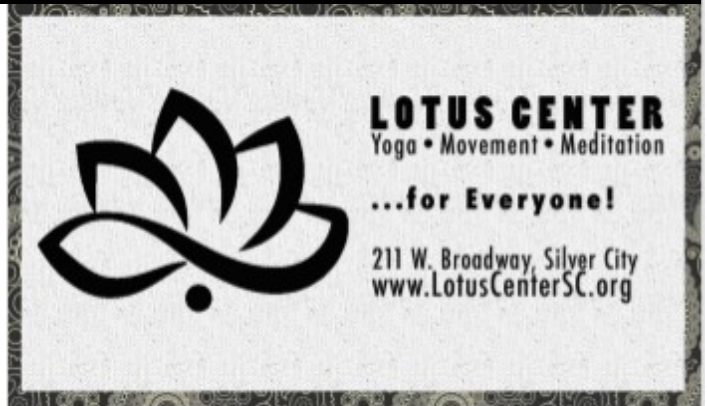


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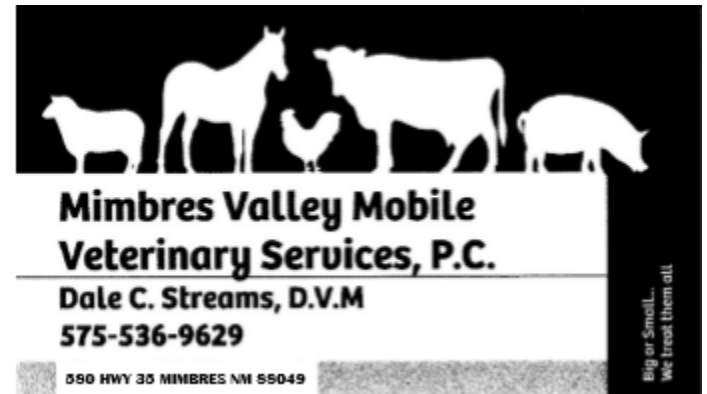
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Breakfast served 7 am to 12 noon

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575-574-7069



SENIOR CENTER MENU

PLEASE CALL YOUR SENIOR CENTER BEFORE 10:00 A. M. OR MAKE RESERVATIONS THE DAY BEFORE FOR MEALS. ALL DONATIONS ARE ACCEPTED. THANK YOU. <h2>SEPTEMBER 2020</h2>				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HMS Senior Centers Ena Mitchell 542-9414 Silver City 388-2545 Santa Clara 537-5254 Gila 535-2888 Mimbres 536-9990	1 Hot Turkey Sandwich on wheat bread w/gravy Mashed Potatoes Peas & Carrots Tapioca Pudding	2 Chicken Salad Sandwich Carrot Sticks w/ ranch Cheese Sticks Graham Crackers Banana	3 Lasagna Tossed Salad Italian Vegetables Breadstick Orange	4 BBQ Chicken Baked Beans Potato Salad Biscuit Mandarin Oranges
7 Center Closed Labor Day	8 Salisbury Steak Mashed Potatoes & Gravy Peas & Carrots Slice Bread Apple	9 Beef Tacos Lettuce & Tomato Pinto Beans Spanish Rice Fruit Cocktail	10 Pepperoni Pizza Italian Vegetables Tossed Salad Pear	11 Turkey Wrap w/cheese Lettuce /Tomato baked chips Jello w/fruit
14 Hot Dog Sauerkraut Tater Tots Green Beans Ice Cream	15 Cajun Baked Fish Rice Pilaf Broccoli & Cauliflower Biscuit Yogurt	16 Green Chile Beef Enchiladas Lettuce & Tomato Pinto Beans Spanish Rice Fruit Cocktail	17 Oven Fried Chicken Mashed Potatoes & Gravy Green Beans w/ diced tomato Apple	18 Turkey Sandwich Lettuce & Tomato Baked Chips Carrot Sticks w/ Ranch Apple Sauce
21 Frito Pie Lettuce/Tomatoe/ Onion Green Beans Cottage Cheese W/Peaches	22 Polish Sausage Wild Rice Broccoli w/marg Roll Apple	23 Chicken Tacos Lettuce/Tomato Pinto Beans Calabasitas Pudding	24 Beef Stew Green Beans Combread Peaches	25 Chicken Sandwich Lettuce/Tomato/Onion Green Beans Pineapple
28 Ham & Cheese Sandwich Lettuce / Tomato Mixed Veggie Mandarin Oranges	29 Bean Burrito Tossed Salad Spanish Rice Orange	30 Green Chile Cheeseburger Lettuce/Tomato/onion/pickle Mexican Pear		

MENUS SUBJECT TO CHANGE WITHOUT NOTICE

NEW PROCEDURES

Until further notice, you may still get Senior Lunches at the Senior Center. The building will remain closed, but you may call in your order one day in advance and pick it up at the Center between 12 noon and 12:30 pm. Drive around to the back door and stay in your vehicle and they will bring your lunch to your vehicle. Donations of \$2 per lunch are appreciated, but not mandatory.

SENIOR CENTER ACTIVITIES

Have all been cancelled until further notice.

For any questions about activities, please call your senior center. Activities are open to all who are age 55 plus. (Age 60+ for the nutrition program.) There are no income or residency requirements to participate in senior programs. **Donations of any amount are appreciated.**

Governor announces revised emergency public health order

Pursuant to the state's sustained progress on suppressing the **spread of the virus** in recent weeks, New Mexico will permit certain relaxations of occupancy restrictions while maintaining the essential public health framework for mitigating and responding to the incidence and spread of COVID-19.

The state's **revised emergency public health order** is effective Saturday, Aug. 29 and incorporates the following adjustments:

- ◆ Houses of worship may operate at 40 percent of maximum occupancy of any enclosed building, an increase from 25 percent, **in accordance with COVID-Safe Practices**. Houses of worship may, as before, conduct services outdoors or provide services through audiovisual means.
- ◆ Food and drink establishments (including restaurants, breweries, wineries, distillers, cafes, coffee shops or other similar establishments) may provide indoor dining service at 25 percent of maximum occupancy, **in accordance with COVID-Safe Practices**.
- ◆ Food and drink establishments may continue to provide physically-distant outdoor dining options, carryout and delivery services, **in accordance with COVID-Safe Practices**. Tables – inside or outside – must be spaced at least six feet apart, and no more than six patrons are permitted at a single table.
- ◆ While museums with interactive and/or immersive displays, categorized as “close-contact recreational facilities,” must remain closed, museums with static displays may operate at 25 percent capacity.
- ◆ Mass gatherings of more than 10 individuals are prohibited.

The **order** is effective through Sept. 18.

RIO MIMBRES BAPTIST CHURCH

29 Cactus Drive, Mimbres, NM
575-536-9543

Sunday Worship
Nursery provided 9:45 am to 12:30 pm
Bible Study 9:45 am
Worship at 11:00 am
Wednesday Worship Services 6:00 pm

*Where everyone is welcome to worship
and experience God's Love*

CATHOLIC SERVICES NEW HOURS

San Lorenzo Mission
Every Sunday at 9:30 am

San Juan Mission
Is CLOSED

San Jose Mission
in Faywood
Third Sunday of every month
at 4:00 pm

LOCAL CHURCHES

MIMBRES UNITED METHODIST CHURCH

2622 Highway 35, Mimbres
(Next to the Senior Citizen's Center)

Pastor Janet Whitmore has returned from retirement to replace Pastor Gene McPeak who moved to Abilene

We invite you to join us for
Sunday Morning Worship at 10 a.m.

Mimbres United Methodist Church has a box on Highway 35 in which people may put their prayer requests, anonymous or named. The prayer requests will be retrieved weekly and Pastor Janet and the congregation will seek the Lord's help on behalf of those who are seeking assistance.

NEW COVENANT CHURCH

27 Turn Here Road
Mimbres, N.M.

Sunday Morning Worship
10:00 AM

A Small Non-Denominational Church
With A Big Message
JESUS IS LORD
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TEAMKIDS AND YOUTH GROUP



*Come have fun
and learn
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Team Kids

Grades 1 through 6 will have good news club at the San Lorenzo Elementary School on Mondays after school.

Youth Group

Grades 7 to 12 meet from 3 pm to 5 pm on Sundays at the Rio Mimbres Baptist Church.

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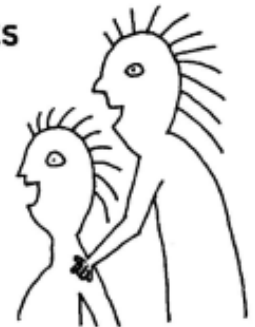
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SENIOR MOBILE FOOD PANTRY The third Wednesday of every month, the Gospel Mission in Silver City will distribute food at the Knights of Columbus Hall, 1301 North Swan Street from 2:00 to 4:00 p.m. If you are 55 years of age or older, live in Grant County and you need help with food, you are welcome to come by. Please bring your own box or bag to put food in. Help carrying will be available if you need it. If you would like to lend a hand in helping to set up or carrying boxes to cars, please show up at around 12:30 p.m.

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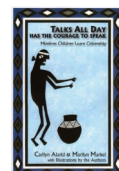
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Mimbres Children Books

by Carilyn Alarid and Marilyn Markel

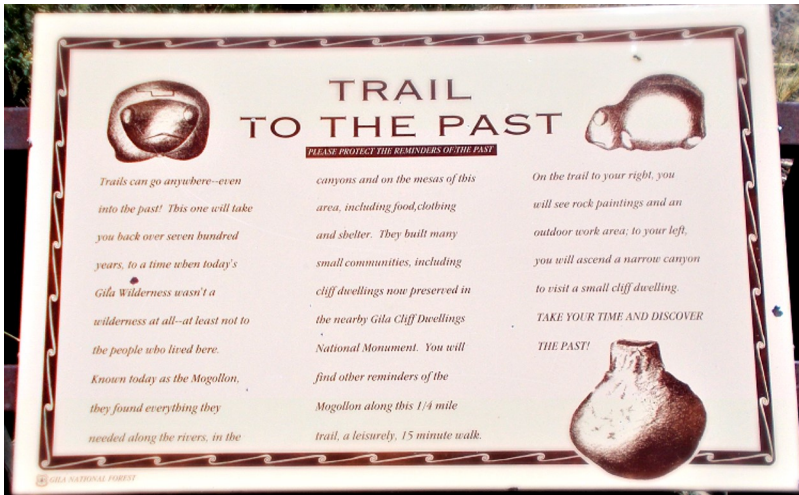


Call 575-536-9337 for info or mmarkelmimbres@gmail.com



Conejo Mimbrenño Visits the *Trail to the Past*

By Marilyn Markel



The Trail to the Past at the Lower Scorpion Campground, near the Gila Cliff Dwellings, is often missed by visitors on their way to the Dwellings themselves. This trail leads to a small Mogollon Indian dwelling that is a short hike up a small canyon, and to a rock art site featuring pictographs-- images painted hundreds, maybe thousands, of years ago.

Interpretive signs ask visitors to "Take your time and discover the past!" and to "Protect these reminders of the past."

Both the Mogollon dwelling and the pictographs provide visitors the opportunity to walk back in time and enjoy a glimpse into the lives of the people who once made their homes along the West Fork of the Gila River.

The Indians grew crops, hunted animals like rabbits and deer, gathered food and other resources, and painted images on rocks. Why did the people paint these designs? Do they tell a story? Mark a trail? Were they for a religious ceremony? We can only wonder. The rock art was important to those ancient people, as it is to us today. It is a part of our cultural heritage, to admire, enjoy, and protect.

The Gila Cliff Dwellings National Monument and the Lower Scorpion Campground are open. Please call the Cliff Dwellings (575-536-9461) for information and restrictions due to Covid 19.

TRAIL TO THE PAST

PLEASE PROTECT THE REMINDERS OF THE PAST

Trails can go anywhere—even into the past! This one will take you back over several hundred years, to a time when today's Gila Wilderness wasn't a wilderness at all—at least not to the people who lived here.

Known today as the Mogollon they found everything they needed along the rivers, in the canyons and on the mesas of this area including food, clothing and shelter. They built many small communities, including cliff dwellings now preserved in the nearby Gila Cliff Dwellings National Monument. You will find other reminders of the Mogollon along this 1/4 mile trail, a leisurely, 15 minute walk. On the trail to your right you will see rock paintings and an outdoor work area; to your left, you will ascend a narrow canyon to visit a small cliff dwelling.

TAKE YOUR TIME AND DISCOVER THE PAST!

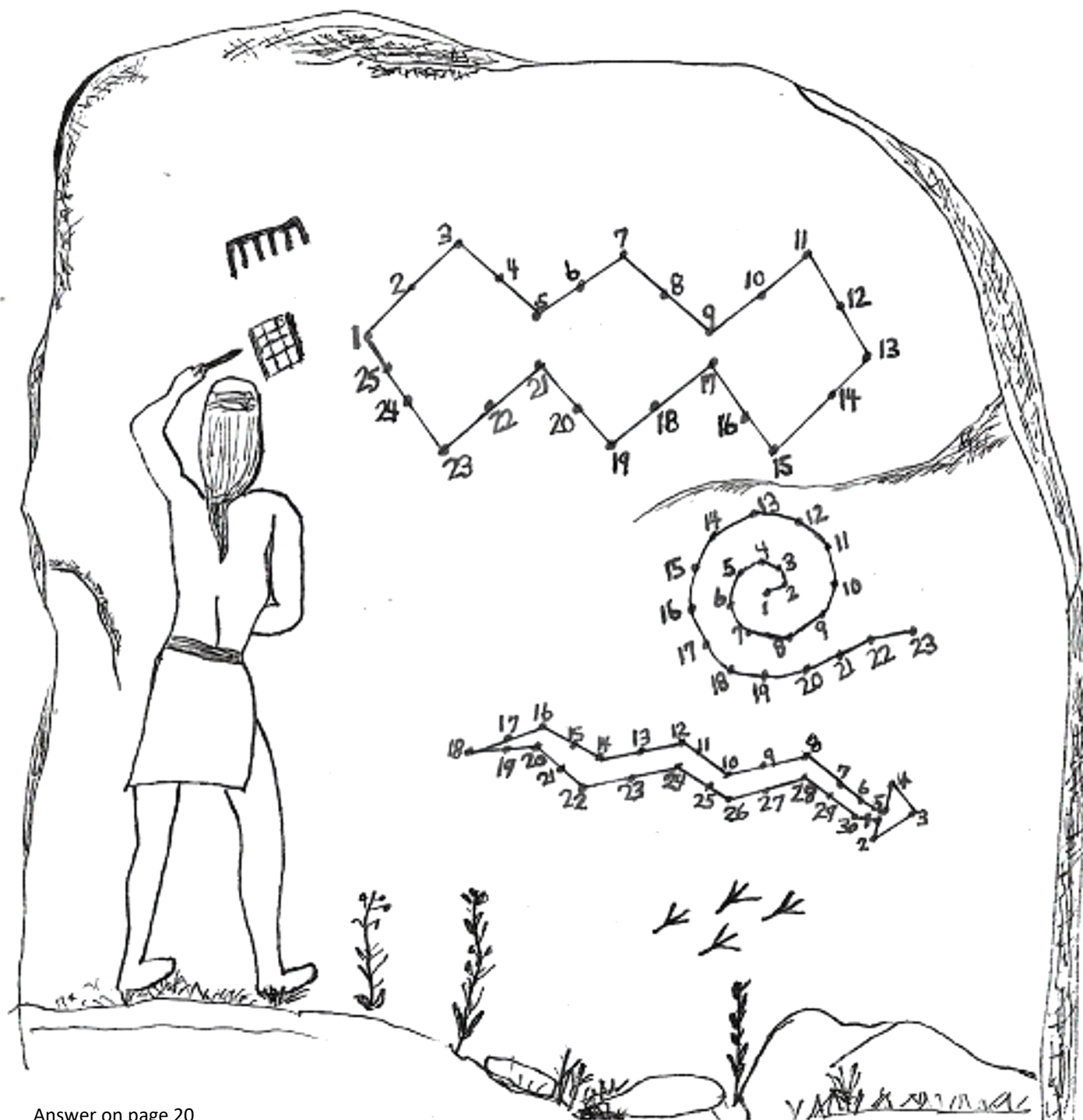


Trail to the Past pictograph



Rock Art Dot-to-Dot

Find the number 1 on each of the 3 pictographs . Start there. Connect the dots to find images from the past. Add you own images.



Answer on page 20

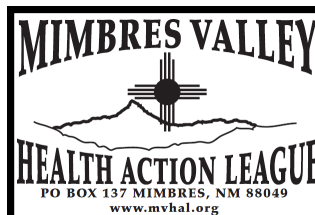
Mimbres Messenger

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Mimbres, NM 88049

Please email any suggestions, articles,
announcements, upcoming events,
advertising, etc. for consideration

by the editors to:
willhite200@aol.com

We're on the web
www.mvhal.org
www.mimbresharvestfest.com
www.blackrange.org



Mimbres Messenger
Farmers' Market
Harvest Festival
Commodities Distribution
The San Lorenzo Children's Garden

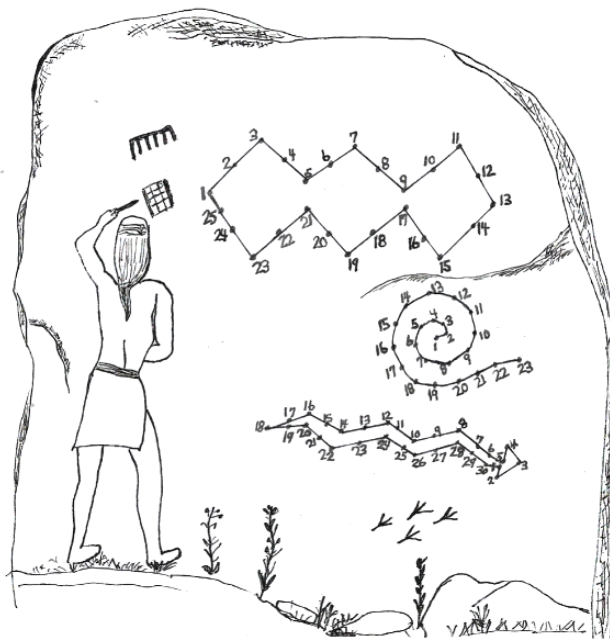
cancelled - 5:30 pm to 7:00 pm. MVHAL. Board Meeting.
Roundup Lodge, 91 Acklin Hill Road.

WEDNESDAY, SEPTEMBER 19 - Noon to 2 pm
Commodities Pickup - Roundup Lodge - Volunteers needed to
pack food. Please bring suitable boxes.



The Mimbres Valley Health Action League was founded for the purposes of improving the health, well-being, and quality of life for the people of the Mimbres region. Some of the ways targeted to do that are by improving communication and social networks, providing preventive health education, improving access to health and social services, increasing financial and economic stability, increasing recreation opportunities, increasing education opportunities, and promoting a safe and

Answer to Dot to Dot
children's activity from
Page 19



New Formula Helps Keep Immune System Strong

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