

A FREE COMMUNITY NEWSLETTER
JANUARY 2017

MIMBRES MESSENGER

A Little Store Is Born Valle Mimbres Market by Frankie

More than eight years ago, the Valle Mimbres Market was conceived by Frankie, a local rancher, who wanted to offer quality natural foods to the valley. The drive to Silver City and in particular traveling through town with all its unsynchronized red lights every 500 feet had gotten old fast and the absence of healthy foods close by contributed to the opening of the little store.



Its first location was between the San Lorenzo Post Office and the old La Tienda, in a 240 square foot room. The shelves were filled to the top with wholesome and mostly organic foods, including a small selection of fresh produce. A chair and a cash register on a folding table completed the simple arrangement. The space was so tight that three or more customers at once meant someone would have to wait outside for the crowd to clear inside. But just as business was taking off, the store had to move to a new location.

A couple of friends with a refurbished garage a few miles up river offered to rent their space. Many local friends and customers volunteered their help when relocating and reorganizing the store. Beside single items, the market provided special orders by the case, anything from almond milk to recycled toilet paper, as well as a monthly or by-monthly box of produce, CSA (Community Supported Agriculture) style. Enough for a family of four, the assortment of fresh organic fruits and vegetables had to be ordered in advance, complete with recipes for the odd produce that would find its way into the box. An old commercial glass fridge was purchased for all the dairy

products and for some of the vegetables. Growing and needing more space, it was time to move again.

After getting a few loans from friends, Frankie build a two-bedroom house with an extra large living room on a frontage lot on highway 35, between the two entrances to Casas Adobes subdivision. The building is made with clean, energy efficient,

non-polluting materials. Commercial plumbers and electricians were hired so that the building could be used for business. Finally, after three long years, the house was ready to be inhabited.

Four years ago, the market was moved into the large eastern room. Also on the east side, the spare bedroom with its small bathroom and its own entrance became a rental unit. A healing massage coop is currently renting that space, with a couple of skilled practitioners offering their services to the community. The kitchen was outfitted for commercial purposes and more shelves, glass-door fridges and freezers were acquired. The shelves are now filled with more natural goods, a dozen bulk bins offer great discounts, and more fruits and veg-

Cont. Page 3—Store



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LETTER FROM THE EDITOR

By: Anna Willhite



A very belated Happy New Year to all our readers!

This issue of *The Messenger* is seriously belated because our workhorse copier/printer has suffered a broken part. This, of course, occurred during the busiest of times when people were away, very busy or otherwise not working. The Problem has been diagnosed, the part ordered and will hopefully be installed before Chinese New Year on the 28th! We beg your understanding and thank you for your patience.

This issue is the first of the ninth year of publication of *The Messenger*. There have been many editorial and production changes over the years, as the volunteer staff evolved and new and more ambitious plans were implemented. Of the current volunteer staff, only Marilyn Markel, our intrepid and conscientious contributing writer, has survived these many changes. She somehow manages to overcome all challenges and provides superb text, photographs and historical input that adds greatly to the quality and success of *The Messenger*. We cannot thank her enough.

We are still on the hunt for contributors and have a few promises for future articles and items of interest. We hope those promises evolve into New Years' Resolutions which are kept.

With the arrival of winter, our weather has been an active topic of late. Record rains have caused damage resulting in closure of the Cliff Dwellings (road wash-out) and The Catwalk (now reopened) for the present. We have contended with wind, rain, some (thankfully light) snow and mud. The white Christmas Eve, I am told by longtime Valley residents, is an annual event. "It always snows on Christmas." With any luck, future precipitation will be rain (not of

the downpour variety!) and temperatures and wind will be moderate. I, for one, rely on the almost daily dose of sunshine, one of the Valley's greatest assets.

For an area of small population, there are some local businesses here which serve the community and merit recognition. Even in favorable economic times, running a small business is a challenge. From past personal experience, I absolutely know this to be a fact. We, at *The Messenger*, strive to encourage shopping/dining locally, for the good of us all. The cover article highlights the Valle Mimbres Market and is worth a look. The market offers a wide variety of food and other items you might not expect. Stop by and check out all that is available right here in the neighborhood. The new winter hours are Tuesday, Wednesday, Friday and Saturday from 11:00 a.m. to 5:00 pm.

The 2016 income tax season looms on the horizon. AARP Foundation Tax Aide will again provide free tax return preparation services, after the first of February. Many changes have been made in the AARP program, not the least of which is a new tax preparation website, which is giving return preparers headaches. But we are working (overtime) through them and expect to be ready to go. Flyers and information are being prepared for distribution, so look for them later this month in local information spots. As always, returns will be prepared by appointment, so be patient, it could take a little longer than usual. Stay tuned.

Just to follow up on last month's article about our alpaca neighbors: Baby Sampson is thriving and growing rapidly into another handsome alpaca!

Again, Happy New Year from *The Messenger*.

Continued from page 1 - Store

etables are available, including some that are locally grown. Health and beauty products, as well as pet foods are also up for grabs.



The store adheres to the owner's principles, mainly the belief that clean nutrition promotes health and well-being. It supports locally made goods from honey to produce to healing ointments. Co-op principles are followed as much as possible, from listening to customers' opinions, to providing information on nutrition. The market's motto is "Quality, Integrity and Community."

The store's clerks are very friendly, providing an enjoyable experience to all. A couple of them have chosen to exchange their services in trade for discounts, in the co-op spirit. Many of Valle Mimbres' customers enjoy purchasing from this locally-owned business, using their money to strengthen our community's economy, buying what they want, not what a giant retailer wants them to buy, reducing the impact on our environment, and preserving the unique character of our valley.

Valle Mimbres Market winter hours are Tuesday, Wednesday, Friday and Saturday, from 11:00 AM till

5:00 PM. For more information call 575-574-7069.

Valle Mimbres Market wishes all Mimbrenos y Mimbrenas a healthy New Year.

Frankie says that anyone bringing in a copy of this article during the month of January will receive a 10% discount on all foods!



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ROUNDUP LODGE NOTES

The Roundup Lodge saw a great deal of action in December and closed out a busy and successful year. The last event, appropriately enough, was a private New Year's Eve party. There were several holiday and other gatherings in December in addition to the usual meetings.

The annual Christmas Bazaar was the best ever. Numerous vendors offered a wide variety of goods to the large number of folks who came from near and far for holiday shopping, visiting with neighbors and the homemade goodies.



The Christmas Bazaar

The action was not confined to the building. Outside the chain saw raffle drew crowds that lusted after the chain saw, which was a partial donation from Ace Hardware. On December 21st, at La Tienda, Carlos Salazar's winning number was drawn by Bill Mize. Congratulations to Carlos.

Other outdoor activities at the Bazaar included a garage-sale-style display of tools, gadgets and general paraphernalia which appealed to handymen and other collectors. There were also grilled hot dogs to entice and sustain the shoppers while they examined the "merchandise".

In addition to managing outdoor activities, Booster volunteer Barry Gray manned the Dogwood City Jail. Various attendees went to jail after being "arrested" by Sheriff Shaggy where they languished until being bailed out by



Sheriff, Barry Gray guarding jailbirds Bill Mize and Bill Hudson

donors to the Roundup Lodge Building and Maintenance Fund. Most detainees were there for a short enough time not to complain about the food or accommodations. After all, it was not a high-security facility.



Bill Mize selecting raffle winner.

In the spirit of neighborhood fun, Barry was also observed teaching a little girl the art of toasting marshmallows – a treat she had never before experienced. It was apparent that everyone enjoyed the day and that it was a good time.

The great success of the Christmas Bazaar and related activities was due in great part to the large number of volunteers and the generosity of neighbors who donated items for the outdoor yard sale, sold tickets for the chain saw drawing, donated snacks and goodies and put in the enormous amount of time and effort to make it all work.

The generous involvement of so many in efforts to sustain

Continued on Page 5 - Lodge Notes

\$50 GRAND PRIZE

Mimbres Roundup Lodge Your Community Center

Sunday, January 8 **2 pm to 5 pm** **BINGO**



Come join the fun!

CARDS
\$5 FOR 1 OR
\$10 FOR 3
Plus More Money Games
And new prizes!

Continued from Page 4 - Lodge Notes

and support the operation of the Lodge reinforces the fact that the Lodge is a valuable and appreciated community resource. We are truly grateful to all those who helped.

The day after the Bazaar, December bingo was held at the Lodge – consider the logistics. As usual, attendance was brisk and everyone had a fun afternoon. Holiday bingo is always a good time. Contrary to a rumor that there will be no Bingo in January, Bingo will be held as usual on the second Sunday of the month, January 8th. Everyone is invited.

The Mimbres Booster Club did overtime duty in December: in addition to the Christmas Bazaar and bingo, the annual drive for Christmas toys for the San Lorenzo Elementary School students came to a successful conclusion. Members acquired, wrapped and delivered bags of toys for the 73 students this year. We thank everyone for their efforts and especially those who made donations to this worthwhile enterprise. Derek Ratcliffe, Walgreens manager, again donated the bags which were filled with toys. Several Booster members gave generous cash donations and Principal Michael Koury and the staff at the school helped coordinate the efforts of all involved and made the operation a smooth one. It was another good holiday time.

The New Year began with continued scheduling of regular and special activities at the Lodge. If you want to reserve the Lodge for your event, contact Sally at 505-360-1583 or Anna at 575-536-9323.

The Mimbres Booster Club had no meeting in January, but will resume regular meetings (the first Thursday of the month) on February 8th. Join us for a light dinner and a short meeting to find out more about what the Boosters do, and consider joining us.

We wish everyone a happy, healthy 2017!

NEW YEARS' RESOLUTIONS EXPLAINED

Why do people make New Years' Resolutions?

A new years' resolution is a decision to do or not to do something in order to accomplish a personal goal or break a habit. It comes at a time when people look back at the past year and make an effort to improve themselves as the new year begins. Adults often make new years' resolutions to lose weight or exercise more.

How did New Years' Resolutions start?

Babylonians made promises to their gods at the start of each year that they would return borrowed objects and pay their debts. Romans began each year by making promises to the god Janus for whom the month of January is named.

How long does the average person keep their New Years' Resolutions?

Surprisingly, 75% of resolutions will be continued through the first week of January, but only 46% will make it past six months. University of Scranton found that 39% of people in their twenties will achieve their resolutions each year while only 14% of people over fifty will achieve theirs.



FOREST SERVICE NEWS

Four Campgrounds closed on Wilderness Ranger District Mimbres, NM, December 30, 2016—For Immediate Release. The Gila National Forest wishes to notify the public of the closure of four campgrounds on the Wilderness Ranger District. A large section of the access road being washed out by floodwaters at the west fork of the Gila River has resulted in the closure of Woody's Corral, TJ's Corral, Scorpion campgrounds, and the West Fork Trail Head parking access.

Adam Mendonca, Forest Supervisor stated the closure will remain in effect until further notice to protect the safety of the public. In addition, New Mexico Highway 15 will be closed at mile marker 42.1, one mile southeast of the cliff dwellings until further notice.

The Gila Visitor Center, museum, park store, and forest trails remain open to the public. Visitor Center hours are 8:00 a.m. until 4:30 p.m. daily. Visitors planning trips to Gila Center in the near future should first call the visitor center at 575-536-9461 to get information on the latest conditions.

If you wish to access the Forest Service trails past the road closure via foot or horseback, parking continues to be available at the Gila Visitor Center. For information on the Gila National Forest, check out our website at <http://www.fs.usda.gov/gila> or join the conversation on Facebook at www.facebook.com/GilaNForest/ or follow us on Twitter @GilaNForest.

Wilderness Ranger District needs your help with gates

The Wilderness Ranger District needs your help! The Forest Service horses and mules are pastured between mile markers 18-22 and Lake Roberts on the north side of Highway 35.

There are several gates to this pasture that have been left open in the past month, therefore allowing horses and mules to wander onto the highway. This area is open to the public. **It is vitally important, to both the health and safety of the public and the health and safety of the livestock, that all gates are closed when you exit the pasture.** All gates are identified with signs referring to the livestock in the pasture.

Catwalk to reopen

Glenwood District Ranger Anne Casey said "We expect that the Catwalk National Recreation Area will reopen late afternoon on Friday, January 6th. We are happy to announce that the storms were not severe enough to damage the catwalk."

For information on the Gila National Forest, check out our website at <http://www.fs.usda.gov/gila> or join the conversation on Facebook at www.facebook.com/GilaNForest/ or follow us on Twitter @GilaNForest.

Winds of Change

By Ria Bonneamie

Time to let go of all prejudices,
Look at the world with compassionate eyes,
For the Era of the Wind is here,
Blasting destruction, struggle and fear.

Lower the hackles of your fur,
It is time to love thy neighbor.
The winds of war must cease,
All hearts must make way for peace.

A bum needs a meal, a refugee a home,
We are all equal under the starry dome.
It's never too late to offer a hand,
Let a wind of love blow all over the land.

The winds of change are here.



DOG GROOMING



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When Insults Had Class . .

These glorious insults are from an era "before" the English language got boiled down to 4-letter words.

A member of Parliament to Disraeli: "Sir, you will either die on the gallows or of some unspeakable disease."

"That depends, Sir," said Disraeli, "whether I embrace your policies or your mistress."

"He had delusions of adequacy"

-Walter Kerr

"He has all the virtues I dislike and none of the vices I admire."

-Winston Churchill

"I have never killed a man, but I have read many obituaries with great pleasure."

-Clarence Darrow

"He has never been known to use a word that might send a reader to the dictionary."

-William Faulkner (about Ernest Hemingway)

"Thank you for sending me a copy of your book; I'll waste no time reading it."

-Moses Hadas

"I didn't attend the funeral, but I sent a nice letter saying I approved of it."

-Mark Twain

"He has no enemies, but is intensely disliked by his friends."

-Oscar Wilde

"I am enclosing two tickets to the first night of my new play; bring a friend, if you have one."

-George Bernard Shaw to Winston Churchill

"Cannot possibly attend first night, will attend second... if there is one."

-Winston Churchill, in response

"I feel so miserable without you; it's almost like having you here."

-Stephen Bishop

"He is a self-made man and worships his creator."

-John Bright

"I've just learned about his illness. Let's hope it's nothing trivial."

-Irvin S. Cobb

"He is not only dull himself; he is the cause of dullness in others."

-Samuel Johnson

"He is simply a shiver looking for a spine to run up."

-Paul Keating

"In order to avoid being called a flirt, she always yielded easily."

-Charles, Count Talleyrand

"He loves nature in spite of what it did to him."

-Forrest Tucker

"Why do you sit there looking like an envelope without any address on it?"

-Mark Twain

"His mother should have thrown him away and kept the stork."

-Mae West

"Some cause happiness wherever they go; others, whenever they go."

-Oscar Wilde

"He uses statistics as a drunken man uses lamp-posts... for support rather than illumination."

-Andrew Lang (1844-1912)

"He has Van Gogh's ear for music."

-Billy Wilder

"I've had a perfectly wonderful evening. But I'm afraid this wasn't it."

-Groucho Marx

MIMBRES RESIDENT DEREK RATCLIFF APPOINTED TO THE GRANT COUNTY CHAMBER OF COMMERCE BOARD OF DIRECTORS

Article taken from the Grant County Chamber of Commerce Newsletter.

During the December 7, 2016 Silver City Grant County Chamber of Commerce Board of Directors Meeting, members of the Board of Directors voted to add Derek Ratcliff to fill a vacancy on the Chamber Board.



DEREK RATCLIFF CPhT

Derek Ratcliff has been in management with Walgreens since 2000. He began his Walgreens career in Houston, Texas. Derek then moved to El Paso, Texas with the company for 10 years. In 2013, he and his family moved to Silver City, New Mexico and is currently the Store Manager of the Silver City Walgreens.

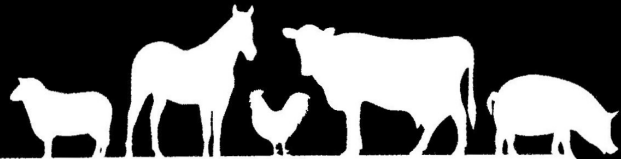
Over the last 16 years, Derek has worked in a variety of stores from urban to rural areas with the company. He is certified as a Pharmacy Technician with the PTCB and is licensed in New Mexico and Texas to practice as a pharmacy technician. From 1997 - 2000, he previously worked at American Airlines Vacations in the education and train-

ing department. He was an instructor who taught SA-BRE, ATOP and product knowledge to new employees.

Derek attended college at Central Bible College and Rhema Bible Training Center and received a Degree in Theology. Derek also studied in Tulsa, Oklahoma for a Computer Science Degree with a dual Major. He is currently a CPR/AED/First Aid Instructor and enjoys helping others through teaching classes that can save lives. In addition to being a CPR instructor, he also has been a certified rescue scuba diver since 2012.

Derek and his wife, Wendy, of almost 20 years, have two children that are now 16 years old and 13 years old. He currently serves on the WNMU School of Business Employer Advisory Board. He is an active volunteer with the Senior Olympics of Grant County. Derek also volunteers his time to the community through local health fairs and has taught various health related classes in the Grant County area.

WAY TO GO, DEREK!



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San Lorenzo 3rd and 4th Graders Receive Jr. Site Steward Certificates

In the fall, Pat Ross' class at San Lorenzo took part in a program to become Junior Site Stewards at the Mattocks Ruin (Mimbres Culture Heritage Site). The 3rd and 4th Graders visited the archaeological site and filled out preservation handbooks, under the guidance of Aldo Leopold Charter School students and the Grant County Archaeological Society.



Students reading from the preservation handbooks which they had filled out at the site.



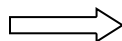
All photos courtesy of Marilyn Markel

At a ceremony held in the school library, teacher Pat Ross and invited guests watched as



Students receiving their certificates

the students were each given a "Certificate of Completion" and Junior Site Steward I.D. card by the Aldo Leopold Youth Conservation Corps archaeology crew. Con-



WHAT ARE YOU READING?



The BFG

By Roald Dahl

Sophie is an HB (Human Bean). The BFG is a Big Friendly Giant. How they met and the adventures they had is a MFS (Marvelous Funny Story). Giants are mostly Big but in this story they are Really Big with fearsome names: Gizzard Gulper, Blood Bottler, Child-Chewer !!

Sophie and the BFG make a plan to stop the giants from eating people as food. To make their plan work they ask the Queen for help. So off they go to the Palace, meet the Queen and have a proper breakfast of sausages and eggs. After hearing their story the Queen orders the Army and the Air Force to capture the giants who are then forced to live in a very deep pit and eat only snozzcumbers.

Sophie teaches the BFG how to read and spell and write. He learned quickly and began writing the stories that became this book: WONDERCRUMP !!

Aunt Mary

Available at Bayard Public Library
Silver City Public Library

Don't forget San Lorenzo students' "Give Change to Make a Change" Program

Students at San Lorenzo Elementary School are collecting change—in the hopes they can raise enough money to donate to the K.I.N.D. Fund (Kids in Need of Desks), a UNICEF organization. The goal of UNICEF is to make the world better for children.

Students in Pat Ross' class learned about Malawi this past year. Many of the children in Malawi do not have desks at their schools. They sit on the floor. And a simple desk can make all the difference—a desk where children can write and learn. So the students at San Lorenzo will do a kind deed- and help make a change in the life of child or two. Please help the San Lorenzo students be K.I.N.D. and give some change to make a change. Thanks!

gratulations and well done! The kids hope to return to the Heritage Site in the New Year to learn more about the ancient Mimbres People, the history of the Mimbres Valley, and how we can all take care of our Mimbrenño heritage.



Teen Ink

by Ajalaa Claussen

As the year winds down, it is wonderful to reflect on memories made this year and look forward to the year ahead. Every year we gain more knowledge and experiences that we expand on and grow from. Babies discover their toes, toddlers begin to walk and talk, kids learn in school, teens get behind the wheel, and adults begin new adventures. From the time we first open our eyes to the moment we close them for eternal rest, our lives are filled with firsts that we never forget. A fresh new start is the perfect time to close your eyes, take a deep breath, and reflect on the past. When breathing in imagine all the pain and joy, mistakes and truths, then breathe it all out. Each breath is a fresh start. Breathe in the past, absorb lessons learned and release. Release all the built up tension. Breathe in new light.



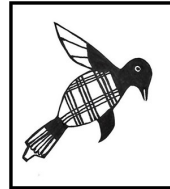
Piñon Jay

The Piñon Jay looks like a small blue-gray crow. They live and travel in large, noisy groups in forests of piñon pine and juniper. The favorite food of this common bird is piñon pine nuts. They also eat juniper berries and insects. They store pine nuts in the fall, burying them underground, digging them up later on. Amazingly, they find almost all of the hidden piñones! Some of the forgotten nuts grow into piñon trees.



Conejo Mimbrenño in December 2016

In December I made friends with a family of doves that nest in a cottonwood tree near the river. I like listening to the call of a dove—a gentle cooing, *coo-oo*, *coo*, *coo*, *coo*. The dove is a symbol of peace all over the world. Do you think those long-ago Mimbres people listened to the peaceful cooing of a dove?



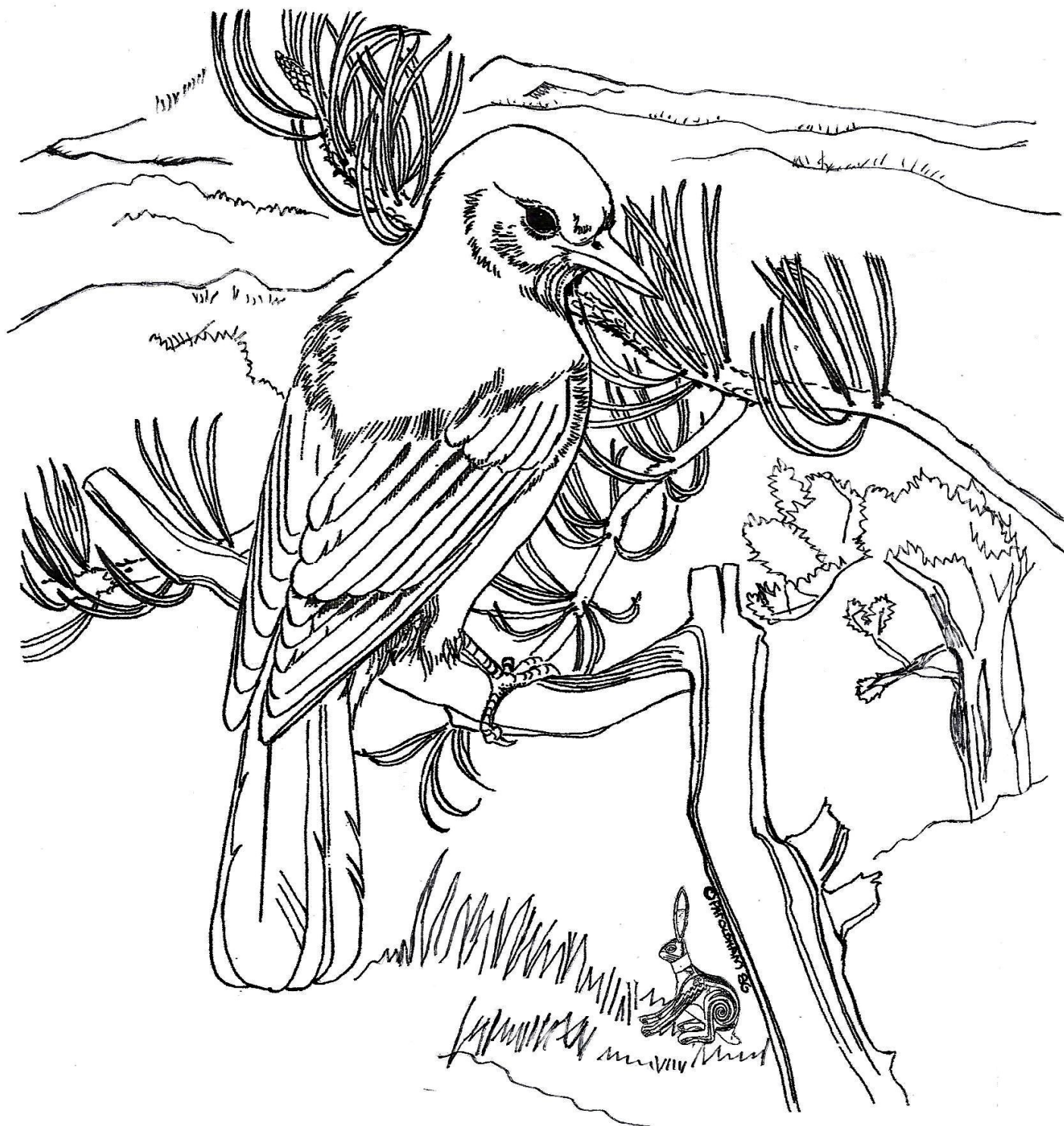
Mimbres Dove



TERRIFIC KID AWARDS



The Kiwanis Club of Silver City celebrated students honored as Terrific Kids for December at San Lorenzo Elementary School. The program "honors elementary school students for demonstrating a positive attitude, good character, and responsible citizenship". The club has formed a partnership with 8 elementary schools to recognize Terrific Kids every month of the scholastic year. Besides getting a certificate each child is given a packet of goodies for them and their parents. Those honored in the picture are: back, Michael Richter, Tyrese Armendariz, Rio Koury, and Trenton Palomarez. Front, Korra Diedrich, Delilah Romo, and Ryan Burkos. Not pictured is Travis Hyde.



Where is Conejo Mimbrenño? Sponsored by the Grant County Archaeological Society

COMMUNITY CALENDAR & HAPPENINGS

ALCOHOLICS ANONYMOUS - EVERY TUESDAY and FRIDAY - 5:30 pm Mimbres Roundup Lodge. Acklin Hill Road. Speaker meeting - last Tuesday of the month. For more information **575-313-4693 or 888-388-1802**.

ALZHEIMER CAREGIVER SUPPORT GROUP (not to be confused with the Savvy Caregiver Program) meets 1st and 3rd Mondays, **January 16th at 10 am** at the Mimbres Senior Center. For info call Sharon McGrath 536-3950

CASAS ADOBES WATER ASSOCIATION - meets January 26th (but it is usually the third Thursday of every month) 6:30 p.m. Roundup Lodge.

COMMODITIES DISTRIBUTION - January 18th (third Wednesday of every month) - 12 NOON to 2:00 pm - Roundup Lodge Please bring a suitable box. Volunteers to help pack boxes are always needed. **Beginning January 2017, Commodities will be distributed the 3rd Wednesday of each month.**

DESERT WEST AUCTION - THE BIG RED BARN - 3870 Hwy 35, Mimbres. Friday, Saturday and Sunday in January (call for dates) Any questions contact the Coogans either by email at desertwest@desertwestauction.com or call 575-536-9353. Bid on-line starting at 11 am both Saturday and Sunday. At www.liveauctioneers.com or www.lcollector.com.

GIRL SCOUTS OF DESERT SOUTHWEST, TROOP 049, meets at Roundup Lodge on **Mondays at 5:15 pm to 6:15 pm weekly.** For more information, come to a meeting.

HMS MIMBRES CLINIC - Clinic Hours have been extended to three days. Monday, Tuesday and Wednesday **8:00 am to 5 pm.** 575-536-3990

LA ESPERANZA VINEYARD & WINERY - NEW HOURS - Winery open Friday, Saturday and Sunday Noon to 6:00 pm. Mimbres' Award Winning Winery. For more information call 505-259-9523 or 505-238-6252.

MIMBRES CULTURE HERITAGE SITE - 14 Sage Drive (on Highway 35), The Mattocks Site and museum has a new winter schedule: Open Friday, Saturday and Sunday 11 am to 3 pm. Special group tours can be arranged by calling 575-536-3333 or 575-536-3161 at least a week in advance.

First Saturday of the month, January 7th, 1 pm Bill Hudson of the Imogen F. Wilson Education Foundation gives a tour of the Mimbres Site. For information call 536-3333.

MIMBRES EMERGENCY MEDICAL SERVICE (MEMS) - Meetings have been cancelled until further notice. Contact Rebecca Hazen 575-574-8344 for information.

MIMBRES FARM BUREAU - There is NO MEETING in January- Monthly meetings are the 2nd Thursday of each month at 6:30 pm. Roundup Lodge. Pot-luck supper followed by a business meeting. Everyone welcome. Meetings resume in February.

MIMBRES VALLEY HEALTH ACTION LEAGUE (MVHAL) - Monthly Board Meeting - January 11th - 5:30 pm - 7:00 pm (2nd Wednesday of each month) Roundup Lodge, Acklin Hill Road, San Lorenzo. Valley Residents Welcome.

MIMBRES VALLEY ROUNDUP LODGE BOOSTER CLUB Acklin Hill Road - Calendar of events.

BOOSTER CLUB MONTHLY MEETING. NO MEETING IN JANUARY - Next meeting is February 2nd first Thursday of each month. New members welcome. Light dinner served.

BINGO - January 8th - 2:00 pm to 5:00 pm - Second Sunday of each month. Roundup Lodge - \$5 a card or 3 for \$10.00. Grand prize of \$50 cash.

MIMBRES VALLEY SENIOR CENTER - LUNCH DAILY— Monday - Friday 11:30 Reservations are requested one day in advance.

EXERCISE FOR SENIORS -Every Tuesday and Thursday - 10:00 am Stretching and light weight lifting. For information call Thelma Melvin 536-2899

SENIOR CENTER ADVISORY COUNCIL - Meeting at the Center - Tuesday, January 24th (meets 4th Tuesday of each month after lunch)

MIMBRES VALLEY THERAPEUTIC HEALING MESSAGES - Tuesdays and Saturdays - 9:30 am - 5:30 pm - 2739 Highway 35. For appointments call 575-574-7069

NATIVE FLOW YOGA - Monday - Friday 11:00 am to Noon and 6:00 pm – 7:00 pm - Saturday, VINASA FLOW 11 am - noon Beginning and intermediate levels. All ages welcome. Gentle Vinasa Flow and Restorative Yoga. \$8 per class or \$50 unlimited monthly. For more information contact Camille at 575-313-0728

TOPS (Take Off Pounds Sensibly) Local meetings every week. “Just for the health of it.” For more information call Paula Norero at 536-9433 or email at paula@gilinet.com.

VALLE MIMBRES MARKET - NEW HOURS ~ TUESDAY, WEDNESDAY, FRIDAY AND SATURDAY 11:00 am to 5:00 pm; -
2739 Highway 35. Fresh local and organic produce, natural groceries and more. Credit, debit, EBT, or local checks, we even take cash. Every Saturday 10% off all fresh produce. Seniors discount on Wednesday. 575-574-7069 Bring a copy of Frankie's front page article in during the month of January and receive a 10% discount on all groceries.

COUNTY CALENDAR

ALBERTSONS - Wednesday, January 4th First Wednesday of the month. Seniors 55+ get 10% off. All day.

AMERICAN LEGION POST 18 of Silver City - meets every **Wednesday from 8:30 am to 10:30 pm** for coffee and doughnuts for all veterans. 409 West College Avenue, Silver City. For more information contact Ray Davis 575-956-5153

BACK COUNTRY HORSEMEN - Wednesday, January 11th - 2nd WEDNESDAYS - 6:00 pm Gila Regional Conference Room.
Subject to change. Please call first. 575-574-2888

BOOKMOBILE WEST SCHEDULE - Thursday, January 26th

Mimbres - NEW LOCATION - Living Harvest Bakery 9:45 am - 10:45 am

Lake Roberts - Sapillo Creek Fire Station 11:45 am - 12:45 pm

Doc Campbell's Post (near Gila Cliff Dwellings) 2:30 pm - 3:30 pm

Rural Bookmobile West - 1000 Main St. NW, Building 16A, Los Lunas, NM 87031

Phone: 505-841-5250 Fax: 505-841-5255 Email: rbmw@state.nm.us

Books by Mail Provides library service to those who are not reached by bookmobiles or public libraries. Toll free 1-800-395-9144

Library for the Blind and Physically Handicapped - Phone toll free 1-800-456-5515

FORT BAYARD WALKING TOURS - Private tours for family and friends visiting the area. Call 575-388-9123 or 575-574-8779

GRANT COUNTY ARCHAEOLOGICAL SOCIETY - Wednesday, January 18th ~ 3rd WEDS of the month. Meeting at the Woman's Club in Silver City at 6:00 pm followed by a program. Greg Conlin will give a presentation on Peruvian Archaeology. For more information, call **Marilyn Markel 536-9337.**

GRANT COUNTY ROLLING STONES GEM & MINERAL SOCIETY - Thursday, January 12th - (2nd THURSDAY), 6:00 pm -
Meeting and potluck followed by a rock draw. Bring your own service ware and dish to share. Silver City Senior Center - 204 W. Victoria Street in Silver City 575-536-1393 rollingstonesgms.blogspot.com
Field trip Saturday, January 21st the 3rd Saturday of the month at 8:30 am. For more information contact Ansel Walters at 575-388-2010

MS SUPPORT GROUP - First Tuesday of the month at 11:30 am for lunch in Silver City. Meetings are held in various City area restaurants. New members with Multiple Sclerosis are welcome. Email huseworld@yahoo.com for the location.

NEW HOPE AL-ANON FAMILY GROUP - EVERY MONDAY - 12:00 pm to 1:00 pm - First Presbyterian Church at 20th and Swan, Silver City. Open meeting for family and friends of alcoholics. For information, call Jerry 575-534-4866 or Diana 575-574-2311.

SILVER CITY CHAMBER OF COMMERCE LUNCH MEETING - Thursday, January 5th - 11:45 am Sunset Room of the WNMU Student Cafeteria located on the second floor of the Student Memorial Building at 1000 West College Avenue in Silver City. This month's speakers will be Raul Turrieta who will discuss valuation of residential and commercial property in Grant County and Augustin "Naka" Nakamoto, Office Manager for NM Workers' Compensation Administration Southwest Regional Office and Lydia Morrison of the Workers' Compensation Administration will discuss Workers' Compensation issues. Meeting is free, \$15 charge for lunch. For more information contact the Silver City Grant County Chamber of Commerce at 575-538-3785. Advanced registration is recommended.

SILVER CITY FOOD CO-OP - Calendar of Events contact the Food Co-op at 575-388-2343 or www.silvercityfoodcoop.com for information about any event.

The co-op is starting off the New Year with New Events! Don't miss them.

Co-op Explorers Kids Craft NEW Event - Saturday, January 7 at 1:00 pm Make a pine cone bird feeder. Kids ages 12 and under are invited to become a card-carrying Co-op Explorer. Kids simply need to bring a parent or supervising adult to a cash register and ask to become a Co-op Explorer. Each child will be issued their very own super official Co-op Explorer Card. Please call Charneine at the Co-op at 388-2343 to register your child

Continued on page 14

for the craft class. The class is free and children must be accompanied by an adult. The bird feeders will be made using peanut butter so children with nut allergies should not do this craft. 614 North Bullard Street.

FOOD CO-OP TOUR - Wednesday, January 11, 10 am to 11 am. What is a Co-op? Get the inside scoop. You don't have to be a member to shop at the co-op. 520 North Bullard Street

LEARN ABOUT GLUTEN FREE FOODS - Saturday, January 14th at 11 am with registered Dietitian Bret Sarnquist. Bret, former owner of a gluten-free bakery, will show you products you can enjoy while still eating gluten free. 520 North Bullard.

SAMPLING SATURDAY,- January, 21 from 11 am to 2 pm Free food samples and recipes. The co-op wants to share samples of great food and show just how good organic tastes.

POPCORN FRIDAYS! Enjoy Free Organic Popcorn and Food Samples at the Silver City Food Co-op 520 North Bullard St.

MARKET CAFÉ IS OPEN - Monday and Wednesday through Saturday 8:30 am - 7 pm and Sunday, 8:30 am - 5 pm

SILVER CITY PHOTO CLUB - January 4 at 7:00 pm - free monthly meeting will feature a pair of presentations by club members.

Torn Vaughan will describe the multi-layered complexity of our National Park System. Sonnie Sussillo will tell the story of how a Gila National Forest wilderness inventory works plus why she and her fellow volunteers do them. All photographers as well as those interested in photography are welcome. Unitarian Universalist Meeting House, 3845 North Swan, Silver City 860-670-4543

WALGREENS - Tuesday, January 3rd (1st Tuesday of each month) - SENIOR DISCOUNT - 20% off of items not on sale.

WIDOWED AND SINGLE PERSONS OF GRANT COUNTY - Monday, January 9th - Sign in at 10:30 am - (second Monday of each month) Cross Point Assembly of God church (formerly Glad Tidings Church) 11600 Hwy 180 E - Nancy Miller will talk to us about "What doesn't kill us makes you stronger tomorrow". Cost for lunch is \$12. All singles welcome For information, call 575-537-3643.

WESTERN INSTITUTE OF LIFELONG LEARNING (WILL) www.will-learning.com or info@will.learning.com **575-538-6835**

SIGN-UP SOCIAL - January 19th at 5:00 pm. Everyone is welcome as WILL hosts its spring semester social at the WNMU Global Resource Center Auditorium. 12th and Kentucky, Silver City. Find out what is new this semester and meet the course facilitators. Sign up for courses.

LUNCH and LEARN - Wednesday, January 25 - NOON - FREE - WILL kicks off the spring season with "Demographic Growth and Political Power: The Latino Reality in the United States". Bring your lunch, bring a friend, or just bring yourself! WNMU Global Resource Center ABC Room, 12th and Kentucky, Silver City.



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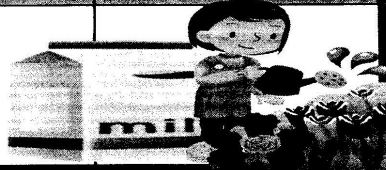
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Katebrown@gilanet.com

Katebrownpottery.com

SENIOR CENTER MENU

January 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Silver 388-2545 Santa Clara 537-5254 Mimbres 536-9990 Gila 535-2888 Center Closed Holiday	2 Chicken Tacos 3oz. Chicken, 1oz cheese, 2 Corn tortillas 4 oz. Lettuce & Tomatoes 4 oz. Calabacitas W/ Gr. Chile 4 oz. Pinto Beans 2 oz. Bread Pudding	5 oz. Chicken Fried Steak 1/2 C Mashed Potatoes W/Gravy 1/2 C Mixed Veggies 1 Slice WW Bread 6 oz Strawberries 4 oz Vanilla Wafers	1 Grilled Cheese Sandwich** 2 Slices WW Bread, 1 Cheese Slice 12 C Low Sodium Veggie Soup 5 Saltine Crackers 1 C Apricots	2/3 C Hawaiin Pork 1 C Tossed Green Salad 2 T Ranch Dressing 1 Slice WW Bread 3/4 Sliced Strawberries & Vanilla Pudding
3 oz. Green Chile Hamburge 1 Lettuce Leaf, 1 Tomato Slice 1 Pickle, 1 Onion 1 C Butter Beans 4 oz. Carrots & Peppers 1/2 C Chocolate Pudding	3 oz. Chicken Strips 8 oz. Mashed Potatoes W/ Gravy 4 oz. Broccoli 4 oz. Carrots 1 WW Roll W/ Margarine 1 Oatmeal Cookie	1 Tuna Salad Sandwich 1/2 C Tuna on 2 Slices WW Bread 4 oz. Cucumber Salad 6 Graham Crackers 1 Orange	8 oz. RC Beef & Potatoes** 6 oz. Pinto Beans 1 8" Tortilla 1 oz. Pumpkin Pie 1 T Whipped Topping	Chili Dog...2 3 oz. Hot Dog on a Bun 1 T Chili & Beans 1 C Baked Potato Wedges 1 C Mixed Veggies 1 Orange
Center Closed Holiday Martin Luther King	6 oz. Green Chili Enchilada..4* 2 oz. Lettuce & Tomato 4 oz. Pinto Beans 4 oz. Spanish Rice 5 oz. Canned Apricots	3 Oz. Meatloaf 3/4 Garlic Mashed Potatoes 1 C Boccoli & Cauliflower W/ Cheese 1 Dinner Roll W/ Margarine 1 C Cantaloupe 1/2 C Yogurt	1 Slice Sausage Pizza*** Spinach Salad W/2 T Italian Dressing 6 oz. Pineapple 1 Peanut Butter Cookie	2 Beef Tacos 3 oz. Beef, 1 oz. Cheese, 2 Corn Tortillas 4 oz. Lettuce & tomato 4 oz. Spanish Rice 4 oz. Pinto Beans 8 oz. Cantaloupe
3 oz. Chicken Breast w/ Bun 1 oz. American Cheese 1 Slice Tomato 1 C Blackeyed Peas 1 C Steamed Carrots W/ Marg 1 Slice Angel Food Cake W/ Strawberries	6 oz. Spaghetti & Sauce..5** 3/4 C Steamed Broccoli 1 Slice Garlic Bread 1 Slice Applesauce Cake	Roast Beef...1*** 3 oz. Beef Bottom Roast 4 oz. Mashed Potatoes W/ Gravy 6 oz. Green Beans 1 WW Roll W/ Margarine 1.5 oz. White Cake	3 oz. Bean Burrito 1 oz. Cheese, 1 Flour Tortilla 3 oz. Spanish Rice 4 oz. Lettuce & Tomato 4 oz. Crackers W/ Peanut Butter 4 oz. Apricots	Salisbury Steak...2*** 3 oz. Salisbury Steak W/ 2 T Mushroom Gra 1/2 C Mashed Potatoes 1/2 C Steamed Spinach 1 WW Dinner Roll W/Margarine 1/2 C Tropical Fruit Salad
1 Taco Salad 4 oz. Spanish Rice 8 oz. Squash W/ Margarine 6 Low Sodium Crackers 1 Orange	Ham & Cheese Sandwich..3** 2 oz. Ham, 1 oz. Swiss Cheese 2 Slice WW Bread 1 Lettuce Leaf, 1 Tomato Slice 1/2 C Mixed Veggies W/ Marg 1/2 C Mandarin Oranges	3 Oz. Beef Tips W/Gravy 1 C Egg Noodles 1 C Salad 3/4 C Peas & Carrots 3/4 C Pears 1 Oatmeal Cookies		

Law Access New Mexico

is a free telephone legal advice service for low

income New Mexicans to help solve civil legal problems. Our toll-free helpline is open 8:45 am - 3:30 pm Monday- Friday.

1-800-340-9771

Asesoría Legal GRATIS via el telefonho para personas viviendo en Nuevo Mexico con problemas legales civiles y cuyos ingresos sean bajos. Las Lineas estan abaiertas durante las horas de 8:45ms a 3:30pm, Lunes a Viernes.



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SENIOR MOBILE FOOD PANTRY The third Wednesday of every month, the Gospel Mission in Silver City will distribute food at the Knights of Columbus Hall, 1301 North Swan Street from 2:00 to 4:00 p.m. If you are 55 years of age or older, live in Grant County and you need help with food, you are welcome to come by. Please bring your own box or bag to put food in. Help carrying will be available if you need it. If you would like to lend a hand in helping to set up or carrying boxes to cars, please show up at around 12:30 p.m.

Mimbres Children Book Series

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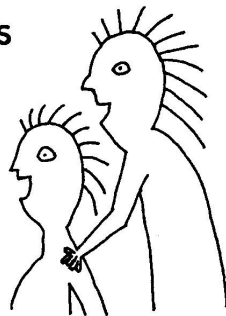
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ARCHAEOLOGY IN THE MIMBRES

Silver City Enterprise – July 24, 1891

Through the efforts of the Grant County Archaeological Society and past local archaeological research, we are all familiar with many of the past and present discoveries of the early inhabitants of the Mimbres. Interest in the history of the Mimbres has long been evident, as described in the following article, reprinted from the Silver City Enterprise in 1891 without editing. (Ed note)

HISTORIC RUINS

Silver City Enterprise – July 24, 1891

That the Mimbres valley was once the site of populous Aztec settlements, everything goes to prove, as all along the river for a distance of thirty-five or forty miles, evidence of former occupation are plainly visible.

On the lower portion of the river, opposite the ranch of W.H. Taylor, the ruins of an extensive pueblo are seen. At a depth of seven feet from the surface the foundations of a large building have been discovered, whilst all through the valley as well as for miles along the mesa and hillsides surrounding, pottery in every conceivable form is found. At one time beyond the possibility of a doubt, what is now the fruitful Mimbres Valley was a deep gorge, which by reason of washings from the surrounding mountains for countless ages, has become filled with layers of silt for hundreds of feet.

In a number of places where holes have been dug and excavations made, portions of human skeletons have been unearthed. The pre-historic residents allied as they doubtless were, to the cliff-dwellers, built their habitations upon the hillsides, and as the gorge became gradually filled up, moved down in to the valley and cultivated the soil. Far back on the mesas, evidences of crude ditches exist, cut into the rock and cement, all trending in a general way, toward the level mesas and valley below.

This valley is full of interest for the archaeologist, and he could spend weeks if not months, in pursuit of his favorite pastime. To the antiquary, the Mimbres valley and surrounding hills are filled to repletion with interest, and the many quaint figures and picturesque objects rudely sculptured upon the rocks, high up, and almost inaccessible, are pleasant reminder to the people of today of the innocent tendencies of the people who dwelt in that section

aeons (sic) of ages before history was made.

We of today can but indifferently estimate the toil and patience exerted by this primitive people to record their presence, in monuments more enduring than brass, and can but view with wonder, the advancement made through decades of centuries down to the present enlightened age.



NEWS FROM

**MIMBRES
CULTURE
HERITAGE SITE**

We, at the Mimbres Culture Heritage Site, are always in search of Mimbres Valley history. Recently we came across some old photos which have no names or descriptions on them. Some are quite old and we need help identifying the people, places and time lines of the photos. Can you help? If so, call 575.536.3161 (Kathy Hill) and leave a message- if necessary.

Here is the first photo.



Mystery Photo for January



"Trees in Love"
Do you know where this is?
Answer next month



Silver City Food Co-op donates to LGBTQ Grant County

You can help local organizations at the Silver City Food Co-op by participating in their bag program. Each customer that brings in a grocery bag to use receives a token worth 5 cents to donate to one of two non-profits each month. You vote for the non-profit of your choice with your token.

This month the Silver City Food Co-op donated \$125 to the LGBTQ Grant County through the bag donation program. The Silver City Food Co-op operates by seven guiding cooperative principles, including number seven, Concern for Community. The Silver City Food Co-op is located at 520 N. Bullard St. Pictured are General Manager Joe Zwiebach handing the donation check to Ted Tufares, President of LGBTQ Grant County.

The mission of the Silver City Food Co-op is to provide and distribute high quality products and to promote cooperative and nutritional education to our members-owners, our customers, and our community.



For more information, please contact the Co-op at (575) 388-2343, or visit our website.

Good - Organic - Delicious

The Silver City Food Co-op is your community source for local produce, organic groceries, and health and wellness products. Buy local, be healthy.



Silver City Food Co-op

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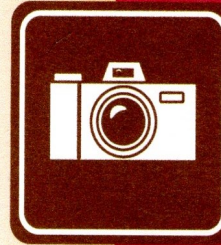


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in Faywood
Alternate Saturdays at 3:30 pm

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Please email any suggestions, articles, announcements, upcoming events, advertising, etc. for consideration by the editors to:
willhite200@aol.com

We're on the web
www.mvhal.org
www.mimbresharvestfest.com
www.blackrange.org



<p>MIMBRES VALLEY HEALTH ACTION LEAGUE PO BOX 137 MIMBRES, NM 88049 www.mvhal.org</p>	Mimbres Messenger
	Farmers' Market
	Harvest Festival
	Commodities Distribution
	The San Lorenzo
	Children's Garden

BULLETIN BOARD

WEDNESDAY, January 11th - 5:30 - 7:00 pm Mimbres Valley Health Action League Board Meeting. Roundup Lodge, Acklin Hill Road. ALL VALLEY RESIDENTS WELCOME

WEDNESDAY, January 18th - Noon to 2 pm
Commodities Pickup ~ Roundup Lodge - Volunteers needed to pack food. Please bring suitable boxes.

The Mimbres Valley Health Action League was founded for the purposes of improving the health, well-being, and quality of life for the people of the Mimbres region. Some of the ways targeted to do that are by improving communication and social networks, providing preventive health education, improving access to health and social services, increasing financial and economic stability, increasing recreation opportunities, increasing education opportunities, and promoting a safe and healthy environment.

Important announcements

NEW DAY FOR COMMODITIES DISTRIBUTION

Starting in January 2017 the Commodities Distribution date will change from the second Wednesday to the third Wednesday of each month. We hope this change will allow us to provide better service and fresher food to our community. **In January distribution will be on 1/18/17 (3rd Wednesday)**

Sorry for the inconvenience this may cause.

ASSISTANCE FOR HOME HEATING COSTS

On January 18th, at Commodities Distribution, forms will be available from the Grant County Department of Human Services for those who would like information regarding assistance with home heating costs.

Be tender with the young, compassionate with the aged, tolerant of the weak, because someday in your life you will be all of these.
~George Washington Carver~

MESSENGER ON-LINE ~ BLACK RANGE.org

Bob Barnes of Hillsboro, puts the *Mimbres Messenger* online each month at <http://www.blackrange.org>, his non-profit website. The website is dedicated to the National History and Human Culture of the Black Range.

Check out the wonderful photography, historical information and informative articles and view the *Mimbres Messenger* in color!

