

A FREE COMMUNITY NEWSLETTER

SEPTEMBER 2019

MIMBRES MESSENGER

By Grace Williams, Harvest Festival Chairperson

Agriculture has played a major role in community building in the Mimbres Valley in southwestern New Mexico since the Mimbres Indians, living in large pueblos along the Mimbres River, cultivated extensive irrigated fields. Agriculture continued with the Apache Indians when they migrated to the valley sometime after 1600.

In the coming years small towns began to develop around *acequias* (community irrigation ditches), which supplied water for agriculture, starting on the lower Mimbres and continuing up the river for 35 miles. This tradition of agriculture and community in the Mimbres Valley continues today in the many small communities of Faywood, San Juan, San Lorenzo and Mimbres.

Residents of the Mimbres Valley will come together to celebrate their life in the valley, inviting everyone to their 14th Annual Mimbres Valley Harvest Festival, Saturday, September 28th, 10:00 a.m. – 4:00 p.m. A day-long celebration is planned with a Farmer's Market for valley growers, artisans and craftspeople, best pie in the Mimbres contest and more at the San Lorenzo Elementary School on NM Highway 35, just off NM Highway 152. Prizes will be raffled, including a plane ride over the valley, gift certificates, cash prizes and more. There will be live music throughout the day starting with The River's Bend band playing gospel and folk, Brandon Perrault playing a mix and Jammin' Jeff playing blues guitar. There will be a workshop on raising bees, one on growing hemp and a solar oven cookoff. Enjoy breakfast and lunch by sampling from the Taste of the Philippines, Elk X-ing green chile burgers, the Living Harvest Bakery, the Duck Stop, and TGIFry Bread. You can



also purchase red enchilada dinners prepared by the staff of the San Lorenzo Elementary school.

A free health fair will be open from 9:30 a.m. – 2:00 p.m. in the school's Gymnasium and includes free private well water testing from 9:30am - 1:30pm. (for more information on this call 505-827-2900) Activities for kids and adults alike will be happening throughout the day, including a horseshoe tournament, corn hole toss, Bikeworks, raffle of two children's bikes and structured games and craft activities for children.

There is plenty of free parking at the Methodist Church on Hwy 35 and the Roundup Lodge on Acklin Hill Road with free bus shuttle service provided. For people who have difficulty walking there will be a free shuttle from the entrance to the Festival behind the school. Let the gate attendant know if you need to take advantage of that vehicle. The large entertainment tent will have plenty of chairs so you can comfortably listen to the music or just take a rest break during the day.

The festival is made possible through the continued generosity of local sponsors. This year **beWellNM** and **Tom Blanchard Insurance** come back as our event sponsors and **First American Bank** returns as our music sponsor. A generous grant from the family of **Nancy Coinman** will sponsor our Children's Activities and our transportation costs. For more information about attending or participating in the 14th Annual Mimbres Valley Harvest Festival visit our website at www.MimbresHarvestFest.com or call Grace at 575-536-3687 or Meg at 575-536-9629.

PLEASE LEAVE PETS AT HOME

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Inside this issue:

14th ANNUAL HARVEST FESTIVAL	1
LETTER FROM THE EDITOR	2
HEALTH FAIR AT THE HARVEST FESTIVAL	3
COOKING WITH THE SUN	4
GROWERS ROW AND THE FARMERS MARKET	5
CURIOUS ABOUT HEMP OR WANT TO GROW IT?	6
NINE ELEVEN COMMEMORATION	7
OUR ADVERTISERS	8
ROUNDUP LODGE NOTES	9
OUR ADVERTISERS	10
HORSESHOE TOURNAMENT PIE CONTEST	11
COMMUNITY CALENDAR	12
COUNTY CALENDAR OUR ADVERTISERS	13-14
SENIOR CENTER MENU AND ACTIVITIES	15
MIMBRES CULTURE HERITAGE SITE NEWS	16
OUR ADVERTISERS	17
WATER TESTING WINNING RAFFLE TICKET FORT BAYARD OCTOBER BASEBALL SYMPOSIUM	18
FOREST SERVICE NEWS	19
CONEJO MIMBREÑO NATIONAL PARKS CHILDREN'S ACTIVITY	20
OUR ADVERTISERS	21
TEEN INK CALL TO VENDORS	22
VENDOR FORM	23
THANKS TO THE HARVEST FESTIVAL SPONSORS	24

LETTER FROM THE TEMP EDITOR

By Mary Willhite



Last month our front page featured a short autobiography from Elsie Roman that I had requested in honor of her turning 100 years old.

After the article appeared, Elsie sent me a beautiful Thank You note. I won't share the personal note, but I did want to share the adorable card that she used. In case you can't read the writing at the top, she wrote— "me" celebrating 100 years!

Elsie is a Mimbres Valley treasure, and an inspiration to all of us! We look forward to next April's issue of the Messenger so we can wish her a Happy 101st Birthday!



Speaking of remarkable women, did you hear about Julia "Hurricane" Hawkins? This 103-year-old woman is a retired teacher just like Elsie Roman. She took two Gold Medals and set a new world record for her age group in the 50-meter dash (21.5 seconds) at the Albuquerque Senior Games in June this year. She didn't even start running until she was 101 years old and said she thought it would be fun to win the 100-meter dash when she was 100—and so she did! She set a world record that year for the 100-meter dash (39.62 seconds). She didn't break her own record for the 100-meter dash this year, so she said she would have to just try again next year!

This issue is full of the 14th Annual Mimbres Valley Harvest Festival. I won't reiterate all of the activities listed, I will just say this—make sure you mark your calendars to attend. There are more things to do and see than you can fit into one day and everyone always has a great time. Old favorites and new activities are in store. Please be sure to thank the volunteers who organize and run this yearly event. Without their time and effort (and it is a lot of time and hard work) this event would not take place for your enjoyment.

If you have out-of-town guests or you don't get to the Mimbres but once a year for the Festival, be sure to save time for the latest edition to the Mimbres Valley, the **Mimbres Acklin Store Museum**. The Museum is located on Acklin Hill Road in the white house next door to the Roundup Lodge. The Museum will be open during Festival hours and a little beyond. It is definitely a don't miss.

You can park at the Roundup Lodge when you go to the museum, and take the shuttle to the Festival.

We have lots of new advertisers this month, and we would like to welcome them and thank them for their support of the *Messenger*. Like the Harvest Festival, the *Messenger* is supported by the Mimbres Valley Health Action League (MVHAL). Without our advertisers, donations, and volunteers the *Messenger* wouldn't exist, so thank you to all of our loyal advertisers.

GOT GAME?



It is the Mimbres Health Fair's 12th Year!

By Chris DeBolt

Yes! Believe it or not the Mimbres Health Fair is happening again, its twelfth year, inside the San Lorenzo Elementary School gym on Saturday, September 28th, from 9:30am to 2pm. Of course, that's also our wonderful Mimbres Harvest Festival on the grounds of the school so... you can get a check up with a whole variety of health screens, get your flu shot, talk with a doctor from Hidalgo Medical Services about your screening results then head out to the San Lorenzo field for a great day of fun, food, music and crafts for sale!

This year the Health Fair will have the WNMU Nursing School students and professors doing blood pressure and glucose checks, Walgreens giving FREE FLU SHOTS, Hidalgo Medical Services with Dental screenings, Mental Health Services "Check Up From The Neck Up" screenings, their Family Support Services ready to assist you with almost any kind of community referral you need and resident doctors to review your screening results with you, WalMart Vision Center for eyeglass adjustments and consults, Hometown Oxygen for lung function and how your body is using oxygen, Silver Health Care's Dr. Patel doing foot health screenings, Angelwings Home Care, SASS (Silver Sexual Assault Services), Compassion and Choices, Grant County Extension Services, GRMC

services, beWell NM and more.

We will also have well water testing this year from the Department of Environmental Health! It's been several years since we've done this and it was a huge success several years ago.

Last year's Health Fair had over 250 people sign in and receive healthcare screenings that, in some cases, really helped people get the urgent medical help they needed to feel better and get healthier!

We're pleased to be able offer this important event for our valley and county residents and again this year Hidalgo Medical Services and the WNMU Student Nurses Association helped with financial support. This is also the 6th year Walgreens will be giving FREE flu shots. We are so grateful for their support!

If you have any questions, call Chris at 956-3225

Remember... Saturday, September 28th, 9:30 am to 2 pm in the gym! Be sure to sign in, get your screening form and have at it! We'll see you there.



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New to this
Year's Harvest
Festival

Try it!
You'll like it!

Learning how to cook with the sun is a great way to keep your house cool in the summer while you save on energy bills. Solar cooking demonstrations will be ongoing, all day at the harvest festival, outside the ag info booth on Growers Row (the farmers market section.)

Cooking with the sun is also fun. At home, you will attract attention from neighbors or passers-by. Or when camping, other campers might be tempted to follow their nose to your pot roast, gurgling away in the portable sun oven at your campsite, after your long day hiking. To help appreciate the sun, especially on those boiling-hot summer afternoons, you can invite friends and family over for solar cooked meals in your cool house.

Here in the sunny and more rugged Southwest, we have long done cooking outside on the campfire in black, cast iron Dutch ovens. There are a lot of similarities between this cowboy style of cooking and

Cooking with the Sun

By Valli McCaffrey

cooking with the sun. Solar cooks also use black (dark colored or tarnished) pots and pans that keep the sun's rays inside the pot and oven instead of reflecting back out off shiny or light-colored cookware. Solar cooking can be slow cooking for hours at lower temps or high temp baking, when you keep the oven pointed directly at the sun.

This year we want to start a new festival tradition with the first annual Solar Cook-off. Solar chefs are invited to bring a solar hotplate or oven to cook together and show off their solar cooking skills. The solar cooks are welcome to a potluck of solar cooked food at 1 p.m. after the judging/prizes. Bring ovens to the ag info booth to register and set up outside it.

Solar cookbooks will be available as well as a free solar cooking handout. For more information about the solar cook-off, please e-mail me at valimac51@gmail.com or call 575-536-9947.



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This Year the Harvest Festival will have More Produce than in Past Years
Make Sure You Hit Grower's Row Before Everything is Sold Out

By Valli McCaffrey

This Year at the Farmers' Market

Be sure to shop along Growers Row (the farmers market section) for this year's agricultural bounty from the Mimbres River Valley. Plan to pick out a pumpkin or two, or some apples, or select an exotic Long Island Cheese, Tahitian or new Triamble winter squash or some pinto beans, English walnuts or pecans. Pick up raspberry and quince jams or salsas as well as pecan fudge and pecan banana bread. Local beekeepers will offer their honey and chapstick.

Remember to bring a cooler with blue ice so you can take home fresh raspberries and just-picked fresh produce as well as raw milk from a certified Grade A Dairy and frozen range-raised beef from a valley ranch.

Silver City beekeeper, Travis Kirkland, President of Grant County Beekeepers, will give a talk on bee keeping followed by Q & A in the farmers market picnic-tabled pavilion next to the ag info booth. This is your chance to ask

questions about Africanized bees or to contract him to relocate a swarm temporarily lodged in your attic.

Bring home some of the top 3 producing strawberry plants according to NMSU trials from Gabriel Feldman of **Honey Hawk Farm**. He will also offer his grafted-from-local-heirloom-fruit trees (apple, plum, apricot, cherry.) Find out how to incorporate more drought-tolerant, native trees, bushes and grasses with edible pods, berries and seeds, into your landscape and diet. His wife, Chelsea, will offer samples of mesquite baked goods as well as mesquite flour for sale and information about cooking with mesquite and native grass seed.

The local Farmers' Market will be outside at Valle Mimbres Market, 3739 Highway 35 every Saturday, 10 am to Noon until September 28th. On September 28th it will be at the Harvest Festival.

Lots of new produce is now available. Corn, peaches, squash, cucumbers, plums, tomatoes, etc. Plus delicious baked goods! Support the local growers!

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CURIOUS ABOUT HEMP OR WANT TO GROW IT?

By Valli McCaffrey



Stop by the **agricultural information booth** on Growers Row (the farmers market section) to learn about this hardy, drought-tolerant, ancient crop that is again legal to grow.

This year the ag info booth will focus on hemp, also called industrial hemp. Industrial hemp can't get you high. It includes all strains of the cannabis plant that contain no more than .3 tenths of a percent of THC (the intoxicating substance.)

Cannabis sativa, this much maligned, (for the past 80 years), premium food, fiber and medicine plant, has served mankind for thousands of years. Its fiber was valued for its strength and durability. Materials made from hemp have been discovered in tombs dating back to 8,000 B.C.

Hemp is very American. Not only did Christopher Columbus sail to America on ships rigged with hemp sails and hemp rope, but George Washington and Thomas Jefferson grew it. (Jefferson composed the Declaration of Independence on it.) Betsy Ross wove the national's first flag from hemp fabric and it covered the wagons that brought the pioneers here. Hemp's strength and endurance were utilized by Levi Strauss as a lightweight "duck" canvas for the very first pair of blue jeans made in California. Henry Ford even made a car out of the incredibly strong hemp fibers.

There is a huge potential market for hemp fiber (cloth, rope, paper, insulation, plastics, hempcrete and car parts) and hemp seed (as grain or pressed into CBD oil.)

Hemp offers farmers a profitable alternative to crops like alfalfa, corn and chile. It can be grown without pesticides, using half to a third less water and it is good for the soil.

Lots of handouts with information on hemp will be available, both for growers and the general public. Also, information about acequias, solar cooking and grants for small sustainable farmers resulting from the passage of N.M.'s Healthy Soils Act.

Doug Fine, a New Mexico-based goat rancher, hemp

farmer and author of books "Hemp Bound", "Too High to Fail" and "Farewell My Subaru" (set in New Mexico), will give a 15 minute talk about lessons he's learned from four years of planting and marketing farm-to-table hemp all over the world. He'll discuss genetics, cultivation, harvest and marketing options for independent farmers.

In his 2014 bestseller "Hemp Bound, Dispatches from the Front Lines of the Next Agricultural Revolution" Fine takes us on a journey to meet the men and women who are pioneering and researching hemp's reemergence and shows us why one of humanity's longest-utilized plants is poised to rejuvenate the U.S. economy. Willie Nelson, singer and president of Farm Aid, said in his review of the book, "...Farmers need hemp, the soil needs hemp, ...and humanity needs the plant that the good Lord gave us for our own survival ...Hemp Bound tells us with detail and humor how to get to the environmental Promised Land ... and create(s) a blueprint for the America of the future."

Fine's social media is @organiccowboy and his web site, (that includes National Public Radio appearances, United Nations Testimony, a Ted Talk and Conan appearance), is dougfine.com. Fine will do a book signing following his talk.

Let's celebrate New Mexico's introductory hemp year with 35 permitted growers planting some 3,000 acres of hemp. We invite all hemp growers or those interested in growing the newly, re-legalized hemp plant and those with hemp seeds and cultivars for our area or information about how to obtain them, as well as those with information about portable processors or seed mills, to hang out in the hemp booth.



The Lower Mimbres Volunteer Fire Department

Invites Everyone
to their Annual 9/11 Commemoration
for those who lost their lives on 9/11/01



Lower Mimbres Fire House ~ 2186 Highway 61
Wednesday, September 11 ~ 11:00 am to 2:00 pm

FREE hot dogs, hamburgers, soda and chips will be served.

Things You May Have Forgotten or Never Heard about 9/11

- ◆ 2,977 people lost their lives in the 9/11 attacks (not including the 19 hijackers)
- ◆ 2,605 were U.S. citizens, and 372 were non-citizens from 115 other countries.
- ◆ 343 firefighters and paramedics were killed and 72 law enforcement officers
- ◆ 9/11 was the single deadliest incident for firefighters and law enforcement officers in the history of the United States
- ◆ The New York Stock Exchange was closed for six days after the attack.
- ◆ An estimated 36,000 units of blood was donated to the NY Blood Center, but only 258 units was actually used.
- ◆ 1.8 million tons of debris was removed from the site
- ◆ An estimated 422,000 New Yorkers suffered from post-traumatic-stress disorder as a result of 9/11
- ◆ Fires continued to burn for 99 days after the attack.

OTHER THINGS THAT HAPPENED ON 9/11

Sept. 11, 1609 English explorer Henry Hudson sails up the river that now bears his name, discovering the island of Manhattan on his way up to present-day Albany.

Sept. 11, 1792 During the early days of the French revolution, six bandits broke into the store room of King Louis XVI while he was under house arrest, and stole the famous Hope Diamond.

Sept. 11, 1857 The Mountain Meadows massacre occurs: Utah residents viciously attack a band of westward-bound settlers from the American South. The militia kills over 100 unarmed people, sparing 17 children who are taken to live with local Mormon families.

Sept. 11, 1941 In Arlington, Va., the groundbreaking ceremony was held for the building that would become known as the Pentagon. Seventy years later, the Pentagon would be struck in the same terrorist attack that brought down the Twin Towers.

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ROUNDUP LODGE NOTES

If you have been to the Lodge in the last couple of weeks, you may have noticed a wonderful new addition. Once again, thanks to Barry Gray the Lodge now has a brand new large flat screen TV and video player. Not only that, but he built a beautiful new shelf to hold the TV. Are you thinking weekend afternoon movies for the kids with popcorn and cokes and movie nights for the adults? Sounds like something to look forward to on a cold winter's day!

Our monthly dances have become quite the thing, thanks to member, Les Rogers, who books the bands. It may not sound like much, but trying to coordinate the bands' schedules and fitting them into the Roundup Lodge's schedule is not easy. This month, the Dance is on the 7th, and Bingo is on the 8th, so the Booster volunteers will have a busy weekend.

Member Dawn Gray will be teaching line dancing (another good use for the new TV) before the dance. This is free, and starts at 5:30 p.m. before the Dance. If you already know how to line dance, just come and join the fun and help the novices.



HAPPY LABOR DAY!



Dance Dance Dance

THE DAVE MORGAN BAND

Saturday, September 7th
6:30 pm - 9:30 pm
Roundup Lodge ~ Acklin Hill Road

\$5 per person ~ children Free
Snacks available for purchase

Come at 5:30 for the line dancing

Coming

Saturday, October 26th



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GOT GAME?



5th ANNUAL HORSESHOE TOURNAMENT

By R. J. Nelson

Maybe not the biggest horseshoe tournament but it's the only game in the Mimbres Valley (unless you're throwing with friends in someone's back-yard which is hard to beat).

This is our 5th year of having the Mimbres Harvest Festival Horseshoe Tournament. A draw for partners for team play with a double elimination. **Registration is from 11:00 -12:00, tournament starting at 12:00 (noon).**

A \$10 entry fee, of which all the money raised goes to support MVHAL. Programs supported include commodities distribution, messenger publication, San Lorenzo Elementary greenhouse, area scholarships and the fledging farmers market. Prizes donated by area businesses.

By throwing a few shoes, you're making or reconnecting with friends and supporting this community, see you there.



We may not have the biggest tournament, but I bet we have the biggest horseshoe!!!

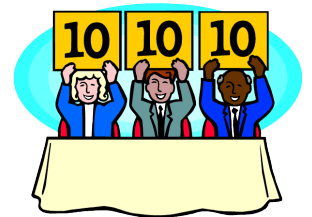
SEPTEMBER COUNTDOWN

By Kathy Overholt

It's finally here – what we've all been waiting for! No, it's not the start of school or Christmas – it's the annual Harvest Festival Pie Contest. No doubt you've been thinking all year about the type of pie you're going to enter and now is the time to put thought into action.

Before you grab your rolling pin, you should know that this year there will be three bonus points for three types of pies: Healthy (such as gluten or sugar free); Unusual (like last year's Pear Clafoutis or Mr. Flander's Green Grape Walnut Habanero), or Local (using the natural bounty of the valley). Just note, the maximum bonus points awarded are three, so even if you make a healthy, unusual and local pie, you'll get only three extra points. You can enter as many pies as you like – just bring them to the pie tent before 10 am.

The pies are judged by three criteria: taste, crust, and overall impression. Each of these are awarded a score of up to ten points, so a perfect score is thirty, with possible bonus points giving a total of thirty-three. Our discerning returning judges are Dale Streams, Ramona Orton, and Frank Waid.



Once again, Kate Brown is generously donating prizes for the first, second, and third place winners. We're giving away six free raffle tickets for each pie entered, and there are some great prizes. So, get out your cookbooks, throw on an apron and get ready for this year's contest. No cream or custard pies or anything that needs refrigeration. Thanks, see you at the pie tent.

Don't forget to come by the pie tent after the judging is over to buy a slice of pie! They are all delicious and sell out fast.



COMMUNITY CALENDAR & HAPPENINGS

ALCOHOLICS ANONYMOUS - EVERY TUESDAY and FRIDAY - 5:30 pm Mimbres Roundup Lodge, Acklin Hill Road. Speaker meeting last Tuesday of the month. For more information call 515-313-4693 or 888-388-1802.

ALZHEIMER CAREGIVER SUPPORT GROUP - For more information call Sharon McGrath 536-3950.

CASAS ADOBES WATER ASSOCIATION - October 17 - (usually the third Thursday in even numbered months) 6:30 p.m. Roundup Lodge, Acklin Hill Road.

COMMODITIES DISTRIBUTION - September 18 - (third Wednesday of every month) - 12 NOON to 2:00 pm - Roundup Lodge
Please bring a suitable box. Volunteers to help pack boxes are always needed.

DESERT WEST AUCTION - THE BIG RED BARN - 3870 Hwy 35, Mimbres. **Third Sunday of every month** Off Line and On Line Auction email: desertwest@desertwestauction.com web: www.desertwestauction.com phone: 575-536-9353 On Line at www.liveauctioneers.com

HMS MIMBRES CLINIC - Clinic Hours and Days have been **changed** - **Tuesday and Thursday 8:00 am to 5 pm.** 575-536-3990
(Closed between 12 noon and 1 pm for lunch)

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LA ESPERANZA VINEYARD & WINERY - Winery open Friday, Saturday and Sunday - Noon to 6:00 pm. Mimbres' Award Winning Winery. For more information call 505-259-9523 or 505-238-6252

LOWER MIMBRES FIRE DEPARTMENT - Annual 9/11 Commemoration, September 11, 11 am to 2 pm, Lower Mimbres Firehouse, 2186 Highway 61. **FREE** hot dogs, hamburgers, soda and chips. Everyone Welcome.

MIMBRES CULTURE HERITAGE SITE - 12 Sage Drive (on Highway 35), New Summer Hours -Open daily from 11:00 am to 3:00 pm. Special group tours can be arranged by calling 575-536-9337 or 575-536-3333 at least a week in advance.

MIMBRES FARM BUREAU - September 12 - Monthly meetings are the 2nd Thursday of each month at 6:30 pm. Roundup Lodge. Pot-luck supper followed by a business meeting. Everyone welcome.

MIMBRES VALLEY HEALTH ACTION LEAGUE (MVHAL) - Wednesday, September 11 - 5:30 pm to 7:00 pm (usually the 2nd Wednesday of the month) Roundup Lodge - Acklin Hill Road

MIMBRES VALLEY ROUNDUP LODGE BOOSTER CLUB - Roundup Lodge - Acklin Hill Road - Calendar of events.

BOOSTER CLUB MONTHLY MEETING. September 5 – 5:30 pm (First Thursday of the month) Everyone welcome.

BINGO - September 8 - 2:00 pm to 5:00 pm - Second Sunday of each month. Roundup Lodge - \$5 a card or 3 for \$10.00. Grand Prize of \$75

MIMBRES VALLEY SENIOR CENTER - LUNCH DAILY - Monday - Friday NEW HOURS—LUNCH IS NOW AT 12 NOON Reservations are requested one day in advance. See Page 15 for daily menu.

ACTIVITIES CALENDAR - See Page 15

EXERCISE FOR SENIORS -Every Tuesday and Thursday - 10:30 am Stretching and light weight lifting. For information call Thelma Melvin 536-2899

SENIOR CENTER THRIFT STORE - open to everyone 9 am to 1:30 pm Monday through Friday. Great bargains by donation. There is also a free book lending area.

SENIOR CENTER ADVISORY COUNCIL - September 24 - (meets 4th Tuesday of each month after lunch) For information call Sharon McGrath 536-3950. Election of Advisory Council officers.

MIMBRES VALLEY THERAPEUTIC HEALING MESSAGES - NOW OPEN Tuesdays through Saturdays - 2739 Highway 35. For appointments call 575-574-7069

RIO MIMBRES BAPTIST CHURCH - Greif Share Program (see page 22), Weekly Tuesdays, September 3 to December 3. 6 pm - 8 pm, 29 Cactus Drive, Mimbres. For more information call Debbie at 313-4199

VALLE MIMBRES MARKET - TUESDAY, THURSDAY AND SATURDAY 11:00 am to 6:00 pm; Fresh organic and local produce, groceries and more. Every Saturday 10% off all fresh produce. Credit, debit, EBT. 2739 Highway 35. 575-574-7069.

Mimbres Culture Heritage Site joins other museums nationwide in the Blue Star Museum Program which provides **FREE** admission to active-duty military personnel and their families. The 2019 program began on May 18th (Armed Forces Day) and will end on September 2 (Labor Day). www.arts.gov/bluestarmuseums have the complete list of all participating museums. Military ID holders and up to five family members are eligible. The ID holder can be either active duty service or other dependent family members with an appropriate ID card. The active duty member does not have to be present for family member to use the program. Bring your DD Form 1173 ID Card or DD Form 1173-1 ID card, for active military families.

COUNTY CALENDAR

ALBERTSONS - Wednesday, September 4 - First Wednesday of the month. Seniors 55+ get 10% off. All day.

AL-ANON FAMILY GROUP - Every Wednesday - 6 pm to 7 pm - Arenas Valley Church of Christ, 5 Race Track Road, Arenas Valley. Open meeting for family and friends of alcoholics. For information, call 575-313-7094 or 575-654-1643

AMERICAN LEGION POST 18 of Silver City - meets every **Wednesday from 8:30 am to 10:30 am** for coffee and doughnuts for all veterans. 409 West College Avenue, Silver City. For more information contact Ray Davis 575-956-5153

AMERICAN LEGION POST 18 and THE AMERICAN LEGION AUXILIARY - meet the second Saturday of every month at the American Legion Post - Breakfast at 9 am followed by a meeting at 10 am

BACK COUNTRY HORSEMEN - September 11 (usually the 2nd WEDNESDAYS of the month) at 6:00 pm Everyone, members and interested parties are invited. Meetings frequently include information on upcoming events, trail cleanings and conditions, educational presentations and demonstrations. **WNMU Watt's Hall Room #224 in Silver City Opposite CVS Pharmacy - NW corner of Hwy 180 and Swan - parking on Cactus enter at NW door.**

BAYARD PUBLIC LIBRARY - NEW HOURS - Monday - noon to 6 pm, Tuesday through Friday - 9 am to 6 pm - CLOSED on Saturday and Sunday. 1112 Central Avenue, Bayard. 575-537-6244

BOOKMOBILE WEST SCHEDULE -Thursday, September 19

Mimbres - Living Harvest Bakery 9:45 am - 10:45 am

Lake Roberts - Sapillo Creek Fire Station 11:45 am - 12:45 pm

Doc Campbell's Post (near Gila Cliff Dwellings) 2:30 pm - 3:30 pm

Rural Bookmobile West - 1000 Main St. NW, Building 16A, Los Lunas, NM 87031

Phone: 505-841-5250

Fax: 505-841-5255

Email: rbmw@state.nm.us

Books by Mail Provides library service to those who are not reached by bookmobiles or public libraries. 1-800-395-9144

Library for the Blind and physically Handicapped - Phone toll free 1-800-456-5515

FORT BAYARD WALKING TOURS - Private tours for family and friends visiting the area. Call 575-388-9123 or 575-574-8779

GRANT COUNTY ARCHAEOLOGICAL SOCIETY - - Wednesday, September 18 - (3rd Weds of the month) - 6:00 PM Pot Luck Meetings will be held from May to September at the Roundup Lodge in Mimbres. Call Marilyn Markel 536-9337 for more information.

GRANT COUNTY ROLLING STONES GEM & MINERAL SOCIETY - Thursday, September 12 - (2nd Thursday), 6:00 pm - Meeting and potluck followed by a rock draw. Bring your own service ware and dish to share. **NEW MEETING PLACE and CONTACT INFO:** 2045 Memory Lane, Silver City and the new contact phone number is 575-654-4424 **rollingstonesgms.blogspot.com**

Field trip Saturday, September 21 - the 3rd Saturday of the month at 8:30 am. For more information contact Ansel Walters at 575-388-2010

MS SUPPORT GROUP - First Tuesday of the month at 11:30 am for lunch in Silver City. Meetings are held in various City area restaurants. New members with Multiple Sclerosis are welcome. Email huseworld@yahoo.com for the location.

NEW HOPE AL-ANON FAMILY GROUP - EVERY MONDAY - 12:00 pm to 1:00 pm - First Presbyterian Church at 20th and Swan, Silver City. Open meeting for family and friends of alcoholics. For information, call Jerry 575-534-4866 or Diana 575-574-2311.

SILVER CITY MUSEUM - Tuesday - Friday 9 am to 4:30 pm. Saturday and Sunday - 10 am to 4 pm, 312 West Broadway. Museum Admission is free; \$5 suggested donation.

SILVER CITY CHAMBER OF COMMERCE LUNCHEON MEETING - Thursday, September 5 (Usually 1st Thursday of the month) WNMU Student Cafeteria, Sunset Room, Student Memorial Building, 100 College Avenue. Reminder that you should register online. Cost is \$15 for full lunch. See silvercity.org for detailed information or email info@silvercity.org or call GCCC at 575-538-3785.

SILVER CITY FOOD CO-OP - Calendar of Events contact the Food Co-op at 575-388-2343 or www.silvercityfoodcoop.coop for information about any event.

POPCORN FRIDAYS! Enjoy Free Organic Popcorn and Food Samples at the Silver City Food Co-op 520 North Bullard Street

SILVER CITY PHOTO CLUB - No time or date available, Call 860-670-4543 for information - Unitarian Universalist Meeting House, 3845 North Swan Street in Silver City. Meetings are free, but donations to help out our host venue are appreciated.

CONT. FROM PAGE 13

TOPS in SILVER CITY #0280, Every Thursday, Weigh-in 5 pm - 5:30 pm. Meeting at 5:30 pm. First Presbyterian Church, 1915 North Swan. For more information, call Jan Bever 303-902-8236

WALGREENS - Tuesday, September 3 - (1st Tuesday of each month) - SENIOR DISCOUNT - 10% off of items not on sale.

WIDOWED AND SINGLE PERSONS OF GRANT COUNTY – Monday, September 9 - Sign in at 10:30 am - (second Monday of each month) Cross Point Assembly of God church. Cost of lunch is \$12. All singles are welcome. Entertainment will be Harpist Karen Nelson. For information call 575-537-3643

WOMEN'S AL-ANON MEETING: WOMEN EMBRACING RECOVERY - Every Friday - 5:30 pm to 6:30pm - La Clinica Health and Birth Center, 3201 Ridge Loop, Silver City. Closed meeting for women who are family and friends of alcoholics. For information call 575-313-7094 or 575-313-1032

Dawn Gray will be collecting donations of art books and videos for the lending library being formed by the Grant County Art Guild. Donations can be brought to the Art Guild Gallery in the Hester House building in Silver City. She will also accept them at commodities distribution on the third Wednesday of the month or at the Mimbres Booster Club meeting on the first Thursday of the month at 5:30 (both at the Roundup Lodge). The Grant Co. Art Guild is a 501(c)(3) organization.

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us.nyrorganic.com/shop/daniellemasters

575-654-2333

organicyogamama@gmail.com



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SENIOR CENTER MENU

HMS Senior Centers September 2019 Menu

2	3	4	5	6
 Closed in Observance of Labor Day	Green Chile Pork Stew Mexicorn Tossed Salad/Dressing Tortilla Warm Cinnamon Apples	Meatloaf Mashed Potatoes/Gravy Peas & Carrots Dinner Roll/Marg Fruit Cocktail	Spaghetti/Meat Sauce Steamed Broccoli & Carrots Breadstick Cookie	Chicken Corn Casserole Pinto Beans Spinach/Marg Tortilla Peaches
9	10	11	12	13
Oven Fried Chicken Mashed Potatoes/Gravy Green Beans Dinner Roll/Marg Watermelon	Green Chile Cheese Burger Lettuce/Tomato/Pickle/ Onion Mixed Vegetables Applesauce Oatmeal Cookie	Taco Salad Lettuce & Tomato Spanish Rice Squash/Marg Saltine Crackers Orange	Pig in A Blanket Spinach Salad Corn Peaches	Egg Salad Potato Chips Carrot & Celery W/ Ranch Dressing Peanut Butter Cookie CLOSED AT 1:00PM
16	17	18	19	20
Tater Tot Casserole California Veggies Garden Salad/Dressing Dinner Roll/Marg Grapes	Grilled Cheese Sand Ham & Bean Soup Garden Salad/Dressing Apple	Sweet & Sour Pork Steamed Rice Carrots/Marg Mixed Veggies WW Bread Pear	Chicken Fajita Broccoli Watermelon Oatmeal Cookie	Bean Burrito Tossed Salad Spanish Rice Orange
23	24	25	26	27
Beef Tacos Lettuce/Tomato Spanish Rice Pinto Beans Cantaloupe	Baked Chicken Zucchini Broccoli & Cheese Dinner Roll/Marg Apple	Beef Enchiladas Calabacitas Banana Ice Cream	BBQ Pulled Pork Peas & Carrots Salad/Dressing WW Roll/Marg Mandarin Oranges	Cajun Baked Fish Rice Pilaf Broccoli & Cauliflower Breadstick Sliced Pears Yogurt
30				
Chicken Strips Mashes potatoes & Gravy Green Beans Biscuit Peaches	Please call your Senior Center before 10am or make reservations the day before the meal. Suggested donations for seniors 60 years of age or older is \$2.00. All donations of any amount are accepted and appreciated.	HMS Senior Centers Ena Mitchell 542-9414 Silver City 388-2545 Santa Clara 537-5254 Gila 535-2888 Mimbres 536-9990	  September	

SENIOR CENTER ACTIVITIES

Dominos
Billiards
Exercise Club
Advisory Council
Puzzles

Mon - Fri
Mon - Fri
Tues and Thurs
4th Tuesday
Mon - Fri

Starting at 9:00 am
9 am to 2 pm
10:30 am to 11:30 am
After Lunch
Starting at 9 am

DinIng Hall
Pool Room
Dining Hall
Dining Hall
Dining Hall

For any questions about activities, please call your senior center. Activities are open to all who are age 55 plus. (Age 60+ for the nutrition program.) There are no income or residency requirements to participate in senior programs. **Donations of any amount are appreciated.**



**MIMBRES
CULTURE
HERITAGE SITE**

By Kathy Hill

Hummingbird Festival a Success!

We, at the Mimbres Culture Heritage Site, want to thank everyone who supported this year's Hummingbird Festival by volunteering or by attending. We more than doubled the visitors we had last year - from Mexico to Germany and lots of places in-between. Bird bander Ann Adams and assistant Linda, were new this year and taught us a lot about hummingbirds. So did speaker Elissa Fazio from Tucson in her lectures. Terry Timme talked about supporting birds by healthy gardening and environments. Susan taught us about bees - just as they arrived en mass that week. The ice cream was cold and sweet, the vendors had splendid wares and the weather cooperated- for the most part. Thank you everyone, for making this community event a success.



This gorgeous vintage stained glass (estimated worth \$325) will be raffled off at the Harvest Festival. Donated by Kathleen and Mitch Clinton after a few repairs, the hummingbird in the grape vineyard image is lovely in the light. Come by the Mimbres Museum to see it in person, or to purchase tickets, 12 Sage Drive. Tickets will


also be sold at the Harvest Festival. Each ticket is \$5 or a bundle of 6 for \$25. The proceeds will go towards the Wood House Roof Fund. Call 575.536.3161 for more information.



Hummingbird Festival Raffle Winners for 2019

The Mimbres Museum want list:

- ♦ Weathered boards
- ♦ Old mining equipment and a mining car
- ♦ Plant starters, planting soil and containers for plants
- ♦ Sugar
- ♦ New volunteers
- ♦ Fencing – chain link or garden fencing
- ♦ 5' + fencing posts
- ♦ Fence gates



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jnsdurango@yahoo.com



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- Articles/photographs from your neighbors and/or renowned researchers.
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- Free of charge, we do not accept donations or commercial ads, we do not provide your email address to any other entity.

Kate Brown Pottery & Tile



Showroom in the Mimbres

By Appointment

575-536-9935

Katebrown@gilanet.com

Katebrownpottery.com

swnmact.org/kate-brown-pottery-and-tile

SENIOR MOBILE FOOD PANTRY The third Wednesday of every month, the Gospel Mission in Silver City will distribute food at the Knights of Columbus Hall, 1301 North Swan Street from 2:00 to 4:00 p.m. If you are 55 years of age or older, live in Grant County and you need help with food, you are welcome to come by. Please bring your own box or bag to put food in. Help carrying will be available if you need it. If you would like to lend a hand in helping to set up or carrying boxes to cars, please show up at around 12:30 p.m.

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FREE PRIVATE WELL WATER TESTING

PRIVATE WELL WATER QUALITY TESTING

NMED and NMDOH will be offering up to 200 free water tests for private wells serving homes not connected to a public water utility to residents of

Grant County

Silver City

Friday 9/27/19

When: 3 pm - 6 pm

Where: Western NM University-
Harlan Hall @ W. 12th St and Florida St.

Mimbres Health Fair

Saturday 9/28/19

When: 9:30 am - 1:30 pm

Where: San Lorenzo Elementary School
@ 2655 Hwy 35 North, San Lorenzo NM

Tests include: pH, Electrical Conductivity, Sulfate, Fluoride, Iron, Nitrate, and Arsenic

HOW TO COLLECT WATER SAMPLE

- Fill a clean glass or plastic container without any strong odors, with at least a quart or a liter (i.e. 32 OZ) of your well water.
- If the home has a whole house filtration system, collect the water at the well head prior to any filtration or softener systems if possible.
- Let the water run 2-3 minutes before collecting the sample.
- Fill the container with water as close to the time of testing as possible.

At the event, we will be collecting information about your well (i.e. well construction information).
All information is Voluntary.

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WINNING RAFFLE TICKET

By William Overholt

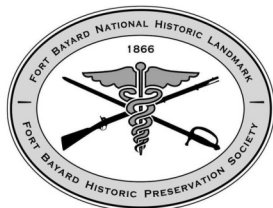
Last year I was fortunate to hold the winning raffle ticket for an airborne sightseeing tour over the Mimbres and Gila Valleys. Early on a crisp, clear October morning, I met Stan Croft at his hanger on the edge of the Casas Adobes runway. I slid in next to Stan in his two-seater, self-built, experimental aircraft, and off we went into the cloudless New Mexican sky.

We flew first up the Mimbres Valley over the easily recognized landmarks of Bear Canyon Reservoir and Fowler's sawmill, then veered slightly westward over the GOS and Lake Roberts. Next we headed north by Copperas Peak, descending over the Cliff Dwellings, and then tracked west along the Gila River towards the towns of Gila and Cliff. From there, we flew south over the Burro Mountains, landing at the small airport in Lordsburg.

After self-service refueling, we took off once again, and with Cooke's Peak to our right, we followed the Mimbres Valley northward over the Nan Ranch and then gently landed back in Mimbres. It was a remarkable day that I'll not soon forget!

You could also win this trip of a lifetime by purchasing a ticket from the Mimbres Valley Harvest Festival Raffle. Even if you don't win a prize, your money will support the Mimbres Valley Health Action League, a non-profit organization that sponsors many worthy causes in the Valley.

Baseball and More at Fort Bayard in October



The Fort Bayard Historic Preservation Society invites everyone to come enjoy the historic fort, and take in vintage baseball games October 19-20. The games will be played at nearby Bataan Park, and match a team made up of players from the Arizona Vintage Baseball League, against the Grant County Senior Olympics baseball team, coached by Mario Quintana.

The games are part of a celebration of baseball's love affair with Grant County, that will begin on Friday night, October 18th, and will feature panel discussions, exhibits and documentary films. For more information, contact Doug Dinwiddie at 388-4862, or visit www.fortbayard.org for the full event schedule.

More about this baseball symposium next month!

GOT GAME?





FOREST SERVICE NEWS



Safety Tips While Visiting the Gila National Forest

The Gila National Forest wants all our visitors to have a safe and enjoyable time while visiting the forest. The Gila National Forest is 3.3 million acres with numerous entry and exit points, and most of it has very limited cell service. With hunting season here we want to remind you of a few important safety tips.

- If possible, travel with a companion. Leave a copy of your itinerary with a responsible person that you know. Include details such as make, model, year, and license plate of your vehicle and when you plan to return. Be specific about where you are going to be with a starting point and an ending point.
- Wear appropriate clothing for the season and be aware that the Gila NF ranges from 4,200 – 10,900 feet in elevation.
- Bring enough water for your trip. Water is never a guarantee in the high desert ecosystem that compiles the Gila NF.
- Learn basic first aid so that you know how to identify and treat injuries, and illnesses. Carry a first aid kit.

We always hope for the best, but in the event someone you know is missing these are the steps to take:

- **Call the New Mexico State Police Dispatch. That number is 575-382-2500.** All search and rescue incidents in New Mexico are coordinated by the NM State Police.
- Know the starting point of their itinerary, the make, model, year and license plate of their vehicle.
- If you know of any pre-existing medical problems, please inform the dispatcher.

Are you Bear Aware?

Quick reminders for visitors to the Gila National Forest:

- Do not feed your pets outside
- Avoid leaving large amounts of standing water outside.
- All trash should either be in an enclosed area or in a bear-proof container.
- If you are hiking in the forest, be aware of your surroundings and carry bear spray.

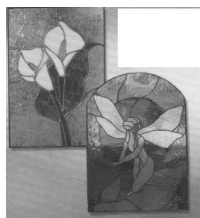
NMDGF has several publications, which are available on-line and at the Gila NF's ranger stations, on *"Living with Large Predators in New Mexico"* and *"Keeping Bears Alive and Yourself Safe."*

From the New Mexico Department of Game and Fish EXPECT ROADBLOCKS STATEWIDE DURING HUNTING SEASON

Hunting seasons are underway and the New Mexico Department of Game and Fish will be conducting roadblocks throughout the state during fall hunting seasons to collect harvest data and to detect wildlife law violations.

Conservation officers may be assisted by other agencies such as the U.S. Forest Service, Bureau of Land Management, New Mexico State Police or county sheriff's offices. As a result, the public may encounter minor delays.

At roadblocks, conservation officers also will check for compliance with the Off-Highway Motor Vehicle Act. Drivers of vehicles hauling wood products will be asked to produce documentation as required by the Forest Conservation Act. Everyone is encouraged to report any violations they may observe, such as shooting from a vehicle, spotlighting or driving off-road. For more information, please consult the Department's hunting rules and information books, available on the Department's website, at area offices and at license vendors.



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Conejo Mimbrenño Visits Capulin Volcano National Monument

The eighth in our series highlighting New Mexico National Parks and Monuments

By Marilyn Markel

Capulin Volcano is in the northeast corner of New Mexico. A wonder of geology, its cone is the remains of an extinct volcano. The crater was created by hot magma from below the earth's crust bubbling up to the surface. It was last active 52,000 yearss ago.

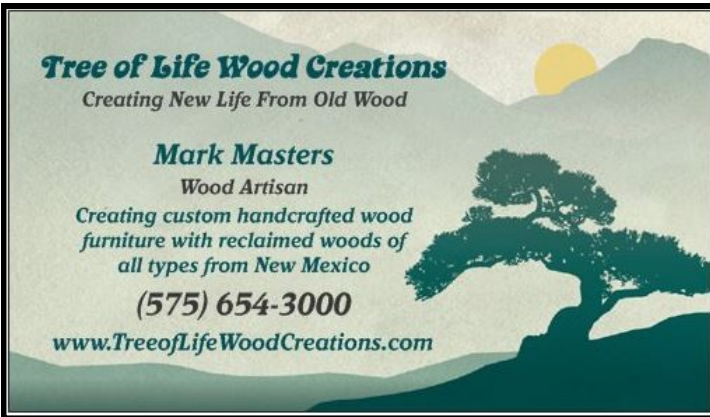


Volcanic Activity

Read about Conejo Mimbrenño's visit to Capulin Volcano National Monument above. Look for the underlined letters. Write them down in order. What is the name of another National Monument in New Mexico that resulted from volcanic activity?

— — — — — .

Answer to Volcanic Activity: El Malpais, the volcanic badlands National Monument near Grants, N.M.



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RIO MIMBRES BAPTIST CHURCH

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Sunday Worship
Nursery provided 9:45 am to 12:30 pm
Bible Study 9:45 am
Worship at 11:00 am
Wednesday Worship Services 6:00 pm

Where everyone is welcome to worship and experience God's Love

CATHOLIC SERVICES NEW HOURS

San Lorenzo Mission
Every Sunday at 9:30 am

San Juan Mission and
San Jose Mission
in Faywood

ARE CLOSED

LOCAL CHURCHES

MIMBRES UNITED METHODIST CHURCH

2622 Highway 35, Mimbres
(Next to the Senior Citizen's Center)

Pastor Janet Whitmore has returned from retirement to replace Pastor Gene McPeak who moved to Abilene

We invite you to join us for Sunday Morning Worship at 10 a.m.

Mimbres United Methodist Church has a box on Highway 35 in which people may put their prayer requests, anonymous or named. The prayer requests will be retrieved weekly and Pastor Janet and the congregation will seek the Lord's help on behalf of those who are seeking assistance.

NEW COVENANT CHURCH

27 Turn Here Road
Mimbres, N.M.

Sunday Morning Worship
10:00 AM

A Small Non-Denominational Church
With A Big Message
JESUS IS LORD

"You are Always Welcome"

TEAMKIDS AND YOUTH GROUP



Come have fun and learn about our Creator!

Team Kids

Grades 1 through 6 will have good news club at the San Lorenzo Elementary School on Mondays after school.

Youth Group

Grades 7 to 12 meet from 3 pm to 5 pm on Sundays at the Rio Mimbres Baptist Church.

Phone: 575-536-9543
29 Cactus Dr., Mimbres

Teen Ink

By Ajalaa Claussen



We received the following e-mail from our teen intern, Ajalaa Claussen. She has been faithfully writing her column since she was in the eighth grade, and doing it quite well, I might add. We thought that printing her email as a final column was only fitting.

Hello Mary, I am realizing as I'm staring down the barrel of senior year, that I will not be able to produce quality work and consistently turn it in on time. I think it is time for me to close this chapter in life and pursue other ventures. But before I do, I want to thank you so very much for this incredible opportunity. I am grateful to have been a part of the Mimbres Messenger for these past four years. Writing these articles on a monthly basis not only gave me a creative outlet, but also forced me to reflect on my surroundings and my own mental health. Thank you for facilitating this journey and helping me get better as I writer. Let me know if you need help finding a replacement. I know many talented young girls who grew up in the Mimbres who would be honored to write for the Mimbres messenger. With much love and admiration, Ajalaa

The *Messenger* is sad to lose a writer of Ajalaa's talent. We wish her well during her senior year and look forward to hearing how her future unfolds. Many thanks for all your work!

CALL TO VENDORS

14th Annual Mimbres Valley Harvest Festival- Sept. 28, 10 to 4



Grant County
Growers and
Artisans

Registration
Forms can be
found on our
website or the
Mimbres
Messenger

For Vendor information contact

Meg 575-536-9629

Horseshoe Tournament sign ups
rjriverrock@gmail.com

Growers information

Valli 520-678-8577

www.mimbresharvestfest.com

- Farmers Market
- Health Fair
- Arts and Crafts
- Locally made food
- Live Music
- Games and Activities for Children
- Horseshoe Tournament
- Pie Contest
- Raffle
- And much more!

PLEASE CALL, OR SEND IN THE FORM ON THE NEXT PAGE AS SOON AS POSSIBLE. THERE ARE A LIMITED NUMBER OF SPACES, SO DON'T GET LEFT OUT!



Rio Mimbres Baptist Church
29 Cactus Dr.
Mimbres Valley

The meetings will include:

- ♦ Videos featuring grief recovery experts
- ♦ Small discussion groups
- ♦ Workbook to reinforce the weekly topics

Our Grief Support Group is starting again!

Tuesday, September 3rd - December 3rd
from 6-8 p.m.

GriefShare is a special weekly support group designed to help you rebuild your life after losing a loved one.

For more information, please call Debby @ 313-4199

No registrations will be accepted after Sept 16, 2019!

Vendor Registration Form for the Fourteenth Annual!

2019 Mimbres Valley Harvest Festival

10am – 4pm Saturday, September 28, 2019

Registration Information:

Business Name _____

Contact Person _____

Address _____

Phone (am) _____ (pm) _____

Email _____

I am registering as:

Grant County Artist/Craftsperson

You are invited to display and sell your handmade arts and crafts. No buying and reselling of crafts, trinkets, or candy. Booth space is 10' by 10'.

Medium of work (for example: weaving, pottery, embroidery):

_____ Booth fee \$30

Out of Grant County Artisans --All of the above requirements apply and in addition please call the vendor chair before sending an application to determine if there is space available

_____ Booth fee \$60

Grant County Non-Profit Organization

Register for a table space to distribute information. Please include your space requirements.

Local non-profit organization info and space requirements:

_____ Booth fee \$15

Booth fee enclosed: _____ No registrations will be accepted after September 16.

Booth fees are non-refundable and must accompany this registration form.

Checks and money orders only. Make check payable to Mimbres Valley Health Action League.

Signature: _____ Date: _____

Please mail this form by September 16 to:

Mimbres Valley Harvest Festival c/o MVHAL, PO Box 137, Mimbres, NM 88049.

For more information visit our website: www.mimbresharvestfest.com or

call vendor chair Meg Streams at 575-536- 9629 or email -- streams@gilanet.com

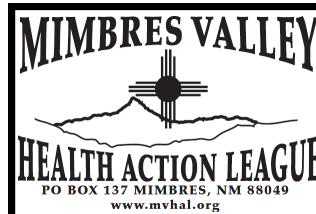
Mimbres Messenger

P. O. Box 137
Mimbres, NM 88049

Please email any suggestions, articles, announcements, upcoming events, advertising, etc. for consideration

by the editors to:
willwhite200@aol.com

We're on the web
www.mvhal.org
www.mimbresharvestfest.com
www.blackrange3.org



Mimbres Messenger
Farmers' Market
Harvest Festival
Commodities Distribution
The San Lorenzo Children's Garden

WEDNESDAY - September 11 - 5:30 pm to 7:00 pm. MVHAL Board Meeting. Roundup Lodge, 91 Acklin Hill Road.

WEDNESDAY, September 18 - Noon to 2 pm
Commodities Pickup - Roundup Lodge - Volunteers needed to pack food. Please bring suitable boxes.

The Mimbres Valley Health Action League was founded for the purposes of improving the health, well-being, and quality of life for the people of the Mimbres region. Some of the ways targeted to do that are by improving communication and social networks, providing preventive health education, improving access to health and social services, increasing financial and economic stability, increasing recreation opportunities, increasing education opportunities, and promoting a safe and healthy environment.



Looking for relief from arthritis, rheumatism, epilepsy, anxiety, depression, insomnia, autoimmune diseases, Crohn's, colitis, diabetes, glaucoma, IBD, MS, Parkinson's, PTSD, ADD, ADHD, addiction, alcoholism, chronic back and joint pain, or general inflammation?

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