

## A FREE COMMUNITY NEWSLETTER

**APRIL 2020** 

# MIMBRES MESSENGER

# The Coronavirus (Covid-19) is Changing Life as We Know It Stay Home - Save Lives

Call it "A Stay-at-Home Order", or a "Lockdown", or a "Shelter in Place" order, it basically comes down to the same thing.

On Monday, March 23rd, the New Mexico Governor announced a Stay-at-home order for New Mexico. What exactly does that mean?

From the New Mexico Department of Health Website, here are the answers to most of your questions.

### March 23 Public Health Order: FAQs

On March 23, 2020, New Mexico Department of Health Secretary Kathy Kunkel announced a new public health emergency order **effective at 8 a.m. Tuesday, March 24**, closing all businesses and nonprofit entities except for those deemed essential, and further restricting mass gatherings due to the COVID-19 pandemic.

All New Mexicans must immediately heed the directive to stay home except to maintain continuity of functions critical to public health and safety.

#### **BASICS**

#### Q: When should I leave my house?

A: You may leave your home for these reasons:

If you work for an "essential business,"

If your job is part of essential government services that cannot be conducted through telework (the latest order does not change this),

To conduct "necessary activities" – obtaining medicine or seeing a doctor, purchasing necessary supplies such as groceries and personal hygiene products, picking up educational supplies from your child's school or providing necessary care and supplies to family members in another household,

You may leave your house to take a walk, or jog, or to walk the dog. But you may not do these things in groups. And you should limit your time outside to only what is essential.

## Q: What's open?

- ◆ A: Essential businesses and nonprofits, as defined in the order, will remain open. These include:
- Gas stations
- ♦ Pharmacies
- Food providers: Grocery stores, farmers' markets, food banks, convenience stores, school meal distribution sites and restaurants (but only for delivery and take-out).
- Banks
- Laundromats/laundry services
- Farms, ranches and other food cultivation operations
- Essential state and local government functions, including law enforcement and emergency management services
- Homeless shelters
- Health care operations
- Childcare facilities necessary to provide services to workers employed by essential businesses and essential non-profit entities.
- Utilities
- Essential state and local government functions, including law enforcement and emergency management services
- U.S. government and military installations
- The full list is available at <a href="https://cv.nmhealth.org/stay-at-home-essential-businesses/">https://cv.nmhealth.org/stay-at-home-essential-businesses/</a>

# Q: Are there additional closings because of this order?

A: Yes. If a business does not fall under one of the "essential" categories, employees must either telework or the business must suspend operations.

# Q: The new order revises what's considered a prohibited mass gathering. What's the new rule?

A: This order defines a mass gathering as any public or private gathering that brings together five or more indi-

#### **VOLUNTEER STAFF**

- Mary Willhite, Editor, Production, Advertising
- Marilyn Markel, Contributing Writer
- Grace Williams, Distribution & Printing
- RJ Nelson, Chief of Printing, Distribution and Billing

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**ACTIVITY ANSWERS** 

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### LETTER FROM THE EDITOR

By Mary Willhite



When I first started thinking about starting this edition of the Messenger, I wasn't even considering doing anything on the Coronavirus. But in one week, that is all everyone is talking about. There is a lot of different information (true, conflicting, misleading, or false) floating around. The front page of the *Messenger* is from the New Mexico Department of Health, so it is the best we can do to be accurate.

When I first started paying attention, there were less than 50 cases of Covid - 19 reported in New Mexico, As of today, there were more than 200 reported cases and the US has taken the lead in the number of cases. I was hoping that New Mexico would be a state that reported zero deaths from the virus, but unfortunately, that is not the case. As of this writing, 7,793 tests have been administered in New Mexico with 112 reported positive.

Thankfully, as of now, Grant County has been spared. Let's keep it that way! Follow the stay-at-home order. Protect yourself and others. If you must go out, practice Social Distancing. Wash and sanitize your hands. Clean and disinfect frequently touched surfaces. Don't go "visiting," and call your elderly friends and neighbors and make sure they are doing well.

I am happy I live in a state that is taking the pandemic seriously and is being proactive rather than reactive. This is one time that I am happy that New Mexico ranks in the lower percentile! On a lighter note, what is this with the toilet paper? It certainly isn't something that I would think to hoard. But just in case you don't' have enough, I am sending this bouquet along to you.



If this is not going to be enough, my friend sent along the following just in case you should need the information.



shitgardens

LEAVES TO USE IN A TOILET PAPER CRISIS









Continued from Page 1—Virus

viduals in a single room or connected space or an outdoor space where people are within 6 feet of each other.

# Q: Are there any exemptions to the 5-or-more rule?

A: Yes. If five or more people live together, they are exempt inside their residence. Also exempt are churches, synagogues, mosques or other places of worship.

#### Q: What's closed?

- ♦ Entertainment venues
- ♦ Gyms and fitness studios
- Public events and gatherings
- Convention centers
- ♦ Hair and nail salons
- Casinos and horse-racing facilities
- And more

#### Q: How long will this order be in place?

A: This order is in place through 8 a.m. April 10, 2020, unless otherwise amended.

### Q: What about government services?

A: This order does not change the status of state and local government operations. Previous orders exempted all persons necessary to maintain the operations of state and local governments. State government has already moved to a largely telework system; local government agencies are strongly encouraged to do the same.

#### Q: Is there a curfew associated with the order?

A: No.

# Q: My employer has asked me to come to work at a non-essential business – what do I do?

A: The main line at newmexico.gov, 833-551-0518, will soon have a reporting mechanism to report non-compliance to the state.

## **SCHOOLS AND CHILD CARE**

Q: My school is providing free grab-and-go meals, instructional materials and supplies, and childcare. Are those still open?

A: Yes.

# Q: Are childcare services still open? Can my babysitter still come to the house?

A: Yes. Childcare facilities necessary to provide services

to workers employed by essential businesses and nonprofit entities may continue to operate. Childcare services are also available to serve families with young children when the parents are involved with protective services, behavioral health and/or juvenile justice services. Childcare facilities that remain open must employ heightened cleaning and distancing requirements; guidance will be released shortly. Babysitters may travel to homes to care for the children of parents working in essential sectors.

#### OTHER SERVICES

#### Q: Can I go to the park?

A: No, you should not. (Most are closed anyway.)

## Q: Will public roads be closed?

A: No. All streets, roads and highways will remain open.

### Q: What about public transportation?

A: Public transportation is considered an essential service; it will continue to operate.

# Q: How does the order affect people who are homeless?

A: Previous orders exempted those who are homeless, and that has not changed. Like everyone, they are encouraged to practice social distancing of at least 6 feet. Services that provide for the homeless, like shelters, may remain open.

## Q: Can I still get my mail and deliveries?

A: Yes. You will still be able to get mail and other deliveries at your home. Mail is considered an essential government function, and businesses that deliver goods or services directly to residences are considered essential businesses.

#### **HEALTH CARE AND HELPING SICK RELATIVES**

# Q: Can I visit loved ones in the hospital, nursing home, skilled nursing facility, or other residential care facility?

A: The Department of Health's March 13, 2020, public health order states that visitors are only allowed at nursing homes and other facilities that care for seniors if they are receiving end-of-life care and the visitor meets certain conditions (i.e. temperature taken at the entrance). Many hospitals are implementing modified visitation policies at this time. Check with the specific hospital location about what the policy is at this time.

## Q: Since health care is a necessary activity, may I keep my appointment for an eye exam or a dental cleaning?

A: Non-essential medical care like eye exams, teeth cleaning

Continued from Page 3 - Virus

## WATCH IT SPREAD

and elective procedures should be postponed. If possible, health care visits should be done remotely.

### Q: May I still go out to get my prescriptions?

A: Yes. Pharmacies remain open, as do medical marijuana dispensaries.

## Q: Can I leave home to care for family members or friends who have disabilities, or who require assistance to care for themselves?

A: Yes. Be sure that you protect them and yourself by following social distancing guidelines such as washing hands before and after, using hand sanitizer, maintaining at least 6 feet of distance when possible, and coughing or sneezing into your elbow or a tissue and then washing your hands. If you have any symptoms of a cold, however, please stay away.

#### OUTDOOR/RECREATION/EXERCISE

## Q: Can I still go outside for a hike or walk?

Yes, but you must maintain a distance of at least 6 feet with those outside of your family unit. Gyms, fitness centers, recreational centers, golf courses, swimming pools and skating rinks are all closed. New Mexico State Parks have been temporarily closed to protect public health.

## **PETS**

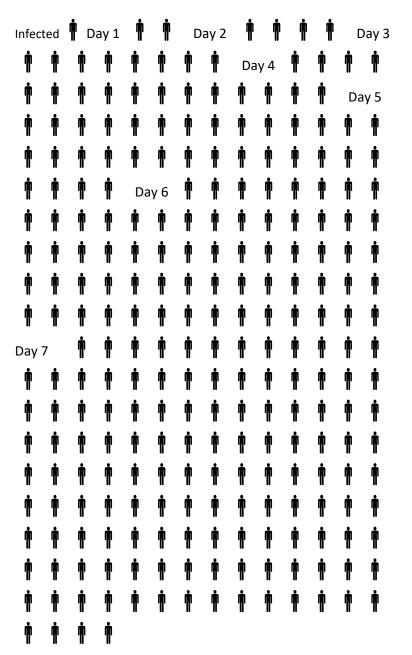
## Q: Can I walk my dog? Take my pet to the vet?

A: You may walk your dog. You may also take your pet to the vet; emergency veterinary services are exempt from the orders.



Covid-19 can spread so easily. You can be infecting people when you don't feel sick or have any systems. It is believed the incubation period of the virus is between 2 and 14 days with the average being 5 days. Some research shows that on rare occasions, people can pass the coronavirus to others without ever becoming ill. One woman from Wuhan spread the virus to five of her family members without showing symptoms. According to the CDC, 392 of the 705 passengers who tested positive on the Diamond Princess cruise ship were asymptomatic.

This is a visual example of the number of people that could be infected in only 7 days from one infected person. If each infected person only transmitted the disease to one other person per day, This is the number of people who would be infected in 7 days and show no signs of the virus.





Mimbres Clinic now open three days a week!

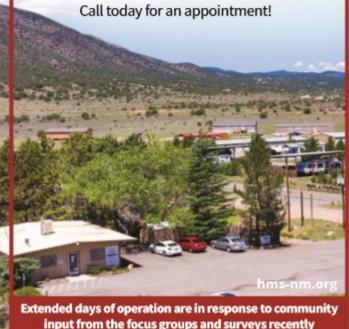






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administered. Thank you for your input.



# Health Care Workers are the new Fire Fighters

# **Protect Them.**

This is a Fire.

Practice Containment.

## Creating Spiritual Transformation on 4/22/2020

Currently, many living beings are experiencing extreme difficulties. In order not to feel powerless during these stressful times, let us all use our mind and spirit to generate something compassionate.

Collectively, using the power of thought and intent, we can spiritually change the chaos happening to our planet, to heal ourselves and all around us. The power of the mind through prayer, contemplation and/or request to a greater consciousness has unlimited potential, especially when done by many people in unison.

Please, translate, hard copy, or cut and paste, and send this message to as many like-minded persons as possible, remembering the ones in remote and foreign countries, so that we can achieve cohesion for this project all over the world.

Together, on the 50th Earth Day, Wednesday April 22, 2020, let us pray, meditate, or simply wish "Peace, Health, Love and Light to all Living Beings".

We can all work in harmony by focusing our spiritual energy, offering positive thoughts throughout this special day, as often as we can.

Love and Light to All, From a friend of the Earth





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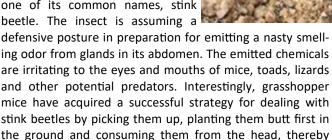
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# **STINK BEETLES** By "The Bugman"

While strolling down a dirt road, have you ever encountered a large black beetle doing a headstand? If so, it's a darkling beetle, sometimes referred to as a pinacate beetle or clown beetle. The common ones in the valley are about 1-1.5" long, and all black. Their forewings are fused together so they cannot fly. Why, you may ask, is that big black bug sticking its butt up in the air at me? Well, it has to do with another one of its common names, stink beetle. The insect is assuming a

evading the foul flatulence.



There are many species of stink beetles, with at least 30 occurring in New Mexico, all of which belong to the genus *Eleodes*. Not all species of *Eleodes* emit defensive chemicals, and some perform the threatening headstand behavior, but produce no chemicals. These species are simply mimicking





those that produce noxious emissions in order to fool predators into assuming that they can release a nasty discharge. If you are unsure whether a given stink beetle can produce a stinky emission, hold it near your nose and you'll soon have an answer!

The stink beetles in New Mexico are scavengers, feeding primarily on decaying vegetation during both their immature (larval) and adult stages. However, some species in the Midwest are considered pests of wheat during their larval stages due to their consumption

of sown seeds, roots and underground stems. Stink beetles can be kept in a terrarium as pets and will eat just about any vegetable matter (apple cores, old lettuce, etc.), although they reportedly thrive on oatmeal. They can live several years, and eventually cease spraying once they've become accustomed to gentle handling.

Hi everyone and hope you're well and staying safe with the health situation we find ourselves in!

I've been in some very recent meetings (not in person!) where the guidelines were discussed and yes they change but here's the most current, broad advice:

FIRST - if you have any COVID19 questions call the 24/7 Department of Health Hotline which is 1-833-551-0518

Health related Covid-19 questions call 1-855-600-3453 Senior Food Line call 1-800-432-2080

SECOND - Pay attention to the guidelines we're all aware of now, it's so important to follow the healthcare professionals advice!

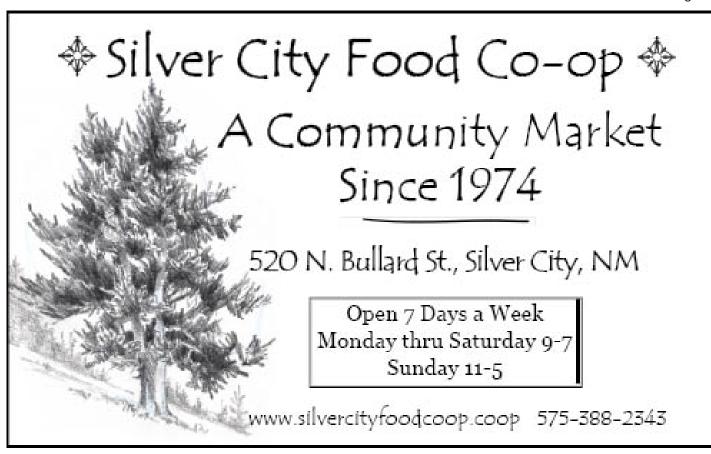
THIRD - As far as using masks, PLEASE keep in mind that masks are for people who are sick and/or those who's doctor has ordered one. I know we're seeing shots of people all over the world walking around outside wearing masks.

RIGHT NOW, unless you meet the criteria above, masks are for those people only. Not being actively sick w/the virus and wearing a mask does not protect you from someone who may be actively sick that you come in contact with...keep the 6 ft distance, wash and disinfect your hands, wipe down surfaces, etc.. If you are out and about with a mask on, don't be surprised if someone ( like me ) may ask you if you are sick and suggest you not be out in public right now.

OUR HEALTHCARE PROFESSIONALS need all of the masks and other personal protective equipment they can find and we should help that happen. They are there for us, let's be there for them too.

The uncertainty is sure real but if we listen to the healthcare professionals and trust their guidance, take care for ourselves and each other, we will get through this.

Best, Chris DeBolt



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# Why Not Plant an Isolation Victory Garden?

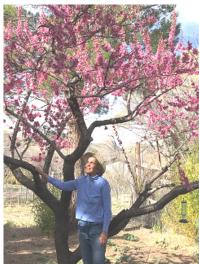
By Valerie McCaffrey

If there was ever a time to plant a garden, it is right now, when many of us have landed at home, in self- isolation, with time on our hands, and perhaps some fear in our hearts. There may be food shortages due to the long supply chain to get things here. So far, frozen chicken, toilet paper and paper towels, hand sanitizer and masks have disappeared from grocery stores in Silver City.

Remember hearing about the victory gardens during World War II, when citizens raised forty percent of the produce eaten in this country? Once again, we can participate in growing some of the food we eat and help rebuild our community and our country, one vegetable garden at a time.

Why not be prepared, with a bounty of the fruits of the earth, so there will be plenty for all? It will give us the opportunity, later this summer and fall, months from now, when hopefully things are getting back to normal, to eat and cook with the most nutritious and tasty produce. We will also be able to give it to friends and family and be generous to others.

Meanwhile, growing food will give us something positive to focus on. Working the land to raise a garden, not only slows your life down to the earth's and the plants' speed, as you tend them, but it gives you something to look forward to every day. Once I step into my garden, I get so involved, marveling at the daily changes and ab-



The author under a fruit tree she recently pruned

sorbed in tasks, that the rest of the world and all my worries fade away.

Then the celebration that comes with the abundance of harvest. Cooking with your own or a neighbor's just-picked vegetables and fruits creates the healthiest and most comforting meals for your family.

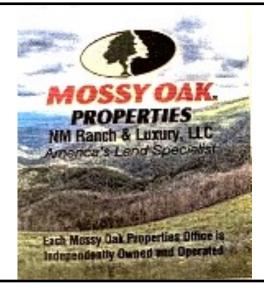
We've also had a good year as far as winter and spring rains, so the soil should be easy to work. Getting our hands in the dirt is also good as far as absorbing trace amounts of good microorganisms. Personally, I am engaged in restoring my gut microbiome, damaged from a chronic autoimmune disease, by supplementing with soil-based microorganisms that are lacking

in our diet. The soils of most farmlands are depleted in these micronutrients needed for a healthy gut, as they thrive under organic conditions.

Sustained contact with the earth, can also be very grounding and relaxing for human beings. Science is beginning to have equipment sensitive enough to verify that humans interact electromagnetically with the earth. The earth has north/south polarity and emits a slight electrical charge as do our hands and feet According to the 5,000-year-old acupuncture tradition in China, humans pick up "chi" or energy from the earth through the kidney meridian in the soles of their feet.

You can also talk to your plants. According to my sister,

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# **Sunni Nance**

ASSOCIATE BROKER

Office: 575-336-1316 Cell: 325-234-2507 Fax: 575-808-8738

2825 Sudderth Drive, Suite F, Ruidoso, NM 88345 SNance@MossyOakProperties.com www.NMRanchandHome.com

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Dr. Gwen McCaffrey, PhD in Biochemistry, "Humans and plants share the same DNA and have many genes in common. Therefore, working in a garden is like spending time with far distant cousins."

That plants are sentient beings has been proven in trials where leaves hooked up to a galvanometer, (part of lie-detecting equipment), spiked in reaction, after "reading the mind" of the experimenter preparing to burn them. For more information, see national best-seller, "The Secret Life of Plants" by Peter Thompkins and Christopher Bird.

Planting seeds is also a hopeful thing to do. Right now, when things appear grim, why not participate with your children in one of nature's reliable miracles. Where you go from a tiny seed to a living and breathing, (plants take in carbon dioxide and give out oxygen), multi-faceted, green being. It is also good for families to work together to produce food and then cook and eat it together. "It is saying, "YES!" to life." Throughout the ages, most humans on earth have had to raise, hunt or gather all of their food.

Be sure to wait to plant outside until the danger of frost is over. Please do barricade your gardens and fruiting plants because birds, deer, javelina, gophers, and raccoons can carry off your fresh produce overnight.

For an amazing amount of on-line information go to <a href="https://www.aces.nmsu.edu">www.aces.nmsu.edu</a> to access New Mexico State University's horticulture publications, especially "Home

Vegetable Gardening in New Mexico." Following its eight steps (know your climate, plan before you plant, prepare the soil, fertilize for optimal crop production, plant your garden, water properly, control pests and harvest at the correct time) will lead to a successful experience. Beginning gardeners can take a free, self-paced, online course, "Seed to Supper," including videos and a Facebook page, so you can ask questions, offered at <a href="https://www.ican.nmsu.edu">www.ican.nmsu.edu</a>.

"I think anyone with garden space, access to water and a commitment to staying home during this growing season should grow at least some of their food. If noth-

ing else it may give you a new appreciation of those who grow your food," said long-time, local, organic farmer, Sharlene Grunerud.

She and her husband, Michael Alexander of Mimbres Farms, are one of the few farms left, that irrigate their crops directly from the Mimbres River, every 10 days, via historic "acequia" dirt ditches. One of the five, original, organic growers at the Silver City Farmers Market, Sharlene was its manager for 13 years.

This very hard working and knowledgeable couple have been vendors for years at the Mimbres Valley Farmers Market and their booth at the Harvest Festival is always chock-full of beautiful produce. They have raised plant starts in a large greenhouse for over 20 years and will offer them again this year. However, they will not be selling them at the greenhouse, only at the Spring Plant Sale on May 2 at Valle Market in Mimbres.

# Pruning Fruit Trees – Advice from a Local Holistic Orchardist

You can also participate in the care and harvest of the fruit trees and berry bushes in your yard. If you're like me, you are still learning to care for them properly.

I asked local orchardist, Gabriel Feldman, if it was too late to prune fruit trees, as it is usually done by February when the trees are dormant. He said, "It is still ok to take out dead wood and crisscrossing branches. You can prune in summer but usually, you do this to keep a tree short or stunt growth."

"It is also important to sterilize pruners and saws be-

tween pruning each tree, so you don't spread fire blight and other diseases. I do this with 90% isopropyl alcohol," said Gabriel.

"In the sunny southwest, not pruning lower branches is good, as those lower branches protect the trunk from sunscald especially on stone fruits. Another sunscald solution with an extra benefit, is planting a shrub or two on the south and west sides of a fruit tree, like currant or a Nanking cherry or a nitrogen-fixer like buffalo berry," ex-

plained Gabriel. He also said it was important to avoid pruning too much here, unless you are in a shady area, as the leaves shade the trunk preventing sunscald which makes the tree susceptible to wood borers.



Long time local grower, Shalene Grunerud of Mimbres Farms, shown in her large greenhouse watering seeds for a wide variety of plant starts that she will be offering at the Spring Plant Sale on May 2 at the Valle Market in Mimbres. Sharlene with her husband Michael Alexander have been raising seedlings to help fill out customers' gardens for 20 years.

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"It's a good time to fertilize now and ideally with a foliar spray while buds are swelling and also after petal fall with leaves growing, to organically protect your tree from insects and start the biological activity," he said.

His recipe for a foliar spray using a 4-gallon sprayer is 2.5 ounces pure neem oil with a teaspoon of soap emulsifier mixed with aerated compost tea. Gabriel said he gets a lot of his information from Michael Phillip's Holistic Orchard Book and you can also read it on the author's website.

Gabriel also fertilizes around the base of his trees with compost or organic fertilizer. "Everyone should mulch with something around here, woodchips are great, or pine needles, straw, etc... just leave a couple of inches around the trunk so the mulch doesn't touch it and cause rot," he recommended.

Gabriel will be bringing his own grafted apple trees to sell at the Spring Plant Sale as well as native grasses with edible seeds, fruiting bushes and ground covers. This young grower and his wife Chelsea have the most sustainable lifestyle of anyone I know. Gabriel has a wealth of information and experience holistically cultivating native and non-native food-bearing plants.

# Mimbres Agricultural Events: Spring Plant Sale, Farmers Market & Harvest Festival

According to Bill Overholt, manager of the Mimbres Valley Farmers Market, "Now that Spring has arrived, it's time to start planning your vegetable garden. Please consider planting more than you need and selling the excess at the Mimbres Valley Farmers' Market. It's a great opportunity to meet and socialize with your neighbors while making a few extra bucks!"

The farmers market will be held from 10 a.m. to noon every Saturday (August 1 through September 26) at the Valle Mimbres Market, 2739 Highway 35.

"For those who don't plan to have a garden, please support the market by purchasing the fresh locally grown produce. Don't be a bore, be a locavore," jokes Bill. He recently attended the New Mexico Farmers Market Association's yearly meeting for market managers, bringing back lots of ideas and large postcards featuring the Mimbres Valley Farmers Market's vendors and customers, as well as re-useable shopping bags with the NM farmers market logo, to give away.

Entrepreneur growers can sell produce and plants and products made from them at the Spring Plant Sale, the Mimbres Valley Farmers Market, and the Harvest Festi-

val or via a farm stand on their property. The Mimbres Valley Harvest Festival will celebrate its 14<sup>th</sup> year at the San Lorenzo School on Saturday, October 3 from 10 a.m. to 4 p.m. There are no vendor fees for any of these events. Please do register as a vendor by calling the head of each particular event listed below.

At the May 2, Spring Plant Sale, six local growers, will offer lots of vegetable starts, including favorite varieties of New Mexico green chiles, as well as basil plants and herbs of all sorts, apple trees, raspberry and strawberry plants, native fruiting bushes, grasses with edible seeds and ground covers. If social distancing is still in place, measures such as limiting the number of customers allowed through the gate at one time will be in place. Please see the May edition of the Messenger for more information.

**Spring Plant Sale**: Frankie at <a href="mailto:valle.mimbres@gmail.com">valle.mimbres@gmail.com</a> and 575-574-7069; **Mimbres Valley Farmers Market**: Bill Overholt at billover@ufl.edu and 772-828-9614; **Harvest** 





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# Shirley Mize

Mile Marker 14 Highway 35

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# COMMUNITY and COUNTY CALENDAR

Per the Governor's orders most everything that normally appears here each month has been cancelled until further notice. There are a few places that are still able to operate, (at least at this time) and they are listed below.

- ALBERTSONS Wednesday, April 1 First Wednesday of the month. Seniors 55+ get 10% off. All day.
- **ALCOHOLICS ANONYMOUS EVERY TUESDAY and FRIDAY 5:30 pm** Mimbres Roundup Lodge, Acklin Hill Road. Speaker meeting last Tuesday of the month. For more information call 515-313-4693 or 888-388-1802.
- **COMMODITIES DISTRIBUTION April 15 (third Wednesday of every month) 12 NOON to 2:00 pm -** Roundup Lodge Please bring a suitable box. Volunteers to help pack boxes are always needed.
- DESERT WEST AUCTION THE BIG RED BARN 3870 Hwy 35, Mimbres. Third Sunday of every month Off Line and On Line Auction email: desertwest@desertwestauction.com web: www.desertwestauction.com phone: 575-536-9353 On Line at www.liveauctioneers.com (We assume they can still hold their off-line auction)
- HMS MIMBRES CLINIC <u>Clinic Hours and Days have been CHANGED</u> Now open Tuesday, Wednesday and Thursday 8:00 am to 5 pm. 575-536-3990 (Closed between 12 noon and 1 pm for lunch)
- LaTIENDA NEW HOURS Store hours and Fuel Pumps are open 9:00 am to 4:00 pm LaTienda Restaurant Del Sol is no longer serving food (even for pickup) until further notice.
- MIMBRES VALLEY SENIOR CENTER LUNCH DAILY Monday Friday NEW HOURS—LUNCH IS NOW AT 12 NOON Reservations are requested one day in advance. See Page 17 for daily menu. 575-536-9990\
  NEW PROCEEDURES
  - Until further notice, you may still get Senior Lunches at the Senior Center. The building will remain closed, but you may call in your order one day in advance and pick them up at the Center. Between 12 noon and 12:30 pm, drive around to the back door and stay in your vehicle and they will bring your lunch to your vehicle.
- SILVER CITY FOOD CO-OP Calendar of Events contact the Food Co-op at 575-388-2343 or <a href="www.silvercityfoodcoop.coop">www.silvercityfoodcoop.coop</a> for information about any event.
- VALLE MIMBRES MARKET TUESDAY, THURSDAY AND SATURDAY 11:00 am to 6:00 pm; Fresh organic and local produce, groceries and more. Every Saturday 10% off all fresh produce. Credit, debit, EBT. 2739 Highway 35. 575-574-7069.
- WALGREENS Tuesday, March 2 (1st Tuesday of each month) SENIOR DISCOUNT 10% off of items not on sale.

# ROUNDUP LODGE NOTES

There is nothing to report this month. In March there were only a couple of private gatherings, and everything for April has been cancelled until further notice. Check the marque in front of the building for any changes.

## Please Vote By Mail in the Primary Election!

The Secretary of State has set up an online request form for absentee ballots at <a href="www.nmvote.org">www.nmvote.org</a>. You can go there now, and your ballot will be mailed to you on May 5. This is also an opportunity to make sure your registration is current and accurate- Grant County purged over 2000 inactive voters last year, so please mention this to your infrequent voting friends.

## **AARP FREE TAX PREPARATION SERVICES HAVE BEEN CANCELLED**

All services across the county have been cancelled until further notice. The Tax filing deadline for both Federal and New Mexico State Taxes has been extended until July 15th. You may call 575-519-5988 for the local hotline that will be updated every time there is something new to report. If you had an appointment and you have not had a call from anyone, your appointment is **CANCELLED.** We are attempting to personally call each client, but it is a big job.



## **FOREST SERVICE NEWS**



# Gila National Forest closing **Developed Recreation Sites**

The Gila National Forest began closing developed recreation sites and visitor restrooms this week. To keep ourselves, our communities and our outdoor spaces safe and healthy please remember to Leave No Trace.

Trash receptacles are not going to be emptied. Trash overflowing the receptacles becomes litter and can be harmful to wildlife and attract predators. Please pack all your trash out with you all the way home and dispose of it there. When you see that a restroom is closed, please do not deposit your solid wastes outside the restrooms. This practice creates a health hazard for our employees and for other visitors.

For more information on Leave No Trace and "The 7 Principles" -- https://lnt.org/why/7-principles/.

The Gila National Forest has begun the orderly closing of developed recreation sites to protect public health and safety and align with state and local measures already in place to contain the COVID-19 outbreak. The following sites and/or restrooms are closed in the Black Range Ranger District 575-894-6677.

- Beaverhead Picnic Area Restroom
- Restroom at CDNST Trailhead -
- NM Hwy 59 Wolf Hollow Campground
- Kingston Campground
- **Emory Pass Vista Observation Site Restroom**
- Restroom at Monument Park Cabin Restroom at Forest Boundary Kiosk - NM Hwy 59

For information on the Gila National Forest, check out our website at <a href="https://www.fs.usda.gov/gila">https://www.fs.usda.gov/gila</a> or join the conversation on Facebook and Twitter.

When you keep your personal or business banking local, that money stays in the community and then is re-invested to retain existing jobs, create new jobs, and support the local economy. Talk to us to learn how we support our community and how we can be your partner!

Call us! 575-388-3521 Or visit our website https://www.bootheelbank.com to learn more. Like our Facebook page too!

Loans: Consumer, Commercial, Ag Real Estate, Construction

> Wide variety of Personal and Business banking services, products & options to fit a wide variety of needs

> > Don't forget to Save! We have those accounts too!







## Please stop by for an "All You Can Enjoy Breakfast Buffet"

#### **New Hours**

Breakfast served 7 am to 12 noon

Fresh ground whole grain Bread, muffins, cookies, etc. Baked with purpose.

Located just North of mile maker 2 on Highway 35 in Mimbres **Open Tuesday through Saturday** From 7:00 am - Noon



# Valle Mimbres Market

MIMBRES MARKET

Tuesday, Thursday and Saturday 11 am till 6 pm

> Fresh Produce Natural Groceries

2739 Highway 35, Mimbres

575-574-7069





## FRED'S MASSAGE WORKS FRED PINEDA NM LMT #4443

(575) 534-5075

145 Hot Springs Canyon Road San Lorenzo, NM 88041 fpinedamassage@gmail.com



## RESTAURANT DEL SOL Dine In or Take Out

Located inside La Tienda del Sol

Authentic New Mexican Food & More Serving Breakfast, Lunch and Dinner

> Wednesdays - German Cuisine Fridays - Fish Special

Open 7 days a week 7:00 am to 7:00 pm Monday, food service ends at 2:00 pm 536-3140

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# FRED'S BARBER SHOP

Fred Disert licensed barber 575-313-1212

> 28 Chamisa Road Bottom of Hill Friday and Saturday 10 am to 5 pm

## SJ Wenger, Inc. Equipment Repair Service

## Parker Hose Doctor

(for on-site hose repair)

#### Sam Wenger

6 Cedar Lane • Mimbres, New Mexico 88049 575.536.9442 • Cell 907.388.6790 • tinkeringnut@yahoo.com



Training for dogs and their owners Art and gifts for all dog lovers

575-313-0560

211B N. Texas St. Silver City, NM 88061

Pat Vaughn

# La Esperanza Vineyards and Winery



David and Esperanza Gurule 100 De La O Sherman, NM **Open for Wine Tastings ~ New Hours** Friday, Saturday & Sunday ~ Noon to 6:00

(505) 259-9523 (505) 238-6252 laesperanzavineyardandwinery@gmail.com www.laesperanzavineyardandwinery.com

The only location in the Mimbres Valley licensed to sell wine and beer to take home.

# Siah Correa Hemphill for Senate District 28



# MOM EDUCATOR COMMUNITY LEADER





- Special education director and school psychologist, Aldo Leopold Charter School
- School psychologist, Cobre Consolidated School District
- Founding Member, Grant County Federation of Democratic Women
- 2019, Educator of the Year, LULAC District 3
- B.A., Elementary
   Education, Western New
   Mexico University
- M.A. Interdisciplinary, emphasis in School Psychology, Western New Mexico University

Personal: Married to Jay Hemphill, four children: Kharli (26), Nicholas (24), Ethan (12), and Bryce (7)



www.SiahforSenate.com SiahforSenate@gmail.com 575-654-0683



My name is Siah Correa Hemphill and my roots run deep in Grant County.

I was raised in the small town of Hanover, in Grant County. My dad, from North Hurley and Bayard, was a journalist at the Silver City Daily Press, while my mom stayed home to raise me, my sister and brothers. We didn't have much, but my parents instilled in us a belief in hard work and helping our neighbors.

I have been an educator for 25 years—a career I turned to after my son was born with multiple disabilities. I'm running for the State Senate to fight for the kids who I teach, for children who are disabled, and for all of the parents who work hard to make ends meet.

In the State Senate, I will champion:

- Our kids' education—smaller classes and early education for every child
- Affordable and accessible healthcare—for everyone
- Our local small businesses so we create new job and career opportunities
- Needs of our rural communities and protecting our natural resources like water

On June 2, I'd be honored to have your support.



Paid for by Siah for Senate. PO Box 1711, Silver City, NM 88062.



# Are you turning 65 this year?

Get ready for Medicare the quick and easy way! We can tell you everything you need to know and help you navigate Medicare, Social Security and Part D prescription drug plans.

Call today for an appointment and make the transition to Medicare easy and painless with a local, independent agent.

> Tom Blanchard Tom Blanchard Insurance 118 West 13th Street, Silver City, New Mexico 88061

> > 575-956-6394

Email: tomblanchard@live.com Website: www.tomblanchard.info

Specializing in health, life, annuities, Medicare and Long Term Care Insurance.

# **RIO MIMBRES BAPTIST CHURCH**

29 Cactus Drive, Mimbres, NM 575-536-9543

Sunday Worship Nursery provided 9:45 am to 12:30 pm Bible Study 9:45 am Worship at 11:00 am Wednesday Worship Services 6:00 pm

Where everyone is welcome to worship and experience God's Love

# **CATHOLIC SERVICES**

San Lorenzo Mission

San Juan Mission

San Jose Mission in Faywood Third Sunday of every month at 4:00 pm

# LOCAL **CHURCHES**

# **MIMBRES UNITED METHODIST CHURCH**

2622 Highway 35, Mimbres (Next to the Senior Citizen's Center)

Pastor Janet Whitmore has returned from retirement to replace Pastor Gene McPeak who moved to Abilene

We invite you to join us for Sunday Morning Worship at 10 a.m.

Mimbres United Methodist Church has a box on Highway 35 in which people may put their prayer requests, anonymous or named. The prayer requests will be retrieved weekly and Pastor Janet and the congregation will seek the Lord's help on behalf of those who are seeking assistance.

# **NEW COVENANT** CHURCH

27 Turn Here Road Mimbres, N.M. **Sunday Morning Worship** 10:00 AM A Small Non-Denominational Church With A Big Message **JESUS IS LORD** "You are Always Welcome"

#### TEAMKIDS AND YOUTH GROUP



Come have fun and learn about our Creator!

#### **Team Kids**

Grades 1 through 6 will have good news club at the San Lorenzo Elementary School on Mondays after school.

#### **Youth Group**

Grades 7 to 12 meet from 3 pm to 5 pm on Sundays at the Rio Mimbres Baptist Church.

> Phone: 575-536-9543 29 Cactus Dr., Mimbres

# **NEW HOURS**

Every Sunday at 9:30 am

Is CLOSED



MIMBRES CULTURE HERITAGE SITE

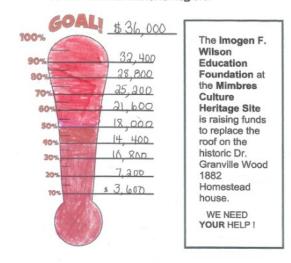
By Kathy Hill



WE DID IT! Five years ago we began our funding drive for a new roof on the historic Wood House at the Mimbres Culture Heritage Site. Thanks to our volunteers, Chris DeBolt, our friends and donators, and a grant from Feeport-McMoRan, we have reached our goal. Thank you to all for your help and support. We, the members of the Imogen F Wilson Education Foundation will keep you informed when we begin the work and throughout the process.WE DID IT! Five years ago we began our funding drive for a new roof on the historic Wood House at the Mimbres Culture Heritage Site. Thanks to our volunteers, Chris DeBolt, our friends and donators, and a grant from Feeport-McMoRan, we have reached our goal. Thank you to all for your help and support. We, the members of the Imogen F Wilson Education Foundation will keep you informed when we begin the work and throughout the process.

Depending on the Coronavirus, the Hummingbird Festival is still planned for July 25-26, 2020. If you are interested in becoming a vendor, go to the website <a href="mimbrescultureheritages-ite.org">mimbrescultureheritages-ite.org</a>

#### ROOF REPLACEMENT PROJECT on the Dr. Granville Wood House at the Mimbres Culture Heritage Site on the National Historic Register



#### YOUR DONATIONS KEEP THE DOORS OPEN AND THE LIGHTS ON !

Donations may be given in these ways:

- Mailed to: c/o Roof Fund IFWEF. PO Box 307. Mimbres. NM 88049
- · Drop off at the Mimbres Museum. 12 Sage Drive. Mimbres. NM

# 4th Graders at MCHS; a Poem by Marilyn Markel

4th Graders came to the Mimbres Culture Heritage Site
The weather was nice, the sun shining bright
The kids arrived on the buses, they poured out the door
There must have been sixty students, maybe a few more
They all talked at once, the air full of chatter
So many students, they made such a loud clatter
A whistle was blown, they made a little less noise
We hoped that they'd all be good girls and good boys
I told the kids about the Heritage Site—I gave them the scoop
Then introduced the volunteers—our fabulous, amazing, incredible group

Ms. Gendron, Ms. Pafford, Ms. DeBolt, and Kathy Hill Misters Meredith, Reeves, Conlin, W. Hudson (we call him Bill) We were prepared, we were ready, to give the students our best And at the end of the day we'd all earned a well-deserved rest The students were great, they enjoyed the long day They liked all the activities and had lots to say The river, the museum, the ruin, and more They went back to school knowing much, much more than before Thanks, everyone, for supporting the education we do And a big "Thank You" to volunteers, we couldn't do it without you.







# SENIOR CENTER MENU

ASE CALL YOUR SENIOR CENTER 10 A. M. OR MAKE RESERVATIONS MEALS. ALL DONATIONS ARE AC	S THE DAY BEFORE	April 2020 Stalley						
MONDAY TUESDAY		VEDNESDAY	THURSDAY	FRIDAY				
		1	Chicken Tenders	Tuna Salad Sandwich				
		Sloppy Joe Tossed Salad		I one balas balls with				
- JAC		1 ossed Salad Green Beans	Mashed Potatoes & Gravy	Baked Chips				
	ril	French Fries	Italian Vegetables Slice Bread	Carrot Sticks w/ Ranch				
		- 11111111 - 11111		Orange				
U	_	Applesauce	Cookie					
6	7	8	9	10				
Chile Relleno	BBQ Pulled Pork Sandwich	Green Chile Meat Burrito	Baked Chicken	Bean Burrito				
Calabacitas	Peas & Carrots	Pinto Beans	Egg Noodles w/ Alfredo Sauce	Tossed Salas				
Tossed Salad	Tossed Salad	Mandarin Oranges	Squash	Spanish Rice				
Flour Tortilla	Pineapple	· ·	Dinner Roll	Apple				
Fruit Cocktail	1.		Grapes	••				
			·					
13	14	15	16	17				
Chicken Sandwich	Red Chile Beef Enchiladas	Grilled Cheese Sandwich	Taco Salad	Dill Baked Fish				
Lettuce/Tomato/Onion	Calabacitas	Vegetable Soup	Lettuce & Tomato	Corn & Peppers				
Green Beans	Banana	Tossed Salad	Squash	Breadstick				
Pineapple	Ice Cream	Apple	Crackers	Pear				
			Orange	Yogurt				
20	21	23	23	24				
	Chicken Taco	22 Pizza						
Hot Dog Baked Beans	Lettuce & Tomato	Tossed Salad	Green Chile Cheeseburger Lettuce/Tomato/Onion/Pickle	Egg Salad Sandwich				
Sauerkraut	Calabacitas w/ Green Chile		Peas & Carrots	Baked Chips				
***************************************		Italian Vegetables		Carrots				
Tossed Salad	Pinto Beans	Pear	Apple Sauce	Celery Peanut Butter Cookie				
Ice Cream	Orange		Birthday Cake	Peanut Butter Cookie				
27	28	29	30					
Ham & Cheese Sandwich	Chicken Adovada	Green Chile Stew	BBQ Chicken	HMS Senior Centers				
Lettuce & Tomato	Pinto Beans	Corn & Peppers	Baked Beans	Ena Mitchell 542-941				
Vegetable Soup	Squash	Tossed Salad	Potato Salad	Silver City 388-2545				
Peaches	Flour Tortilla	Applesauce	Slice Bread	Santa Clara 537-5254				
Vanilla Wafers	Banana Pudding	**	Grapes	Gila 535-2888				
			•	Mimbres 536-9990				

## MENUS SUBJECT TO CHANGE WITHOUT NOTICE

PLEASE SEE IMPORTANT NOTICE REGARDING THE SENIOR CENTER ON PAGE \_\_\_\_\_

## **SENIOR CENTER ACTIVIES**

There is no charge for any of the listed activities
LUNCH IS SERVED DAILY (Monday through Friday) 12:00 NOON

Dominos	Mon - Fri	Starting at 9:00 am	DinIng Hall
Billiards	Mon - Fri	9 am to 2 pm	Pool Room
Exercise Club	Tues and Thurs	10:30 am to 11:30 am	Dining Hall
Advisory Council	4th Tuesday	After Lunch	Dining Hall
Puzzles	Mon - Fri	Starting at 9 am	Dining Hall

For any questions about activities, please call your senior center. Activities are open to all who are age 55 plus. (Age 60+ for the nutrition program.) There are no income or residency requirements to participate in senior programs. **Donations of any amount are appreciated.** 

# Kate Brown Pottery & Tile



**Showroom in the Mimbres** 

**By Appointment** 

575-536-9935
Katebrown@gilanet.com
Katebrownpottery.com
swnmact.org/kate-brownpottery-and-tile

SENIOR MOBILE FOOD PANTRY The third Wednesday of every month, the Gospel Mission in Silver City will distribute food at the Knights of Columbus Hall, 1301 North Swan Street from 2:00 to 4:00 p.m. If you are 55 years of age or older, live in Grant County and you need help with food, you are welcome to come by. Please bring your own box or bag to put food in. Help carrying will be available if you need it. If you would like to lend a hand in helping to set up or carrying boxes to cars, please show up at around 12:30 p.m.





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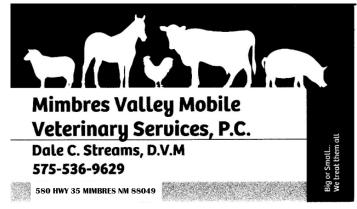
"Fill your freezer Special"

Ground Beef \$6.49/lb. While Supplies Last

Available at Silver City Food Basket Bayard Food Basket









## Conejo Mimbreño Visits Pecos National Historical Park

The fifteenth in our series highlighting New Mexico National Parks and Monuments

By Marilyn Markel

Sponsored by the Grant County Archaeological Society





Pecos National Historical Park is located southeast of Santa Fe near the Pecos River and Glorieta pass. At first, Pecos Pueblo was a dozen rock-and-mud villages. The large pueblo was built in the AD 1200s to 1300s when the small pueblos joined together. Within 300 or so years Pecos Pueblo had grown to have 2,000 people in a 5-story complex. By the 1400s, Pecos became a thriving center of trade, trading buffalo meat, hides and other goods from the eastern plains to other pueblos and to the Apache.

The lives of the Pecos Indians were profoundly affected by the coming of the Spaniards into New Mexico. The Europeans brought a new religion, built churches, enslaved and persecuted the Indians. Diseases, especially small-pox, decimated the population. The last of the Pecos people left the site in 1838 and joined their relatives at Jemez Pueblo. Their descendants still live at Jemez today. Archaeologist Alfred Kidder excavated at Pecos in the early 1900s (1915-1921). Mimbres Archaeologists Hattie and Burt Cosgrove studied archeology with Kidder and were often visited by the Kidders while working on the Swartz Ruin and other sites in the Mimbres.

# PECOS National Historical Park Word Search

Words can be forwards, backwards and diagonal

E G A	<b>T</b>	I R	Ε	H	E	P	Α	Р	E	С	0	s
A O B	T	H S	Z	s	z	R	Υ	R	E	R		E
F N F	U	w I	A	U	c	M	s	E	R	E	В	D
P P T	0	F E	s	H	С	x	X	s	U	Н	E	
T I R	H	S F	Α	T	С	С	В	E	Т	s	U	Н
R R H		R E	Α	0	0	0	Α	R	L	w	P	c
A E D	s	0 0	T	L	W	R	s	V	U	W	Α	E
DIV		N T	Р	L	0		Y	Α	c	<b>E</b>	c	N
E P O	A	A I	s	0	T ]	M	U	Т	0	Н	Н	J
J G C	M	х н	K	E	L	G	Υ		N	c	U	E
Y O I	R	T R	Α	K	c	0	R	0	Α	Α	R	M
S D R	A	I N	Α	P	s	H	G	N	М	P	c	<b>E</b>
S N I	U	R M	E	Т	Α	[T ]	E	Y	L	Α	H	Z

PECOS PRESERVATION APACHE SPANIARDS HERITAGE HISTORY SITE JEMEZ CULTURE ARCHAEOLOGY ANTHROPOLOGY HIDES TRADE ROCK ART ARROWS RUINS BUFFALO MANO METATE DISEASE CHURCH

KINSHIP

**PUEBLO** 

**Answers** 

Page 20

# **Mimbres Messenger** P. O. Box 137

Mimbres, NM 88049

Please email any suggestions, articles, announcements, upcoming events, advertising, etc. for consideration by the editors to: willhite200@aol.com

We're on the web www.mvhal.org www.mimbresharvestfest.com www.blackrange.org



Mimbres Messenger Farmers' Market Harvest Festival Commodities Distribution The San Lorenzo Children's Garden

WEDNESDAY - Wednesday, March 11 - 5:30 pm to 7:00 pm. MVHAL. Board Meeting. Roundup Lodge, 91 Acklin Hill Road.

WEDNESDAY, Wednesday, March 18 - Noon to 2 pm Commodities Pickup - Roundup Lodge - Volunteers needed to pack food. Please bring suitable boxes.

The Mimbres Valley Health Action League was founded for the purposes of improving the health, well-being, and quality of life for the people of the Mimbres region. Some of the ways targeted to do that are by improving communication and social networks, providing preventive health education, improving access to health and social services, increasing financial and economic stability, increasing recreation opportunities, increasing education opportunities, and promoting a safe and

#### **PECOS National Historic Park**

Word Search Answers—from Page 19

Words can be forwards, backwards and diagonal





Looking for relief from arthritis, rheumatism, epilepsy, anxiety, depression, insomnia, auto immune diseases, Crohn's, colitis, diabetes, glaucoma, IBD, MS, Parkinson's, PTSD, ADD, ADHD, addiction, alcoholism, chronic back and joint pain, or general inflammation?

**MEDTERRA** offers affordable, high quality, 99.6% pure CBD oil products (no THC): tinctures, capsules, cooling cream.

Made from organic, non-GMO hemp, grown in Kentucky under Dept. of Ag and third party tested.

Local Distributor Steve Daniels 575-654-1480 & stevedaniels@gilanet.com