

A FREE COMMUNITY NEWSLETTER

March 2015

MIMBRES MESSENGER

Mimbres Artist Marilyn Gendron

by Marilyn Markel

Artist, teacher, parent, t-shirt maker, and community volunteer, are all ways to describe long-time valley *artist in residence* Marilyn Gendron. The famous New Mexican light, the beauty of the landscape of southwest New Mexico, and traces of their culture left behind by ancient Mimbresños, all inspire Marilyn's artwork and fuel her efforts to share the joy of art with others.

Marilyn grew up in Sacramento, California, attended university in Oregon, became an art teacher and, fresh out of college, was recruited to teach art at a boy's high school in Sydney Australia, a daunting experience lasting a year and a half. Back in California, Marilyn worked in interior and architectural design, met and married her husband Joseph, and began the journey that led the couple to Mimbres. Using their "wedding money", Joseph and Marilyn spent six months on the road, looking at various locations that appealed to them, ending up with jobs in Santa Fe. In the late seventies, the Gendrons moved to Mimbres, built their own home, and had a daughter, Marya, and son, Patrick. The family became Mimbresños—embracing a rural lifestyle and developing a deep apprecia-

tion of the people of Mimbres-- past and present.

As soon as motherhood was not taking up all of her time, Marilyn returned to her artwork and teaching—as a volunteer at San Lorenzo Elementary, as a Montessori

Mimbres Valley Harvest Festival. Marilyn has designed logos for the Tour of the Gila, the Gila Conservation Education Center, and the Mimbres Messenger. She has been the lead artist on mural projects, and taught hundreds of children about Mimbres pottery for the

Mimbres Region Arts Council's *Fine Arts Friday* program. Marilyn has generously donated her artwork, t-shirts, and paintings to community projects—like the Harvest Festival and



Marilyn displaying "The Parrot Trainer" and hard at work silk-screening her t-shirt designs



school teacher, a Deming elementary school art teacher, and also giving adult art classes. Marilyn began her t-shirt business, shirts with Mimbres pottery designs, in the early 1980s. Over the years, thousands of area residents and visitors to southwest New Mexico have purchased Marilyn's T-shirts—her well-known Tour of the Gila bicycle race shirts, shirts made for the WNMU Museum, shirts sold at the Azurite Gallery in Silver City, and made each year for the

also painted a wooden rabbit she named "Conejo Mimbresño" for a fundraiser.

Many art collectors in the Mimbres area, and elsewhere, happily display Marilyn's colorful paintings in their homes. Some of her landscapes feature scenes from the valley, or are works that reflect Marilyn's interest in Mimbres Indian art and culture. She often incorporates pottery and petroglyph designs and

the Messenger. She

Continued on page 3

VOLUNTEER STAFF

- Franz Raiter, Editor
- Anna Willhite, Copy Editor
- Marilyn Markel, Contributing Writer
- Jan Tripp, Printing
- Chris DeBolt, Coordinator
- Grace Williams Distribution
- Mary Willhite, Production & Advertising

Inside this issue:

MIMBRES ARTIST	1
MARILYN GENDRON	
LETTER FROM THE EDITOR	2
MESSENGER ON-LINE	
MIMBRES ARTIST CONT.	3
ROUNDUP LODGE	
SAPILLO VOLUNTEER FIRE AND RESCUE	4
POEM—DESERT SPRING TRUTH PREMIERE	
CURANDERISMO	5
CURANDERISM CONT.	6
SENIOR CENTER MENU	7
BLACK-TAILED JACK RABBIT	8
COLORING PAGE	9
CONEJO MIMBREÑO	
COMMUNITY CALENDAR	10
COUNTY CALENDAR	11
COUNTY CALENDAR CONT.	12
FARM FAMILY OF THE YEAR	
NEWCOMER	
FOOD PANTRY AND THRIFTY STORE	13
PRODUCE OF THE MONTH	14
CALL TO YOUNG ARTISTS	
ROUNDUP LODGE	15
NOTES CONT.	
TOPS FUN DAY	
FREE INCOME TAX CONT.	16
DR. KING.	
HEALTH ACTION LEAGUE INVITATION	17
WHAT'S COOKING IN THE MIMBRES	
OUR ADVERTISERS	18
UPPER MIMBRES FIRE & RESCUE	19
NEWCOMER CONT.	
WHAT ARE YOU READING?	20

A LETTER FROM THE EDITOR**By: Anna Willhite**

Thanks to a gratifying response to our plea for input from our readers, we have a number of items and articles on varying topics and interests in this issue. We also have a couple of similar works in progress slated for future publication, which is a goal we have been pursuing. Thank you to all who have responded to our invitation (and shameless begging!) to contribute to our printed efforts. Keep them coming!

Having recovered from the holiday season, the Super Bowl and various examples of winter weather (pleasant and not so pleasant) folks in the Valley are happily looking forward to spring, even though it remains chilly some days. Many groups and organizations have scheduled new and appealing activities – things to do – places to go. Read about them here.

Good things are happening in the Valley. There is a new food pantry and thrift shop now operating at the Rio Mimbres Baptist Church every Friday. The local volunteer fire and rescue organizations are gearing up for the March winds and concerns about fire safety in the coming months.

There will be a pancake breakfast at the Upper Mimbres fire house in early April – always a good take. Free income tax return preparation by volunteers from the AARP Tax Aide Foundation is ongoing through mid-April at the Mimbres Senior Center and the Bayard Public Library. You must have an appointment to take advantage of this free service, so don't wait until the last minute. Information about making appointments is posted on flyers throughout the valley, and in the article in this issue.

We at the *Messenger* truly appreciate the kind words and active participation we have been receiving from our readers. Again, please e-mail ideas, articles, observations, etc. to us at

Willhite200@aol.com, mail to Box 137 Mimbres 88049 or call Anna or Mary at 575-536-9323. If you mail or e-mail be sure to include your name and contact information so that we can get in touch with you with questions.

View the *MESSENGER* online!

The Messenger can now be viewed online at <http://www.blackrange.org>, including back issues from April, 2014 to the present. Often the *Messenger* is available online before hard copies have reached the Valley. Check it out online, view the photographs in color, print off more coloring pages for your children and enjoy the wealth of other local features available there.

Bob Barnes of Hillsboro has generously included the *Messenger* on his excellent

website which also includes *The Monticello Messenger*, *Hillsboro Historical Society Newsletter*, *Black Range Rag Newsletter* and myriad photographs, historical and current events, nature and the works of numerous authors – just to name a few of the attractions available here.

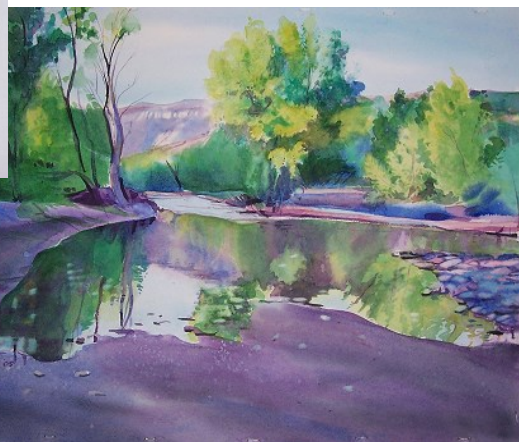
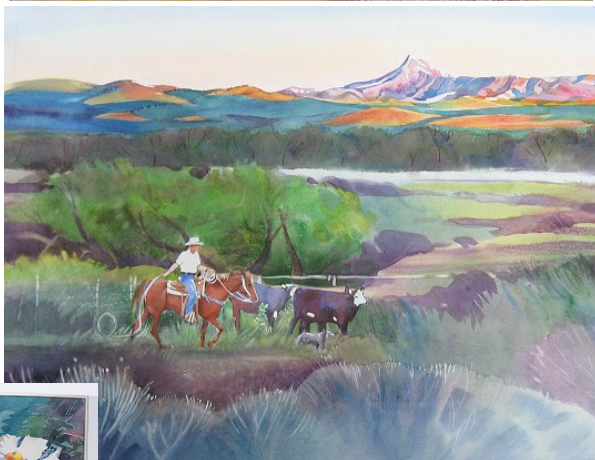
We hope all of our readers will take advantage of the wealth of local information, entertainment and historical notes and enjoy the *Messenger* and the other superb publications featured on the website.

Continued from Page 1– Mimbres Artist Marilyn Gendron

images in her artwork. An avid hiker and member of the Grant County Archaeological Society, Marilyn has spent countless days exploring rock art sites and the remains of ancient pueblos.

In an artist statement, Marilyn writes, “I am most often drawn to a subject by color and light, then to the shadows and reflections, and finally form. When doing watercolor, I find great joy in taking brush in hand and after splashing clear water over white paper, applying pure colors, letting them mix on the page, and when dry, seeing how each unique pigment has revealed itself.” The colors also reveal Marilyn’s joy in, and appreciation of, life in the Mimbres Valley.

Enjoy this gallery of a few of Marilyn’s paintings and t shirt designs:



See Marilyn’s beautiful artwork “in color” by visiting the Messenger on-line at www.blackrange.org.



ROUNDUP LODGE NOTES

The hard-working Booster Club volunteers, whose efforts conducting events at and keeping the Lodge available for group events and rental make this community facility possible, got a small break after the winter starts (we hope) to dwindle, new projects and events are in the works.

The first quarterly Craft Show and Swap Meet of 2015 will be held Saturday, March 14th. To reserve a table, contact Paula at 536-9433 or e-mail her at paula@gilanet.com. Come see what those house-bound artists worked on this winter.

Bingo on March 8th will have a new twist. Every year, the Booster Club provides Christmas gifts and goodies for the students of San Lorenzo Elementary School. This year, we are “shopping early” to avoid the last-minute rush. With

the purchase of a three-card package of bingo cards, anyone who donates a new toy (age appropriate for 3 through 12 year olds, up to \$10 value) will receive a free bingo card. Here is an opportunity to play 4 cards all afternoon, instead of 3. And it is a worthy cause.

The Booster Club is actively seeking new members. Frequently we find there are local folks who have no idea what we do. Monthly meetings are the first Thursday of the month at 5:30, with dinner served and a business meeting following. All who are interested in finding out about this worthwhile organization are welcome. We talk about all our hard work, but we also have lots of fun and a congenial group.

There are some interesting projects in the works for the spring, and we continually look for new and innova-

SAPILLO VOLUNTEER FIRE & RESCUE

CALL 911 in an EMERGENCY



It comes in like a lion and goes out like a lamb..

Hup two three four. Hup two three four.

March. The month when many are going through football withdrawal, mope around the house and seem just plain deflated (pun intended).

Well, Mother Nature isn't deflated. Quite the contrary. We will see winds picking up this month and it is an ideal time to look around the outside of your home and make a list of outdoor chores.

Pick up old beer cans in the yard

- ◆ Get the pine needles and twigs raked away from under and around the house and beneath your deck
- ◆ Recycle the old beer cans taken from the yard
- ◆ Remove any dead vegetation from around the house

- ◆ Pocket the money received from your recycled beer cans
- ◆ Prune tree branches 6-10 feet above ground to eliminate fire crawling up your trees
- ◆ Decide to spend pocketed money on beer or place it on a lottery ticket
- ◆ Remove pine needles, leaves, and pine cones from your roof and gutters
- ◆ Scratch off the lottery ticket while keeping a straight face
- ◆ Remove branches that hang over your roof and keep dead branches at least 10 feet from your chimney
- ◆ Pocket your \$200 winnings still maintaining that straight face
- ◆ Relocate your wood pile a minimum of 30 feet from your home or garage, or other structure

- ◆ Stop bragging to neighbors about your winning lottery ticket, it's getting old
- ◆ Change your smoke alarm batteries
- ◆ Buy a 12 pack and two additional smoke alarms, one for the laundry and the other for the bedroom
- ◆ Share the 12 pack with the neighbor you just hired to do all of the above work

See, it's actually really easy to get ready for fire season.

Paul Kenney, Chief

Sapillo Creek Volunteer Fire & Rescue

Desert Spring

Fierce winds hiccup and howl
 Their pain for all to bear,
 Curling taters of clouds
 Roam vast cerulean skies,
 Returning birds up high,
 Sunning lizards below,
 Crimson cactus blooms stab
 The thirsty amber land,
 Waking from a brisk slumber.
 Desert brightens with a bang.

By Ria Bonneamie

TRUTH Premiere screening at WNMU

The Las Cruces-based PRC Productions will present a premiere screening of TRUTH on March 26th and 27th at the Light Hall Auditorium on the WNMU campus.

Shot mainly in Silver City, and featuring many local actors, look for familiar places and faces in the movie. This

film is a perfect example of the wealth and beauty of our surroundings, and local efforts to showcase the attributes of the area. (See article in the February 2015 *Messenger*)

For more details, see www.WhatIsTheTruth.com.

CURANDERISMO

By Athena Wolf

There are many different ways to find healing for ourselves and our families. Curanderismo is a practice of holistic methods that have been a tradition in the Americas for centuries. It is also known as Mexican traditional medicine, or "medicina del campo."

The Mexican leader Montezuma I grew thousands of varieties of plants in order to research their medicinal properties. In the sixteenth century the Spanish conquistadors came to Mexico, destroyed the garden and all of the research, as they considered it "blasphemous." Although the written knowledge was destroyed, the healing traditions were passed down orally by the native peoples. Some anthropologists (including Alberto Villoldo) think that curanderismo goes even further back—to the Indus valley in India. Thousands of years ago the Indus valley gave birth to the powerful healing techniques of Ayurveda, to which curandersimo has many similarities. There exists to this day a tribe remnants of a people known as the Naga-Maya for ten thousand years. These Maya are referred to in the Mahabharata, an Indian

scripture, as a tribe that left the Indian subcontinent. Perhaps to settle in Mexico? Ancient Sanskrit texts have been found in Yucatan, Mexico.

Curanderismo is a combination of many cultures, as well as wisdom from the curandera's (or curandero's) own background. Curanderismo (coo-RAHN-deh-REES-moh) is from the Spanish word, curar, - "to heal." The New Mexico State legislature recognized the value of this healing technique and made it legal to practice in our state years ago.

Curanderas only do healing work with the person who requests healing, or that person's small children. Trying to force change on someone who has not given their permission is known as sorcery. Even if that person is an adult child of the client requesting help, an ethical curandera will not work on anyone without their permission. Traditionally the curandera has a commitment to her community and to the Earth; often working out of her home where she grows medicinal plants.

Ancient cultures understood that we live in a delicate balance with Nature. Illness occurs when we are not in tune with our own nature and Spirit. Curanderismo helps bring people out of a diseased state and back into harmony.

There are many different types of curanderos. "Yerberos" are primarily herbalists. "Hueseros" work to heal bones. "Sobaderos" are muscle therapists. "Parteras" are midwives. "Oracionistas" work with the power of prayer. Although many curanderos do have a specialty, most practice a couple of these techniques. As an example, an oracionista may also be a powerful yerbera and so on. Using limpia (energy cleansing), diet, prayer and herbs one can find resolution to many illnesses.

These are some traditional words used to describe ailments. Empacho refers to an intestinal blockage and is believed to be caused by eating spoiled food, eating too much, food getting stuck in the stomach or other causes. Mal de Ojo has been referred to as the 'evil eye'. This illness is believed to mainly affect babies and is felt to be a result of adults paying too much attention to a child. Envidia is translated as an illness caused by envy. Like mal de ojo, the bad intent must be neutralized by physically touching the person who is envious or envied. Susto, sometimes called PTSD, can be caused by our reaction to traumatic

Continued Page 6




MIMBRES HOME INSPECTION

Kathleen Clinton
kathleen@mimbreshomeinspection.com

P.O. Box 151
Mimbres, NM 88049
(575) 654 6286
www.mimbreshomeinspection.com

Insured
Member of ASHI
Member of NACHI



Kathy Lee Hill

Fort Bayard Historic Preservation Society

PO Box 337
Mimbres, NM 88049
307.640.3012 cell
575.536.3161
kawhill@aol.com
www.fortbayard.org

Living history
Tour guide

Continued from Page 5 - Curanderismo

events. Curanderas may also help to remove curses and to clear houses of entities.

A recent study by the National Institute of Health says, "...curanderismo involves a coherent world view of health that has deep historical roots... Just as it would be erroneous to assume that urban Western medicine is

rational and scientific in all its aspects, so it is also clear that curanderismo contains many elements based on empirical observation and shares certain scientific concepts and procedures with Western medical practice." <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1011018/>

Athena Wolf practices Ayurveda and Curanderismo in the Mimbres.

You can find her at: curanderahealing.com, or 575.536.9335.

The Mimbres Messenger does not endorse or recommend any of the health information contained in the articles that are submitted to the Messenger. These articles are published for your edification and enjoyment.



Mimbres Roundup Lodge

Your Community Center

BINGO

Come win your Pot o' Gold - \$50 Grand Prize

Sunday, March 8th ~ 2 pm to 5pm

CARDS

\$5 FOR 1 OR \$10 FOR 3

Plus Money Games

And new prizes!

**Snack Bar
Opens
At 1:30 pm**

CRAFT SHOW & SWAP MEET

SATURDAY, MARCH 14 ~ 9 AM to 3

"WHERE RUMMAGE AND CRAFTS MEET"



Vendor Tables - \$6
Call Paula @ 536-9433 or
email Paula@gilanet.com

MIMBRES UNITED METHODIST CHURCH

2622 Highway 35 in
Mimbres

(Next to the Senior Citizen's Center)

Pastor Michael Brunk
575-313-5806

**We invite you to join us for:
Sunday Morning Worship at 10:15 AM**

Open Hearts ~ Open Minds ~ Open Doors

LOCAL CHURCHES

CATHOLIC SERVICES

San Lorenzo Mission
Every Sunday at 9:30 am

San Juan Mission
Alternate Saturdays at 3:30 p.m

San Jose Mission
in Faywood
Alternate Saturdays at 3:30 pm

For information regarding San Juan and
San Jose services call 537-3691

BAYARD CHURCH OF CHRIST

Route 180 in Bayard

SUNDAY SERVICES

Sunday School 9:30 am - 10:30 am
Worship services

10:30 am - 11:30am & 5:30 pm

BIBLE STUDY

Wednesday 5:30 PM

"Two or more meet together in my
name, I will be there also."

RIO MIMBRES BAPTIST CHURCH

Mimbres Cactus Drive, Mimbres, NM
575-536-9543

Nursery provided 9:45 am to 12:30 pm
Bible Study 9:45 am

Wednesday Worship Services 6:00 pm

*Where everyone is welcome to worship and experience
God's Love*



*Come and have fun and
learn
about our Creator!*

TEAMKIDS AND YOUTH GROUP WEDNESDAYS @ 6 PM

For grades Kinder-12th
Phone: 575-536-9543

laceofjadeknight@hotmail.com

29 Mimbres Cactus Dr.

SENIOR CENTER MENU

March 2015				
2	3	4	5	6
6 oz Hamburger Macaroni** 4 oz Green Beans 4 oz Corn 4 oz Apricots 1 Peanut Butter Cookie	3 oz Oven Fried Chicken 4 oz Squash 1 Slice WW Bread 4 oz Peach Crisp	3 oz Meatloaf 4 oz Mashed Potatoes 4 oz Broccoli & Cauliflower W/ Cheese 1 Dinner Roll W/ Margarine 4 oz Cantaloupe 1 Yogurt	Chile Dog...2 *** 3 oz Hot Dog on a Bun 1 T Chile Beans 4 oz Baked Potato Wedges 4 oz Green Beans 1 Orange,	3 oz Bean Burrito 1 oz Cheese, 1 Flour Tortilla 3 oz Spanish Rice 4 oz Lettuce & Tomato 4 oz Crackers W/ Peanut Butter 4 oz Apricots
9	10	11	12	13
3 oz Pork Chop W/ 2 oz Diced Tomatoes 4 oz Baked Potato 4 oz Mixed Veggies 1 Wheat Roll 4 oz Mandarin Oranges	1 Soft Taco 2 oz Ground Beef, 1 oz Cheese 1 6" Flour Tortilla 2 oz Lettuce, Tomato & Onion 4 oz Spanish Rice, 4 oz Salsa Corn 4 oz Jello W/Peaches	1 oz Lean Sausage 4 oz Wild Rice 4 oz Steamed Broccoli W/1 tsp Margarine 1 WW Dinner Roll 4 oz Applesauce	Lasagna...1*** 6 oz Lasagna 4 oz Spinach Salad W/ Dressing 1 Peanut Butter Cookie 4 oz Pears & Cottage Cheese	4 oz Salmon Patty 1 Small Baked Potato Peas 1 Slice WW Bread 4 oz Chocolate Pudding
16	17	18	19	20
6 oz Gr. Chile Stew 3 oz Hamburger Meat, 2 Oz Potato 1 oz Tomato, Onion & Gr Chile 4 oz Mexicorn, 1 Flour Tortilla 4 Oz Salad W/ 2 T Dressing 4 oz Warm Cinnamon Apples	3 oz Baked Ham 4 oz Scalloped Potatoes 4 oz Green Beans 4 oz Stewed Tomatoes 1 WW Roll 4 oz Cantaloupe	4 oz Chicken Fajitas 4 oz Chicken, 2 oz Cheese 1 Tortilla 4 oz Pinto Beans 4 oz Tomatoes & Gr. Chile 1 Pumpkin Spice Cookie	1 Sloppy Joe 8 oz Tossed Salad 2 T Salad Dressing 4 oz Green Beans 4 oz Vanilla Ice Cream	6 oz Red Enchilada 4 oz Lettuce & Tomato 4 oz Pinto Beans 5 oz Spanish Rice 4 oz Apple Crisp
23	24	25	26	27
3 oz Chicken Patty on a Bun 1 oz American Cheese 1 Slice Tomato 4 oz Peas & Carrots W/ Marg 1 Slice Pineapple Upside Down Cake	Hamburger**** 2 oz Lettuce & Tomato 2 oz Onions, Pickles, Gr. Chile 4 oz French Fries 4 oz Peaches & Cottage Cheese	3 oz BBQ Chicken Thighs 4 oz California Veggie Blend 1 Dinner Roll 4 oz Peaches 1 Sugar Cookie	Roast Beef 1 **** 3 oz Beef Bottom Roast 4 oz Mashed Potatoes W/ Gravy 6 oz Green Beans 1 WW Roll W/ Margarine 1.5 oz White Cake	1 - 6 oz. Chicken Quesadilla 3 oz Chicken, 2 oz Cheese 1 Flour Tortilla, Salsa 4 oz Spanish Rice 4 oz Lettuce & Tomato 4 oz Jello W/Bananas
30	31			
1 Grilled Cheese Sandwich** 2 Slices WW Bread, 1 Cheese Slice 4 oz Low Sodium Soup 5 Saltine Crackers 4 oz Apricots	1 Meat & Cheese Burrito 2 oz Ground Beef, 1 oz Cheese 1 oz Gr. Chile, 1 Tortilla 4 oz Tossed Salad 4 oz Honeydew & Cantaloupe Mix 2 Sugar Cookies	Please Call A Day In Advance For Reservations!!!!		
		8 oz Milk Served Daily		
		Silver City.....388-2545 Santa Clara.....537-5254 Mimbres.....536-9990 Gila.....535-2888 Menu Subject To Change		



Professional Care Giver

30 years plus experience, Excellent references, Safe driving record, college grad. Will take care of all your needs!

Please call Christine Bachand

Home 575-536-2826

Cell: 508-768-7274

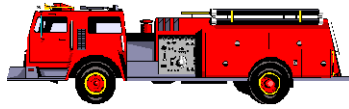
Pieceofpita@yahoo.com



'Home Of The Brown Boys'
KYLE & KEITH BROWN

575-538-3807
1155 HWY 180 E. - SILVER CITY, NM

**UPPER MIMBRES
VOLUNTEER
FIRE & RESCUE
ANNUAL
PANCAKE BREAKFAST
& BAKE SALE**



SATURDAY, APRIL 11
8am - 11am

**Come and enjoy delicious
Pancakes, Eggs, Sausage,
Juice and Coffee!**

**Then, take home some
home-made goodies from
the Bake Sale.**

Set aside this one morning to
help support our Valley
Volunteers. They support us
every day of the year!

Black-Tailed Jack Rabbit

This rabbit isn't really a rabbit at all, but a hare. Hares differ from rabbits by being larger, not using a den or burrow and having young that can move about very quickly after birth.

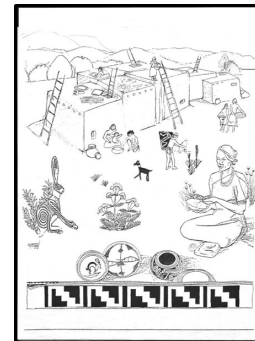
Its ears are very long, and its tail is tipped with black. In very hot weather they can send more blood flow into their ears and use that to carry heat away from their body. Their ears also act as antennas. This hare can get most or all of its water directly from the food it eats. The black-tailed jack rabbit can leap across distances up to 20 feet and jump six feet high straight up in the air! Many predators such as coyotes and bobcats feed on jackrabbits, making them an important part of food in the food web. They are fast and can run 45 miles per hour.

The Mimbres Indians hunted and trapped jack rabbits and cottontails, used nets and rabbit sticks, and left behind lots of painted bowls depicting rabbits.



Conejo Mimbrenño in February

Last month, I went back in time and visited a Mimbres pueblo from a thousand years ago. Long ago, there were Mimbres villag-



es every few miles along the river. I like to think about how rabbits, and people,

lived way back then. In the February Messenger, Aunt Mary recommended reading a book called *When Clay Sings* by Byrd Baylor. What a great book! It starts out, "There are desert hillsides where ancient Indian pottery still lies half-buried in the sand and lizards blink at other dusty lizards that were painted on those pots a thousand years ago"—that could be the Mimbres Valley! And the book has pictures of rabbits like those painted by Mimbres artists on their pottery bowls!

La Curandera Remedies

Limpias and Remedios for:

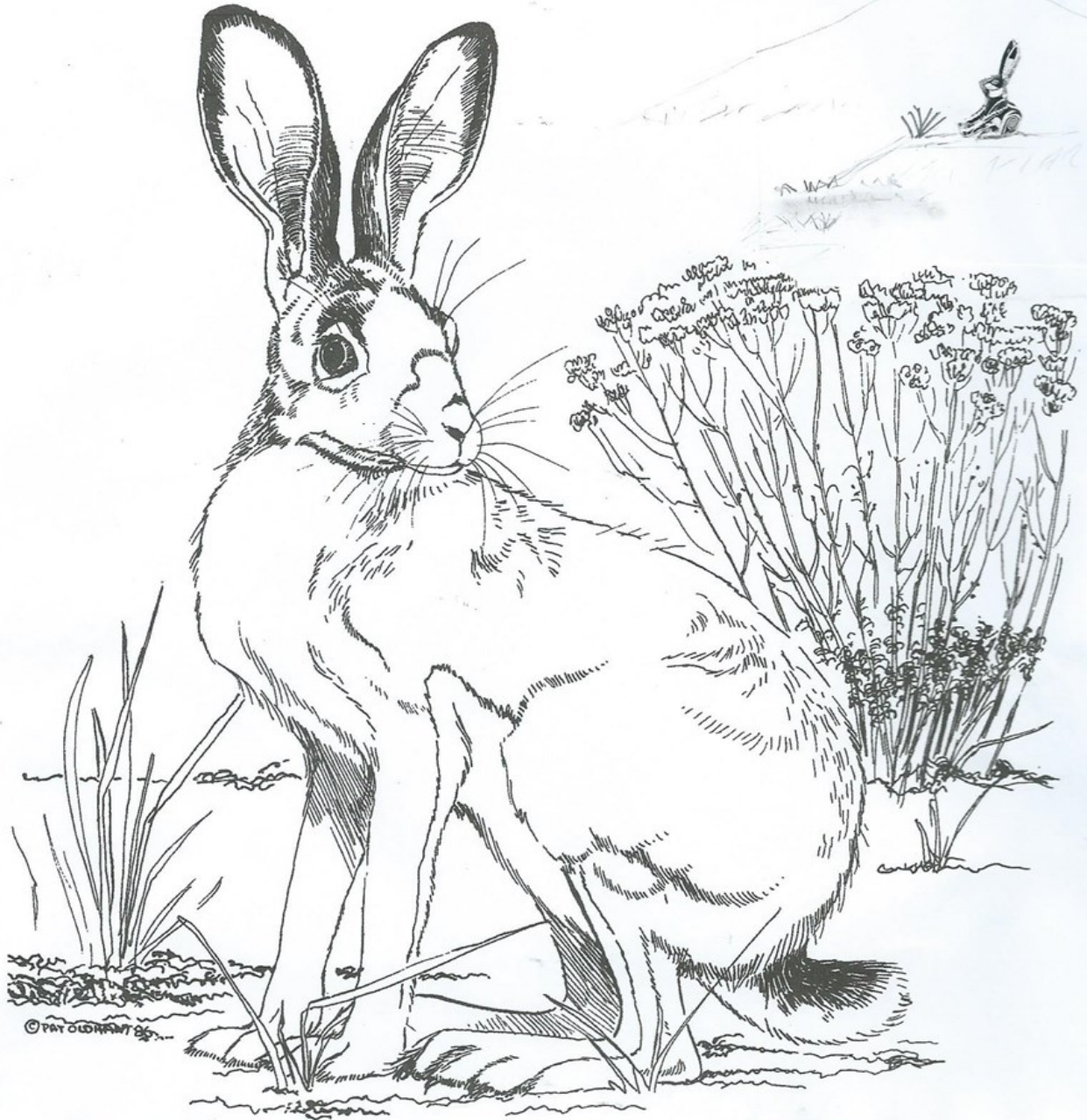
Arthritis
Flu
Gall stones
Heart problems
Intestines
Longevity
Parkinson's
Thyroid
Tinnitus
Tumors

*For Appointment
call 536.9335*



*some barter accepted if arranged in advance
curanderahealing.com*

Where is Conejo Mimbrenño? Sponsored by the Grant County Archaeological Society



COMMUNITY CALENDAR & HAPPENINGS

ALCOHOLICS ANONYMOUS - EVERY TUESDAY - 5:30 pm Mimbres Roundup Lodge. Acklin Hill Road. Speaker meeting - last Tuesday of the month. For more information **575-313-4693 or 888-388-1802.**

CASAS ADOBES WATER ASSOCIATION - meets March 19th (third Thursday of every month) 6:30 p.m. Roundup Lodge.

COMMODITIES DISTRIBUTION - March 11th - (second Wednesday of every month) - 12 NOON to 2:00 pm - Roundup Lodge
Please bring a suitable box. Volunteers to help pack boxes are always needed.

DESSERT WEST AUCTION—THE BIG RED BARN - Auction Saturday, March 14 and Sunday, March 15 - 3870 Hwy 35, Mimbres. Doors open at 8 am with off-line auction starting at 9 am. Sunday auction doors open at 9 am. Preview items on Friday, March 13th. Any questions contact the Coogans either by email at desertwest@desertwestauction.com or call 575-536-9353. Can't be there? Bid on-line starting at 10 am both Saturday and Sunday. At www.liveauctioneers.com or www.lcollector.com.

HMS MIMBRES CLINIC - Clinic Hours have been cut to two days. Monday and Wednesday 8:30 am to 12 noon and 1:00 pm to 5 pm. 575-536-3990

LA ESPERANZA VINEYARD & WINERY - Winery open Friday and Saturday, 11:00 am to 7:00 pm. Sunday, Noon to 7:00 pm. For more information call 505-259-9523 or 505-238-6252.

MIMBRES FARM BUREAU - March 12th - Monthly meetings the 2nd Thursday of each month at 6:30 pm. Pot-luck supper followed by a business meeting.

MIMBRES VALLEY GIRL SCOUTS TROUP #049. EVERY MONDAY 5:00 pm to 6:00 pm - Roundup Lodge. All girls from Kindergarten to High School and home schooled girls are welcome. New and exciting programs and activities. For information, contact Pamela Grijalva at 575-494-3681 or come to a meeting.

MIMBRES VALLEY HEALTH ACTION LEAGUE -March 4th (Wednesday) - 5:30 pm MVHAL Board Meeting - Roundup Lodge, 91 Acklin Hill Road. Members Welcome

MIMBRES VALLEY ROUNDUP LODGE BOOSTER CLUB

Booster Club Monthly Meeting. March 5th - first Thursday of each month. New members welcome. Light dinner served.

Craft Show & Swap Meet – March 14th . Vendor tables \$6. Call Paula at 536-9433 or email Paula@gilanet.com

Bingo - March 8th - 2:00 p.m. to 5:00 pm - Bingo. Roundup Lodge - \$5 a card or 3 for \$10.00. Grand prize \$50.00 cash. Donate a NEW toy (\$10 limit) and receive an extra card when you purchase 3 for \$10.00.

MIMBRES VALLEY SENIOR CENTER - LUNCH DAILY Monday - Friday 11:30 Reservations are requested one day in advance.

Every Tuesday - 10:00 am - Exercise for Seniors - Stretching and light weight lifting. For information call Thelma Melvin 536-2899

March 26th ~ Senior Center Advisory Council Meeting at the Center (meets 4th Tuesday of each month after lunch)

MIMBRES VALLEY THERAPEUTIC HEALING MESSAGES - Tuesdays and Fridays - 9:30 am - 5:30 pm - 2739 Highway 35. For appointments call 575-574-7069

RIO MIMBRES BAPTIST CHURCH - Food Pantry and Thrift Store - Every Friday 10:00 am - 3:00 pm, 29 Cactus Drive, Mimbres

TOPS (Take Off Pounds Sensibly) Local meetings every week. “Just for the health of it.” For more information call Paula Norero at 536-9433 or email at paula@gilanet.com.

VALLE MIMBRES MARKET - TUESDAY to SATURDAY 12:00 noon to 6:00 pm; - 2739 Highway 35. Fresh organic and local produce, groceries and more . Credit, debit, EBT, or local checks, we even take cash. Every Saturday 10% off all fresh produce. 575-574-7069

COUNTY CALENDAR

ALBERTSONS - March 4th - First Wednesday. Seniors 55+ get 10% off. All day.

BACK COUNTRY HORSEMEN - 2nd WEDNESDAYS - 6:00 pm Gila Regional Conference Room. Subject to change. Please call first. 575-574-2888

BAYARD AL-ANON - WEDNESDAYS, 6:00 PM - Bayard Housing Authority - 100 Runnels Drive, (near Our Lady of Fatima Parish in Bayard) .

BOOKMOBILE WEST SCHEDULE - THURSDAY, March 19th

Mimbres - Mimbres Valley Café 9:45 am - 10:45 am

Lake Roberts - Sapillo Creek Fire Station 11:45 am - 12:45 pm

Doc Campbell's Post (near Gila Cliff Dwellings) 2:30 pm - 3:30 pm

GRANT COUNTY ARCHAEOLOGICAL SOCIETY - March 18th - 3rd WEDS - 6:00 pm At the Women's Club, Silver City. Refreshment and a short business meeting. For more information, call **Marilyn Markel 536-9337**.

GRANT COUNTY COMMUNITY CONCERT ASSOCIATION - Sunday, March 17th - 7:00 pm **Live from Nashville** Celebrate the songs that gave Music City its name-- from rural roots to sold-out stadiums. Hank, Pasty and the latest from Nashville. Stellar stagecraft, country singers and dancers and a Nashville band. Sure to be great fun. For more information, call 575-538-5862 or go to www.gcconcerts.org

GRANT COUNTY ROLLING STONES GEM & MINERAL SOCIETY - March 6 th (2nd THURSDAY), 6:00 pm - Meeting and pot-luck followed by a rock draw. Bring your own service ware and dish to share. Speakers will be Club members Kevin Cook and Sylveen Robinson-Cook who will discuss the 2015 Tuscan Gem and Mineral Show. Silver City Senior Center - 204 W. Victoria Street in Silver City 575-536-1393 rollingstonesgms.blogspot.com **Field trip Saturday, March 21 the 3rd Saturday of the month at 8:30 am.** For more information contact Ansel Walters at 575-388-2010

MS SUPPORT GROUP - First Tuesday of the month at 11:30 am for lunch in Silver City. Meetings are held in various Silver City area restaurants. New members with Multiple Sclerosis are welcome. Email huseworld@yahoo.com for the location.

SILVER CITY CHAMBER OF COMMERCE - meets first Thursday of every month at 11:45 am. Normally meetings are held at the Red Barn Steakhouse in Silver City. There is a \$15 charge for attendees wanting to eat lunch. There is no fee for people who want to attend without enjoying a meal. For more information contact the Silver City Grant County Chamber of Commerce at 575-538-3785

SILVER CITY FOOD CO-OP - COMMUNITY FORUM - Tuesday, and Thursday, March 10th and 12th from noon to 1 pm Learn about the NM Organic Farming Conference Round-up. The blue building at 614 North Bullard Street.

DESERT WOMAN BOTANICALS - Thursday, March 12 from 10:30 am to 2 pm Demonstrations and samples with Monica Rude. Come and learn about locally made body care products. 520 N. Bullard at the Silver City Food Co-op.

LOCAL ARTISAN MARKET—Saturday, March 14th from 10 am to 4 pm Locally created pottery, fiber arts, jewelry, etc. The blue building at 614 North Bullard Street. If you would like to sell your wares, contact Carolyn at 388-2343.

HOME AND GARDEN EXPO AND CO-OP SEED SHARE - Saturday, March 20 and 21 - 10 am to 5 pm The Co-op is hosting a free seed sharing booth at the Expo. Grant County Conference Center, 3031 Highway 180 East.

COMMUNITY FLEA MARKET - Saturday, March 28th - 10 am to 4 pm - Think "indoor yard sale". You can arrange to sell your treasures or just come and find new ones. The blue building at 614 North Bullard Street. Call Carolyn at 388-2343

POPCORN FRIDAYS - every Friday in March at the Food Co-op, 520 Bullard Street. Free Popcorn and other samples.

For information on any of these events - contact the Food Co-op at 575-388-2343 or www.silvercityfoodcoop.com

WALGREENS - March 3rd and 17th (first and third Tuesday of each month) - SENIOR DISCOUNT - 20% off of items not on sale.

WESTERN INSTITUTE FOR LIFELONG LEARNING (WILL) - all free of charge.

WILL LUNCH AND LEARN SERIES - Wednesday, March 4 - Noon-1:00 pm. The public is invited free of charge to Western Institute for Lifelong Learning's (WILL) noon lecture series in Room ABC, WNMU Global Resource Center, 12th St and Kentucky, in Silver City. George Ruebelmann will talk about the famous Casas Grande meteorite

Continued on page 12

County Calendar Continued from Page 11

discovered in one of the most complex archaeological sites in the Southwest. Bring a bag lunch, bring a friend, and enjoy! [575-538-6835](tel:575-538-6835) or www.will-learning.com or info@will-learning.com

ARTIST LECTURE SERIES - Thursday, March 5 - 6:30 pm The public is invited free of charge to this collaborative program sponsored by the Mimbres Region Arts Council, Western Institute for Lifelong Learning and the WNMU Expressive Arts Department. Featured artist Victoria Chick has an MFA in painting. Her paintings grace the Birger Sandzen Memorial Art Gallery in Lindsborg, providing the view with an eye opening experience in color. WNMU's Parotti Hall, behind the WNMU Fine Arts Center in Silver City. 575-538-2505 or www.MimbreaArts.org or [info @ MimbresArts.org](mailto:info@MimbresArts.org).

REFLECTIONS OF AN ARTIST SERIES - Wednesday, March 18 - 6:30 pm The public is invited free of charge to this special program sponsored by WILL. Featured poet Donna J. Snyder has works published in numerous journals. Her books of poetry include *I am South*, *Poemas ante el Catafalco*, and *Grief and Renewal* and *Three Sides of the Same Moon*. In 1995 she founded the *Tumblewords project* which features writings from various authors in the Southwest. WNMU's Miller Library. 575-538-6835 or www.will-learning.com or info@will-learning.com

NEW MEXICO FARM & LIVESTOCK BUREAU FARM FAMILY OF THE YEAR

John and Josie York of Mimbres have been named Farm Family of the Year by the NM Farm & Livestock Bureau.

The Yorks are well-known in the Valley, where they grow asparagus, table grapes and several varieties of wonderful apples, including Winesaps, Golden Delicious, Jonathans and several antique varieties including Jonagold, Arkansas Black and Sweet Sixteen. (See July, 2014 *Messenger*)

They moved to the Valley in 1992 after John retired from the Soil and Water Conservation Services and have been growing apples (and other good things) ever since.

The well-deserved Farm Family of the Year award was presented to the Yorks at the recent 96th Annual Meeting of the New Mexico Farm and Livestock Bureau. They were recognized for their 20-plus years of service to the Farm Bureau, to which they have given generously of their time and dedication. John served as President of Grant County Farm Bureau for many years and was on the State Board for a decade. They have hosted pancake breakfasts at the county fair to recruit members, built many parade floats and have continually worked to find new ways to support and involve 4-H and FFA students in county farm bureau activities.

Those of us in the Valley who know John and Josie are gratified that their prodigious efforts on behalf of Farm Bureau have been formally recognized. They are truly remarkable, hard-working and generous folks – and our good neighbors.

Congratulations John and Josie!



Local Farms ~ Local Food ~ Local People

A "NEWCOMER" REFLECTS ON THE VALLEY EXPERIENCE

By Christine Mann

I arrived in the Mimbres Valley last year feeling elated, in awe, accepted, graced by nature and wonderful people. Those were my initial feelings upon moving into the Mimbres Valley. I came as a widow, having lost my husband to cancer in November 2012 and was inspired by the advice of family and friends to make a change – your environment, your life style, your way of thinking and to open up as a woman with her own interests and talents. I could go anywhere and do anything in my life, so I chose to revisit New Mexico. My husband and I had been back and forth for over 20 years and loved every experience we had here. From Chama, Chaco Canyon, Santa Fe, Abiquiu, Madrid, Cerrillos, Taos, Albuquerque to Arizona, Colorado, Wyoming and the Dakotas we ran like kids in search of adventure.

I have been here since April 25, 2014, and immediately got off to a bad start! I purchased a Fanny Mae home ...oh, no! I waited for 6 weeks with my brother and his wife, and finally got the okay to move in and start remodeling. I painted, cleaned up the yard, tore down old greenhouse, painted and am still going strong while trying to enjoy all life around me.

Then I went through the Mother's Day fire, May 2014 and wished I were somewhere else. But I quickly learned of the confidence of the people who live here and the unrelenting perseverance of the dedicated fire volunteers in the Gila. It was definitely a scary time, but I was amazed how calm everyone was and took the whole experience in stride. - ***Continued Page 19***

NEIGHBOR HELPING NEIGHBOR

NEW FOOD PANTRY AND THRIFT SHOP OPENS AT THE RIO MIMBRES BAPTIST CHURCH

The Rio Mimbres Baptist Church began putting out food boxes to low income, needy families on January 9, 2015. Every Friday food distribution at the church takes place from 10:00 a.m. to 3:00 p.m. Eligible families are permitted one box per month, to be picked up any Friday, at their convenience.

This new community project, spearheaded by Donnie Forman, has been in the planning stages for a while. With a small start-up grant from Single Socks in Silver City, the members of the Rio Mimbres Baptist Church are hoping to be able to continue funding this much needed service to the community through proceeds from their new thrift shop as well as donations.



Donnie Forman



Volunteer, Inge Hand,
packing boxes to distribute

There is already a large variety of items available for purchase: clothes, games, nick-knacks, books, strollers and yard sprayers. They would like to receive

The food pantry distributes a good variety of foodstuffs. On the Friday the *Messenger* visited the operation, there was canned and fresh veggies, several meats, fruit, juice, beans, rice and other staples.

The Thrift Store is located at the church and will be open on Fridays during the same

more "large item" donations, like furniture and appliances, so if you have any good items you would like to donate, this is a great cause.

Nothing to donate? then come

by any Friday and get a great bargain on something!

The Food Pantry and Thrift Store is an all-volunteer operation. Between 10 and 12 volunteers help with food distribution and the thrift store each week. New volunteers to help are always welcome any time. Donations to the food pantry and the thrift store are also welcome. Just contact the Rio Members Baptist Church or Donnie Forman.

On Saturdays, weather permitting, there is a large yard sale on Route 35 between mile markers 2 and 3. All proceeds go to the food pantry.

This new operation is a needed and positive addition to the community, and we thank the members of the Rio Mimbres Baptist church for their efforts.



Volunteers, Barbara Schaffer and Dorothy Grijalva



The Rio Mimbres food pantry does not replace, but is in addition to, the commodities distribution which takes place at the Roundup Lodge on the second Wednesday of each month.

Volunteer, Rosendo Velasquez,
helping a client to their car with a box of food.

CARNEY FOY, CPA

CERTIFIED PUBLIC ACCOUNTANT

P.O. Box 2331
212 N. Arizona Street
Silver City, NM 88062

(575) 388-3111
(575) 388-2770
carneyfoy@qwestoffice.net

Off the Grid Art Glass

Lead, Foil, (traditional) Glass Painting,
Fusing, Design and Repair

406-249-2902

Graydawn23@Yahoo.com

PRODUCE OF THE MONTH

By Frankie at Valle Mimbres Market

BEETS (Beta vulgaris)

Related to Swiss chard, beets were originally cultivated for their greens in southern Europe and northern Africa 4,000 years ago, the roots were developed much later for their sugar. Beets can be found fresh most of the year.

Selecting and Storing: Beet roots come in red, yellow or white, and may have their leaves still attached. The tops should be cut right away to extend the life of the root. The roots should be firm, without soft spots or cracks. Large roots will usually have thicker skin. The leaves should be used right away but can be stored like lettuce. The roots will keep for a few weeks in a sealed container in the refrigerator.

Nutrients:

Beet are considered a great blood purifier and a tonic for the liver. Beets roots are high in fiber, vitamins (especially folic acid, B3, B5 and B6), minerals (iron, boron, manganese, copper and magnesium), antioxidants and Betaine, an anti-inflammatory. Extensive cooking will reduce the level of B vitamins. Beet greens are high in vitamin A and C, but they also contain oxalic acid, which should be avoided by people who suffer from kidney stones. Although low in calories, beets are high in sugar but it will be slowly released. The red pigment used as a food coloring, may pass harmlessly in the urine, indicating low stomach acid levels.

Serving Suggestions:

Beets can be used raw or can be steamed, boiled, roasted, baked or

pickled. Raw, they can be juiced with carrots, apples, ginger and lemon or grated in salad with carrots, cilantro, onions and a creamy dressing. The roots are delicious steamed and cooled into a salad with goat cheese and walnuts, or served as a cold soup with yoghurt, lemon juice and dill, or blended into a hummus with tahini, olive oil, lemon juice and zest, garlic and cumin. They can be roasted or baked like chips then marinated in olive oil. A hot soup (borscht) combines vegetable or beef broth, onion, cabbage and parsley.

Recipe: Beet Carpaccio (beets with caramelized onion)

4 to 6 medium beet roots, cleaned and trimmed
2 Tbsp coconut oil or 3 Tbsp olive oil
2 medium onions, quartered and sliced thin
1 Tbsp balsamic vinegar;
1 tsp agave syrup or honey
1/4 cup dry red or white wine
a pinch smoked paprika
salt & pepper to taste
a few curls of thinly sliced Parmesan or extra sharp cheddar cheese (vegan substitute: 1/4 cup toasted walnuts, coarsely chopped);
optional garnish: a few sprigs of parsley or a few capers.

Wrap each beet in parchment paper, then in foil and bake in a 375°F preheated oven until tender, 1 to 1 1/2 hour according to size. Meanwhile in a thick bottom pan sauté onions in coconut oil until translucent, then add vinegar and sweetener, cover and stirring often slowly simmer the

onions until caramelized, about 30 minutes. Add wine, bring to a boil then add seasonings and reduce for a few minutes. Onion jam can be blended if desired. After the beets have cooled down a bit, peel and cut them into thin slices. Beets should be served hot topped with the onions then with the cheese.

2015 Call to Young Artists of the Mimbres Valley

All young artists of the visual arts (2 or 3 dimensional) under 18 years of age are encouraged to submit their work for consideration in the Second Annual Mimbres Youth Art Show.

Exhibition Dates:

May 26th through June 6th, 2015.

Event Details:

Location: Valle Mimbres Market Showroom

2739 Highway 35, San Lorenzo/Mimbres, NM, 575-574-7069.

This exhibit is open to all school age students living in the Mimbres Valley (San Lorenzo, Mimbres, Lake Roberts, Faywood and East of Hanover), aged up to 18 year olds by May 1st, 2015.

The show will be juried, the chosen artwork will be shown and available for sale to the general public. The artists will receive 30 percent of the sale of their respective artwork. Profits from the sale of the artworks will be donated to benefit the school-age children of the Mimbres Valley, NM.

Entry forms and artwork must be received by May 1st, 2015, at Valle Mimbres Market. Eligibility and Requirements hand-outs as well as Entry Forms will be available at the San Lorenzo Elementary School, the San Lorenzo Post Office and Valle Mimbres Market.

Continued from Page 3 - Round up Lodge Notes

tive activities that will appeal to our Valley friends and neighbors.

The Lodge is currently the location of 5 to 6 regular monthly meetings and 2 weekly meetings throughout the month. Various non-profit groups also meet there on an irregular basis. We continue to offer rentals for private parties and events. The Lodge is not a new building, and has ongoing maintenance and upkeep requirements, to say nothing of cleaning. All of this is funded through the Booster Club, myriad events and fundraisers conducted throughout the year and donations. The Mimbres Valley is fortunate to have a functional community center which is open to everyone and enjoyed by those who use it. To reserve the Lodge for your next party or gathering, contact Paula at 536-9433 or paula@gmail.com. We look forward to seeing you there.

Desert West On & Off Line Auction**The Big Red Barn**

Sat., March 14 & Sun., March 15

Sale Time: 10 am

Off Line from 9-10am on Saturday

www.ICollector.com

Bid on-line at www.liveauctioneers.com

Let us Sell for You 575 536 9353

**Please stop by for an**

"All You Can Enjoy Breakfast or Lunch Buffet"

Breakfast served till at least 11:00 am

Lunch served until 2:00 pm

Fresh ground whole grain
Bread, muffins, cookies, etc.
Baked with purpose.

Located just North of mile marker 2
on Highway 35 in Mimbres
Open Tuesday through Saturday
From 7:00 am to 2 pm

**Asher Gelbart**

Infinite Being

Rainwater Harvesting
Hand-Built Solar
BioFuels

(575) 574-7119 (cell)
(575) 536-2239 (fax)
agelbart@gmail.com
<http://sites.google.com/site/ashergen>



- 275gal Water Tanks: \$130
- Site Consultations: \$100
- Mini Greenhouses: \$300
- Design/Install: \$30/hr
- Workshops (see website)

TOPS FUN DAY

There will be a TOPS FUN DAY in San Lorenzo on Saturday March 21, 2015. We will start with a walk at the San Lorenzo school from 9:00AM to 10:00AM. Then a meeting at the Roundup Lodge. We expect TOPS delegates from Alamogordo, Las Cruces, Deming, Silver City, T or C, and San Lorenzo. All TOPS members are invited. Anyone locally that is interested in learning more about TOPS is welcome to join us. 10:00am to noon, break for lunch or bring a sack lunch. Start again 1:30 PM to 4:00 PM. There will be prizes in many categories: Early bird, who walked the most rounds, who came the farthest, who made KOPS this year, and many more. All chapters present will participate.

For more information email Paula@gilanet.com or call Paula at 536-9433



For NEW customers / Para clientes NUEVOS:

FREE 1 YEAR TANK RENTAL

with new account and installation*

and

15% PROPANE DISCOUNT

with new account and first tank fill-up*

* coupon required

For our LOYAL customers / Para nuestros clientes LEALES:

\$100.00 in PROPANE

with approved new client referral*

* coupon required

DEMING PROPANE SM

FREE tank switch-out !*

FREE 12 month tank rental w new act. !*

FREE prepay & credit act. options !*

FREE automatic delivery option !*

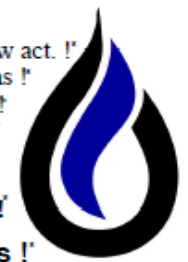
FREE payment method options !*

24/7 Emergency Service !*

(extra fee may apply)

Guaranteed Price Programs !*

NO delivery or routing fees !*



alliance SM

546-9012

hablamos ESPAÑOL

local ownership and management

Deming / Silver City / Mimbres

* Aplican ciertas restricciones. Un cupon por cuenta.

* Contractual limitations apply. One coupon use per account.

FREE TAX RETURN PREPARATION

For anyone (of any age) if your income is below \$53,000
or if you are over 60 years old

The AARP Foundation Tax-Aide volunteers are still in our local community providing free tax return preparation services until April 14.

All volunteers are trained to make sure their knowledge is up to date; and they are certified by the IRS. This is the nation's largest free, volunteer-run tax preparation program. No strings attached. There is no fee and no sales pitch for other services.

At a tax preparation site, you do not have to stand in line or go online. You have a specific appointment for your return preparation. We even transmit your returns directly to the IRS, and provide you with a copy.

Tax return preparation will be at the Mimbres Senior Center on Mondays, through April 13th and at the Bayard Public Library on Tuesdays and Saturdays through April 14th. You must have an appointment. **Call Anna or Mary at 575-536-9323 to make an appointment.**

Returns will also be prepared in Silver City on Tuesdays and Wednesdays through April 15th at the Convention Center (next to Ace Hardware). To make an appointment in Silver City, call Joann at 575-388-4789 between 9 and 6, Thursdays through Mondays.

**CIRCLE F CONSTRUCTION**

"Let's Just Get It Done"

Lic #362099
Lic. #C362099

FRANK B. TORRES

Owner/Builder

**Commercial & Residential
Manufactured Housing**

No Job Too Small
circlef2008@yahoo.com
fbtorres@circlefconstruction.com

575.494.7145

MIMBRES WILL MISS DR. KING

Dr. Shelby H. King passed away on February 11th at the age of 86. Mimbres Valley residents have lost a good neighbor and beloved friend.

Born in Austin, Texas, he graduated from the University of Texas Southwestern Medical School and moved to Silver City where began his medical practice. In 1980, he left Silver City and moved to Mimbres, where he became a fixture at the local clinic for many years. He served the Mimbres Valley HMS Clinic since it opened.

He exemplified the Mimbres life. He took pleasure in ranching and farming. He enjoyed fishing and riding horseback in the wilderness, camping and backpacking. He was also active in the community and participated in local clubs and organizations. He was a pilot and often flew to Playas to provide care in that Frontier community.

Dr. King was well respected by all who knew him and will be greatly missed by his many friends and neighbors. He is survived by three daughters, five grandchildren and six great-grandchildren. A memorial service was held at the First United Methodist Church on Tuesday, February 17th.

Valle Mimbres Market

Tuesday through Saturday
12 pm till 6 pm

Fresh Produce
Natural Groceries

2739 Highway 35,
Mimbres
575-574-7069

RESTAURANT DEL SOL

**Authentic New Mexican Food & More
Dine In or Take Out**



Located inside La Tienda del Sol
Highway 35
575-536-3140

Serving Breakfast, Lunch and Dinner

Open 7 days a week
Monday - Friday 8 am to 6:30 pm
Saturday & Sunday 9 am to 6:30 pm



**NOW OPEN
SUNDAYS**

*La Esperanza
Vineyard and Winery*

David and Esperanza Gurule
100 De La O Sherman, NM
Open for Wine Tastings
Friday & Saturday 11am-7pm
Sunday 12 - 7pm

(505) 259-9523 (505) 238-6252
laesperanzavineyardandwinery@gmail.com
www.laesperanzavineyardandwinery.com

**The Mimbres Valley Health Action League,
also known as MVHAL invites you
to our 5th Annual Membership and Business Meeting
April 8 at 6:00 pm ~ Roundup Lodge, San Lorenzo**

If you appreciate the Mimbres Messenger, the Mimbres Farmers' Market, or the Harvest Festival, or you support monthly commodities distributions, or the outdoor classroom made up of the gardens and greenhouse behind the San Lorenzo Elementary School, you should be a member of MVHAL.

As a member you have a voice in these Mimbres focused causes. As a 501(c)(3) non-profit we sponsor these projects with the funds we raise. The Board of Directors also considers proposals for new projects that will contribute to the welfare of those that live in our beautiful valley.

The meeting begins with a social half-hour. It is a time to join or renew your membership, visit with new and old friends and eat some of the snacks & desserts provided by the Board of Directors. We will then move on to the business meeting. There will be a brief presentation of the annual report.

Elections for positions on the Board of Directors will follow. Due to some resignations over the past two years we are in the unusual position of having all board positions up for election. The Board of Directors will present a slate of nominees as per our bylaws. If you are a current member of MVHAL you can nominate someone or yourself to run for the Board of Directors. To do this, please call or email your nomination to Grace Williams at 536-3687 or grace@mvhal.org no later than March 15, 2015.

In addition if you have any questions about MVHAL, our projects, or the meeting please contact Grace.

All members can vote for the Board of Director positions. Please come prepared to renew your membership or join at the meeting. Membership is reasonable -- \$10 for you and your immediate family.

We look forward to seeing you and sharing the successes of 2014.

Wednesday, April 8, 2015 6:00 PM – 7:30 PM - Roundup Lodge, San Lorenzo

**NEW COMMUNITY KITCHEN
OPENING IN SILVER CITY**

On Saturday, February 28th, the Nuevos Comienzos Community Kitchen hosted an open house showcasing their shiny new kitchen

with a menu consisting of food, fun, raffles, music and dancing.

Through the efforts of Alicia Ed-



wards, executive director of the Volunteer Center, Friends of The Volunteer Center, a Freeport Mac-Moran Women's Development grant, a Rural Community Development Initiative grant and invaluable input from the Mixing Bowl Kitchen in Albuquerque, the kitchen will be able to assist entrepreneurs in starting and developing their own food-based small business.

The kitchen is located at The Commons, 501 13th Street, behind the Knights of Columbus. For information about the kitchen, contact Kitchen Manager, Barb Fila at 575-388-2988 or email barb@tvegrantcounty.org.

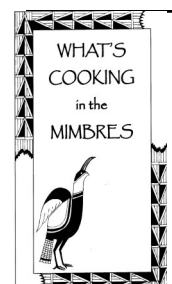
ITALIAN SAUSAGE SOUP


6-8 sweet Italian sausages (or hot)
1 large onion – sliced
3 beef bouillon cubes
1 green pepper – diced
¼ tsp. basil
2 sm. Zucchini, cubed
1 T. butter or margarine
6 c. water
1 (28 oz) can crushed tomatoes
½ tsp. oregano
¼ tsp. pepper
2 oz. macaroni
1 T. grated Parmesan cheese

Fully cook sausage, pierce skin and drain on absorbent paper. When cool, cut into ½ inch rounds – set aside. Melt butter and sauté onions until slightly soft, add water, bouillon cubes, tomatoes, green pepper, oregano, basil and pepper. BRING TO BOIL. Then add sausages, zucchini and pasta. Cover and continue to cook until pasta is done and soup is simmering. Stir occasionally to prevent pasta from sticking. Add cheese last, otherwise it will stick to the bottom of the pan.

What's Cooking in the Mimbres is available for purchase at Hupp's Hardware and Grocery, La Esperanza Winery and the Elk X-ing Café or contact any member of the Booster Club.

The \$10 purchase price goes to maintain and improve the Mimbres Roundup Lodge - Your Community Center





Botanical Notecards
for all occasions

Many designs to choose from

Reasonably priced at
\$3 each or 4 for \$10

Contact Sally Ginet at
jnsdurango@yahoo.com

Cosmos bipinnatus
Asteraceae
Cosmos



L & L ENTERPRISES
IMAGES OF SOUTHWESTERN NEW MEXICO
LEONARD & LARUE SANDGREN
OWNERS

HC 68, BOX 2552 X
MIMBRES, N.M. 88049-9300


575-590-0291

LLENTERPRISES@GILANET.COM

ANITA SPERBERG
Independent Beauty Consultant

P.O. BOX 284
MIMBRES, NM 88049
970-302-8885
www.marykay.com/alsperberg

MARY KAY



Laws & Company LLC

Thomas H. Laws, CPA

909 N Hudson Street
Silver City, NM 8806
Fax 575-388-1953

tom@laws-co.com
575-388-1951

Mimbres Valley
Mobile Veterinary Services, PC

Dale C. Streams DVM
575-536-9629




Mimbres Valley
Therapeutic Healing
Massage

Tuesday and Friday ~ 9:30 am to 5:30 pm
2739 Highway 35
For appointments, call **575-574-7069**



COTTAGE STAINED
GLASS & MORE

Shirley Mize

Mile Marker 14 Highway 35

Phone (575) 536-3234 Cell (575) 574-2805

E-mail mize.shirley@yahoo.com

Law Access New Mexico
is a free telephone legal advice service for low income New Mexicans to help solve civil legal problems. Our toll-free helpline is open 8:45 am - 3:30 pm Monday-Friday.
1-800-340-9771



Asesoría Legal GRATIS via el telefono para personas viviendo en Nuevo Mexico con problemas legales civiles y cuyos ingresos sean bajos. Las Lineas estan abaiertas durante las horas de 8:45ms a 3:30pm, Lunes a Viernes.

LAW ACCESS NEW MEXICO
IN ALBUQUERQUE CALL
998-6LAW (998-4529)
STATEWIDE 1-800-340-9771

UPPER MIMBRES VALLEY FIRE AND RESCUE

MESSAGE FROM THE FIREHOUSE

Unusually warm temperatures in January and a February month that seemed to last only days remind us that spring is here, like it or not. With spring, the winds that fan the flames of wildfires return as does this seasonal request from your volunteers at UMVFR: please contact the fire department if you are planning to burn brush. We will arrange to have members on stand by at your place, if possible. We will also encourage you to take your debris to the community burn pile at Fowlers Lumber yard instead of burning in your own yard. Safer for you and safer for everyone in the Mimbres Valley. Call fire chief Marty Mize at 536-3234 or Thunderbird Battalion Chief, Will McConaha at 536-9845 to discuss your needs.

Although warmer weather is more consistent now, wood stove and pel-

let stove fires are still necessary for most homeowners. It's a good time to check your chimney flues for creosote buildup, especially if you have burned all winter without a chimney cleaning. Be aware -- pellet stove flues also need to be checked and cleaned regularly. We responded to a chimney fire in a pellet stove earlier this year. We also recommend changing batteries in your smoke alarm at the daylight savings time switchovers in spring and fall.

We have two exciting announcements.

In February, two people became probationary members. They are Tom Diedrich and Steven Drgac. Of course we are always thrilled to have new members, but when the volunteers are under age 60, we jump for joy. And when, as in this case, they are under 50 and strong, well, we just have to celebrate.

That leads to our second announcement. On April 11, we will be having our 2nd annual pancake breakfast at the main station house on Highway 35, near the Mimbres Post Office. Please come help us celebrate and meet our new volunteers and say hello to the rest of the crew. Start your day with pancakes, eggs, sausage and beverages and purchase some baked goodies for later in the day. The fun starts at 8:00 a.m. and winds down at 11:00 a.m.



Continued from Page 19 - Newcomer

I was fortunate to find one of the best contractors in the Valley who made my new home livable with outstanding help by his side, patience and outstanding craftsmanship.

The essential core and staple of this Valley are the people who live here. How they incorporate newcomers into their lives and give of their time has been the most amazing experience ever. I have traveled and stayed in some of the most incredible places in the US, but I have never felt the warmth and acceptance of so many. Volunteering is out of love here. It is genuine.

I lived in horse country in Virginia and rode, which some people would refer to as "pony riding". I was not aware

of the rocky terrain in this area, we rode on trails. But to come here and be able to ride a horse straight into the Gila Wilderness has been one of my greatest joys. I have seen wilderness that few will ever see in their lives, petroglyphs, rocky riverbeds, old oaks and camped by creeks, slept under the clearest sky with billions of stars above my head and not wanting to sleep, listened to nature, horses eating and snorting all night. Oh, and I can't forget my falling off the mule experience -- three times!

I have new friends who showed me the real New Mexico, friends to play cards with, people to tell me the "do's and don'ts" of living in the Gila. Once I killed the wrong snake. Last summer I was working in the yard and a snake came slithering down the path. Looked like a rattler to me, evi-

dently I don't know a rattler from a bull snake. So, like the unknowing Easterner that I was, I killed it with my shovel. I paid heck for that one!! I killed lots of copperheads back home so I thought "diamond head" -- poisonous snake, I was wrong. I saw my first black widow spider here, although they are in most areas, this was my first. I was prompted not to kill her but to move her to the other side of the road!

I will never be able to thank all who have become an intricate part of my life and for all the giving and kindness I have received. So I will keep enjoying every opportunity life provides me now, even the 50 minute drive to SC for a banana. Ride on, People of the Mimbres.

Mimbres Messenger

P. O. Box 137

Mimbres, NM 88049

Please email any suggestions, articles, announcements, upcoming events, advertising, etc. for consideration by the editors to:
willhite200@aol.com

We're on the web
www.mvhal.org
www.mimbresharvestfest.com
www.blackrange.org



<p>MIMBRES VALLEY HEALTH ACTION LEAGUE PO BOX 137 MIMBRES, NM 88049 www.mvhal.org</p>	Mimbres Messenger
	Farmers' Market
	Harvest Festival
	Commodities Distribution
	The San Lorenzo
	Children's Garden

BULLETIN BOARD

WEDNESDAY, MARCH 4TH 5:30 PM - Mimbres Valley Health Action League Board of Directors' Monthly Meeting ~ Roundup Lodge. Members Welcome

WEDNESDAY, MARCH 11TH— NOON - 2:00 PM
Commodities Pickup ~ Roundup Lodge - Volunteers needed to pack food. Please bring suitable boxes.

The Mimbres Valley Health Action League was founded for the purposes of improving the health, well-being, and quality of life for the people of the Mimbres region. Some of the ways targeted to do that are by improving communication and social networks, providing preventive health education, improving access to health and social services, increasing financial and economic stability, increasing recreation opportunities, increasing education opportunities, and promoting a safe and healthy environment.

WHAT ARE YOU READING?

Soul of the Desert

By Maria Schneider

The story starts out in Harlem. Rand has a hard choice to make. He has to get his beloved little brother safely out of the streets of Harlem. Rand wants a better life for Bo. He figures a way to get him out to the Southwest. Rand thinks no one will find him out there. The story is about Bo growing up in an area similar to the Mimbres. He grows up in a ranch with a good family and all the special traditions of this area. Bo has quite a few hardships trying to get used to the desert and fitting in. There is a mention of Acklin Hill and other areas here in the Mimbres. This book is a must to read and enjoy.

Maria Schneider is also the author of the Sedona O'Hala humorous mystery series, the urban fantasy Moon Shadow series that takes place in magical Santa Fe, the Dragons of Wendal series and of course Soul of

the Desert. The author grew up in the Mimbres. Her parents are still living here. These books can be purchased at La Esperanza Winery.

Espy Gurule

tions. Like so many of her novels, the end result is poignant without being preachy.

Highly recommended!

Uncle Rick

High Tide in Tucson

by Barbara Kingsolver

This book is subtitled "Essays From Now or Never", but it is really more a collection of short stories. Although published twenty years ago, the stories are as fresh today as they were then.

The book's stories repeat certain themes: being a mother, being an author, and being a transplant to the southwest. As is her norm, Kingsolver always has a keen eye on the natural world and on human nature.

Throughout, the author moves between fascinating facts, laugh out loud humor, and sobering observa-

This column, we hope, will inspire you to read and share your favorite books, both recent books or old favorites. It doesn't have to be a full-blown "school assignment" book report. It can be a book note describing a favorite read by title, identifying the author. Please include your contact information (in case we have questions). Access books online at www.littlefreelibrary.org and www.bookcrossing.com. E-mail or mail your contributions to the *Messenger* at the addresses above.

Let us hear from you!