

A FREE COMMUNITY NEWSLETTER

JUNE 2018

MIMBRES MESSENGER

Father's Day and a Castle in France

By Grace Williams

In the south of France you can't travel far before you see the remains of a castle. My Dad introduced me to my first castle when he was stationed in Germany with the U.S. Army and I was 5 years old.

While visiting the south of France recently my husband and I visited Chateau Castelnaud-la-Chapelle, which over-



looks the Dordogne River in southern France. Castelnaud, which means "new castle", was founded in the 12th century. The crusader Simon de Montfort took it in 1214 from Bernard de Casnac, a Cathar leader. In 1259, the French king handed the castle over to the English. In 1273, it was given back to its legitimate owners the Casnacs who rebuilt it. The Keep (the cen-

tral stone tower, last refuge when being attacked) and the curtain wall date from this period. In 1368, Magne, the last heiress of the Casnacs married Nomp de Caumont. During the Hundred Years War (1337-1453), the castle changed hands between the French and English seven times. After a three week siege the French took the castle for the last time. After the war, the French King Charles VII returned Castelnaud to the Caumonts. They obtained the right to fortify the castle. During the French Wars of Religion (1526-1598), Castelnaud was entrusted to a Protestant Captain, Geoffroy de Vivans, who had been born and raised there. He had such a fearsome reputation

that the castle was never attacked. The castle was abandoned after the French Revolution (1789) and fell into disrepair. It was finally restored between 1966 and 2012 and became a Historical Building. It is privately owned.

You can drive to their parking lot outside of the village but you have to walk up the streets of the village built around the castle to enter the castle. Thank goodness we were used to hiking in the Gila or we never would have made it. The knights just rode their horses up. Though we heard from some locals that the horses often had heart attacks because of the weight of the knight and all his armor. The horse would drop dead, then roll over onto the Knight and kill him too. It was a treacherous time.



We greeted the young lady in the ticket booth with our cheery "Bonjour" and she responded, are you English? Our accent had given us away. We received a map of the castle and a descriptive information brochure in English to help us find our way around and to give us some idea of what we were looking at because every-

Continued on Page 3—Castle

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LETTER FROM THE EDITOR**By: Anna Willhite**

It is June and despite the date listed on calendars, it certainly feels like summer is here. School is out, the staghorn chollas are in full bloom, temperatures have climbed and these things support my (perhaps a bit premature) summer attitude.

The San Lorenzo Elementary School students closed out the academic year on several high notes. One of the best was the Annual Day on the Sapillo when the students released the Gila trout they had raised and nurtured during the school year. See articles here for details.

People are planting flowers and edibles in preparation for the months ahead. Now if only we might get at least a little rain, it would certainly encourage more gardening. All manner of summer events and activities are in the planning stages, local and state fairs are being organized, rodeos and related events have already begun and summer is certainly at the root of it all.

It used to seem as though summer lasted almost forever. Recently, however, I seem to find that it is here and gone in a flash. Something about the aging process I expect. But it was always a time for being outdoors, doing things not possible in cold weather and, hopefully, going on a vacation or a trip to someplace never visited before. It was always a welcome time.

June is the beginning of this childhood delight. June has been celebrated and remarked upon by many with various ideas of what June entails. For example, it is National Dairy Month, National Candy Month, Fight the Filthy Fly Month, Turkey Lovers Month, National Adopt a Cat Month in addition to several other observances, some serious, some esoteric and unusual.

June has many special "Days" which fall into the same categories. A small sample:

National Doughnut Day (always the first Friday in June)
 4th – Hug Your Cat Day
 6th – National Gardening Exercise Day (get out and exercise with your plants)
 8th – Best Friends Day
 9th – Donald Duck Day
 14th – Flag Day
 17th – Father's Day (third Sunday of the month)
 18th – International Picnic Day
 19th – National Kissing Day
 20th – National Bald Eagle Day
 22nd – Take Your Dog to work Day (Friday after Father's Day)
 25th – National Catfish Day

There are many reasons to celebrate June.

As usual, the staff at the Messenger has been scattered about, busy with unexpected events and projects and scrambling to get our efforts printed on time. We appreciate our readers' tolerance for our erratic and often spastic scheduling, and hope that we meet the deadline at least mostly on time!

Happy Fathers Day to all the dads out there.



Continued from Page 1— Castle

thing in the castle was written in French. I was becoming quite adept at recognizing the French word "toilette" out of necessity.

When we chose this castle to visit it was due to location along our travels. We had no idea that it housed a very respected Museum of Medieval Warfare. We proceeded to climb the stairs to the top of the Artillery tower. The steps were stone, very narrow and steep and my respect for the servants and pages that ran up and down those steps in the middle Ages grew immensely. At this point I was almost crawling.



Once we reached the top or terrace we were introduced to the largest crossbow we had ever seen. The brochure boasted it could fire bolts up to 200 meters (twice the length of a football field) and was capable of piercing three men and a horse before lodging in a door. As we moved down through the next two floors of the tower we moved back in time of weaponry. We learned weapon names such as serpentine, veuglaire cannon, harquebuses, and falconet. This was the development starting in the

14th century of defensive weapons. As I took this all in I thought about my Father, a life long soldier and war historian and thought, "oh, Dad you would have loved this".

On the next floor we began to see examples of a weapon that so destabi-

Continue on Page 4 - Castle



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SENIOR MOBILE FOOD PANTRY

The third Wednesday of every month, the Gospel Mission in Silver City will distribute food at the Knights of Columbus Hall, 1301 North Swan Street from 2:00 to 4:00 p.m. If you are 55 years of age or older, live in Grant County and you need help with food, you are welcome to come by. Please bring your own box or bag to put food in. Help carrying will be available if you need it. If you would like to lend a hand in helping to set up or carrying boxes to cars, please show up at around 12:30 p.m.



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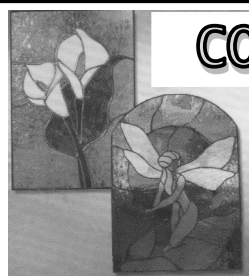
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Continued from Page 3 - Castle

lized the order of things in medieval times that in 1139 Pope Innocent II put a ban on their use.

As my photo shows, this weapon was the crossbow. I was drawn to the decorative aspect of the weapons. I stood and stared at the inlays of mother-of-pearl on the beautiful wooden stocks. As we continued we learned of projectile launchers such as trebuchet, catapult, the belfry and the battering ram. Then onto the weapons room where we saw the weapons of cut-and-thrust such as daggers and swords and the terrifying shock weapons such as the hammer and mace.

As we moved up through the Keep we finally reached the upper chamber. Here we got a breather from war and mayhem. There was a collection of 14th and 15th century furniture. When the Lord moved his family from one place to another they took everything with them. Families had few pieces of furniture and items such as chests were important so tapestries, fabrics, dishes and plates could be packed into them for travel.

Outside the Keep and the kitchen we passed through the upper bailey. This was an inner courtyard to protect the well. Having fresh water was crucial to life in the castle. The well was fed by groundwater and is 150 feet deep. It

was protected by the surrounding curtain wall and topped by a parapet walk for defense purposes.

We exited the castle through the lower bailey, which lies within the outer walls, which separate the castle from the village. In the middle ages, it sheltered the forge, the oven, the stables, and sometimes the stalls of such craftsmen as weavers and potters. In case of attack, it also served as a refuge for the villagers.

As we wandered through the village on our way back to our car I pondered my new memories and thanked my father for instilling in me a love of history, exploration and curiosity.

Happy Fathers' Day Dad, and to all the rest of you Fathers out there.

--Grace Williams

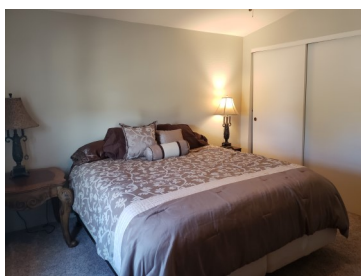
¹ An early Christian movement that denounced the practices of the Catholic Church.

² Copied from the Chateau de Castelnaud brochure received with our tickets on entry.

³ Go to www.study.com and watch the video, The Return of the Crossbow & It's Implications for Europe.

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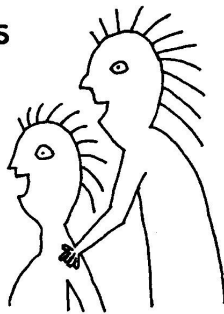
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FOREST SERVICE NEWS



Native Fish in the Classroom Field Day a Success

Two classrooms at the Harrison Schmitt Elementary School and the entire student body at San Lorenzo Elementary School participate in the Native Fish in the Classroom program which is sponsored by the US Fish & Wildlife Service (USFWS). The students are provided with a stewardship and science based curriculum, aquariums and Gila trout, and the fish biologists on the Gila National Forest assist with monitoring and supporting the classrooms. The students also write poems in preparation for the Gila trout to be released. The poet from Harrison Schmitt Elementary School was Joshua Trout's "Goodbye Fish" and for San Lorenzo Elementary School the poet chosen was Atilyn Diedrich's "Goodbye Trout".



Atilyn reading her poem

This is the third year that Silver City Consolidated Schools and the Cobre School District have been part of this program. This year the students took responsibility for the care and raising of fish eggs and also young fish. When the fish reach the appropriate stage, the Gila National Forest, the Mora Fish Hatchery and the USF&WS assist with transporting the fish for the students to release – both in Sapillo Creek and in Lake Roberts. The fish are transported in aerated tanks; moved to special paniers and loaded on a mule to be released in Sapillo Creek in the Gila Wilderness; and the fingerlings and the larger four-year old Gila Trout are transported by truck to Lake Roberts.

Each of the younger students released their own Gila Trout; and the older students released fingerlings and the four-year old Gila trout. Additional activities included petting Betty the mule, learning more about fish, a Gila trout habitat game, snow



GOOD-BYE TROUT

By Atilyn Diedrich - San Lorenzo Elementary School

We will miss you. I learned a lot about you, like your enemies. Don't forget us, keep an eye out for your predators like Rainbow Trout and Brown Trout.

Swim nicely with your pelvic fin, smell us from far away with your nares. Feel the nice rippling water with your lateral line.

When I go fishing I will catch your predators. So don't worry. I know your eyes aren't that good but use your pectoral fin to stop yourself before you crash into a rock, or even worse a predator.

We won't forget you. We will miss walking by and see you gracefully swimming.

You guys have grown a lot over the months, I will miss feeding you guys. When you guys are gone there will be an empty tank.

A siphon sitting there not being used anymore, we will see untouched. Nitrates, and Nitrites.

When we let you go in the Gila we will say a poem to you guys, and say our goodbyes.

We hope that you guys remember us. There will be hopes and nopes, to let you go in the river.

In the river you go with the bugs that slither. We hope that you do not see hooks and cooks.

I will be sleeping on my pillow while you swim around the willows. Around the river there will be holes with poles to remember where we put you.

When we want to see you, we will go to the river and bring bottles and goggles and bottles.

We will say Spanish then you will vanish, when you leave the school you will say that's cool.

Now I have to good-bye, we won't let you go extinct.

Read more about this special day from the students point of view on Page 18.

FERMENTED FOODS

The Process of Culturing Foods [Part 3]

by Frankie at Valle Mimbres Market

Working With Cabbages

Sauerkraut

Ingredients:

1 green or red Cabbage

(Red gives the kraut a little sweetness and a beautiful color)

1 to 2 Tbsp Sea Salt or Rock Salt, according to size of cabbage.

Cooled Brine

(Using non-chlorinated water, dissolve 1 Tbsp pure salt in one cup boiling water. Add 3 cups cold water.)

Optional: Raw Sauerkraut juice from previous batch.

Method:

Remove outer leaves from cabbage, saving 1 or 2 large leaves whole. Cut cabbage in half and core. Finely shred the cabbage evenly. In a large glass, ceramic or stainless steel bowl, place a few handfuls of cabbage and sprinkle with a little salt. Continue layering cabbage and salt until the whole head is cut. Add the reserved whole leaves. Toss to evenly spread the salt. Cover and let rest 24 hours.

Next day, tightly pack the reduced cabbage and its juices in a glass jar or crock. Pound down the shreds to release more juice. Cover with the reserved 1 or 2 whole leaves. Add juice from previous batch if available and enough brine to submerge the cabbage. Add weight if necessary. Seal with an airlock. Keep at room temperature for about 2 weeks (the longer, the more sour). Remove airlock and weights. Using a non-metallic lid, cap and refrigerate to stop fermentation.

Kimchi

Ingredients:

1 Napa Cabbage, medium sized

1/3 cup Sea Salt

Cold non-chlorinated Water

1 Daikon radish (scrubbed and peeled) and/or 1 or 2 Carrots cut into thin short strips

4 scallions or 2 shallots sliced thin

1/4 cup Korean Red Pepper powder or Hot Pepper blend*

1/4 cup Soy sauce

2 Tbsp minced fresh Ginger

1 Tbsp fresh Garlic, sliced thin

*Hot Pepper Blend: 4 parts chili powder / 1 part chipotle / 1 part cayenne / 4 parts smoked paprika.

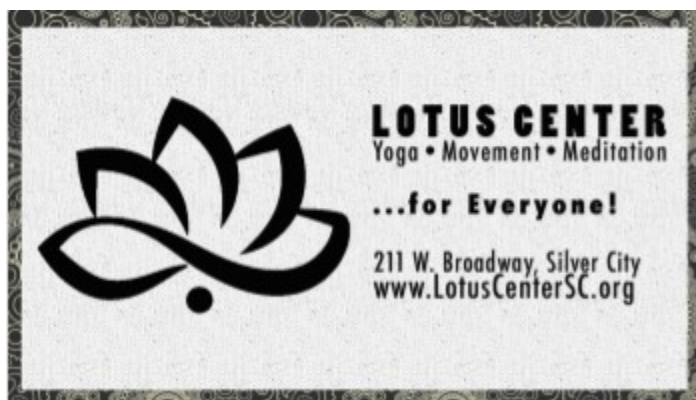
Method:

Cut cabbage in half lengthwise, discard core, then cut crosswise into 1 inch thick slices. In a large bowl, sprinkle loosened leaves with salt, then toss by hand until fully coated. Add just enough cold water to cover the cabbage, top with a plate to keep submerged, cover with lid, keep at room temperature for 24 hours.

Drain wilted cabbage and rinse with cold water. Squeeze out cabbage gently, return to clean bowl. Add all vegetables and seasonings, then toss until cabbage is thoroughly coated. Pack tightly into a crock or a glass jar and seal.

Keep in a cool, dark place for 2 to 4 days. Open jar and let gases escape daily, then reseal. Test after second day with a clean spoon. Refrigerate for about 1 week before using. Will keep in fridge for up to a year. Kimchi will continue to slowly ferment as long as kept cool and away from oxygen.

Next in Fermented Foods - Part 4: Fermented Fruits



COMMUNITY CALENDAR & HAPPENINGS

ALCOHOLICS ANONYMOUS - EVERY TUESDAY and FRIDAY - 5:30 pm Mimbres Roundup Lodge, Acklin Hill Road. Speaker meeting last Tuesday of the month. For more information call 515-313-4693 or 888-388-1802.

ALZHEIMER CAREGIVER SUPPORT GROUP - For more information call Sharon McGrath 536-3950.

CASAS ADOBES WATER ASSOCIATION - meets June 21 - (usually the third Thursday of every month) 6:30 p.m. Roundup Lodge, Acklin Hill Road.

COMMODITIES DISTRIBUTION - June 20 - (third Wednesday of every month) - 12 NOON to 2:00 pm - Roundup Lodge
Please bring a suitable box. Volunteers to help pack boxes are always needed.

DESERT WEST AUCTION - THE BIG RED BARN - 3870 Hwy 35, Mimbres. **Third Sunday of every month** Off Line and On Line Auction email: desertwest@desertwestauction.com web: www.desertwestauction.com phone: 575-536-9353 On Line at www.liveauctioneers.com

GIRL SCOUTS OF DESERT SOUTHWEST, TROOP 049, meets at Roundup Lodge on Mondays at 5:15 pm to 6:15 pm weekly. No meetings when school is not in session.

HMS MIMBRES CLINIC - Clinic Hours and Days have been **changed - NEW TEMPORARY HOURS Tuesday and Thursday 8:00 am to 5 pm**. 575-536-3990 (Closed between 12 noon and 1 pm for lunch)

KATE BROWN POTTERY & TILE Open by appointment only 536-9935

LA ESPERANZA VINEYARD & WINERY - Winery open Friday, Saturday and Sunday - Noon to 6:00 pm. Mimbres' Award Winning Winery. For more information call 505-259-9523 or 505-238-6252

SUMMER ART AND WINE EXTRAVAGANZA Saturday, June 16, 11 am—5 pm

MIMBRES CULTURE HERITAGE SITE - 12 Sage Drive (on Highway 35), Summer hours. Open daily from 11:00 am to 3:00 pm. Special group tours can be arranged by calling 575-536-9337 or 575-536-3161 at least a week in advance.

MIMBRES FARM BUREAU - Thursday, June 14 - Monthly meetings usually are the 2nd Thursday of each month at 6:30 pm. Roundup Lodge. Pot-luck supper followed by a business meeting. Everyone welcome.

MIMBRES VALLEY HEALTH ACTION LEAGUE (MVHAL) - Wednesday, June 13 - Board Meeting 5:30 pm Roundup Lodge - Acklin Hill Road

MVHAL Harvest Festival Meeting—Sunday, June 17 - 4 pm to 5:30 pm (Second Sunday of the month May—September) - Mimbres Roundup Lodge. Everyone welcome!

MIMBRES VALLEY ROUNDUP LODGE BOOSTER CLUB Acklin Hill Road - Calendar of events.

BOOSTER CLUB MONTHLY MEETING. June 7 - (First Thursday of the month) Everyone welcome. Light dinner served.

BINGO - Sunday, June 10 - 2:00 pm to 5:00 pm - Second Sunday of each month. Roundup Lodge - \$5 a card or 3 for \$10.00. Grand Prize of \$50

MIMBRES VALLEY SENIOR CENTER - LUNCH DAILY - Monday - Friday 11:30 Reservations are requested one day in advance. See Page 14 for daily menu.

ACTIVITIES CALENDAR - See Page 16

EXERCISE FOR SENIORS -Every Tuesday and Thursday - 10:00 am Stretching and light weight lifting. For information call Thelma Melvin 536-2899

SENIOR CENTER THRIFT STORE - open to everyone 9 am to 1:30 pm Monday through Friday. Great bargains by donation. There is also a free book lending area.

SENIOR CENTER ADVISORY COUNCIL - June 26 - (meets 4th Tuesday of each month after lunch) For information call Sharon McGrath 536-3950

MIMBRES VALLEY THERAPEUTIC HEALING MESSAGES - Tuesdays, Thursday and Saturdays - 2739 Highway 35. For appointments call 575-574-7069

VALLE MIMBRES MARKET - NEW HOURS ~ TUESDAY, WEDNESDAY, FRIDAY AND SATURDAY 11:00 am to 6:00 pm;
Fresh organic and local produce, groceries and more. Every Wednesday 5% off for Seniors. Every Saturday 10% off all fresh produce. Credit, debit, EBT. 2739 Highway 35. 575-574-7069

COUNTY CALENDAR

ALBERTSONS - Wednesday, June 6 - First Wednesday of the month. Seniors 55+ get 10% off. All day.

AL-ANON FAMILY GROUP - Every Wednesday - 6 pm to 7 pm - Arenas Valley Church of Christ, 5 Race Track Road, Arenas Valley. Open meeting for family and friends of alcoholics. For information, call 575-313-7094 or 575-654-1643

AMERICAN LEGION POST 18 of Silver City - meets every **Wednesday from 8:30 am to 10:30 am** for coffee and doughnuts for all veterans. 409 West College Avenue, Silver City. For more information contact Ray Davis 575-956-5153

AMERICAN LEGION POST 18 and THE AMERICAN LEGION AUXILIARY - meet the second Saturday of every month at the American Legion Post - Breakfast at 9 am followed by a meeting at 10 am

BACK COUNTRY HORSEMEN - Wednesday, June 13 - 2nd WEDNESDAYS - 6:00 pm Everyone, members and interested parties are invited. Meetings frequently include information on upcoming events, trail cleanings and conditions, educational presentations and demonstrations. **WNMU Watt's Hall Room #224 in Silver City Opposite CVS Pharmacy - NW corner of Hwy 180 and Swam - parking on Cactus enter at NW door.**

BAYARD PUBLIC LIBRARY - NEW HOURS - Monday - noon to 6 pm, Tuesday through Friday - 9 am to 6 pm CLOSED on Saturday and Sunday.

BOOKMOBILE WEST SCHEDULE - Thursday, June 21

Mimbres - Living Harvest Bakery 9:45 am - 10:45 am

Lake Roberts - Sapillo Creek Fire Station 11:45 am - 12:45 pm

Doc Campbell's Post (near Gila Cliff Dwellings) 2:30 pm - 3:30 pm

Rural Bookmobile West - 1000 Main St. NW, Building 16A, Los Lunas, NM 87031

Phone: 505-841-5250 Fax: 505-841-5255 Email: rblmw@state.nm.us

Books by Mail Provides library service to those who are not reached by bookmobiles or public libraries. Toll free 1-800-395-9144

Library for the Blind and physically Handicapped - Phone toll free 1-800-456-5515

FORT BAYARD WALKING TOURS - Private tours for family and friends visiting the area. Call 575-388-9123 or 575-574-8779

GRANT COUNTY ARCHAEOLOGICAL SOCIETY - Wednesday, June 21 - 3rd WEDS of the month. 6:00 PM - Pot Luck - 7:00

Meeting. Meetings will be held from May - September at the Roundup Lodge, Acklin Hill Road, Mimbres. For information, call Marilyn Markel 536-9337.

JUNE FIELD TRIP - June 10, at 10 am to the Elk Ridge Site.

JULY FIELD TRIP - June 30 from 10 am to noon at the Archaeology Fair - Archaeology Southwest, U of A, Open house at Gila Farm.

GRANT COUNTY ROLLING STONES GEM & MINERAL SOCIETY - Thursday, June 14 - (2nd Thursday), 6:00 pm - Meeting and potluck followed by a rock draw. Bring your own service ware and dish to share. **NEW MEETING PLACE and CONTACT INFO:** 2045 Memory Lane, Silver City and the new contact phone number is 575-654-4424 rollingstonesgms.blogspot.com
Field trip Saturday, May 16 - the 3rd Saturday of the month at 8:30 am. For more information contact Ansel Walters at 575-388-2010

MS SUPPORT GROUP - First Tuesday of the month at 11:30 am for lunch in Silver City. Meetings are held in various City area restaurants. New members with Multiple Sclerosis are welcome. Email huseworld@yahoo.com for the location.

NEW HOPE AL-ANON FAMILY GROUP - EVERY MONDAY - 12:00 pm to 1:00 pm - First Presbyterian Church at 20th and Swan, Silver City. Open meeting for family and friends of alcoholics. For information, call Jerry 575-534-4866 or Diana 575-574-2311.

PUPPY DOG RANCH RESCUE AND SANCTUARY - Open by appointment Tuesday - Friday 10 am to 5 pm Grant County's only private, no kill, no cage rescue. 27 Twin Sisters Creek Road, Arenas Valley 575-313-7232

SILVER CITY CHAMBER OF COMMERCE LUNCHEON MEETING - Thursday, June 7 - Guest speakers will be: Faye McCalmont, Special Assistant to the President for Cultural Affairs at WNMU speaking for the Expanded Second Annual Fiesta Latina; and Lee Gruber, Chair of Silver City Arts and Cultural District talking about the 2018 Clay Festival. **WNMU Student Cafeteria**, Sunset Room, Student Memorial Building, 100 College Avenue. Wellness. **Reminder that**

Continued on page 13

you should register online. Cost is \$15 for full lunch. See silvercity.org for detailed information or email info@silvercity.org or call GCCC at 575-538-3785.

SILVER CITY FOOD CO-OP - Calendar of Events contact the Food Co-op at 575-388-2343 or www.silvercityfoodcoop.coop for information about any event.

POPCORN FRIDAYS! Enjoy Free Organic Popcorn and Food Samples at the Silver City Food Co-op 520 North Bullard St.

SILVER CITY PHOTO CLUB - "Unitarian Universalist Meeting House, 3845 North Swan Street in Silver City. Call 860-670-4543 for date and time of June Meeting.

WALGREENS - Tuesday, June 5 - (1st Tuesday of each month) - SENIOR DISCOUNT - 10% off of items not on sale.

WIDOWED AND SINGLE PERSONS OF GRANT COUNTY - Monday, June 11 - Sign in at 10:30 am - (second Monday of each month) Cross Point Assembly of God church (formerly Glad Tidings Church) 11600 Hwy 180 E Respect and care for the flag will be presented by a 4-H member. Cost for lunch is \$12. All singles are welcome. For information call 575-437-3643.

WOMEN'S AL-ANON MEETING: WOMEN EMBRACING RECOVERY - Every Friday - 5:30 pm to 6:30pm - La Clinica Health and Birth Center, 3201 Ridge Loop, Silver City. Closed meeting for women who are family and friends of alcoholics. For information call 575-313-7094 or 575-313-1032

MYSTERY PHOTO CHALLENGE FOR JUNE

MYSTERY

This yard art looks a bit like a bird, but in truth, your guess is as good as mine.



May Mystery photo location.



These steps are located at the newly renovated entrance to the Roundup Lodge.

Photos by Kathy Hill



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Breakfast served 7 am to 12 noon

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Baked with purpose.

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La Esperanza Vineyard & Winery

Summer Art & Wine Extravaganza

Saturday, June 16th, from 11:00am to 5:00pm

Several Very Talented Artists from Las Cruces, Mimbres, Gila and Silver City will participate

Music by Jessica Juarez Rios

Food by the Duckstop

1:00 - 4:00pm

will be available for purchase

One Day Special 20% DISCOUNT for Case of Wine Mix or Match

New Mexico Handcrafted Beer will be available for purchase

MIMBRES UNITED METHODIST CHURCH

2622 Highway 35 in
Mimbres

(Next to the Senior Citizen's Center)

Pastor Gene McPeak

575-936-0118

genemcpeak@yahoo.com

**We invite you to join us for:
Sunday Morning Worship at 10:00 AM**

Open Hearts ~ Open Minds ~ Open Doors

RIO MIMBRES BAPTIST CHURCH

29 Cactus Drive, Mimbres, NM
575-536-9543

Sunday Worship

Nursery provided 9:45 am to 12:30 pm

Bible Study 9:45 am

Worship at 11:00 am

Wednesday Worship Services 6:00 pm

*Where everyone is welcome to worship
and experience God's Love*

CATHOLIC SERVICES

San Lorenzo Mission
Every Sunday at 10:00 am

San Juan Mission
Alternate Saturdays at 3:30 pm

San Jose Mission
in Faywood
Alternate Saturdays at 3:30 pm

For information regarding San Juan and
San Jose services call 537-3691

The large

**TEAMKIDS AND YOUTH GROUP
WEDNESDAYS @ 6 PM**



*Come have fun
and learn
about our Creator!*

For grades K-12th
Phone: 575-536-9543

laceofjadeknight@hotmail.com

29 Cactus Dr., Mimbres

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since 2009

Open by appointment
Tuesday-Friday 10-5


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Arenas Valley
(575) 313-7232



Volunteers Appreciated!
a 501(c)(3) nonprofit charity

HMS Senior Centers June 2018 Menu

MILK IS SERVED DAILY

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|--|
| HMS Senior Centers Ena Mitchell 542-9414 Silver City 388-2545 Santa Clara 537-5254 Gila 535-2888 Mimbres 536-9990 |  | Please call your Senior Center before 10am or make reservations the day before the meal. Suggested donations for seniors 60 years of age or older is \$2.00. All donations of any amount are accepted and appreciated. Menu may be subject to change. | | |
| 4 Turkey Sandwich Lettuce, Tomato Vegetable Soup Vegetables in Soup Broth) Pears Vanilla Wafers | 5 Green Chile Stew 1 Tortilla Mexicorn Tossed Salad w/ Low Fat Dressing Apple | 6 Salisbury Steak Mashed Potatoes w/ Low Sodium Gravy Peas and Carrots Dinner Roll w/Margarine Fruit Cocktail | 7 Spaghetti with Meat Sauce Steamed Broccoli and Carrots w/ margarine Breadstick w/ margarine Spice Cake | 8 Chicken Corn Casserole Chicken, Corn, Green Chile) Pinto Bean Spinach w/ Margarine 1 Tortilla 1 Orange |
| 12 Oven Fried Chicken Mashed Potatoes w/ Low Sodium Gravy Spinach Salad Dinner roll w Marg Banana Pudding | 13 Green Chile Cheese Burger Lettuce, Tomato, Pickle, Onion Peas and Carrots Applesauce Oatmeal Cookie | 14 Taco Salad Lettuce and tomato Spanish Rice Squash w/Margarine Saltine Crackers Orange | 15 Pork Burrito Sweet Potatoes w/ margarine Saltine Crackers Peaches | 16 Baked Fish Rice Pilaf Broccoli Breadstick w/ Margarine sliced Pears Yogurt |
| 18 Tater Tot Casserole California Vegetables Garden Salad w/ dressing Dinner Roll w/ Margarine Grapes | 19 Grilled Cheese Sandwich Cheese, WW Bread Ham & Bean Soup Garden Salad w/ Low Fat Dressing Apple | 20 Sweet and Sour Pork Steamed Rice Carrots w/Margarine Mixed Vegetables WW Bread w/ Margarine Orange | 21 Chicken Fajita Chicken, Onion & Peppers Cheese, Flour Tortilla Broccoli and Cauliflower w/ margarine Fruit Cocktail | 22 Chicken Salad WW Bread Cucumber and Onion Salad Graham Crackers Pineapple/Orange Salad |
| 25 Beef Taco Beef, Cheese, Corn Tortillas Lettuce and Tomato Pinto Beans Spanish Rice Apple | 26 Beef Enchiladas Beef, Cheese, Corn Tortillas Red Chile Calabacitas Banana Apple Spice cake | 27 BBQ Pulled Pork Peas & carrots Salad Dressing w/Dressing WW Roll w/Margarine Orange | 28 Baked Chicken Zucchini Broccoli & Cheese Dinner Roll w/ Margarine Strawberries and Bananas | 29 Egg Salad... 402 Potato Chips Carrot & Celery Slices WW Bread Peanut Butter Cookie |

Mimbres (Lunch served at 11:30am Daily, Noon on 7/2/2018)

| | | | | |
|----------------|------------------|--------------------------------------|-----------|-------------|
| Dominos | Mon - Fri | Starting at 9:00am | No Charge | Dining Hall |
| Billiards | Mon - Fri | 9:00am-2:00pm | No Charge | Pool Room |
| Quilting Club | Mondays | Ask Cindy for details | No Charge | Dining Hall |
| Exercise Class | Tues & Thurs | 10:00am – 11:00am | No Charge | Dining Hall |
| Bingo | ? Interested? | Call April Hunter at 575-597-2746 | No Charge | Dining Hall |
| ICAN Nutrition | Wed June 13th | 11:00am-12:00pm | No Charge | Dining Hall |

For any questions about activities, please call your senior center. Activities are open to all who are age 55 plus. (Age 60+ for the nutrition program.) There are no income or residency requirements to participate in senior programs. **Donations of any amount are appreciated.**