

A FREE COMMUNITY NEWSLETTER

APRIL 2014

MIMBRES MESSENGER

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MEET YOUR NEIGHBORS
LARUE AND LEONARD SANDGREN

By Marilyn Markel

Many people in the Mimbres have already met LaRue and Leonard Sandgren because they are both “familiar faces” in the Valley. LaRue has worked at the Mimbres Clinic for many years, Leonard worked for Horace and Ruth Bounds and is often seen taking care of the water system at Casas Adobes subdivision. But both are very active in the Mimbres community—selling their photos at arts and craft events and at the Roundup Lodge, and as volunteers at the Harvest Festival and for the Mimbres Messenger. La Rue was the volunteer editor of the Messenger for five years and Leonard spent many, many hours putting the newsletter together, delivering it throughout the area, and doing other needed jobs.

La Rue, trace of Texas accent still in her voice, grew up in Bastrop in central Texas near Austin. She remembers her great-grandmother telling her stories about traveling to Texas from Tennessee in a

covered wagon. La Rue went to college in Oklahoma, got a degree in education, taught school, raised four adopted children, and has “a bunch” of



grandchildren and great-grandchildren.

Leonard grew up in Massachusetts, fought in the Vietnam War, lived a while in California, and came to New Mexico in 1974, ending up in Deming working on a farm. An avid hiker and backpacker, he spent lots of time in the Gila Wilderness. Leonard has one son who lives in Deming.

LaRue and Leonard met in 1993, through La Rue’s aunt who lives in Deming. The aunt met Leonard at church, and played “matchmaker,” convincing Leonard that he “needed to write” to her niece LaRue, which he did. Leonard and LaRue got married in February, 1994. La Rue says, “I knew nothing about New Mexico.” On her arrival in “flat, dusty Deming,” she wondered, “What have I gotten myself into?” Within two months, the couple had moved to Mimbres.

La Rue says Leonard was always interested in photography, and although she took photos too, using a film camera, she never seemed to get around to having the film developed—accumulating “rolls and rolls” of film. Then she won a small Kodak digital camera as a door prize and liked the “instant gratification” you get using a digital. Once Leonard saw what can be

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LETTER FROM THE EDITOR

BY FRANZ RAITER

Thanks for picking up this edition of The Mimbres Messenger. You may have noticed that a few months have gone by since the last issue; that’s because some of the dedicated former (unpaid) employees have desperately needed a break. They may still drop in from time to time, helping to “keep it real” if you will. The staff of The Messenger wishes to thank LaRue Sandgren, Leonard Sandgren, Terry Song, Deborah Shatzkin, Nancy Coinman, Marilyn Markel and the numerous other dedicated volunteers who established, nurtured and succeeded in bringing this important periodical to Valley residents. We also thank the Mimbres Valley Health Action League (MVHAL) for funding and supporting this undertaking. It is a mark of the tremendous job done by our predecessors that it has taken until April to pick up the gauntlet and attempt to carry on the tradition established by those extremely hard-working and dedicated folks. Those of us who have joined the effort to keep The Messenger alive are fully aware how big a job this is. We will carry on with some of the best Messenger traditions and attempt to bring some fresh, new ideas to these pages - such

as using remote-controlled, benevolent airborne drones to deliver each issue to isolated residents.

My name is Franz and I have been “in the Valley” for about ten years and in and around Grant County, off and on, for around twenty. You know what they say about leaving this area, you can never really leave, especially if you are in the Witness Protection Program. It seems like just yesterday that I cast a hopeful eye to the hills of Upper Mimbres and decided to make it my home. I’m sure some of my neighbors wish it *was* just yesterday, but that is of little consequence now. I have made a few friends and enjoy the many characters who populate this area. My co-editor and neighbor, Anna Willhite, is a relative newcomer, having moved here in 2010, is already enchanted with the area and lifestyle and qualifies as a character.

Speaking of characters, one of the features we will be continuing at The Messenger is the celebrated “Meet your Neighbors” segment. Many of you may be reluctant to volunteer for an appearance in this feature. Your life may seem boring and commonplace to you, but that is only because you are the one living it. It is guaranteed that there is somebody out there who will find your stories endlessly fascinating. Encourage your neighbors to volunteer to appear on the front page. We are sending out a spe-

cial plea to our neighbors whose families have been in the Mimbres for multiple generations. Please share your stories and lives with us; the lifelong residents of this Valley have much to tell of the history of The Mimbres which is neither boring nor commonplace. With respect to stories and anecdotes: we can change names to protect the innocent if the Statute of Limitations is still in play. Otherwise, let ‘er rip!

We are also starting a new Sustainable Living feature that will highlight the clever ideas of Valley residents trying to save money, energy and gasoline in that never-ending attempt to avoid the constraints of “City” living. If you are a farmer, solar enthusiast, wind power advocate or Resilience System specialist, we at the Messenger want to hear about it. We can all benefit from the exchange of thoughts.

There are several other fledgling plans for articles and commentaries, hopefully, of interest. If there is something you would like to see discussed in these pages, let us know – anything informative, interesting, humorous or otherwise entertaining.



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SUSTAINABLE LIVING - by Franz Raiter

Featuring ASHER GILBERT - Green Engery Now

When one thinks about solar projects, water harvesting and those that put sustainable theory into actual practice here in The Mimbres Valley, one of the first names that comes to mind is Asher Gelbart. Whether it’s his affiliation with biodiesel (he doesn’t actually make it, but he *does* filter used vegetable oil for personal use), solar powered fountains, hot water or as a provider of used bulk containers, Asher has made a name for himself as someone deeply involved with sustainable design. He is always evolving and finding new avenues to explore and his company *Green Energy Now* helps homeowners with various **resilient** systems, planning assistance and installation; or as he says, “offering people low-cost solar alternatives to high dollar installations.”

On a windy February afternoon, with dark clouds threatening to release something chilly, I made my way out to his home/research and development center to see what he was up to. Over a hot cup of tea Asher, who refers to himself as a specialist in “low-tech alternative energy”, discussed his latest efforts.

One of his passions has been to figure out ways to make a home and garden function more like an ecosystem and less like a disconnected set of parts. He is interested in, as he says, “creating more cycles on your property.” By taking all of the seemingly unrelated systems like drainage, compost, grey water and yard waste and connecting them, he has reduced wasted energy, cut down on water loss and has controlled erosion and soil depletion. Known as Regenerative design, this process-focused approach to systems design centers around processes that are self perpetuating and restore themselves rather than break down through use. He categorizes these systems this way:

Regenerative: Gets better over time and produces more than it consumes. The best examples of this include functioning ecosystems, but a good rainwater harvesting setup comes close. This is the ideal goal and is difficult, but not impossible, to mimic in an industrial, agricultural, or other setting. Certain organic

farms have achieved this type of closed loop operation, eliminating pollution and waste.

Generative: Falls apart over time but generally produces more than it consumes over the long term. Examples include passive solar water heaters, most rainwater collection systems, photovoltaic panels and annual gardens. The main differences between a generative and regenerative system are the amount of waste produced and the energy used in its creation.



Degenerative: This covers most systems currently in place. Landfills, internal combustion engines using non-renewable fuels and coal-burning power plants are a few examples of degenerative systems that can create problems and have finite lives. Many residential homes reflect this model, creating trash, wasting usable water and consuming non-renewable energy.

In Asher’s case, he is using his home site to try to get as close to a regenerative system as possible. Amidst malevolent clouds of sneeze-inducing Juniper pollen, Asher gave me a tour saying, “Nature is set up to use sunlight, air and water, but our systems aren’t.” He has tried to mimic nature by slowing the runoff from rainfall, which interacts with the mulch, nourishes the plants which in turn attracts wildlife as well as dropping leaves back into the cycle. The water is returned to the hydrologic cycle, the soil is enriched and

fruit is produced. Nothing is wasted and little to no outside energy is produced. To achieve this, Asher has begun to focus on harnessing the water that falls naturally. By building water catchment ponds, swales and controlling erosion wherever possible, Asher has managed to slow down the water, allowing it to permeate the soil, rather than gathering speed and taking the soil away. This is different from warehousing water in a reservoir where it can evaporate, a critical point in a dry climate.

Once he has managed his water runoff and constructed moisture retaining areas on his land, he can install appropriate plants that will need only occasional watering but begin to contribute to the regenerative cycle. These plants will differ from region to region, but Asher has taken an interest in Wrights Silk Tassel (*Garrrya Wrightii*) which is a hardy local shrub with some medicinal properties. He hopes that he can encourage native plants to take root and thrive, attracting birds and other animals to the cycle he has started, a cycle that should be self-sustaining in a few years. He plans to combine the information that he gets from observing his results, along with knowledge gained from workshops and other study, to help others create similar systems.

FREE TAX PREPARATION IS STILL AVAILABLE

It is not too late, but you have to hurry if you want to have your tax returns prepared for free by the AARP Tax-Aide Foundation. Anyone with an income of less than \$53,000 or is over 55 years of age qualifies for this service. Returns are prepared at the Mimbres Senior Center on Mondays, and at the Bayard Public Library on Tuesdays and Saturdays now until April 12th. But, you MUST have an appointment. Call Anna or Mary at 575-536-9323 to schedule your appointment. Individuals with business expenses of more than \$10,000 or very complicated returns are asked to see a paid preparer.

RECYCLING CELEBRATION IN MIMBRES

BY MARILYN MARKEL



On March 1st a new banner was displayed at the Mimbres Transfer Station at a ceremony to celebrate a new recycling program. About fifty Mimbres residents and guests listened as Terry Timme of the Southwest Solid Waste Authority, County Commissioner Brett Kasten, Silver City Mayor Mike Morones, and Mimbres’ own Jamie Newton provided information about “Single Stream” recycling in Grant County. “Single Stream” means that all recyclable items can be placed in any of the openings in the recycle bin—you don’t have to separate cardboard, newspapers, tin or aluminum cans, plastics, or other materials—just put everything in the bin, EXCEPT glass which is not yet recyclable.

San Lorenzo Elementary students have been learning about recycling and composting from teachers Andrea Warner, Amber Shay, and custodian Linda Jones. Bags of recyclable items collected by the students were placed in the bin. Children at the ceremony had fun stomping on the bag of milk cartons, demonstrating how some recy-

cables can be crushed. Tigerlily Warner read an essay she wrote about the importance of recycling.

Terry Timme told the group that the colorfully painted recycling bins hold about five tons of materials. The “roll away” bins are hauled to the landfill on Ridge Road in Silver City, materials are bailed; bails are taken to El Paso or Tucson where the bails are then opened and materials are sorted. Various kinds of materials, plastics for example, are then sent to manufacturers to be reused. Timme asked that nothing oily or greasy, such as pizza boxes, be placed in the recycle bin and that on Earth Day in Silver City larger electronics such as televisions and computer monitors will be collected.



Frank Waid, well-known to the Mimbres community from visits to the transfer station, asked celebration participants to “Sort out recyclables first because the transfer station is a busy place, please don’t hold up the line.” Frank has flyers with info about what kind of items can be placed in the recycle bin. Rechargeable batteries (no auto batteries) can be taken to Ace Hardware for recycling; Aldo Leopold HS is the collection spot for small dry cell batteries, take cell phones to Cellular Connection.

Participants in the ceremony were also celebrating a day of needed rainfall. Rain or shine, Mimbrenños care about recycling.

RECYCLE

By Tigerlily Warner, Age 8
Mrs. Ross’s 3rd Grade

I worry that one day people will die from hunger and thirst. That one day our ocean will be nothing but a big jumble of plastic. UNLESS. Unless people start caring that sea turtles die eating plastic bags thinking that they are jelly-fish. Unless people start caring that there is a whole section in the ocean filled with plastic waste.

UNLESS PEOPLE RECYCLE

To quote Dr. Suess
“Unless someone
like you cares
a whole awful lot.
Nothing is going to get better.
It’s not.”

MEET YOUR NEIGHBOR - LARUE AND LEONARD SANDGREN (CONT'D)
BY MARILYN MARKEL

done using a digital camera and a computer, he soon had a new camera of his own and L and L Enterprises was born. Leonard and LaRue sell matted prints of their photos and photo greeting cards.

When asked about some of her favorite photos La Rue pointed to a picture on display at the Mimbres Clinic-- one a of a deer standing next to Highway 152 near Emory Pass in the Black Range. La Rue says, “It was a lucky shot”, taken through the car windshield. Fascinated by clouds, La Rue took a photo of clouds that has an image of what looks to her like an angel. Some think it looks like an eagle. Leonard took some fabulous photos of the smoke during last summer’s Silver Fire. La Rue says Leonard is more patient and methodical about his photography, while she quickly snaps her photos and hopes for the best. They both like taking pictures of landscapes, animals, and old buildings. La



One of LaRue’s Favorites



Rue also likes photographing old cemeteries because “the headstones tell a story in themselves.” Some of their photos have appeared in the past few Harvest Festival calendars.


If you get a chance, please give the Sandgrens a big “Thank You” for all their hard work on the Messenger, and next time you see them in a booth at an arts and crafts event be sure to take a look at their fabulous photos.

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**FROM THE WINDERNESS RANGER DISTRICT
GILA NATIONAL FOREST....**

With warm and dry weather trending, the Gila National Forest is experiencing an increase in wildfire ignitions. The *SU Canyon Fire* near Reserve, New Mexico was reported on February 13th, burning a slash disposal site and 7 acres of grasslands. Fire behavior was light and fire personnel quickly contained the fire later that afternoon. The *McComas Peak Fire* was reported the afternoon of February 15th and grew to a quarter acre in size, burning in piñon, juniper, and grass. The fire was declared out early the following morning. Both fires were human-caused and are currently under investigation.

Several other fires on private lands have been reported indicating the need for forest users as well as area residents to raise

their awareness of the potentially volatile fire situation this spring. The warm weather combined with high grasses and careless behavior has Gabe Holguin, Fire Staff for the Gila National Forest, concerned about the potential for a devastating fire event, particularly in areas where homes are surrounded by drought-stressed vegetation. “There is absolutely no room for carelessness with fire,” he states. “We have waist-high grasses in most places as a result of the strong monsoon last summer, and low moisture in the trees and brush. We need people to be extremely cautious with any form of fire.”

Taking precautions with fire means leaving campfires only when completely cold, cold enough to put your hand in the ashes. Taking care not to drive on cured grass,

disposing of stove and grill ash by soaking in water, and welding only in an area devoid of all flammable material are critical in keeping accidental fires from occurring. Do not attempt any use of fire on windy days, as fires will progress quickly and become extremely dangerous for fire personnel, forest visitors, and area residents. “We are in fire season right now,” reiterates Kelly Russell, Forest Supervisor for the Gila National Forest. “We experienced a very tragic fire season last year. We cannot afford more lives lost. We need everyone to do their part in preventing fires.”

Information on fire preparedness can be found at www.Firewise.org and www.wildlandfireRSG.org.

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CONTINUED FROM PAGE 6

Fire wise tips checklist for Homeowners...

WILDFIRE DOESN'T HAVE TO BURN everything in its path. In fact, cleaning your property of debris and maintaining your landscaping are important first steps to helping minimize damage and loss.

The work you do today can make a difference. Follow these simple action steps now and throughout the year to avoid the risk of your home and property becoming fuel for a wildfire:

- ☐ Clearing leaves and other debris from gutters, eaves, porches and decks prevents embers from igniting homes
- ☐ Remove dead vegetation from under your deck and within 10 feet of the house.
- ☐ Remove anything stored underneath decks or porches.
- ☐ Screen or box-in areas below patios and decks with wire mesh to prevent debris and combustible materials from accumulating.
- ☐ Remove flammable materials (firewood stacks, propane tanks, dry vegetation) within 30 feet of your home's foundation and outbuildings, including garages and sheds. If it can catch fire, don't let it touch your house, deck or porch.
- ☐ Wildfire can spread to tree tops. If you have trees on your property, prune so the lowest branches are 6 to 10 feet from the ground.
- ☐ Keep your lawn hydrated and maintained. If it is brown, cut it down to reduce fire intensity. Dry grass and shrubs are fuel for wildfire.
- ☐ Don't let debris and lawn cuttings linger. Dispose of these items quickly to reduce fuel for fire.
- ☐ Inspect shingles or roof tiles. Replace or repair those that are loose or missing to prevent ember penetration.
- ☐ Cover exterior attic vents with metal wire mesh no larger than 1/8 inch to prevent sparks from entering the home.
- ☐ Enclose under-eave and soffit vents or screen with metal mesh to prevent ember entry.



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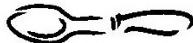
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TOPS (TAKE OFF POUNDS SENSIBLY)

Milwaukee-based TOPS helps members lose weight through group support and education. They are encouraged to get a weight goal from their doctors and make it their target. At the same time, they attend weekly meetings and weigh-ins. Members receive a booklet with a six week lesson plan, a one-year subscription to *TOPS News* and membership in the local chapter. Local group meets Thursdays at 5:30 at 2210 highway 61. Sherman. Call Paula Norero 536-9433 or email paula@gilanet.com

On April 3rd, 4th, and 5th, New Mexico TOPS will meet in Las Cruces at Hotel Encanto for their annual State Recognition Days.

MIMBRES VALLEY HEALTH ACTION LEAGUE (MVHAL) ANNUAL BUSINESS & MEMBERSHIP MEETING

Monday, April 21, 5:30 p.m. – Mimbres Roundup Lodge in San Lorenzo

Now in its thirteenth year, MVHAL is the all-volunteer Mimbres Valley group that brings you the Harvest Festival, the Farmer’s Market, the Mimbres Messenger – our community newsletter, Commodities (Food) Distribution and the Community Greenhouse and Garden, working closely with the staff and students at San Lorenzo Elementary School.

MVHAL is proud to be holding its fourth annual business and membership meeting. This is a time to see old friends and make some new ones. Come and sign up or renew your membership. Annual dues are \$10 per family. MVHAL members provide support for our various projects, and also nominate, run for and elect the Board of Directors.

In April 2013, the MVHAL membership elected six new members to the nine-member Board of Director for two-year terms. This year, we will be filling three vacancies. The Board of Directors meets monthly (except December), decides what projects will be funded, guides expenditure of MVHAL funds, abides by the mission state-

ment and by-laws, seeks grants and other fundraising opportunities and supports the projects and their managers.

Before the election of Board members, MVHAL president, Grace Williams, will deliver the 2013 Annual Report on decisions, accomplishments and challenges for the year and summarize new ideas, plans and projects for 2014. There will be a Treasurer’s report and brief reports from project managers.

The Board of Directors will present a slate of candidates to run for the open Board positions. Members present at the meeting can nominate additional people for those positions. Once there is a slate of candidates, there will be a majority vote. All paid members can vote for the new slate of Directors. Those elected to the Board will then elect the officers. Terms run for two years from May through April.

After the business meeting, join us for a light supper. Visit and eat with us.

I hope to see you soon,
Grace Williams

Mimbres Farms Greenhouse Opening April 18th

Greenhouse full of an amazing selection of **LOCALLY** grown vegetable, herb and flower bedding plants—Artichoke to Zucchini, Alyssum to Zinnia and everything in between.

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COMMUNITY CALENDAR AND HAPPENINGS

ALCOHOLICS ANONYMOUS - EVERY TUESDAY - 5:30 p.m. Mimbres Roundup Lodge. Acklin Hill Road. Speaker meeting—last Tuesday of the month. For more information **575-313-4693 or 888-388-1802.**

COMMODITIES DISTRIBUTION - APRIL 9 (second Wednesday of every month) - 12 NOON to 2:00 PM - Roundup Lodge
Please bring a suitable box.

HMS MIMBRES CLINIC - Clinic Hours: Open Monday, Tuesday, and Thursday 8-5, Wednesday 10-5. On Friday the clinic is closed.

LA ESPERANZA WINERY - APRIL 26th - 10 AM to 6:00 pm **SPRING ARTISTS SALE & WINE TASTING** - Photography, painting, hand-crafted jewelry and walking sticks, pottery and much more from many talented artists. 505-259-9523 for information.

MIMBRES FARM BUREAU - APRIL 10TH - Monthly meet the 2nd Thursday of each month at 6:30 pm. Pot-luck supper followed by a business meeting.

MIMBRES VALLEY HEALTH ACTION LEAGUE - APRIL 21 - 5:30 pm **Annual Business and Membership Meeting.** Roundup Lodge.

MIMBRES VALLEY ROUNDUP LODGE BOOSTER CLUB
APRIL 2nd - 5:30 p.m. Monthly meeting. Roundup Lodge. New members welcome.
APRIL 12 - 9:00 am - 3:00 pm Swap Meet. Vendors table \$6 call Paula 536-9433
APRIL 13 - 2:00 p.m. to 5:00 p.m. Bingo. \$5 a card or 3 for \$10.00. Grand prize \$50.00 cash.
MAY 4 - 1:30 pm- 3:30 pm Cinco de Mayo Dinner - details in the May Messenger and flyers posted throughout the area

TOPS (Take Off Pounds Sensibly) Local meetings every week. “Just for the health of it.” For more information call Paula Norero at 536-9433 or email at paula@gilanet.com.

UPPER MIMBRES VOLUNTEER FIRE DEPARTMENT PANCAKE BREAKFAST and BAKE SALE FUNDRAISER
SATURDAY, APRIL 5TH - 8:00 AM to 11:00 AM. At the main fire station. Breakfast \$5.00 per person includes Pancakes, Sausage, Eggs and drink - coffee, orange juice or tea.

VALLE MIMBRES MARKET - GRAND OPENING - APRIL 8 - 10:00 AM to 6:00 PM - 2739 Highway 35 Fresh organic produce and more 575-574-7069

COUNTY CALENDAR

ALBRTSONS - APRIL 2nd — First Wednesday. Seniors 55+ get 10% off. All day.

BACK COUNTRY HORSEMEN - 2nd WEDS—6:00 p.m. Gila Regional Conference Room. Subject to change. Please call first. 575-574-2888

BAYARD PUBLIC LIBRARY - 1112 Central Ave - FRIDAY, APRIL 11 - 3:30 PM to 5 PM Children’s Easter Crafts. Adult supervision required for children under 9.
SATURDAY, APRIL 26TH 1:00 pm to 2:00 pm - Pet Safety and Emergency Procedures presented by June Decker of High Desert Humane Society. For more information call the library at 575-537-6244

BOOKMOBILE WEST SCHEDULE - THURSDAY, APRIL 17
Mimbres - Mimbres Valley Café 9:45 am - 11:00 am
Lake Roberts - Sapillo Creek Fire Station 11:45 am - 12:45 pm
Doc Campbell’s Post (near Gila Cliff Dwellings) 2:30 pm - 3:30 pm

COPPER COWBELLS SHINDIG - DINNER, DANCE AND SILENT AUCTION - APRIL 12th at the Flame Convention Center, Pinos Altos Road, Silver City. Doors open at 6:00 pm, dinner served at 6:30, the dance starts at 7:30 and ends at 11:30 pm! Western Music by the **YARBROUGH BAND.** Tickets: \$30 advance purchase and \$35 at the door. No host bar. No one under 21 admitted!

GRANT COUNTY ARCHAEOLOGICAL SOCIETY - 3rd WEDS—6:00 p.m. Either at Women’s Club (Hwy 180 and Yucca St) in Silver City or for summer at the Roundup Lodge for a pot-luck supper. Interesting programs follow meetings.

For more information, call **Marilyn Markel 536-9337**.

GRANT COUNTY ART GUILD - Annual Members Only Show opens the season at the Guild's Pinos Altos Art Gallery in the historic Hearst Church with an Artists Reception at **5:30 pm on MAY 2**. Ribbons awarded and refreshments served. Public is invited. The show will be available for viewing from 10 am to 5 pm on Friday, Saturday and Sunday through May 11.

GRANT COUNTY COMMUNITY CONCERT ASSOCIATION - April 3, Thursday 7:30 pm. - PAVLO and his Band - "Greek God of the Guitar" - WNMU Fine Arts Center Theater. Tickets available at the door. \$20

HI LO SILVERS MAY 9 at 7 pm AND MAY 11 at 3 PM presents their Spring Concert at the First Presbyterian Church, 1915 N. Swan Street, Silver City. Directed by Valdeen Wooton and accompanied by Virginia Robertson on piano and Bill Baldwin on string bass, the chorus will sing old favorites, spirituals, and songs from Broadway and film. Free.

SILVER CITY MUSEUM - 312 W. BROADWAY - ANNEX - 302 W BROADWAY

APRIL 3 - 12 noon to 1 pm - Brown Bag program: "Aldo Leopold and the Southwest: The Start of the Most Significant Career in Twentieth-Century Conservation" with Stephen Fox. Museum Annex

APRIL 5 - 1 pm - Special Lecture: *Histories of Chihuahua Hill* with Helen Jaurequi, Ardene Rickman and Librado Maldonado in conjunction with the new exhibit, *Faces and Places of the Chihuahuan Desert*. Museum Annex

APRIL 12 – 10 am to 12 Noon - Craft Class: *Make and Fly a Kite!* For crafters aged 8 and older, \$5, limit 10 crafters, pre-registration encouraged. Parent or guardian attendance required. **APRIL 12 - *Get Mugged Downtown: A Fund-raising Event by the Silver City Museum Society*** Get a delicious mug full! Tickets \$12 and can be purchased at the Silver City Museum Store

APRIL 15 TO APRIL 17 – 9 am to 12 noon - *Playing the Past: the Silver City Museum's Spring Break Camp* For 3rd to 5th graders. Limited space. \$15 registration fee. Sign up at the Museum starting March 20 through April 10.

APRIL 25 – 2 pm - *Volunteer Social*, Museum Annex. Come and meet volunteers and learn about how you can be involved!

APRIL 26 – 12 noon to 1 pm - *Grant County Chicano Music Project Gallery Talk* with Patricia Cano

APRIL 27 – 2 pm Book Signing: "*African American History in New Mexico*," with author Bruce Glasrud

ONGOING EXHIBITS AT THE SILVER CITY MUSEUM - Ghost Town Diaries: Karl Kernberger's Search for the Light, now through May 4, 2014; Parece Que Fue Ayer: Grant County Chicano Music Project, now through July 20, 2014; Faces and Places of the Chihuahuan Desert, now through June 8, 2014

For more information about any of the Museum programs, call 538-5921 or go to www.silvercitymuseum.org

WESTERN NEW MEXICO UNIVERSITY


WESTERN INSTITUTE FOR LIFELONG LEARNING (WILL)

APRIL 4 - ONE DAY UNIVERSITY One Day University is back. This annual free program features a University experience with three WNMU faculty offering lectures in their field, accompanied by a cookout lunch and a post-lecture tour of Mustang Village with Matthew Lara. Please go to the WILL website for more details on this program that highlights some of Western's most innovative and informative professors and instructors. This program is made possible through the combined efforts of The Western Institute for Lifelong Learning and Western New Mexico University. WNMU's Global Resource Center, 12th Street and Kentucky, in Silver City. Participants must register in advance with WNMU by contacting Linda McArthur at 575-538-6342 or Linda.McArthur@wnmu.edu

APRIL 10, ARTIST LECTURE SERIES – 6:30pm (WILL), Mimbres Region Arts Council, and the WNMU Expressive Arts Department present Storyboard Artist and Director, Gary Trousdale, who gained prominence in his field with the success of his animated film directorial debut *Beauty and the Beast*. He later directed *The Hunchback of Notre Dame* and *Atlantis: The Lost Empire*. Gary will share his experiences at Disney, and more recently, at DreamWorks Animation. WNMU's Parotti Hall, behind the Fine Arts Center, in Silver City. 575-538-2505 or www.MimbresArts.org or info@MimbresArts.org

APRIL 24 WILL ANNUAL MEETING – 5:00pm All are invited to the WILL Annual Meeting at the WNMU Global Resource Center, 12th and Kentucky, in Silver City. Find out what's new at WILL, join or renew your membership, and use this first opportunity for WILL members to sign up for the 2014 Summer Courses. 575 538-6835 or www.will-learning.com or info@will-learning.com


APRIL 25 REFLECTIONS OF AN ARTIST SERIES – 5:00pm Western Institute for Lifelong Learning presents Michael McGarrity, author of the acclaimed Kevin Kearney crime-suspense novels that take place in modern New Mexico. Michael will discuss his experiences both as a writer and as a law enforcement officer and lead crime investigator. Along with Tony Hillerman, Michael was instrumental in establishing the Hillerman-McGarrity Creative Writing Scholarship at the Santa Fe Community College, and the N. Scott Momaday Creative Writing Scholarship at the Institute of American Indian Arts. 575 538-6835 or www.will-learning.com or info@will-learning.com

SENIOR CENTER				<h1>April 2014</h1>				MENU	
		1		2		3		4	
Silver City 388-2545 Santa Clara 537-5254 Mimbres 536-9990 Gila 535-2888 Please call a day ahead for reservations....		2 Chicken Tacos 3oz. Chicken, 1oz cheese, 2 Corn tortillas 4 oz. Lettuce & Tomatoes 4 oz. Calabacitas W/ Gr. Chile 4 oz. Pinto Beans 2 oz. Bread Pudding		5 oz. Chicken Fried Steak 1/2 C Mashed Potatoes W/Gravy 1/2 C Mixed Veggies 1 Slice WW Bread 6 oz Strawberries 4 oz Vanilla Wafers		2/3 C Hawaiiin Pork 1 C Tossed Green Salad 2 T Ranch Dressing 1 Slice WW Bread 3/4 Sliced Strawberries & Vanilla Pudding		1 Grilled Cheese Sandwich** 2 Slices WW Bread, 1 Cheese Slice 1/2 C Low Sodium Veggie Soup 5 Saltine Crackers 1 C Apricots	
7		8		9		10		11	
3 oz. Green Chile Hamburger 1 Lettuce Leaf, 1 Tomato Slice 1 Pickle, 1 Onion 1 C Butter Beans 4 oz. Carrots & Peppers 1/2 C Chocolate Pudding		3 oz. Chicken Strips 8 oz. Mashed Potatoes W/ Gravy 4 oz. Broccoli 4 oz. Carrots 1 WW Roll W/ Margarine 1 Oatmeal Cookie		Chili Dog...2 3 oz. Hot Dog on a Bun 1 T Chili & Beans 1 C Baked Potato Wedges 1 C Mixed Veggies 1 Orange		6 oz. Red Enchilada 4 oz. Lettuce & Tomato 4 oz. Pinto Beans 4 oz. Spanish Rice 4 oz. Apple Crisp		1 Tuna Salad Sandwich 1/2 C Tuna on 2 Slices WW Bread 4 oz. Cucumber Salad 6 Graham Crackers 1 Orange	
14		15		16		17		18	
6 oz. Beef Fajitas*** 1 Flour Tortilla 4 oz. Pinto Beans , 2 oz. Green Chili 2 oz. Salsa 1 Oatmeal Raisin Cookie 4 oz. Peaches		6 oz. Green Chile Enchilada..4* 2 oz. Lettuce & Tomato 4 oz. Pinto Beans 4 oz. Spanish Rice 5 oz. Canned Apricots		3 Oz. Meatloaf 3/4 Garlic Mashed Potatoes 1 C Boccoli & Cauliflower W/ Cheese 1 Dinner Roll W/ Margarine 1 C Cantaloupe 1/2 C Yogurt		1 Slice Sausage Pizza*** Spinach Salad W/2 T Italian Dressing 6 oz. Pineapple 1 Peanut Butter Cookie		CLOSED FOR GOOD FRIDAY	
21		22		23		24		25	
3 oz. Chicken Breast w/ Bun 1 oz. American Cheese 1 Slice Tomato 1 C Blackeyed Peas 1 C Steamed Carrots W/ Marg 1 Slice Angel Food Cake W/Strawberries		6 oz. Spaghetti & Sauce..5** 3/4 C Steamed Broccoli 1 Slice Garlic Bread 1 Slice Applesauce Cake		Roast Beef...1*** 3 oz. Beef Bottom Roast 4 oz. Mashed Potatoes W/ Gravy 6 oz. Green Beans 1 WW Roll W/ Margarine 1.5 oz. White Cake		3 oz. Bean Burrito 1 oz. Cheese, 1 Flour Tortilla 3 oz. Spanish Rice 4 oz. Lettuce & Tomato 4 oz. Crackers W/ Peanut Butter 4 oz. Apricots		Salisbury Steak...2*** 3 oz. Salisbury Steak W/ 2 T Gravy 1/2 C Mashed Potatoes 1/2 C Steamed Spinach 1 WW Dinner Roll W/Margarine 1/2 C Tropical Fruit Salad	
28		29		30		8 oz. Milk Served Daily!!!!			
1 Taco Salad 4 oz. Spanish Rice 8 oz. Squash W/ Margarine 6 Low Sodium Crackers 1 Orange		Ham & Cheese Sandwich..3** 2 oz. Ham, 1 oz. Swiss Cheese 2 Slice WW Bread 1 Lettuce Leaf, 1 Tomato Slice 1/2 C Mixed Veggies W/ Marg 1/2 C Mandarin Oranges		3 Oz. Beef Tips W/Gravy 1 C Egg Noodles 1 C Salad 3/4 C Peas & Carrots 3/4 C Pears 1 Oatmeal Cookies					

CINCO DE MAYO
DINNER
SUNDAY AFTERNOON
MAY 4

Mimbres Roundup Lodge

Your Community Center
COMMUNITY DINNER
MAY 4 - 1:30 pm to 3:30 pm
Look for details in the May issue and the flyers posted in the community




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GREETINGS FROM THE ROUNDUP LODGE

By Peggy Platonos

We, the Booster Club volunteers who maintain and operate the Roundup Lodge, welcome back the Mimbres Messenger. This monthly publication serves a valuable purpose for Mimbres Valley residents by providing information about local businesses, people, organizations and upcoming events. The Booster Club is one of the organizations that benefit from the Messenger’s existence, because it gives us the opportunity to keep you up to date on happenings at the Roundup Lodge—past, present and future.

Starting with a look to the future, we will be holding a Cinco de Mayo dinner on Sunday, May 4, featuring enchiladas and other Mexican favorites. We’ll begin serving at 1:30 pm and continue until 3:30 pm. Look for details in the May Messenger and flyers posted throughout the area.

In terms of past events, the Booster Club’s new cookbook rolled off the press and into the valley just in time for Christmas 2013. Booster Club secretary Sally Ginet provided the stylized Mimbres quail design for the cover of the cookbook, which features nearly 200 taste-tempting recipes provided by Mimbres Valley residents and their

friends. The attractive, spiral-bound books make perfect gifts, and pre-Christmas sales were brisk. Copies of “What’s Cooking in the Mimbres” are still available for purchase at Hupp’s Store, at La Esperanza Winery, at the Elk X-ing Café and from Booster Club members. For more information, contact Mary Willhite, who headed up the cookbook project. She can be reached by email at willhite200@aol.com or by telephone at 536-9323.

In February, we co-sponsored with the Mimbres Valley Health Action League a Valentine’s Pot Luck Fundraiser to support the effort to resurrect the Mimbres Messenger. The event was well attended, the food was plentiful and delectable, the atmosphere was festive, and a total of \$447 was raised from donations and a raffle.

On March 1, the Big Ditch Crickets took the stage at the Roundup Lodge for an evening of live and lively music. A multi-generational crowd of more than 60 people showed up, with no intention of being a sedentary, toe-tapping audience. In no time at all, the majority of people were kicking up their heels and learning a series of new dances, with varying degrees of success in terms of steps but with unwavering enthusiasm and

lots of laughter. One participant dubbed it “a genuine people-powered event,” and there was talk of doing it again at the Roundup Lodge in the not-too-distant future. We’re definitely in favor of that.

Our monthly Swap Meets continue on the second Saturday of each month, with the next one scheduled for April 12 from 9 a.m. to 3 p.m. As always, it will feature an intriguing mixture of handcrafted items made by local artists and good quality used merchandise. Vendors can rent tables for \$6 each by contacting Paula Norero via email at paula@gilanet.com or by telephone at 536-9433.

Bingo takes place at the Roundup Lodge from 2 to 5 p.m. on the second Sunday of each month—which in April falls on the 13th. Tickets still cost just \$5 apiece or three for \$10, with all tickets good for an entire afternoon of fun and prizes. The grand prize each month is \$50 cash.

The lodge can be rented by Mimbres Valley residents for private events, such as birthday parties, graduation parties, wedding receptions, reunions, etc. The cost is \$50. Not-for-profit organizations are welcome to hold meetings in the lodge without charge, and the lodge is available for funeral receptions, also without charge. Reservations can be made by calling Peggy Platonos at 536-2997.



Mimbres Roundup Lodge

Your Community Center



BINGO

SUNDAY, APRIL 13 - 2:00 PM to 5:00

CARDS GRAND PRIZE \$50

\$5 FOR 1 or \$10 for 3 SNACK BAR OPENS

Plus 3 Money Games AT 1:30 PM

SWAP MEET

“Where Rummage and Crafts Meet”

SATURDAY, APRIL 12TH ~ 9:00 am - 3:00 pm

Vendor Tables \$6 ~ Call Paula @ 536-9433 or
Peggy @ 536-2997

Try the delicious Roundup Lodge Snack Bar

SAN LORENZO ELEMENTARY SCHOOL APRIL CANDENDAR

HC 71 BOX 1500, SAN LORENZO, NM 88041 ~ 575-536-9348 or 575-537-4070
Principal: Chris Rottman ~ Admin Assistant: Sandra Galaz

- APRIL 10 - Reading and Writing Night at 6:00 pm
- APRIL 14 - 21 SPRING BREAK—YEA!
- APRIL 22 - Field Trip to Deming
- APRIL 24 - Kindergarten Registration and Child Find - 8:30 am - 11:30 am
- APRIL 30 - Student Spring Performance at 6:00 pm

San Lorenzo Elementary is interested in offering a pre-k class for the 2014-2015 school year. If you have a child 3 or 4 years of age or know of a family, please contact San Lorenzo Elementary at 575-536-9348 or 575-537-4070.

SAN LORENZO SCHOOL PROJECT

Mimbres People Then and Now

The Students of San Lorenzo Elementary School, helped by members of the Grant County Archaeological Society, have been working on an art and mapping project, and are learning about the people of the Mimbres Valley – the Indians that lived along the Mimbres River long ago, and the people of the Mimbres community today.

The students drew pictures of themselves and their families to add to a large map of the valley and the river, placing themselves in the landscape. The map also shows some of the places where the ancient Mimbres people built their pithouse and pueblo villages. The map and artwork is on display in the school library and will be exhibited at the Archaeological Society of New Mexico’s State Meeting held in Silver City April 11-13.



CLASSIFIEDS

FOR RENT in MIMBRES

Furnished one bedroom casita. Open floor plan - living area, dinning area and kitchen. One bedroom with queen bed - small clothes closet. Sun porch that is unheated with a sleeping area (two twin beds). Air conditioned. Propane and water included. Electricity separate. Rent is negotiable for the right tenant willing to work around the property. Room for horses or mules. Call 575-536-9323



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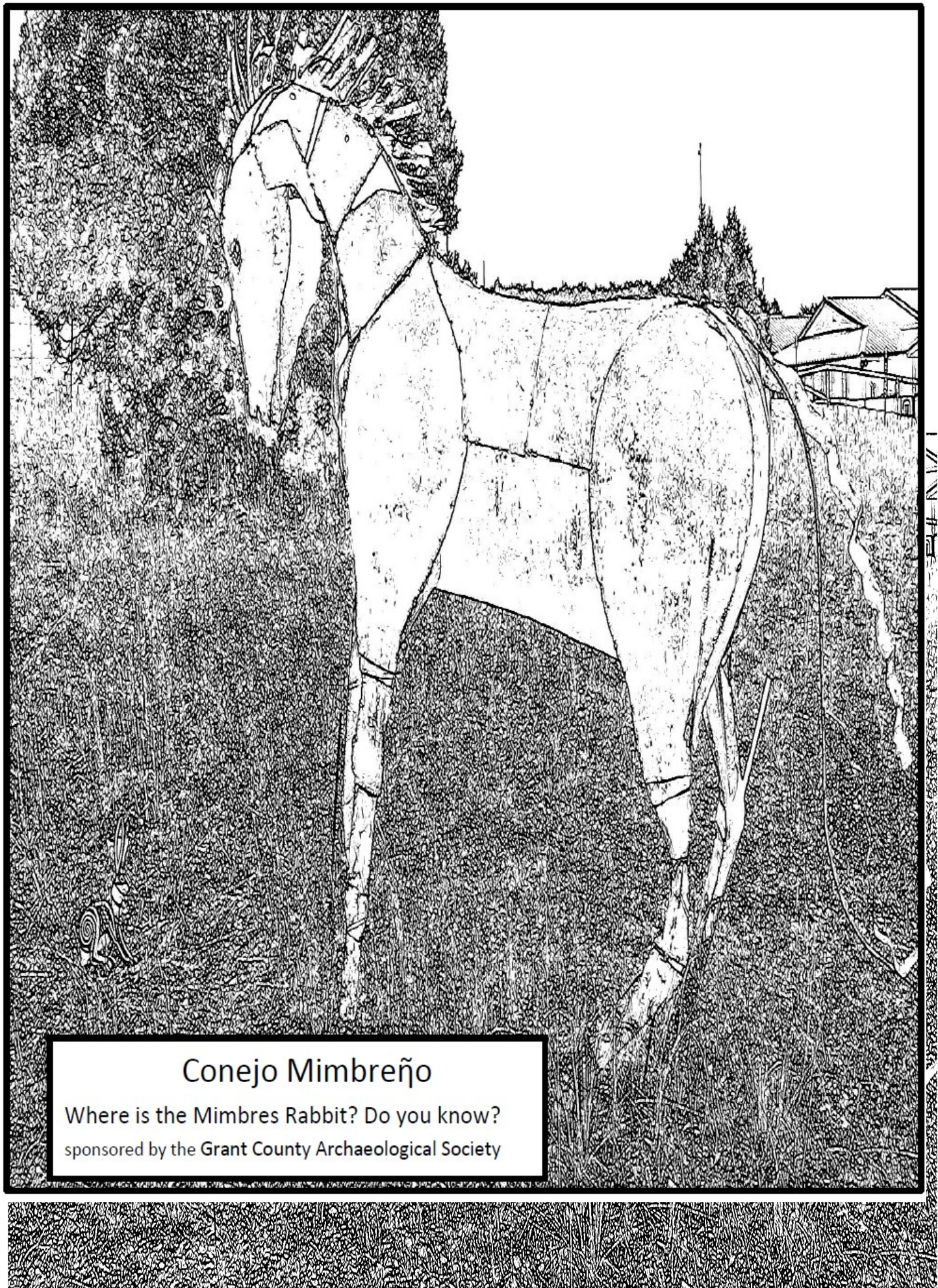
For all the details and photos go to:
www.HaveforSale.Weebly.com

PICKUP FIBERGLASS CAP

2001 Fiberglass cap with “windows”. \$300
Fits long-bed pickup. Call George 575-956-3226


GOT A CLASSIFIED?

The Messenger will now be accepting Classified Ads. A small ad is \$3. A larger ad with picture is \$7. All ads must be submitted and paid prior to April 15th for the May issue. You can call 575-536-9323 to place an ad, or email your ad to mvmsngr@yahoo.com.



Conejo Mimbrenño

Where is the Mimbres Rabbit? Do you know?
sponsored by the Grant County Archaeological Society



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New Mexico
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Mimbres Local



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Local People

Meets at the Roundup Lodge the 2nd Thursday of the month at
6:30 pm - Pot Luck supper followed by a business meeting

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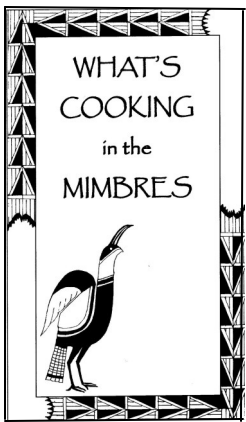


Habitat For Humanity - Gila Region
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Silver City, NM 88062

HELP Habitat BUILD!

CALL TO VOLUNTEER!

Office: 915 Santa Rita St. (575)538-9540
ReStore: 704 W. Market St. (575)534-9727
Email:hfhgilaregion@zianet.com



Last winter the Mimbres Booster Club published *What's Cooking in the Mimbres*, a collection of many great recipes contributed by Mimbres cooks. A recipe from the cookbook will become a regular Messenger feature.

In addition, anyone who has a family favorite they would like to share with the community is invited to submit their recipe to be featured in future editions. E-mail your recipe to mvmsngr@yahoo.com, or mail to PO Box 137, Mimbres, NM 88049. Be sure to include your name and phone number.

What's Cooking in the Mimbres is still available for purchase at Hupp's Hardware and Grocery, La Esperanza Winery, Elk X-ing Café, or contact any member of the Booster Club. The \$10 purchase price goes to maintain and improve the Mimbres Roundup Lodge - Your Community Center.

NEW MEXICO SUNSHINE PIE

1 lg. lemon
4 eggs
8 T. butter, melted
1 tsp. vanilla
1 1/2 c. sugar
1 unbaked pie crust
Preheat oven to 350°. Cut lemon into small chunks, leaving the rind on. Remove seeds. In a blender or food processor, blend lemon chunks, eggs, butter, vanilla and sugar until mixture is smooth and creamy. (it should be fairly runny.) Pour into unbaked pie crust. Bake at 350° for about 40 minutes, or until it sets. If crust gets too brown, cover gently with foil and finish baking. Serve with whipped cream. Enjoy!

JO JO, the FOREST SERVICE CAT



The Mimbres Messenger presented the Forest Service employees at the Wilderness District Ranger Station with a framed photo of Jo Jo the cat and Conejo Mimbrenño. The picture first appeared in the Messenger in the summer of 2013.

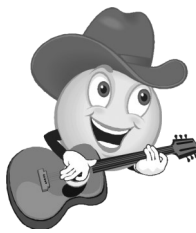
Sadly, Jo Jo was killed by a predator (coyote, bobcat, neighborhood dog?) this past winter. District Ranger Ray Torres found the mortally injured cat early one morning. Jo Jo was a very friendly cat, often greeting visitors to the Ranger Station. He was a favorite of the many firefighters who were in and out of the district during last summer's Silver Fire.

"We miss Jo Jo", said Lori Ketterman, "He was our little buddy."



ANNUAL COPPER COWBELLES SHINDIG

Dinner ~ Dance ~ Silent Auction
Saturday, April 12 - Doors open at 6 pm
Dinner at 7:30 pm Beef Dinner with homemade desserts by the Cowbelles
Dance to the **YARBROUGH BAND** 7:30 pm to 11:30 pm
Silent Auction 6 pm to 9 pm
Tickets: \$30 Advance Purchase and \$35 at the Door
No host bar - No one under 21 will be admitted!




GRAND OPENING: APRIL 8TH



Open hours: Tuesday - Saturday 10:00 AM till 6:00 PM

Your local store in the Mimbres for year-around fresh organic produce (local produce in summer), real natural groceries, bulk foods for greater savings, reasonable prices, and a convenient location at 2739 Highway 35. Also available at this location: a healing massage coop For more information, call 575-574-7069 or email valle.mimbres@gmail.com.

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SAPILLO VOLUNTEER FIRE & RESCUE
CALL 911 IN AN EMERGENCY
MARCH 30 - APRIL 5 IS SOUTHWEST WILDFIRE AWARENESS WEEK

How silly is this?! March 30th to April 5 is Southwest Wildfire Awareness Week

As if we, who live in the Southwest, aren't pretty aware of wildfires already.

Don't the people making up these "weeks of awareness" know we are pretty knowledgeable about wildfires? Don't they know we know there are wildfires where we live? Geez. We live in the Southwest and they should trust our knowledge of wildfires for Pete's sake!

We know there are tens of millions of dollars spent fighting these things. Our dollars. We know lightning is indiscriminate and causes wildfires. We know we have to be careful with fire. We know many people choose to let their homes burn in a wildfire. We know...

Wait a minute! WHAT? People are choosing to let their homes burn? Are you crazy?

Well yes, my friends, my neighbors, and by now everybody who reads the Mimbres Messenger all know I'm crazy. But some people, most in fact, do choose to let their homes burn in wildfires. That's right. They choose.

80% of homes which have been lost in wildfires could have been saved. **Could have been saved.** Think about that. The vast majority of homes lost in wildfires, each filled with priceless photos and irreplaceable memories **could have been saved.** But they weren't.

The next time you go for a walk in your neighborhood, look at your neighbors' homes. Have they still got pine needles all over the roofs and sticking out of their gutters? Are there low hanging branches on the trees waiting to be ignited by a grass fire? Is the grass around the house short or is it just long enough to invite ignition by a parked vehicle with a hot catalytic converter? Have leaves and twigs been raked away from the house?

When you get back home from your

walk, look at your house. Look *carefully*. Is your home part of the 80% that can be saved?

If you go to www.readyforwildfire.org/defensible_space you can learn how to save your priceless family photos, your irreplaceable memories, your home. There are tons of sites on the internet which can help you identify ways to NOT to be part of the 80% of homes that could have been saved but weren't.

Start your search engines! Type in **defensible space** and save your home.

Who knows, your neighbor may do the same. And that neighbor's neighbor may follow.

You can save your photos, your memories, and maybe, your whole neighborhood.

Paul Kenney, Chief 536-3625

Sapillo Creek Volunteer Fire & Rescue Department



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Living history
Tour guide

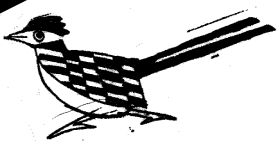
Mimbres Messenger
P. O. Box 137
Mimbres, NM 88049

Please email any suggestions, articles, announcements, upcoming events, advertising, etc. for consideration by the editors to:
mvmnsngr@yahoo.com

**MIMBRES VALLEY HEALTH ACTION LEAGUE
BULLETIN BOARD**

APRIL 9 - 12 NOON - 2:00 PM COMMODITIES PICKUP
Roundup Lodge - Volunteers needed to pack food. Please bring suitable boxes.

APRIL 21 - 5:30 PM ROUNDUP LODGE - MVHAL Annual Membership and Business Meeting. Light supper served after the business



The Mimbres Valley Health Action League was founded for the purposes of improving the health, well-being, and quality of life for the people of the Mimbres region. Some of the ways targeted to do that are by improving communication and social networks, providing preventive health education, improving access to health and social services, increasing financial and economic stability, increasing recreation opportunities, increasing education opportunities, and promoting a safe and healthy environment.

ARTHRITIS

AS COMPILED FROM THE CENTERS FOR DISEASE CONTROL WEBSITE



Although the word *arthritis* actually means joint inflammation, we use the term *arthritis* in the public health world to describe more than 100 rheumatic diseases and conditions that affect joints, the tissues which surround the joint and other connective tissue. The pattern, severity and location of symptoms can vary depending on the specific form of the disease. Typically, rheumatic conditions are characterized by pain and stiffness in and around one or more joints. The symptoms can develop gradually or suddenly. Certain rheumatic conditions can also involve the immune system and various internal organs of the body.

Early diagnosis and appropriate management of arthritis, including self-management activities, can help people with arthritis decrease pain, improve function, stay productive, and lower health care costs. Key self-management activities include the following:

Learn Arthritis Management Strategies—Learning techniques to reduce pain and limitations can be beneficial to people with arthritis. Self-management

education.....help you develop the skills and confidence to manage your arthritis on a day to day basis. For example, participants in these programs learned to manage symptoms of pain and fatigue, and reduced frustration or worry about their health.

Be Active—Research has shown that physical activity decreases pain, improves function, and delays disability. Make sure you get at least 30 minutes of moderate physical activity at least 5 days a week. You can get activity in 10-minute intervals. Read about the physical activity programs (such as Arthritis Foundation Exercise Program and Enhance Fitness) the CDC recommends for people with arthritis.

Watch Your Weight—The prevalence of arthritis increases with increasing weight. Research suggests that maintaining a healthy weight reduces the risk of developing arthritis and may decrease disease progression. A loss of just 11 pounds can decrease the occurrence (incidence) of new knee osteoarthritis and a weight loss 55 pounds can help

reduce pain and disability.

See Your Doctor—Although there is no cure for most types of arthritis, early diagnosis and appropriate management is important, especially for inflammatory types of arthritis. For example, early use of disease-modifying drugs can affect the course of rheumatoid arthritis. If you have symptoms of arthritis, see your doctor and begin appropriate management of your condition.

MIMBRES VALLEY

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PO BOX 137 MIMBRES, NM 88049
www.mvhal.org

Mimbres Messenger
Farmers' Market
Harvest Festival
Commodities Distribution
The San Lorenzo School Childrens' Garden