

A FREE COMMUNITY NEWSLETTER
OCTOBER 2015

MIMBRES MESSENGER

Meet Your Neighbors - Mimbres Valley Volunteers by Marilyn Markel and Anna Willhite

This is a special time of year for residents of the Mimbres Valley – a time when many volunteers plan, organize and make the Mimbres Valley Harvest Festival happen, bringing together Valley growers, artisans, members of non-profit organizations and other Valley residents that want to showcase all the things that make the Mimbres such a great place to live.

Here are some examples:

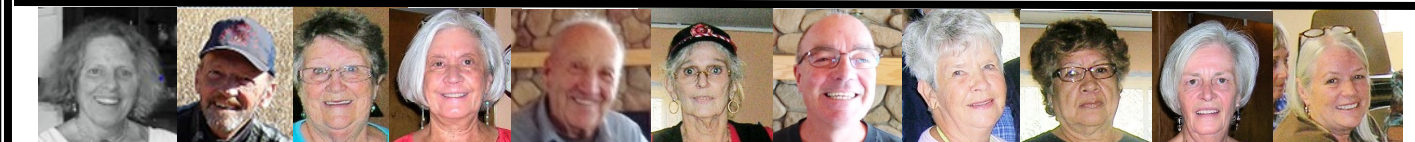
Mimbres Valley Health Action League (MVHAL)

- **Mimbres Harvest Festival Committee:** Eleven people comprise the Committee, which coordinates a vast number of volunteers to accomplish everything involved in producing the Festi-

- **Farmers' Market:** All volunteers, including vendors who bring locally-grown fruits and vegetables to the Valley during growing season.
- **Community Garden and Greenhouse:** Many periodic volunteers who fluctuate with seasons and growing needs assist the San Lorenzo Elemen-



Top Row: Harvest Festival Committee whose members also volunteer for one or more of the organizations mentioned in the article. Bottom Row: A few more familiar Valley volunteers that represent one or more of the mentioned organizations. The volunteers are not named, because there are many other Valley volunteers whose photos could not be obtained. These are a representation of the many dedicated volunteers in our midst..



The Harvest Festival is perhaps the most visible example of volunteers at work. Many of these same people work all year long, as members of Valley organizations that strive to make all our lives happier, healthier, safer and more fulfilling. There are so many volunteers who contribute their time and energy to make our world a better place. We are lucky to have such giving people here in the Valley.

Many organizations fill a needed niche, provide an important service, or bring together people of like interests.

val, and the amount of time and effort involved is prodigious.

- **Monthly Commodities Distribution:** From 15 to 20 volunteers work at the Roundup Lodge each month to facilitate distribution of commodities to Valley residents.
- **The Mimbres Messenger:** Six "staff" volunteers, and its many writers and other contributors, create, publish and deliver the *Messenger* each month.

tary School staff in maintaining the garden to provide educational and practical growing experiences for the students.

Mimbres Booster Club: With over 20 full-time members, the Boosters maintain and operate the Roundup Lodge, the Valley's only community center which facilitates the 17 regular monthly meetings and periodic rentals for private parties and free use of the building for funeral

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A LETTER FROM THE EDITOR

By: Anna Willhite

The big news in the Valley this month is the 10th Annual Mimbres Valley Harvest Festival. In the nine previous years, the Harvest Festival has grown and evolved into a celebration that has become an institution, much like state fairs, attended by locals and visitors from surprisingly distant places. Unlike state and regional fairs, the Harvest Festival has a particularly Mimbres Valley flair. Local growers present their products, local artists offer their wares and Valley residents design and manage innovative children’s activities and games. It is truly a Mimbres event.

It is significant that since the beginning, the Harvest Festival has been conceived, planned, managed and produced entirely by volunteers. That fact, and the magnificent success of the Festival, inspired this issue’s Meet Your Neighbors – Mimbres Valley Volunteers. We hope that our readers will come out and enjoy the Harvest Festival and see what a bunch of volunteers can accomplish and be inspired to become a Mimbres Valley volunteer. Opportunities to volunteer are virtually endless.

October brings an effective end to summer most every year. This summer

started hot and dry and then came the (welcome) rains. The Valley was green and lush and even more beautiful than in spring. The down side of all that was a difficult growing season for Valley gardeners. The rains brought forth weeds in abundance. (My own crop easily topped 100 thousand!) In another fluke of nature, grasshoppers were also abundant. (My personal infestation I would estimate at 100 million!) I grow a minimal container garden, behind a wall in deference to hungry wildlife. My “crop” was dismal, even the basil was puny.

Serious growers who bring their crops to the Farmers’ Market were also plagued by these difficult growing conditions. Yet, somehow, many of them brought their wonderful fresh vegetables to the Farmers’ Market week after week. (I concede that they are clearly better gardeners than I am.)

My hat is off to those intrepid growers who kept us in delicious fresh produce this season, in spite of the less than optimal cooperation of Mother Nature. The extensive variety available at the Farmers’ Market is another wonderful thing about the Mimbres. All of us who enjoy shopping there thank you – especially this year.

Hope to see everyone at the Harvest Festival!

NEW EVENT AT THIS YEAR’S HARVEST FESTIVAL
HORSESHOE TOURNAMENT



A horseshoe tournament will be held during the Harvest Festival. Registration for the tournament will be from 10 am to 11 am. The tournament will start at **noon**. There is **no charge** to enter, and everyone is welcome. Bring your friends and have fun.

What? You don’t know how to play or you are not very good? Don’t let that

stop you. There will be someone there to provide instructions and tell you the rules.

Even if you don’t want to join the tournament, there will be non-tournament horseshoe and washer pits available for the novice and people who just want to play and have fun. Equipment provided.

Bring your lawn chair if you just want to sit and watch. This should be a great addition to the Festival.



Welcome to the Tenth Annual



**MIMBRES
VALLEY
HARVEST
FESTIVAL**

**Saturday
October 10, 2015
San Lorenzo School
NM Hwy 35
10am to 4pm**

PLEASE LEAVE PETS AT HOME

Farmers' Market

Delicious Locally-Prepared Food

Games & Activities for All Ages

Kids' Bike Raffle • Horseshoe Tournament for Adults

Pie Contest • Giant Raffle

www.MimbresHarvestFest.com

Live Music

Geli & the Heartbreakers • River's Bend • Guitar Greg

Arts & Crafts Fair

Free Health Fair 9am-2pm

Free Flu Shots by Walgreens • Well Water Testing

(575) 536-9629 or (575) 536-3687

10TH ANNUAL MIMBRES VALLEY HARVEST FESTIVAL

Presented by the Mimbres Valley Health Action League

CALL FOR VOLUNTEERS

There are tasks big and small that must be done to make the festival fun, profitable, and a well-run, and successful community-building event. We need your skills and experience. This is your opportunity to help, meet and work with your neighbors.

PICK YOUR AREA AND LET US KNOW HOW YOU CAN HELP!

- ___ Set up on Friday evening, October 9
- ___ Place signs on Friday afternoon, October 9
- ___ Help Vendors set up on Friday night, October 9
- ___ Help with Children's Activities
- ___ Help at the Information Booth
- ___ Give Breaks to Vendors on Saturday, October 10
- ___ Deliver large purchases to vehicles, Saturday, October 10
- ___ Help with clean up & breakdown on Sunday morning, October 11
- ___ Other

For information and to help call Grace Williams at 536-3687 or email at grace@mvhal.org

Saturday, October 10, 2015

San Lorenzo Elementary School

TENTH ANNUAL MIMBRES VALLEY HARVEST FESTIVAL

The Mimbres river has supported agriculture and communities since the Mimbres Indians built pueblos along the river starting in A.D. 1000. The Apache Indians continued agriculture in the valley after migrating to the valley sometime after 1600. When the United States took possession of New Mexico from Mexico in 1848 military forts were established. Fields of vegetables, corn and grains were grown to feed the soldiers and their families. Over the following years small villages developed around *acequias* (community irrigation ditches), which supplied water for agriculture, starting in the lower Mimbres and continuing up the river for 35 miles.

As the growing season moves into fall we welcome the growers of the valley to share what the weather, soil and their hard work have produced. The people of the valley will hold the Tenth Mimbres Valley Harvest Festival on Saturday, October 10th, 10:00 am – 4:00 p.m. at the San Lorenzo Elementary School on NM Highway 35, just north of NM Highway 152. The festival is a daylong celebration of community where we all come to together to share our love for the valley. Over the past ten years the festival has expanded to support other “industries” of the people of the valley. Ever since the pottery of the Mimbres Indians was discovered, creativity and ingenuity have been another aspect of the people that live in this valley. We welcome the many artisans that live and create in our valley and in surrounding Grant County. You will find items of beauty and utility made from clay, glass, wood, gourds, paint, fiber, stones, gems and recycled scraps. Your eye will be delighted by the paintings, prints and photographs created by Mimbres neighbors.

A good variety of food will be available all day long on the grounds and in the elementary school. The “BEST PIE IN THE MIMBRES CONTEST” is back! Bring your entry for judging by a distinguished panel of judges. The stage will

feature old time gospel music by the River Bend Band, western swing & ballads by Guitar Greg and music with a Latin flair by Geli & the Heartbreakers.

A free **health fair**, provided by the Grant County Health Council will be available from 9:00 am – 2:00 pm. In addition to medical tests there will be well water testing and free flu shots, provided by Walgreens. The Grant County Extension Office will have a plant diagnostic lab to help solve problems with your plants. There will be vendor demonstrations of solar power, permaculture and sustainable living.

There will be activities for children and adults throughout the day. If you like horseshoes, come prepared to play. BikeWorks will provide free bicycle maintenance and together with Gila Hike and Bike have given the festival 6 children’s bicycles to be raffled off near the end of the day. Take a tour of the San Lorenzo Elementary School greenhouse and garden project.

There is plenty of free parking in lots at the Methodist Church, the Mimbres Senior Center and the Mimbres Roundup Lodge. Shuttle service will be provided to the school from these parking areas. There is a safe drop off area for people with disabilities who may need assistance to access the school and grounds. **Please leave pets at home.**

The festival is made possible through the continued generosity of local sponsors. This year the Event Sponsor is Tom Blanchard Insurance and Silver Health Care is returning as our Music Sponsor. The Friends of the Festival are local businesses and individuals who contribute smaller amounts to help fund the day. For more information about attending or participating in the 10th Annual Mimbres Valley Harvest Festival visit the website at mimbresharvestfest.com or call Grace at (575) 536-

A SPECIAL THANK YOU TO OUR HARVEST FESTIVAL SPONSORS



Join Children of all Ages for Fun Activities and Arts and Crafts at the Children's Activities Area at the Harvest Festival



- Young artists can help paint a mural - Wildlife of the Gila!
- Make a wolf track and frame it using natural items found in the Gila Forest!
- Join the Puppet Parade with animals found along the Gila and Mimbres Rivers and listen to animal stories under the Entertainment Tent.
- Have fun with clay. Make a clay pot or clay animal sculpture.
- Make bead creations at the Bead Table under the canopy.
- Games—Bean bag toss, Treasure Chest activities, and more!
- School-age kids-- Join Conejo Mimbresño's *Hunt for Wildlife*; Search the vendor booths for pictures of *wildlife* - get your map and wildlife list at the Children's Area. Complete your list of Wildlife and get a special treat. Of course, the true treat will be the fun, and the community spirit of the Harvest Festival and Mimbresños.
- Sign up for the BIKE WORKS Bike Raffle. IT'S FREE!

**DON'T FORGET TO BUY YOUR RAFFLE TICKETS TO
HELP SUPPORT THE MIMBRES HARVEST FESTIVAL**

Tickets are: \$1 for 1, \$5 for 6, \$10 for 13 \$20 for 30

So far we have some GREAT prizes with more to come. Don't miss out! All gifts are worth \$50 or more. If not, two gifts will be combined together.

- * Cord of wood - \$225 (Barry Gray)
 - * Cash \$100 (First New Mexico Bank)
 - * Cash \$50 (Carson Insurance)
 - * Matted Photo (Leonard Sandgren)
 - * Gift Basket (Esperanza Winery)
 - * Plane Ride (Stan Croft)
 - * Hair Cuts (Hair Creations in Bayard)
 - * Manicure (Artistic Impressions in Silver City)
 - * Hand Painted Gourd Art Piece (Meg Streams)
 - * Veterinarian Services (Dale Streams)
 - * Hand-crafted Juniper Bench (Harold Markel)
 - * Cash (Gabe Ramos Insurance)
 - * Gift Certificate \$50 (3 Questions Café)
 - * Safari Hunter Knife and Multi-tool Pliers
 - * Jewelry (Cedar Smith)
 - * Hand-made pottery serving dish (Kate Brown)
- Plus More to Come

Mimbres Valley Harvest Festival

Saturday, October 10th ~ 10 am to 4 pm
San Lorenzo Elementary School

"Best Pie in the Mimbres Contest"



All you bakers in Mimbres - Get Ready

Great Prizes ~ 1st, 2nd and 3rd Winners

Categories

Fresh Fruit or Cream, Single Crust (baked)
Double Crust (baked)

Bring your pie to the pie tent between 9:30 and
10 am on the day of the festival

For more information call Margaret @ 536-9307

Cont. from Page 1 - Volunteers

receptions and non-profits. Members provide a meal for the Harvest Festival volunteers during set-up the day before the Festival; sponsor community dinners and celebrations; coordinate and produce the Christmas party and gifts for the San Lorenzo Elementary students; sponsor quarterly swap meets and monthly bingo.

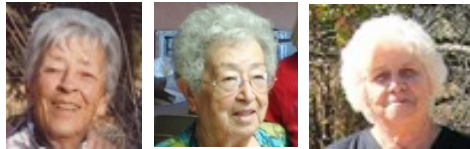
AARP Sponsored Free Income Tax Preparation: A small local group, in conjunction with the national AARP Tax Aide Foundation, provides free income tax return preparation for seniors and low to middle-income residents during tax season each year.

Grant County Archaeological Society (in addition to its other many projects) have joined many other newly-recruited volunteers to restore regular access to the site, organized informative tours and continually expand the museum and educational facilities at the site.

Consider the population of the Valley and try to estimate the number of individuals who volunteer for the good of the community in these and other organizations. A wild guess would be that there are at least 200 active volunteer "jobs" being performed through these organizations at any given time. But those "jobs" are not being done by 200 people. In fact most of the active volunteers spread

These ladies, Neline Dominguez, Paula Norero and Donnie Forman, epitomize the strengths and generosity volunteers bring to organizations dedicated to improving quality of life and helping those in need. They set a very high standard.

Three Great Women who
Deserve Special Mention



All have volunteered with many
organizations over the years.

Neline: Farm Bureau - 65 years
Mimbres Boosters - 42 years
Cowbells - 35 years
Paula: TOPS - 35 years
Mimbres Boosters - 20 years
MVHAL - 13 years
Donnie: One-on-one volunteer work
for the benefit of the needy
and homeless - 50+ years

San Lorenzo Elementary School: Parents volunteer periodically for school activities and events and others facilitate the literacy program which provides free books for students. Volunteers also read to the children at the school.

Mimbres Senior Center: Volunteers assist the staff in preparing, distributing and clean up after meals. Volunteers also maintain the thrift store and library at the Center.

Upper Mimbres Volunteer (UMV) Fire and Rescue: Everyone knows what these dedicated volunteers do! Through active recruiting, UMV has grown substantially and will soon have close to 40 members!

Mimbres EMS: Another all-volunteer group now actively working to restore badly needed EMS services to the Valley.

Mimbres Chapter of the Grant County Farm Bureau: All volunteers, who work diligently to educate, recognize and support young people in agriculture through education, scholarships and general assistance. They also pick up trash along our highways.

Mimbres Cultural Heritage Site: Newly rejuvenated at the Mattocks Ruin Archaeological Site, members of the






their time between 2 or more organizations. The actual number of individuals who are actively volunteering is probably closer to 50 people.

Of course, in addition to the estimated 50 organizational volunteers, many of our neighbors perform volunteer services on an individual basis - neighbor helping neighbor. There are so many opportunities to contribute to the well-being and quality of life of us all.

Come to the San Lorenzo School on the afternoon of October 9th and join the crew that sets up the tents, lays out the field, provides food for the volunteers and does all the other necessary jobs that make the Harvest Festival a wonderful community event. This is volunteerism at its finest. Come to the Festival on October 10th, enjoy all the activities and while you are there, visit all the booths, including those that feature non-profit organizations run by our amazing **Mimbres Valley Volunteers**.

If you use and enjoy any of the many services and amenities available in the Valley, thank a volunteer. Better yet, become one! The pay is nonexistent, but the joy and satisfaction of contributing to the quality of life in the Valley and enjoyment of the close community spirit is priceless.

SENIOR CENTER MENU

OCTOBER 2015				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Silver : 388-2545 Santa Clara: 537-5254 Gila: 535-2888 Mimbres: 536-9990 	Please Call A Day Ahead For Reservations!!! Menu Subject To Change	 8 oz Milk Served Daily 	1 3 oz Pork Chop w/ 2 T Diced Tomatoes 4 oz Baked Beans 4 oz Mixed Veggies 1 WW Roll 1 Orange	2 1 Sloppy Joe 8 oz Tossed Salad 2 T Salad Dressing 4 oz Green Beans 4 oz Vanilla Ice Cream
5 BBQ Chicken Drumsticks 4 oz Winter Mix Blend 1 Dinner Roll 4 oz Fruit Cocktail	6 4 oz Red Enchilada 4 oz Lettuce & Tomato 4 oz Pinto Beans 4 oz Spanish Rice 4 oz Peach Crisp	7 1 Slice Pepperoni Pizza 4 oz Spinach Salad W/ Italian Dressing 1 Sugar Cookie	8 3 oz Meatloaf 4 oz Mashed Potatoes 4 oz Broccoli W/ Cheese 1 Dinner Roll W/ Margarine 4 oz Peaches W/ Cottage Cheese	9 3 oz Bean Burrito 1 oz Cheese, 1 8" Flour Tortilla 3 oz Spanish Rice 4 oz Lettuce & Tomato 4 oz Crackers W/ Peanut Butter
12 Sallsbury Steak ...2** 3 oz Sallsbury Steak W/ 2 T Gravy 4 oz Mashed Potatoes 4 oz Steamed Spinach 1 WW Dinner Roll W/Margarine 4 oz Tropical Fruit Salad	13 1 Chicken Quesadilla 3 oz Chicken, 2 oz Cheese 1 - 8" Flour Tortilla, Salsa Lettuce & Tomato 4 oz Spanish Rice 4 oz Jello W/ Bananas	14 Chile Dog..2** 3 oz Hot Dog on a Bun 1 T Chile Beans 4 oz Baked Potato Wedges 4 oz Green Beans 4 oz Mandarin Oranges	15 1 Chicken Patty w/ 2 oz Gravy 4oz Mashed Potatoes 4 oz Spinach, 4 oz Carrots 1 WW Roll 4 oz Banana Pudding W/ Vanilla Wafers 	16 Taco Salad..2** 4 oz Mexicorn 5 Low Sodium Crackers 4 oz Baked Apple Slices
19 Chicken Pasta Salad 3 oz Chicken , 4 oz Pasta 1 WW Roll 1 Chewy Granola Bar 4 oz Pudding	20 6 oz Chile Con Carne 4 oz Green Beans 1 slice Cornbread 4 oz Apricots	21 1 Hot Turkey Sandwich..5 3 oz Sliced Turkey 1 Slice WW Bread, 2T Gravy 4 oz Sweet Potato Wedges 4 oz Peas & Carrots W/ Marg 4 oz Tapioca Pudding	22 Frito Pie..1*** 3 oz Chile Con Carne, 2 oz Corn Chips 1 oz Cheese & Onions 4 oz Mixed Veggies 2 oz Lettuce & Tomatoes 4 oz Lemon Pudding	23 1 Chicken Wrap 4 oz Marinted Chicken Breast, 5oz Cheese 4 oz Lettuce, Tomato & Onions 8 oz Salad W/ Dressing 4 oz Peas & Carrots 1 Peanut Butter Cookie
26 6 oz Hamburger Macaroni** 4 oz Green Beans 1 WW Roll 1 Oatmeal Raisin Cookie 	27 3 oz Oven Fried Chicken 4 oz Acorn Squash 1 Slice WW Bread W/ Marg 4 oz Peach Crisp	28 Hamburger** 2 oz Lettuce & Tomato 2 oz Onions, Pickles, Gr Chile 4 oz French Fries 1 Slice Pumpkin Spice Cake & Whipped Topping	29 3 oz Lean Sausage*** 4oz Wild Rice 4 oz Steamed Broccoli W/ 1 tsp Margarine 1 WW Dinner Roll 4 oz Applesauce	30 6 oz Gr. Chile Enchilada** 2 oz Lettuce & Tomato 4 oz Pinto Beans 4 oz Spanish Rice 4 oz Apricots W/ Cottage Cheese

SENIOR MOBILE FOOD PANTRY

The third Wednesday of every month, the Gospel Mission in Silver City will distribute food at the Knights of Columbus Hall, 1301 North Swan Street from 2:00 to 4:00 p.m.

If you are 55 years of age or older, live in Grant County and you need help with food, you are welcome to come by. Please bring your own box or bag to put food in. Help carrying will be available if you need it.

If you would like to lend a hand in helping to set up or carrying boxes to cars, please show up at around 12:30 p.m.



'Home Of The Brown Boys'

KYLE & KEITH BROWN

575-538-3807

1155 HWY 180 E. - SILVER CITY, NM

Teen Ink

By Ajalaa Claussen



PLASTIC

Plastic is humanity's best friend and arch nemesis. We are inseparable, yet it is the very material that's killing our planet. Do you remember a time when plastic didn't exist? I sure can't, but my grandmothers can. It is used so much in our daily lives that it's hard to imagine living without it. For example, the pen I am writing with and the computer this story will be typed on and printed off of are all made of plastic that will outlive us. This material does not biodegrade like most, so it is out of the natural cycle, thus creating a cycle of its own. The cycle begins with throwing away our plastic. But where is away?



For the most part it is our oceans. Plastics make their way to the sea, harming fish and birds. But what many don't realize is that it also returns to harm us. These fish become Sunday dinner, BBQ on the beach. We put in what we get out and the sooner we realize that the better off we are.

If you would like learn more check out the documentary film *Plastic Paradise: The Great Garbage Patch* (2013) or *Addicted to Plastic* (2008).

El Lobo, the Mexican Gray Wolf

The Lobo, also known as the Mexican Gray Wolf, was once found throughout southern New Mexico. By the mid- 1900s, intensive poisoning, trapping and hunting campaigns by ranchers and government agencies had wiped out the Lobo in the state. Like other wolves, the Lobo is a sociable animal which lives in packs. Wolves raise their young together and work together to hunt prey such as deer, elk, and smaller animals like rabbits, squirrels and mice. Currently, small numbers of reintroduced Lobos live in the Gila National Forest. The Lobo is an endangered species and plays an important role in the ecosystem. Since pre-historic times up to the present day Lobos have been recognized by New Mexicans as part of our natural and cultural heritage. In 1889, when the University of New Mexico was established, the Lobo was chosen to be the school's mascot. Wolves are naturally shy of humans and present no significant threat to human safety.



Conejo Mimbrenño in September

Have you ever hiked in the Gila Forest? I like traveling up the Mimbres Valley to the headwaters of the river. Up in the high country, where the ponderosa pines and aspen trees grow, I sometimes see elk—bulls with massive antlers, and cow elk with their calves. Have you heard a bull elk bugle or a calf whistle? Those are some of the incredible sounds of nature!



Mimbres Children Book Series by

Carilyn Alarid and Marilyn Markel

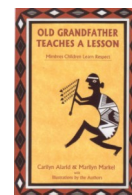
For sale at the

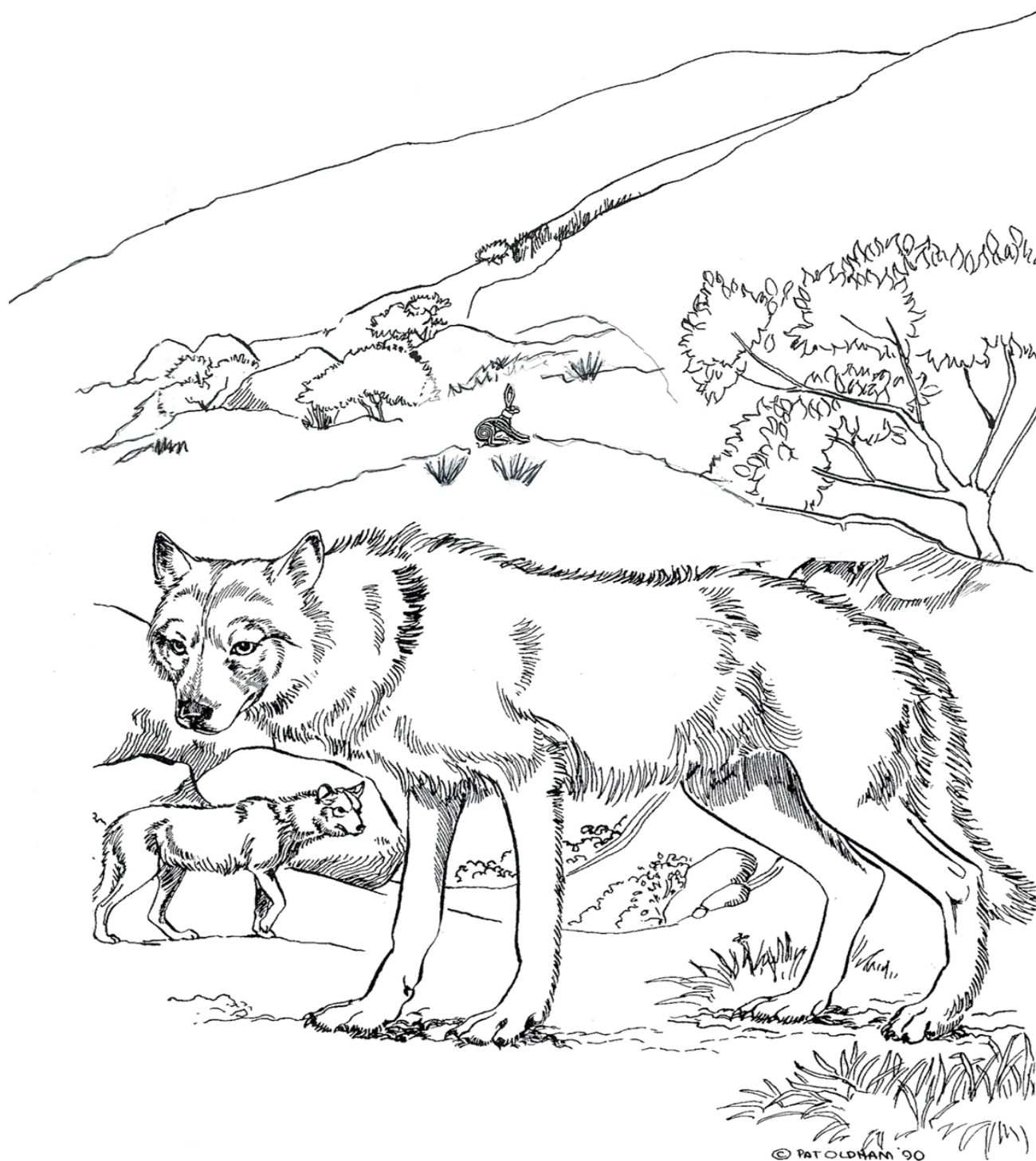
Mimbres Culture Heritage Site

at Amazon.com and

sunstonepress.com

Or call Marilyn 536-9337





Where is Conejo Mimbrenño?

Sponsored by the Grant County Archaeological Society

COMMUNITY CALENDAR & HAPPENINGS

ALCOHOLICS ANONYMOUS - EVERY TUESDAY - 5:30 pm Mimbres Roundup Lodge. Acklin Hill Road. Speaker meeting - last Tuesday of the month. For more information **575-313-4693 or 888-388-1802.**

CASAS ADOBES WATER ASSOCIATION - meets October 15th (third Thursday of every month) 6:30 p.m. Roundup Lodge.

COMMODITIES DISTRIBUTION - October 14th - (second Wednesday of every month) - 12 NOON to 2:00 pm - Roundup Lodge
Please bring a suitable box. Volunteers to help pack boxes are always needed.

DESSERT WEST AUCTION—THE BIG RED BARN - Auction - Saturday, October 17th & Sunday, October 18th 3870 Hwy 35, Mimbres. Doors open at 8:30 am with off-line auction starting at 9:30 am. Sunday auction doors open at 9:30 am. Preview items on Friday, October 16th from 11 am to 3 pm. And a half hour before the auctions start each day. Any questions contact the Coogans either by email at desertwest@desertwestauction.com or call 575-536-9353. Can't be there? Bid on-line starting at 11 am both Saturday and Sunday. At www.liveauctioneers.com or www.lcollector.com.

HMS MIMBRES CLINIC - Clinic Hours have been cut to two days. Monday and Wednesday 8:30 am to 12 noon and 1:00 pm to 5 pm. 575-536-3990

LA ESPERANZA VINEYARD & WINERY - .Winery open Friday and Saturday, 11:00 am to 7:00 pm. Sunday, Noon to 7:00 pm.
For more information call 505-259-9523 or 505-238-6252.

ARTS AND WINE FALL EXTRAVAGANZA, Saturday, October 24 - 11 am to 5 pm - Art, Food, Wine, Music and Fun.

MIMBRES EMERGENCY MEDICAL SERVICE (MEMS) - Monday, October 12th - 5 pm. (second Monday of the month) EMS Building on the airstrip. Community meeting for brainstorming and recruitment. Open to everyone. Contact Rebecca Hazen 575-574-8344 for information or just show up at the meeting.

MIMBRES FARM BUREAU - No meeting in October - Normally, monthly meetings are the 2nd Thursday of each month at 6:30 pm.
Pot-luck supper followed by a business meeting. Everyone welcome

MIMBRES VALLEY ARTISANS MERCADO - Every Saturday and holidays. 9 am to 2 pm - Mimbres Valley Self Storage—
Highway 35 (just before mile marker 2 on the right).

MIMBRES VALLEY FARMERS MARKET - October 1st and October 8th - 3:30 to 5:30 pm Thursday. Valle Mimbres Market parking lot. Fresh locally grown produce. 2739 Highway 35. Local Venders \$3

MIMBRES VALLEY GIRL SCOUTS TROUP #049. EVERY MONDAY 5:00 pm to 6:00 pm - Roundup Lodge. All girls from Kindergarten to High School and home schooled girls are welcome. New and exciting programs and activities. For information, contact Pamela Grijalva at 575-494-3681 or come to a meeting. Weekly meetings will resume when school starts.

MIMBRES VALLEY HEALTH ACTION LEAGUE - Calendar of Events

MVHAL Board Meeting - Wednesday, October 14th - 5:30 pm Roundup Lodge, Acklin Hill Road, San Lorenzo. Valley Residents Welcome.

MIMBRES VALLEY ROUNDUP LODGE BOOSTER CLUB Acklin Hill Road - Calendar of events.

BOOSTER CLUB MONTHLY MEETING. October 1st - first Thursday of each month. New members welcome. Light dinner served.

BINGO - October 11th - 2:00 P.M. TO 5:00 PM - Second Sunday of each month. Roundup Lodge - \$5 a card or 3 for \$10.00. Grand prize \$50.00 cash. Donate a NEW toy (\$10 limit) and receive an extra card when you purchase 3 for \$10.00.

MIMBRES VALLEY SENIOR CENTER - LUNCH DAILY— Monday - Friday 11:30 Reservations are requested one day in advance.
Every Tuesday - 10:00 am - Exercise for Seniors - Stretching and light weight lifting. For information call Thelma Melvin 536-2899

Senior Center Advisory Council Meeting at the Center (meets 4th Tuesday of each month after lunch)

MIMBRES VALLEY THERAPEUTIC HEALING MESSAGES - Tuesdays and Saturdays - 9:30 am - 5:30 pm - 2739 Highway 35.
For appointments call 575-574-7069

TOPS (Take Off Pounds Sensibly) Local meetings every week. "Just for the health of it." For more information call Paula Norero at 536-9433 or email at paula@gilanet.com.

VALLE MIMBRES MARKET - TUESDAY to SATURDAY 12:00 noon to 6:00 pm; - 2739 Highway 35. Fresh organic and local produce, groceries and more. Credit, debit, EBT, or local checks, we even take cash. Every Saturday 10% off all fresh produce. 575-574-7069

COUNTY CALENDAR

ALBERTSONS - October 7th - First Wednesday. Seniors 55+ get 10% off. All day.

BACK COUNTRY HORSEMEN - 2nd WEDNESDAYS - 6:00 pm Gila Regional Conference Room. Subject to change. Please call first. 575-574-2888

BAYARD AL-ANON - WEDNESDAYS, 6:00 PM - Bayard Housing Authority - 100 Runnels Drive, (near Our Lady of Fatima Parish in Bayard) .

BOOKMOBILE WEST SCHEDULE - THURSDAY, October 15

Mimbres - NEW LOCATION - Living Harvest Bakery	9:45 am - 10:45 am
Lake Roberts - Sapillo Creek Fire Station	11:45 am - 12:45 pm
Doc Campbell's Post (near Gila Cliff Dwellings)	2:30 pm - 3:30 pm

GRANT COUNTY ARCHAEOLOGICAL SOCIETY - October 21st - 3rd WEDS - 6:00 pm. Silver City Woman's Club. Business meeting at 6:00. Program at 6:30 pm. Guest speaker—Laurie Webster, Anthropologist, Researcher, and Textile Consultant. Title of Presentation: "Re-excavating the Past: new work with ancient textiles, baskets, wood, and hides from Southwest Utah." For more information, call **Marilyn Markel 536-9337**.

GRANT COUNTY ROLLING STONES GEM & MINERAL SOCIETY - October 8th (2nd THURSDAY), 6:00 pm - Meeting and pot-luck followed by a rock draw. Bring your own service ware and dish to share. Silver City Senior Center - 204 W. Victoria Street in Silver City 575-536-1393 rollingstonesgms.blogspot.com **Field trip Saturday, October 17th the 3rd Saturday of the month at 8:30 am.** For more information contact Ansel Walters at 575-388-2010

MS SUPPORT GROUP - First Tuesday of the month at 11:30 am for lunch in Silver City. Meetings are held in various Silver City area restaurants. New members with Multiple Sclerosis are welcome. Email huseworld@yahoo.com for the location.

SILVER CITY CHAMBER OF COMMERCE - meets first Thursday of every month at 11:45 am. Normally meetings are held at the Red Barn Steakhouse in Silver City. There is a \$15 charge for attendees wanting to eat lunch. There is no fee for people who want to attend without enjoying a meal. For more information contact the Silver City Grant County Chamber of Commerce at 575-538-3785

SILVER CITY FOOD CO-OP - Calendar of Events contact the Food Co-op at 575-388-2343 or www.silvercityfoodcoop.com for information on any event.

POPCORN FRIDAYS! Enjoy Free Organic Popcorn and Food Samples at the Silver City Food Co-op 520 North Bullard

COMMUNITY FORUM - Thursday, October 8th - Noon to 1 pm. *Meditation Made Easy with Jeff Goin*. Free. The Market Café at 614 N. Bullard Street.

BIG SALE EVENT - October 9th and 10th in the community room at the Market Café at 614 N. Bullard Street. You do not need to be a member to save up to 68% on special organic products - by the pack or by the case.

GRAND OPENING OF THE CAFÉ MARKET - Saturday, October 17th from 8:30 am to 3:30 pm. At 11 am the official ribbon cutting, at noon, Bayou Seco will be playing on the Patio. Local artisans available throughout the day to discuss their work, free drawings and plenty of samples of great food. 614 N. Bullard.

ARTISAN MARKET - Saturday, October 24th - 9 am to 2 pm - Support local artisans at this local indoor venue. 614 N. Bullard.

COMMUNITY INDOOR FLEA MARKET - October 31 st - 9 am to 2 pm - 614 N. Bullard. Recycle, reuse or repurpose a treasure

WALGREENS - October 6th and 20th (first and third Tuesday of each month) - SENIOR DISCOUNT - 20% off of items not on sale.

WESTERN INSTITUTE FOR LIFELONG LEARNING (WILL) - Lunch and Learn Series—Public is invited free of charge. WNMU Global Resource Center ABC room, 12th & Kentucky in Silver City. Feel Free to bring a sack lunch, and bring a friend.

Wednesday, October 7 - Julian Lee discusses "Why Birds are Reptiles".

Wednesday, October 14 - Bill Baldwin explores "War and Peace: The Russo-Japanese Conflict of 1904-1905 - Causes and Consequences".

Wednesday, October 21 - Rick Sherman recaps "American Foreign Policy - The Past Fifty Years".

More Information, contact : 575 538-6835 or www.will-learning.com or info@will-learning.com

Continued from Page 11 - Calendar

WIDOWED AND SINGLE PERSONS OF GRANT COUNTY - October 12th - Sign in at 10:30 am - (second Monday of each month) Glad Tidings Church, 11600 Highway 180 E. Diane of Diane's Restaurant will tell us how she built her business. Cost for lunch is \$12. All singles are welcome For information, call 575-537-3643.



TOPS

stands for (Take Off Pounds Sensibly)

We have people of all sizes that need to get rid of many pounds for a healthier life style. The group can help you reach your weight loss goals by providing you with the tools, information, support, challenges and accountability you need to be successful. After all, this has been a winning formula since 1948.

Weekly meetings can help you take an honest look at the changes you need to make, show you that true health

isn't a certain pants size or even a number on the scale, and help you appreciate who you are on the inside and the outside right now.

If you are ready for a healthier life style come join us. Your first meeting is free. The fee is \$32.00 per year. The local NM 0354 chapter meets Mondays at 2210 Highway 61 in San Lorenzo. (3 miles from NM 152). Time for the meetings is 9:00 to 10:00 am. For further information contact Paula Norero at 575-536-9433 or email paula@gilanet.com

LOCAL CHURCHES



Change your life through biblically based financial advice.

Class starts Wednesday, September 2nd at 5:30 pm.
9 week class—class is free—materials are available for purchase.

Rio Mimbres Baptist Church

CATHOLIC SERVICES

San Lorenzo Mission
Every Sunday at 9:30 am

San Juan Mission
Alternate Saturdays at 3:30 p.m.

San Jose Mission in Faywood
Alternate Saturdays at 3:30 pm

For information regarding San Juan and San Jose services call 537-3691

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Bible Study 9:45 am
Worship at 11:00 am
Wednesday Worship Services 6:00 pm

*Where everyone is welcome to worship
and experience God's Love*

TEAMKIDS AND YOUTH GROUP WEDNESDAYS @ 6 PM



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Route 180 in Bayard

SUNDAY SERVICES

Sunday School 9:30 am - 10:30 am
Worship services
10:30 am - 11:30am & 5:30 pm

BIBLE STUDY

Wednesday 5:30 PM

"Two or more meet together in my name, I will be there also."



New Mexico Farm and Livestock Bureau Mimbres Local

Local Farms
Local Food
Local People

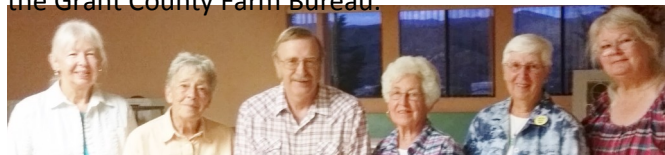
The local Mimbres chapter of the Grant County Farm Bureau held annual elections in September. The newly elected officers are :

President, Don Luhrsen, Vice-President, Joyce Biebelle; Secretary Dolly Ebaugh; Treasurer, Brenda Hadden; Events Chairperson, Josie York.

The officers will, for the first time in many years, not include out-going President, Neline Dominguez, who has passed the baton after virtually a lifetime of holding every office and a long distinguished tenure as Presi-

dent.

Thank you Neline for all of your hard work and wise counsel. Neline may be retired, but not gone. She still holds the position of Treasurer of the main chapter of the Grant County Farm Bureau.



Brenda Hadden, Treasurer; Neline Dominguez, Out-going President; Don Luhrsen, President; Joyce Biebelle, Vice President; Dolly Ebaugh, Secretary; Candy Luhrsen, Back-up Secretary.

Photo by Tom Kavanagh

 **Silver City Food Co-op**
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THE BIG SUPER HUGE SALE

You don't have to be a member to shop here! Everyone is welcome, always.

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8:30am–3:30pm at the
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Organic food! Assorted rice in 25lb, 2lb, or 1lb bags. Buy individual packages or by the case: peanut butter, salsa, pasta sauce, pasta, candy, chocolate, apple juice, crackers, and MORE!

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**Mimbres Emergency
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Recruiting for a First Responder
class in the fall.

"If not you then who?"



October meeting:
Monday the 12th
at 5pm
in our EMS building
on the airstrip



GILA NATIONAL FOREST NEWS

Use Surveys Coming Soon on the Gila National Forest

Over the next year, many visitors will have the opportunity to let the Forest Service know how their recreational expectations are being fulfilled on Forest Service lands. This opportunity for input is the result of the 2016 National Visitor Use Monitoring (NVUM) survey which will be underway on the Gila National Forest beginning in October 2015. The purpose of this survey is to provide an estimate of forest recreation visits, the activities engaged in while visiting the forest, visitation trends and the economic impact of recreation visits on local communities.

Forest Service employees will be wearing bright orange vests and standing near "Traffic Survey Ahead" signs. The basic interview takes about eight minutes. Every other visitor is asked a few additional questions which may take another five minutes. About a third of the visitors will be asked to complete a confidential survey on recreation spending during their trip.

This will be the third time since 2006 that the Gila National Forest has conducted the NVUM survey. The Gila National Forest will manage surveys at various sites beginning with the Aeroplane Mesa Trail #705 in the Gila Wilderness on the Reserve Ranger District Saturday, Oct. 3. All information given by the public for these surveys is confidential and participation is voluntary. However, visitors to the forest are highly encouraged to participate in the survey because the more the Forest Service can learn about forest visitors, the better forest managers can meet their recreational needs.

The National Visitor Use Monitoring survey on the Gila National Forest is part of an ongoing process for measuring visitor use across all Forest Service lands. All Forest Service lands have participated in the NVUM process once already and are now on a cycle of participation every five years. The information from this nation-wide study will be used by the U.S. Forest Service, Congress, and the General Accounting Office for a variety of issues including forest planning and budget allocation.

The Gila National Forest appreciates your participation in this survey. For more information about the National Visitor Use Monitoring process, or for recreational opportunities on U.S. Forest Service lands, please visit <http://www.fs.fed.us/recreation/programs/nvum> or call the Gila National Forest at 575-388-8201.

Nursery Worker Wanted

Rio Mimbres Baptist Church has openings for two paid nursery/children's workers at the church.

Hours are from 9:30 am to 12:30 pm
every Sunday. (\$30 for 3 hours)

For more information call Margaret at 575-574-7931 or Sharon at 575-313-0797



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WHAT ARE YOU READING?

Mummies, Bones and Body Parts

by Charlotte Wilcox

Does just reading the title give you shivers?, then don't open this book unless you want to know about the work of archaeologists, pathologists, anthropologists and other scientists who study the remains of people.

Mysteries have been solved, diseases have been identified, much has been learned about the food and clothing and living habits of people from the past. You will read about the 5,000 year old "Ice Man", European "bog bodies", mummies from Peru, China and Chile. You will learn how mummies were prepared in Egypt for burial in the pyramids. A modern way of preserving bodies is also explained. Who owns the discovered bodies is also discussed as well as respectful ways to save them.

There are many photographs in color, that will give you goosebumps, too...so don't even open this book unless you want to be a little bit scared, then read it on Halloween...in the dark...(with a flashlight).

Aunt Mary

Unbroken

by Laura Hillenbrand

Even if you have watched the movie this is a great book to read, and I highly recommend it.

Louis Zamperini's parents came to the United States from Italy. He was born in 1917 and soon was displaying the hyperactive behavior that would have had his doctors putting him on medications to keep him con-

trollable in later years had his parents been able to afford them. Finally, on the brink of a career in serious juvenile delinquency, his older brother Pete introduced him to the sport of running. His talent for running had been noticed when he outran the law and the other kids in the neighborhood who were bullying him. His negative energy was turned to positive, and soon he was headed to the Olympics. However, World War II intervened in his career and soon he was serving his country in a bomber over the Pacific.

I hate to say much more about the book because it would give away too much of what this man went through, mentally and physically. I will say that I feel that his experiences would rival many non-fiction adventure stories. His will and strength to survive were all but unbelievable. They show us how much a human can endure and continue to live. There is a great deal of the history of WWII in the Pacific to be learned as well.

Dawn Gray



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Katebrownpottery.com

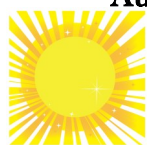
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A COUNTRY CHRISTMAS



CRAFT SHOW

Saturday, November 14 ~ 10 am - 5 pm

Sunday, November 15 ~ noon - 5 pm

4200 Raymond Reed Boulevard
(across from fairgrounds)
Deming, NM

For Vendor Information
Contact: Carol Duncan
575-956-5144



MIMBRES HOME INSPECTION

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PRODUCE OF THE MONTH

BY: Frankie at Valle Mimbres Market

TOMATO (*Solanum lycopersicum*)

A member of the nightshade family, the tomato plant originated in the South American Andes a few millennia ago and was first used as a food in Mexico. A perennial in its native tropical habitat, it is grown mostly as an annual and in greenhouses in cooler climates. The fruit of a bush or a vine, its hundreds of varieties come in many shapes, sizes and colors, the most common being red today.

Selecting and Storing: Tomatoes should be firm and heavy, with smooth shiny skin, free of soft spots. Heirloom tomatoes usually have more tomato flavor. Raw tomatoes are best stored stem down at room temperature as refrigeration makes them mealy. Once cooked, refrigerate for a few days or freeze for a few months. A serrated knife is best used to cut tomatoes. Any recipe made with cooked tomatoes will taste even better the next day. To peel a ripe tomato, drop it into boiling water for 15 to 30 seconds, the peel will come right off.

Nutrients: Tomatoes are low in calories and fat and are high in Vitamin A, C and K as well as Potassium. It is also a good source of B-complex vitamins and Iron, Calcium and Manganese. They contain flavonoids antioxidants such as Lycopene, a unique and most powerful carotenoid phytochemical only found in tomato, and the phytonutrient Zeaxanthin. Tomato may increase arthritic inflammation in people with nightshade intolerance.

Serving Suggestions: The tomato is consumed in diverse ways, including raw, in salads, as an ingredient in many dishes, sauces, and drinks. Unripe green tomatoes can be breaded and fried, pickled, or used to make salsa. Ripe fruits can be dried. Heirlooms with their superior taste are usually eaten raw. Most fruits being acidic, tomatoes can be canned as is, or turned into sauce or paste. They can be grilled, roasted, stuffed, made into soup or stew. Very versatile, they go well with cheese, fish, chicken, beans, and other vegetables such as avocado, mushroom, onion, pepper and zucchini, as well as with fresh or dried herbs like basil, parsley, cilantro, thyme and oregano.

Recipe: Pico de Gallo

(Rooster's Beak, a fresh raw salsa)

1 onion, minced; a few ripe tomatoes, seeded, minced and drained; to taste: 1 to 2 Tbsp fresh lime juice; 1 to 3 jalapeno or serrano chiles, seeded and finely minced; 2 to 4 Tbsp minced cilantro; optional: 1 or 2 finely minced cloves of garlic. Gently mix all ingredients. A little salt will further develop the flavor but can make the salsa watery. Refrigerate for one hour before serving, draining some liquid if necessary. Serve fresh as a salsa with chips, or a topping for tacos, burritos, cold pasta, avocados or beans.

Bring a **NEW** toy
(age 4-12) value
\$10 or less and
receive one free
playing card with 3
card purchase



Mimbres Roundup Lodge

Your Community Center

Bingo

Sunday, October 11th
2 pm to 5pm

\$50
Grand
Prize

CARDS
\$5 FOR 1 OR
\$10 FOR 3
Plus More Money
Games
And new prizes!

Art and Wine Extravaganza

La Esperanza Vineyard and Winery

Saturday, October 24 ~ 11 am to 5 pm

Over 15 talented multi-media artists from Mimbres, Deming, Gila and Silver City will be present showing gourd art, contemporary impressionistic paintings, Viking knit and chain maille, wood carving, art and jewelry design, glass painting, photography, botanical note cards, crochet, knitting, quilting, water color painting and much more.

There will be music in the afternoon by Teresa Smergut from 1 to 4 pm, and pizza will be available for purchase at the winery from Restaurant del Sol.

Enjoy a glass of wine while you check out the fabulous art and beautiful views at the winery.



One Day Special
20 % Discount on case of wine
Mix or match

100 De La O Road in Sherman
off Royal John Mine Road
For information call 505-259-9523
or 505-238-6252

AFTER SCHOOL PROGRAM

The Rio Mimbres Baptist Church is offering an after school program two days a week 3 pm to 5 pm on Tuesdays and Thursdays.

There will be a snack, time to work on homework, crafts, board games, outside play, hear and tell stories with puppets and drama and music.

The cost per child is \$1.25 per hour until 5 pm. Scholarships are available.

On Wednesdays, for early release only, 1 pm to 5 pm (Oct. 28) at a cost of \$1.25 per hour.

Parents will have to arrange with bus driver to bring their child(ren) to the Mimbres Cactus bus stop. The children will be met by an adult to walk the one block up to the church.

To register or for more information, contact Jean Humphrey at 536-3850 or www.humfam@yahoo.com

OLD T-SHIRTS NEEDED

If you are like the rest of us, you probably have old T-shirts that no longer fit or are so tattered and stained they are no longer wearable. They should not go to waste. WE NEED THEM.

The lady artisans of the Palomas Cooperative support themselves and their families by making beautiful rag rugs from old T-shirts. The T-shirts can be in any color or condition as long as they are clean and 100% cotton.

Dawn Gray has volunteered to collect the T-shirts and see that they get to the artisans. **You may drop them off at the information booth at the Harvest Festival.** Or, you may get in touch with Dawn at 575-519-9190, or you may drop off your T-shirts on Saturday at the Mimbres Valley Artisan Mercado at the Mimbres Self-Storage units on Route 35 (right before mile marker 2). You may also drop off the T-shirts at the Mimbres Roundup Lodge anytime there is someone there.

Mimbres Messenger

P. O. Box 137
Mimbres, NM 88049

Please email any suggestions, articles, announcements, upcoming events, advertising, etc. for consideration by the editors to:
willhite200@aol.com

We're on the web

www.mvhal.org

www.mimbresharvestfest.com

www.blackrange.org



<p>MIMBRES VALLEY HEALTH ACTION LEAGUE PO BOX 137 MIMBRES, NM 88049 www.mvhal.org</p>	<p>Mimbres Messenger Farmers' Market Harvest Festival Commodities Distribution The San Lorenzo Children's Garden</p>
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BULLETIN BOARD

Wednesday, October 14th - 5:30 pm Mimbres Valley Health Action League Board Meeting. Roundup Lodge, Acklin Hill Road. ALL VALLEY RESIDENTS WELCOME

WEDNESDAY, October 14th - Noon to 2 pm
Commodities Pickup ~ Roundup Lodge - Volunteers needed to pack food. Please bring suitable boxes.

The Mimbres Valley Health Action League was founded for the purposes of improving the health, well-being, and quality of life for the people of the Mimbres region. Some of the ways targeted to do that are by improving communication and social networks, providing preventive health education, improving access to health and social services, increasing financial and economic stability, increasing recreation opportunities, increasing education opportunities, and promoting a safe and healthy environment.

FREE – Community Presentation:

'The Importance of Healthy Soil Microbial Communities in Agriculture'
Including a focus on composting, soil carbon, and the soil food web



By Dr. David C. Johnson, Ph.D

Wednesday, October 14th
from 6:00 to 8:00p.m.

Grant County Extension Office
Conference Room

2610 N. Silver Street, Silver City, NM

Dr. David Johnson is a Senior Project Specialist at the Institute for Energy and the Environment and Director of the Institute for Sustainable Agricultural Research at NMSU, where he researches sustainable agriculture and biologically-based energy projects. He holds a Ph.D. in molecular biology from New Mexico State University, and his research interests include molecular biology, microbial community structure analysis, sustainable agriculture, soil fertility development, bio-hydrogen, and bio-methane. Dr. Johnson's contact e-mail is davidcjohnson@nmsu.edu For more information please call 575-538-8573 (121)

Please Note:

The Rio Mimbres Baptist Church will no longer be distributing food on Fridays, and the Thrift Store is closed.

Our Apologies

In last month's *Messenger* in the Meet Your Neighbor article we unintentionally neglected to mention the Mimbres Café as one of the local restaurants destinations in the Mimbres. Please accept our apology!

View the MESSENGER online!

Thanks to Bob Barnes of Hillsboro, *The Messenger* can now be viewed online at <http://www.blackrange.org>, including back issues from April, 2014 to the present. Often the *Messenger* is available online before hard copies have reached the Valley. Check it out online, view the photographs in color, print off more coloring pages for your children and enjoy the wealth of other local features available there.

The *Messenger* is included on Bob's excellent website which also includes *The Monticello Messenger*, *Hillsboro Historical Society Newsletter*, *Black Range Rag Newsletter* and myriad photographs, historical and current events, nature and the works of numerous authors – just to name a few of the attractions available here.