

A FREE COMMUNITY NEWSLETTER

MARCH 2018

MIMBRES MESSENGER

IT IS GETTING HARDER AND HARDER NOT TO BE THE VICTIM OF CON ARTISTS

By Mary Willhite

The 19th century saw the emergence of a new type of criminal—the confidence man. Nowadays better known as a con artist, his tactics involve finding suitable victims (referred to as “marks” or “suckers”), gain their trust, and then defraud them out of money or property. When the job is executed well, the target doesn’t even know he is being conned and will part with his money with a smile on his face.

A short con or small con is a fast swindle which takes just minutes. It typically aims to rob the victim of everything in his or her wallet or purse.

A long con or big con is a scam that unfolds over several days or weeks and involves a team of swindlers, as well as props, sets, extras, costumes, and scripted lines. It aims to rob the victim of huge sums of money or valuable things, often by getting him or her to empty out bank accounts and borrow from family members.

Confidence tricks exploit typical human characteristics such as trust, naivety, gullibility and compassion. Other scams rely on people’s greed, dishonesty, vanity, opportunism, irresponsibility, and desperation. Or in the case of the IRS scam below, the cons rely on people’s fears. Therefore, there is no consistent profile of a confidence trick victim; the common factor is simply that the victim

relies on the good faith of the con artist. Victims of investment scams tend to show an incautious level of greed and gullibility. Many con artists target the elderly because they consider them easy marks, but even alert and educated people may be taken in by other forms of a confidence trick.

From the old fashioned pickpocket to the modern-day internet con to the Ponzi scheme white collar criminal, the con artists are just as prevalent today (if not more so) as they were years ago. Most modern day scams are by phone or internet.

One of the most common scams these days is to “hijack” your computer by locking it and not allowing you to do anything except call the number on the screen. It usually tells you some dangerous virus has been detected on your computer and they need to fix it for you. Sometimes they claim to be Microsoft. If you call the number to get your computer unlocked, they charge your credit card anywhere from \$300 to \$600 to unlock your computer. I know of three people in the area who have fallen for this **scheme**. Your credit card company will not refund your money because you authorized the charge. They will unlock your computer, but you are then without your money and they have your credit card information.

Cont. on Page 5— Cons

Internal Revenue Service SCAM ALBERT

A lot of people in the area have been receiving phone calls from people claiming to represent the IRS. Anyone calling you saying they are with the IRS is a **SCAM!** The IRS **NEVER** calls or emails people. They will only initiate communication with you by letter through the mail.

The people making these calls are very threatening, rude and insistent. They will threaten to take your house, your bank accounts and send the sheriff after you. Sometimes you will get a follow up call from someone who claims to be the sheriff! **NEVER**, under any circumstances, give them your personal information—not even your name or address. Definitely **NEVER** give them your social security number or any bank, credit card, or financial information. They want to collect your personal information in order to either steal your identity or scam you out of money.

Do the right thing and **HANG UP** on them! That isn’t to say that you can’t call them a few choice words first and threaten to sic the FBI on them before you hang up! **Don’t be a victim of this SCAM.**

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LETTER FROM THE EDITOR

By: Anna Willhite

As I write this, it is still February. Because of scheduling conflicts, we set an early deadline for submissions for the March *Messenger*. Our thanks to all our contributors who responded by submitting their works in time to enable us to finish the *Messenger* far earlier than ever before!

As further evidence of early submissions, in February, we have already experienced March Winds and April Showers. The latter, three-day event was greeted with relief and joy by all and came a day or two after some of our neighbors had been watering to preserve their grass and plantings. (Will watering encourage rain?)

On a less cheerful note: The current deluge of scam calls, allegedly from the IRS (which should NEVER be taken as genuine, see note on page 1) has produced many stories from recipients of such dastardly calls. One in particular involved the scam caller threatening seizure of someone's bank accounts and home. It also included a threat that the sheriff would be sent to seize assets. Soon after, another call came with the second caller claiming to be the sheriff, continuing the dire threats and tirade. Fortunately, the recipient of both calls did the right thing and HUNG UP! The IRS never calls, all legitimate IRS communications are via mail.


In March, the Silver City Co-op Roundup Program will benefit the San Lorenzo Elementary School Greenhouse Program, which will help support upgrades and improvements. Through their Roundup Program, the Co-op has generously provided monetary donations to many local worthwhile and charitable entities. San Lorenzo Elementary is fortunate to have been named the recipient for March. Shop the Co-op and support our school.

The proposed Mimbres Valley Farmers' Market Renaissance 2018! Organizational Meeting, discussed in the February *Messenger*, will be held on March 28th, at 5:30 p.m. at the Roundup Lodge (see note in this issue). Help keep the Mimbres Farmers' Market viable, come to the meeting with ideas and suggestions for improvements and opportunities.

As always, we are looking for contributions of articles, ideas, observations, essays, poems, historical notes and creativity to publish in the *Messenger*. Send your creations and ideas to us via e-mail or regular mail (addresses on page 20). If you have reservations about writing yourself, we can help you assemble your thoughts and edit for publication. There are lots of creative, thoughtful and interesting folks out there. We would love to hear from you, and so would our readers.


That is all until April.





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A New Book Worth Reading

By Katie Dumm

Adam Rutherford's new book *A Brief History of Everyone Who Ever Lived*, which was released in the USA last fall, is a must-read for anyone interested in genetics, human evolution, and ancestry. The scientific scope and content of the book is easy to digest thanks to Rutherford's relatable and funny prose, and yes, I would say that large sections of this 'hard-science' book are very funny.

Rutherford's style of writing is easy and fun, and makes sense out of such diverse and difficult topics as DNA structure, sequencing, and interpretation, to the discovery of the genetic basis of many heritable traits such as eye color and Parkinson's. My favorite section is his history of the human species, which spans *Homo sapiens* migrations out of Africa and interbreeding with Neanderthals, to Ghengis Kahn and his uncountable genetic contributions to our species, though the book is largely Euro-centric, as Rutherford is British and writing for a largely British audience. This is well illustrated by a very interesting chapter on a modern case of forensic archaeology involving King Richard III, one of the most maligned monarchs in history, whose remains were recently discovered under a parking lot in Leicester, England.

In his delightful prose Rutherford gently does away with some well-held myths about the human genome, such as the idea that through genetic testing we can determine our geographical and cultural roots - neither of which are expressed in genes. He does this through discussing the results of his own genetic sequencing (he is of Indian and English ancestry, by way of South America) provided by two for-profit DNA testing companies. The results are hilarious and only go to prove that we are all so closely related that the companies might as well be palm-reading as providing the service of genetic sequencing, based on the widely applicable and easily interpreted results he was given.

The overall feeling I was left with after I breezed through the book was one of kinship and inclusivity toward all humanity, as well as a deeper understanding of what exactly a genome is and how it informs our lives. I highly recommend it.

Adam Rutherford, *A Brief History of Everyone Who Ever Lived: The human Story Retold Through Our Genes*. Published in USA by The Experiment, LLC, New York, 2017.

FOREST SERVICE NEWS



GILA NATIONAL FOREST– FOREST PLAN REVISION OPEN HOUSE

Thursday, March 22nd

4pm to 6:30pm

Roundup Lodge

An open house to help create understanding of the preliminary draft plan direction with posters and Forest Staff available for dialogue.

Everyone is welcome. For more information, please visit our website at <http://go.usa.gov/h88k>

Update on the bridge construction on Forest Road 150

The Gila National Forest, Wilderness Ranger District wishes to remind the public that bridge work continues on Forest Road 150.

The project was to replace two aging bridge structures on Forest Road 150; one at Indian Creek, the second at a small tributary to Black Canyon; and the third bridge, a rehabilitation project, is the main bridge at Black Canyon.

There are still 14' wide detours around the bridges and signs are on the road to alert drivers. The public is urged to exercise caution on the road and comply with traffic controls. Delays should be expected. The construction work should be completed by the end of March.

For information on the Gila National Forest, check out our website at <http://www.fs.usda.gov/gila> or join the conversation on Facebook at www.facebook.com/GilaNForest/ or follow us on Twitter @GilaNForest.

MIMBRES VALLEY HEALTH ACTION LEAGUE (MVHAL)

Is seeking someone familiar with metal buildings to install a window and three doors in the MVHAL storage container volunteer or paid worker.

Contact Sonny Johnson

575-574-7674

GARDENING IN THE MIMBRES

By Aleada Siragusa and Anna Willhite

Last month we introduced our readers to neighbors Aleada and Guy Siragusa who moved to Mimbres from Florida about five years ago. The initial glimpse into their foray into the challenges and rewards of gardening in this area featured their backyard pool designed and constructed to attract local birds. Aleada, an accomplished artist, furnished charming bird drawings.

Aleada's blog is a delightful chronicle of their gardening experiences, and features an extensive review of native plants and their characteristics that recommend them. With permission from the author, we share some fascinating examples:

From Aleada's Bog

Moving from a semi-tropical climate to a high desert semi-arid climate has called for adjustments. My husband, Guy, and I were not sure we wanted to continue gardening to the extent we had in Florida. However, in the five years we have been here, we could not resist learning about native plants and other compatible arid plants which can be grown with relative ease – drought tolerant and deer resistant.

The trick we discovered in landscaping in this semi-arid climate is to water plants frequently for the first two years. We learned this the hard way – by not doing it. This year was our most vigorous planting and gardening so far with more tending and watering. We get some fierce torrential rain storms with high wind and hail, but often these rains are short. This summer, when the monsoons arrived, we had rain almost every day. There is nothing like rain water for the health of plants; it is like magic.

Our back yard is sloped and the flowers really started growing when we placed rocks in random patterns throughout this slope. The rocks helped slow down the flow of water and snagged the seeds so that they would stay and put out roots and help keep the soil from eroding,

Sunflowers are native plants to New Mexico. The wild sunflower has a smaller flower than cultivated sunflowers. We encourage their growth by watering them in the early spring and removing the dead stalks in early winter. Other wild flowers we have encouraged are Thread Leaf Groundsel Bloom, Globe Mallow and Red Cone



Apache Plume Flower

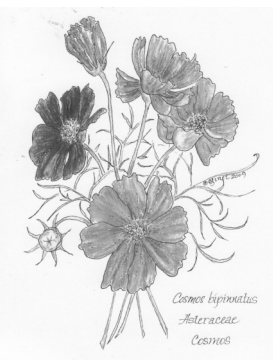
Flower (Mexican Hat) and Purple Verbena.

We have planted four Apache Plumes, a plant native to the region, so watering will not be an issue. In the spring, the Apache Plume gets white flowers that space themselves very nicely – like polka dots – among the deep green leaves. Later it grows purple plumes which are very showy. Often the flowers and plumes stay on the bush throughout the spring, summer and into the fall.



Apache Plume in September

Next month: more wildflowers and succulents. For more, visit <http://aleadasiragusa.blogspot.com/>



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Cont. from Page 1 - Cons

What I do when this happens is just turn my computer off and on until it either comes back normally or asks you if you want to open the computer in safe mode, which you should do. Either way, immediately after that happens, you should restore your computer to an earlier date in order to remove any ill effects. This has always cleared up the problem on my computer. If you or one of your friends doesn't know how to do this, it is usually less expensive to hire a computer technician than it is to pay the hijacker. Of course, this usually happens right in the middle of doing something important so it is very annoying. For instance, today when I was working on the *Messenger*, someone claiming to be Microsoft locked my computer!

Other common scams these days

Be alert when you insert your credit cards into ATM machines and at self service gas stations particularly in places where there are not any security cameras. Criminals are inserting a skimmer that looks exactly like a normal credit card scanner in order to steal your credit card information. If you jiggle the scanner and it moves, don't use it.

The most widespread internet and email scam today is Phishing. It is the modern day "sting" con game. "Phishing" is where digital thieves lure you into divulging your password information through convincing emails and web pages. These phishing emails and web pages resemble legitimate credit authorities like Citibank, eBay, or PayPal. They frighten or entice you into visiting a phony web page and entering your ID and password. Commonly, the guise is an urgent need to "confirm your identity". They will even offer you a story of how your account has been locked or attacked by hackers to lure you into entering your confidential information.

The email message will require you to click on a link. But instead of leading you to the real login https: site, the link will secretly redirect you to a fake website. You then innocently enter your ID and password. This information is intercepted by the scammers, who later access your account and fleece you for several hundred dollars.

This phishing con, like all cons, depends on people believing the legitimacy of their emails and web pages
Tip: the beginning of the link address should have https://. Phishing fakes will just have http:// (no "s"). If still in doubt, make a phone call to the financial institution to verify if the email is legit. In the meantime, if an email seems suspicious to you, do not trust it. Being skeptical could save you hundreds of lost dollars.

Fermented Foods

The Process of Culturing Foods [Part one]

by Frankie at Valle Mimbres Market

Fermented foods have been around for eons. Fermentation is an ancient art that pre-dates writing and agriculture. It's often considered to be the practice that first ushered our ancient relatives from the natural world, into a culturally driven world.

Fermentation is a metabolic process in which an organism converts a carbohydrate, such as a starch or a sugar, into an alcohol or an acid. For example, yeast performs fermentation to obtain energy by converting sugar into alcohol. It is the process of culturing foods and drinks which occurs when the natural or added yeasts and bacteria break down a food's complex elements into more digestible forms. It is used to produce wine, beer, mead, yogurt, cheese, sauerkraut, kimchi, pepperoni, yeast bread, and other foods.

When fermentation occurs, fruits, vegetables and grains become easier to digest, allowing the body to work less, while reaping more benefits. These benefits include higher levels of available nutrients and cultures of live probiotic bacteria. These bacteria can improve digestion, boost the immune system, improve mental health and detox the body, when consumed in reasonable quantities. Fermented veggies are safer than raw vegetables, because the fermentation process actually kills off any unwanted or dangerous bacteria, that may exist on the food prior to fermentation. According to the USDA, there has "never been a single case of food poisoning reported from fermented vegetables."

"Fermenting is a health regimen, a gourmet art, a multicultural adventure, a form of activism, and a spiritual path, all rolled into one." Sandor Katz

Part two will review how to ferment various fruits

Special co-editor note:

Today I read on the internet (so you know it must be true!) something weird happens to your brain when you eat pickles. You may want to eat more!

Researchers have concluded that consuming fermented foods like dill pickles can help improve your mood to fight depression and anxiety by boosting serotonin levels while increasing the level of probiotics that appear in the gut. These studies have shown that other pickled foods are capable of achieving the same effect, such as kimchi, miso, sauerkraut and fermented vegetables. Who knew?

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SILVER CITY FOOD CO-OP'S ROUND UP PROGRAM

The Round-Up program allows patrons of the Silver City store to easily donate their change to a worthy local charity. When you are checking out, all you have to do is tell the cashier you want to "Round Up". If your bill comes to say \$10.94, then your bill would be rounded up to \$11 and you would be donating the additional 6 cents to that month's charity. The co-op has selected a different charity for every month of 2018. The month of **March** is especially important for the people in the Mimbres Valley to "Round Up"

BECAUSE

The Mimbres Valley Health Action League, is pleased to announce that the San Lorenzo Elementary School Greenhouse Program will be receiving the proceeds from the March 'Round-Up' program at The Silver City Food Co-Op. The Greenhouse director will use the funds for improvements and upgrades. Thank you Silver City Food Co-op!

Remember to Round Up in March!



Land for Sale by Owner

Own a piece of the scenic and private Mimbres Valley Ranch located on highway 61, between MM 20 and MM 21 in the Magical Mimbres Valley! Be a part of an Eco-Ranch where you will have access to the entire 1,700 acre ranch. Roads, underground power and phone lines to the tract lines in place. Some basic covenants apply. 20 acre tract available.

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NEWS FROM

By Marilyn Markel

MIMBRES
CULTURE
HERITAGE SITE

Smokey Report

Smokey, the Mattocks Cat, lives at the Mimbres Culture Heritage Site. He loves to join visitors as they walk along the interpretive trail through the Mattocks Ruin. He often greets people at the door to the museum, or can be seen stretched out across the volunteer's desk in the gift shop, or sleeping in his favorite spot- on top of the plexiglass covered model of the Mattocks Ruin. Smokey gets to meet visitors from all over America and far-away places. In future "Smokey reports" you will hear what some of these visitors say about Mimbres- and about getting to meet Smokey. If you have not yet met Smokey please stop by MCHS. Smokey could love to show you his home!



Smokey the Mattocks Cat
Photo courtesy of Marilyn Markel

In the coming months look for excerpts from the many books written about the Mimbres and Gila Wilderness region that may capture your interest—bits of history about people that once called the Mimbres Valley and surrounding area home. These books are available at local libraries and some are for sale at the Mimbres Culture Heritage Site. Enjoy!

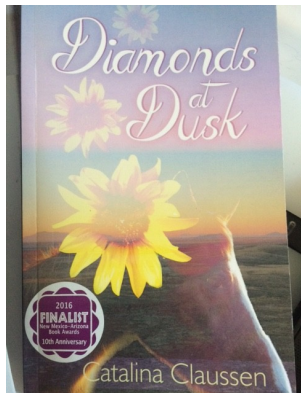
A Bit of History; an excerpt from the book ***Black Range Tales*** by James McKenna:

The first night after leaving the Woods place [near the Gila Cliff Dwellings], I bunked with the Hill brothers near the Hot Springs, the next night with Lou Gatten on the Sapello, now the headquarters of the G.O.S. Cattle Company, and the third night at the Mimbres Mill, getting into the outskirts of Kingston the next afternoon. Mrs. Anthony, who had a ranch at the Mimbres Mill, fixed up a package of food for me. She heard I was taken by the Indians and wanted to do something to show she was sorry for her deer man, as she always called me. I had often sold her fresh meat during our hunting trips.

Near the Georgetown Mill I struck up Noonday Creek for a distance of five or six miles. Coming into a little park, I met an old turkey hen with a brood of young ones. She took no notice of me and went on scratching, so I came to the conclusion that there had not been any Indians in the vicinity. Since it was virtually noon I headed for a shady nook under a cliff, where I opened up Mrs. Anthony's package of food and turned Old Hog [his burro] loose to graze.

James McKenna homesteaded in the Gila Country in the 1880s, was a prospector miner in the Black Range, and spent many years in the Deming area. He wrote *Black Range Tales* in 1936, one of the classics of Southwest Americana.

Continued on Page 8— Heritage Site



A new book by local artist Catalina Claussen is for sale at the Mimbres Culture Heritage Site. *DIAMONDS AT DUSK* was a 2016 Finalist New Mexico-Arizona Book Award recipient.

Sixteen year old Cassie Jennings is coming of age in the Mimbres Valley. She faces the realities of drug dealing in which she must rely on a new friend as well as old friends and family to stay safe. This story has a little romance, mystery and adventure.

Stop by the Mimbres Culture Heritage Site on Fridays, Saturdays or Sundays to pick up your copy. The museum is located at 12 Sage Drive - just off 35 between mile marker 3 and 4 and is open from 11 AM to 3 PM.

Continued from Page 7—Heritage Site

Mimbres Culture Heritage Site docent and historian Bill Hudson gives a guided tour of the Mattocks Ruin and museum the first Saturday of each month. So come join him on March 3 at 1 pm. It is an easy walk on the trail. You will learn about the history of the Mimbres Valley and why the Imogen F. Wilson Education Foundation is working hard to preserve the rich history of the area. There is no fee but donations are welcomed to help us achieve our goals and "keep the lights on." For more information, you may call 575. 536.3092 or 575.536.3161 and leave a message.

Going with the flow

by Ria Bonneamie

Spurting from the earth,
Choosing the path of least resistance,
Then parched going underground,
Gaining company on the way down,
Rising back to the surface,
Carving a new path,
Picking up speed,
Roaring through crags,
Widening and slowing down in the plains,
Wildly jumping boundaries with the rains,
Spreading sediments onto the delta,
To finally morph into the sea.

MIMBRES VALLEY FARMERS' MARKET RENAISSANCE 2018! ORGANIZATIONAL MEETING

As detailed in the February issue of the *Messenger*, Mimbres Valley Health Action League (MVHAL) will hold an open organizational meeting on Wednesday, March 28, at 5:30 pm at the Roundup Lodge.

Everyone who loves having a weekly farmers' market in the Valley, growers, buyers and folks with ideas and suggestions are cordially invited.

The goal is to determine the level of interest in revitalizing the Farmers' Market, to attract an expanded number of participants (growers and buyers) and to facilitate management and operation of the Farmers' Market.

This will be an opportunity for the Valley community to come together to share suggestions and explore shared resources to make the Mimbres Valley Farmers' Market Renaissance 2018! a welcome weekly event.

Plan to attend the meeting on March 28th and be a part of continuing this traditional Valley institution.

WANTED



Good, Used, Simple Stationary Bicycle. Nothing fancy or really big, some simple programs and ability to do inclines for PT! If yours is serving as a clothes hanger, please call me.

Chris D. 956-3225

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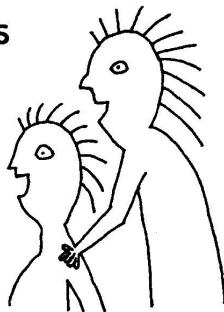
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What I've Learned From my Travels

Patterns are found everywhere. Here at home in the Mimbres Valley we have the Century Plant (Agave parryi). Have you ever looked close to see the imprint made by each leaf on the leaf before? Take a look sometime.



In my travel photos I found another pictures of patterns. Take another look. What do you see? This is the ceiling of York Minster in York, England. See how the patterns contribute to the ability of this roof to soar gracefully up

in height. The first Christian church built here was by Anglo-Saxons for King Edwin of Northumbria in 627AD. It was built in the ruins of a Roman city as a simple wooden structure. It was rebuilt two more times and then destroyed again during the Norman siege of the city in 1069. The Gothic style Cathedral that survives now was started in 1220 and after many additions and upgrades was consecrated as The Cathedral and Metropolitan Church of Saint Peter in York or more simply York Minster in 1472. To stand in a Cathedral that is 500 years old must repeat a pattern. How many people came before me to gaze up in awe at the beauty of this ceiling?



AARP TAX-AIDE FOUNDATION Free Tax Return Preparation

Free income tax return preparation is now underway at the Mimbres Senior Center on Mondays and at the Bayard Public Library on Wednesdays and Thursdays. You MUST have an appointment. Call 575-536-9323 between 9 am and 9 pm to make an appointment. When you leave a message, speak slowly, spell your last name and leave a phone number. Someone will return your call within a couple of days.



NEW TEMPORARY OFFICE HOURS FOR HMS MIMBRES VALLEY CLINIC

TUESDAYS AND THURSDAYS 8:00 am - 5:00 pm
(closed between 12 noon and 1:00 pm)
575-536-3990

We have been having great Money Games - even more money than the grand prize.

The more people that come, the higher the pot!

Mimbres Roundup Lodge Your Community Center Sunday, March 11 2 pm to 5 pm **Bingo**

Come join the fun!

CARDS
\$5 FOR 1 OR
\$10 FOR 3
Plus More Money Games
And new prizes!

\$50 Grand Prize

COMMUNITY CALENDAR & HAPPENINGS

ALCOHOLICS ANONYMOUS - EVERY TUESDAY and FRIDAY - 5:30 pm Mimbres Roundup Lodge, Acklin Hill Road. Speaker meeting last Tuesday of the month. For more information call 515-313-4693 or 888-388-1802.

ALZHEIMER CAREGIVER SUPPORT GROUP - For more information call Sharon McGrath 536-3950.

CASAS ADOBES WATER ASSOCIATION - meets March 15 - (usually the third Thursday of every month) 6:30 p.m. Roundup Lodge, Acklin Hill Road.

COMMODITIES DISTRIBUTION - March 21 - (third Wednesday of every month) - 12 NOON to 2:00 pm - Roundup Lodge
Please bring a suitable box. Volunteers to help pack boxes are always needed.

DESERT WEST AUCTION - THE BIG RED BARN - 3870 Hwy 35, Mimbres. **Third Sunday of every month** Off Line and On Line Auction email: desertwest@desertwestauction.com web: www.desertwestauction.com phone: [575-536-9353](tel:575-536-9353) On Line at www.liveauctioneers.com

GIRL SCOUTS OF DESERT SOUTHWEST, TROOP 049, meets at Roundup Lodge on Mondays at 5:15 pm to 6:15 pm weekly. For more information, come to a meeting. No meetings when school is not in session.

HMS MIMBRES CLINIC - Clinic Hours and Days have been **changed - NEW TEMPORARY HOURS Tuesday and Thursday 8:00 am to 5 pm.** 575-536-3990 (Closed between 12 noon and 1 pm for lunch)

KATE BROWN POTTERY & TILE - Open by appointment 536-9935

LA ESPERANZA VINEYARD & WINERY - Winery open Friday, Saturday and Sunday - Noon to 6:00 pm. Mimbres' Award Winning Winery. For more information call 505-259-9523 or 505-238-6252

MIMBRES CULTURE HERITAGE SITE - 12 Sage Drive (on Highway 35), The Mattocks Site and museum has gone to its winter schedule: Open Friday, Saturday and Sunday from 11 am to 3 pm. Special group tours can be arranged by calling 575-536-3333 or 575-536-3161 at least a week in advance.

MIMBRES FARM BUREAU - March 8 - Monthly meetings usually are the 2nd Thursday of each month at 6:30 pm. Roundup Lodge. Pot-luck supper followed by a business meeting. Everyone welcome.

MIMBRES VALLEY HEALTH ACTION LEAGUE (MVHAL) - Board Meeting - March 14 - Second Wednesday of the month - 5:30 pm .Roundup Lodge, Acklin Hill Road, San Lorenzo. Everyone Welcome.

MIMBRES VALLEY FARMERS' MARKET RENAISSANCE 2018! Wednesday, March 28, 5:50 pm. Mimbres Roundup Lodge Organizational Meeting. Everyone welcome!

MIMBRES VALLEY ROUNDUP LODGE BOOSTER CLUB Acklin Hill Road - Calendar of events.

BOOSTER CLUB MONTHLY MEETING. March 1 - (Usually First Thursday of the month) Everyone welcome. Light dinner served.

BINGO - Sunday, March 11 - 2:00 pm to 5:00 pm - Second Sunday of each month. Roundup Lodge - \$5 a card or 3 for \$10.00. Grand Prize of \$50 Don't forget to set your clocks forward on Saturday night or you will be late!

MIMBRES VALLEY SENIOR CENTER - LUNCH DAILY— Monday - Friday 11:30 Reservations are requested one day in advance.

EXERCISE FOR SENIORS -Every Tuesday and Thursday - 10:00 am Stretching and light weight lifting. For information call Thelma Melvin 536-2899

SENIOR CENTER THRIFT STORE - open to everyone 9 am to 1:30 pm Monday through Friday. Great bargains by donation. There is also a free book lending area.

SENIOR CENTER ADVISORY COUNCIL - March 27 - (meets 4th Tuesday of each month after lunch) For information call Sharon McGrath 536-3950

MIMBRES VALLEY THERAPEUTIC HEALING MESSAGES - Tuesdays, Thursday and Saturdays - 2739 Highway 35. For appointments call 575-574-7069

VALLE MIMBRES MARKET - NEW WINTER HOURS ~ TUESDAY, WEDNESDAY, FRIDAY AND SATURDAY 11:30 am to 5:30 pm; Fresh organic and local produce, groceries and more. Every Wednesday 5% off for Seniors. Every Saturday 10% off all fresh produce. Credit, debit, EBT. 2739 Highway 35. 575-574-7069

COUNTY CALENDAR

ALBERTSONS - Wednesday, March 7 - First Wednesday of the month. Seniors 55+ get 10% off. All day.

AL-ANON FAMILY GROUP - Every Wednesday - 6 pm to 7 pm - Arenas Valley Church of Christ, 5 Race Track Road, Arenas Valley. Open meeting for family and friends of alcoholics. For information, call 575-313-7094 or 575-654-1643

AMERICAN LEGION POST 18 of Silver City - meets every Wednesday from 8:30 am to 10:30 am for coffee and doughnuts for all veterans. 409 West College Avenue, Silver City. For more information contact Ray Davis 575-956-5153

AMERICAN LEGION POST 18 and THE AMERICAN LEGION AUXILIARY - meet the second Saturday of every month at the American Legion Post - Breakfast at 9 am followed by a meeting at 10 am

BACK COUNTRY HORSEMEN - Wednesday, March 14 - 2nd WEDNESDAYS - 6:00 pm Everyone, members and interested parties are invited. Meetings frequently include information on upcoming events, trail cleanings and conditions, educational presentations and demonstrations. **WNMU Watt's Hall Room #224 in Silver City Opposite CVS Pharmacy - NW corner of Hwy 180 and Swam - parking on Cactus enter at NW door.**

BAYARD PUBLIC LIBRARY - NEW HOURS - Monday - noon to 6 pm, Tuesday through Friday - 9 am to 6 pm CLOSED on Saturday and Sunday.

BOOKMOBILE WEST SCHEDULE - Thursday, March 22

Mimbres - Living Harvest Bakery 9:45 am - 10:45 am

Lake Roberts - Sapillo Creek Fire Station 11:45 am - 12:45 pm

Doc Campbell's Post (near Gila Cliff Dwellings) 2:30 pm - 3:30 pm

Rural Bookmobile West - 1000 Main St. NW, Building 16A, Los Lunas, NM 87031

Phone: 505-841-5250 Fax: 505-841-5255 Email: rbmw@state.nm.us

Books by Mail Provides library service to those who are not reached by bookmobiles or public libraries. Toll free 1-800-395-9144

Library for the Blind and physically Handicapped - Phone toll free 1-800-456-5515

FORT BAYARD WALKING TOURS - Private tours for family and friends visiting the area. Call 575-388-9123 or 575-574-8779

GILA NATIONAL FOREST- FOREST PLAN REVISION OPEN HOUSE - Thursday, March 22nd 4pm to 6:30 pm, Roundup Lodge. An open house to help create understanding of the preliminary draft plan direction with posters and Forest Staff available for dialogue. Everyone is welcome. For more information, please visit our website at <http://go.usa.gov/h88k>

GRANT COUNTY ARCHAEOLOGICAL SOCIETY - Wednesday, March 21 - 3rd WEDS of the month. 6:00 PM The Mary Margaret Soule Building 2045 Memory Lane (large building on the west side of the street with yellow door) in Silver City. For information, call **Marilyn Markel 536-9337.**

GRANT COUNTY ROLLING STONES GEM & MINERAL SOCIETY - Thursday, March 8 - (2nd Thursday), 6:00 pm - Meeting and potluck followed by a rock draw. Bring your own service ware and dish to share. NEW MEETING PLACE and CONTACT INFO: 2045 Memory Lane, Silver City and the new contact phone number is 575-654-4424

rollingstonesgms.blogspot.com

Field trip Saturday, March 17 - the 3rd Saturday of the month at 8:30 am. For more information contact Ansel Walters at 575-388-2010

MS SUPPORT GROUP - First Tuesday of the month at 11:30 am for lunch in Silver City. Meetings are held in various City area restaurants. New members with Multiple Sclerosis are welcome. Email huseworld@yahoo.com for the location.

NEW HOPE AL-ANON FAMILY GROUP - EVERY MONDAY - 12:00 pm to 1:00 pm - First Presbyterian Church at 20th and Swan, Silver City. Open meeting for family and friends of alcoholics. For information, call Jerry 575-534-4866 or Diana 575-574-2311.

PUPPY DOG RANCH RESCUE AND SANCTUARY - Open by appointment Tuesday - Friday 10 am to 5 pm Grant County's only private, no kill, no cage rescue. 27 Twin Sisters Creek Road, Arenas Valley 575-313-7232

SILVER CITY CHAMBER OF COMMERCE LUNCHEON MEETING - Thursday, March 1 - WNMU Student Cafeteria, Sunset Room, Student Memorial Building, 100 College Avenue. Guest speaker will be Dr. Jonni McClure, Au.D., an audiologist with Mimbres Valley Medical Group. She will speak on How Hearing Loss Can Impact Your Bottom Line. **Reminder that you should register**

online. Cost is \$15 for full lunch. See silvercity.org for detailed information or email info@silvercity.org or call GCCC at 575-538-3785.

SILVER CITY FOOD CO-OP - Calendar of Events contact the Food Co-op at 575-388-2343 or www.silvercityfoodcoop.coop for information about any event.

POPCORN FRIDAYS! Enjoy Free Organic Popcorn and Food Samples at the Silver City Food Co-op 520 North Bullard St.

SILVER CITY PHOTO CLUB—March 7, 7:00 p.m. Unitarian Universalist Meeting House, 3845 North Swan Street in Silver City. Lisa Mandelkern, two-time Dona Ana Photography Club photographer of the year, returns to the Silver City Photography Club meeting to present a program on night photography, "Looking Back On Time." Lisa's talk will highlight pioneers of night photography, equipment and techniques for low light conditions, star trails, fireworks, lightning and milky way photography. **Unitarian Universalist Meeting House, 3845 North Swan Street in Silver City. 860-670-4543**

WALGREENS - Tuesday, March 6 - (1st Tuesday of each month) - SENIOR DISCOUNT - 10% off of items not on sale.

WIDOWED AND SINGLE PERSONS OF GRANT COUNTY - Monday, March 12 - Sign in at 10:30 am - (second Monday of each month) Cross Point Assembly of God church (formerly Glad Tidings Church) 11600 Hwy 18 E Speakers will be Rebecca Dow and Howie Morales - Cost for lunch is \$12. All singles are welcome. For information call 575-437-3643.

WOMEN'S AL-ANON MEETING: WOMEN EMBRACING RECOVERY - Every Friday - 5:30 pm to 6:30pm - La Clinica Health and Birth Center, 3201 Ridge Loop, Silver City. Closed meeting for women who are family and friends of alcoholics. For information call 575-313-7094 or 575-313-1032

MYSTERY PHOTO CHALLENGE FOR MARCH



March mystery photo:

This March mystery statue didn't walk to its present location. Do you know where to find him?



February Mystery photo location.

Did February's mystery stump you?

The February mystery picture of the large tree stump is in the yard of the old store (now a residence) on highway 152- just on the outskirts of San Lorenzo before you head up the hill to Emory Pass.



Photos by Kathy Hill



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"All You Can Enjoy Breakfast Buffet"**

New Hours
Breakfast served 7 am to 12 noon

Fresh ground whole grain
Bread, muffins, cookies, etc.
Baked with purpose.

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From 7:00 am Noon



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tom@laws-co.com
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2739 Highway 35
For appointments, call 575-574-7069

MIMBRES UNITED METHODIST CHURCH

2622 Highway 35 in Mimbres

(Next to the Senior Citizen's Center)

Pastor Gene McPeak
575-936-0118
genemcpeak@yahoo.com

We invite you to join us for:
Sunday Morning Worship at 10:00 AM

Open Hearts ~ Open Minds ~ Open Doors

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Sunday Worship
Nursery provided 9:45 am to 12:30 pm
Bible Study 9:45 am
Worship at 11:00 am
Wednesday Worship Services 6:00 pm

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and experience God's Love*

CATHOLIC SERVICES

San Lorenzo Mission
Every Sunday at 10:00 am

San Juan Mission
Alternate Saturdays at 3:30 pm

San Jose Mission
in Faywood
Alternate Saturdays at 3:30 pm

For information regarding San Juan and
San Jose services call 537-3691

TEAMKIDS AND YOUTH GROUP
WEDNESDAYS @ 6 PM



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and learn
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laceofjadeknight@hotmail.com

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SENIOR CENTER MENU

HMS SENIOR SERVICES				
MILK IS SERVED DAILY		MARCH, 2018		
PLEASE PHONE YOUR SENIOR CENTER BEFORE 10:00 A. M. OR MAKE RESERVATIONS THE DAY BEFORE FOR MEALS. <u>ALL DONATIONS ARE ACCEPTED. THANK YOU.</u>				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAYLIGHT SAVING TIME BEGINS 3/11 	 HMS Senior Centers Ena Mitchell 542-9414 Gila 535-2888 Mimbres 536-9990 Santa Clara 537-5254 Silver City 388-2545		1 Gr Ch Pork Stew . . . DS/517 Mexicorn Cole Slaw Flour Tortilla Warm Cinnamon Apples	2 Egg Salad Sandwich . . 402 WW Bread Potato Wedges Broccoli/Cheese Sauce Mandarin Oranges Ice Cream
5 Gr Chile Chick Enchiladas . . DS Lettuce/Tomato Spanish Rice Pinto Beans Strawberries	6 Oven Fried Chicken . . . 517 Mashed Potatoes/Gravy Spinach Dinner Roll Banana Pudding w/ Vanilla Wafers	7 Fidelos Con Carne . . . DS Tomatoes/Gr Chile Salsa Mixed Veggies Flour Tortilla Tropical Fruit	8 Pig in a Blanket . . . DS Spinach Salad Corn Salsa Fruit Cocktail Ice Cream	9 Bean Burrito . . . 501 Spanish Rice Lettuce & Tomato Peanut Butter Cookie Apricots/Topping
12 Tater Tot Casserole . . . DS California Veggies Garden Salad WW Bread Fruit Cocktail/Topping Sugar Cookie	13 Chicken Adovado 146 Pinto Beans Spinach Flour Tortilla Rice Pudding	14 Beef Stew . . . 166 Steamed Cabbage Cornbread Pineapple/Mandarin Oranges	15 Chicken Fajitas 504 Flour Tortilla Mixed Squash Fruit Cocktail Cinnamon Raisin Bread Pudding	16 Chile Rellenos DS W/Cheese Sauce Tomatoes/Gr Chile Salsa Pinto Beans Crackers Pineapple Tidbits
19 Chicken Tenders . . . 118 Mashed Potatoes/Gravy California Veggies Cornbread Strawberry Shortcake	20 Beef Tips/Noodles . . . 148 Salad  Peas & Carrots  Pears Oatmeal Cookie SPRING BEGINS 3/20	21 Beef Tacos 506 Lettuce & Tomato Spanish Rice Pinto Beans Orange	22 Green Chile Stew . . . 508 Mexicorn Tomato/Gr Chile Salsa Flour Tortilla Apple Crisp	23 Breaded Fish Fillet . . . 403 Wild Rice California Veggies Biscuit Peach Yogurt
26 Baked Chicken . . . 110 Zucchini Broccoli/Cheese Sauce Dinner Roll Strawberries & Bananas	27 Meat Loaf . . . 130 Scalloped Potatoes Carrot Raisin Salad Dinner Roll Pineapple/Orange Salad	28 Chicken Noodle Soup . . 213 Mixed Veggies Biscuit Tropical Fruit	29 Gr Chile Cheeseburger . . 170 Lettuce/Tomato/Onion/Pickle Potato Wedges Peas & Carrots Ice Cream	30 Tuna Salad 414 WW Bread Wild Rice Green Beans Lemon Pudding

(Meals subject to change without notice)

(Meals subject to change without notice)

Law Access New Mexico

is a free telephone legal advice service for low income New Mexicans to help solve civil legal problems. Our toll-free helpline is open 8:45 am - 3:30 pm Monday- Friday.
1-800-340-9771
 Asesoría Legal GRATIS via el telefono para personas viviendo en Nuevo Mexico con problemas legales civiles y cuyos ingresos sean bajos. Las Lineas estan abaiertas durante las horas de 8:45ms a 3:30pm, Lunes a Viernes.





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The
Brown
Boys"

**KYLE & KEITH
BROWN**

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SENIOR MOBILE FOOD PANTRY The third Wednesday of every month, the Gospel Mission in Silver City will distribute food at the Knights of Columbus Hall, 1301 North Swan Street from 2:00 to 4:00 p.m. If you are 55 years of age or older, live in Grant County and you need help with food, you are welcome to come by. Please bring your own box or bag to put food in. Help carrying will be available if you need it. If you would like to lend a hand in helping to set up or carrying boxes to cars, please show up at around 12:30 p.m.

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ROUNDUP LODGE NOTES

February was an active and busy month at the Roundup Lodge. There were several groups, new and old, who met there to conduct their business. The Mimbres Booster Club was no exception.

In conjunction with the Booster Club's active support of the San Lorenzo Elementary School's Backpack Program, the chainsaw raffle drawing was held on February 10th, and combined an early Valentine's Day celebration. There were red roses, handmade candies and desserts, gift items and "trinkets" denoting Valentine themes. It was a lively and fun time.

Bingo, held on the following day, was a very well attended gathering. The large crowd enjoyed another fun afternoon of Bingo and the convivial company of Valley and other local residents.

Unfortunately, the Chronic Disease Self-Management Program, which started in February did not attract enough participants to continue its weekly meetings at this time. It is believed that the extremely high prevalence of severe colds and flu in our area induced many who would have otherwise attended to stay home. Hoping to overcome these concerns in overall healthier times, it is planned to reinstitute this worthwhile program in a few months' time. Watch for further announcements.

There are several events on the calendar for March, but you can still schedule your event if you are flexible around the Lodge's ever-expanding regular schedule. If you want to reserve the Lodge for your event, please call Sally at 505-360-1583 to secure a date and time.

March Bingo will be on Sunday, March 11th from 2:00 to 5:00 pm. Be sure to set your clock ahead one hour on Saturday night to avoid being late for Bingo. There will be enough fun to help you recover from the hour's sleep lost to Daylight Savings Time!

Daylight
Saving



AND THE WINNER IS....

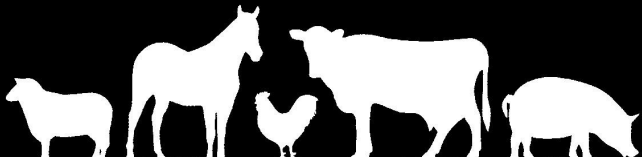
On February 10th, a Valentine's Day event was held at the Roundup Lodge to select the chainsaw raffle winner, and Cindy Lee was selected to draw the winning ticket.

CONGRATULATIONS to the Chainsaw Raffle Winner Jack Crumbley!!

Many thanks to everyone who bought tickets to support this worthwhile fundraiser—the San Lorenzo Elementary Backpack Project.

Because of everyone who purchased a ticket, in excess of \$500+ was raised to supply our children with nutritious snacks and ready meals on the longer weekends.

STAY TUNED for the next raffle project later in the spring, it'll be something good...guaranteed! "



**Mimbres Valley Mobile
Veterinary Services, P.C.**
Dale C. Streams, D.V.M
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580 HWY 35 Mimbres NM 88049

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Friday and
Saturday
11 am till 6 pm

Fresh Produce
Natural Groceries



Teen Ink By Ajalaa Claussen

Ever wonder how planes fly?
While clouds float adrift
In an atmosphere, only a mile high
But water drops when heavier than mist

Ever wonder why birds sing?
Upon the wire
Where the telephone should ring
But instead hangs a flyer

Ever wonder what people do?
On the other side of the world
Away from you
But it feels like a dream world

Ever wonder when the world will end?
And how you'll go
Or if you'll ascend
But you don't know



Ever wonder who made all the rules?
For how to be
While people still feel the blues
But no one spoke of how to be set free

Little questions fill my brain
And for whatever reason
I cannot refrain
From the silly season

Sprinkled in my thoughts
Are small mysteries
With little plots
And short histories

A brief glimmer in time
As short as the glimmer in my eye
Curiosity in its prime
Only to soon die

TERRIFIC KID AWARDS for FEBRUARY

The Kiwanis Club of Silver City celebrated students honored as Terrific Kids for December at San Lorenzo Elementary School. The program "honors elementary school students for demonstrating a positive attitude, good character, and responsible citizenship". The club has formed a partnership with 9 elementary schools to recognize Terrific Kids every month of the scholastic year. Besides getting a certificate each child is given a packet of goodies for them and their parents.

Those honored are: back, Samantha Peterson, Ariana Legarda, Itzel Valdez, MaKayla Lopez, and Simon Medrano. Front, Dezia Crumbley, Carly Close, Elizabeth Powell, and Ashley Dixon.



GIRL SCOUTS

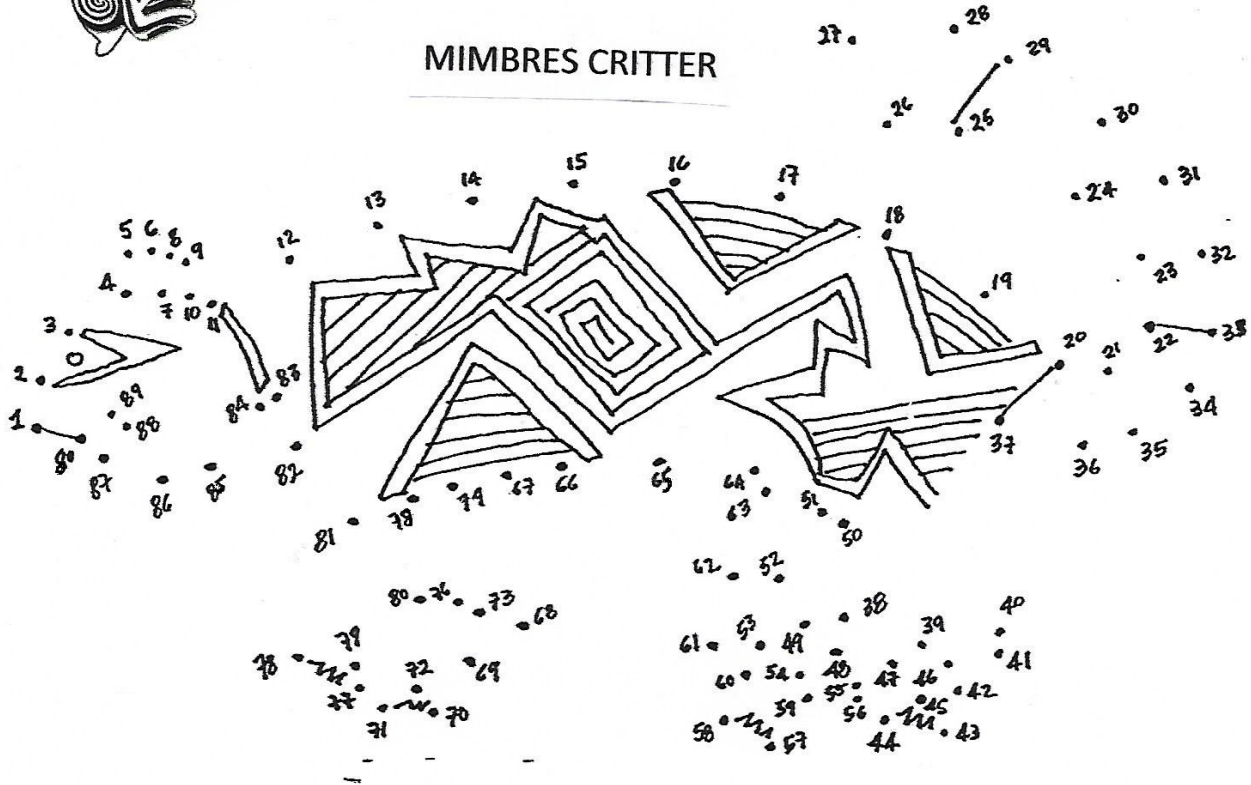
It's Girl Scout Cookie Season here in Grant County, you have until March 11th to purchase cookies for only \$4.00 a box. Girl Scout Cookies offer more than just a mid-winter pick-me-up. All the proceeds from cookies which have zero trans-fat per serving, stay local to benefit local Girl Scouts. They have all the favorites again this year Thin Mints, Shortbreads, Caramel deLites, Peanut Butter Patties, Peanut Butter Sandwich, Thanks-A-Lot, Lemonades, and S'mores. When purchasing your cookies don't forget you can buy cookies for our soldiers overseas for the same \$4.00 a box.



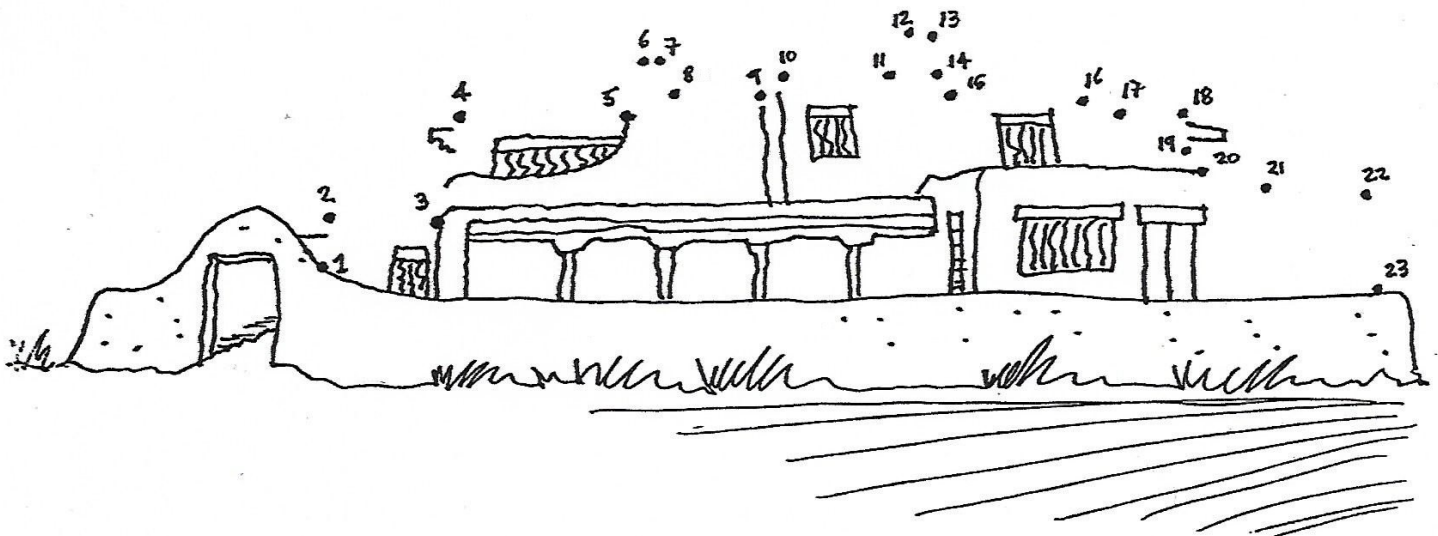
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Mimbres Messenger

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Please email any suggestions, articles, announcements, upcoming events, advertising, etc. for consideration by the editors to:
willhite200@aol.com

We're on the web**www.mvhal.org****www.mimbresharvestfest.com****www.blackrange3.org**

MIMBRES VALLEY

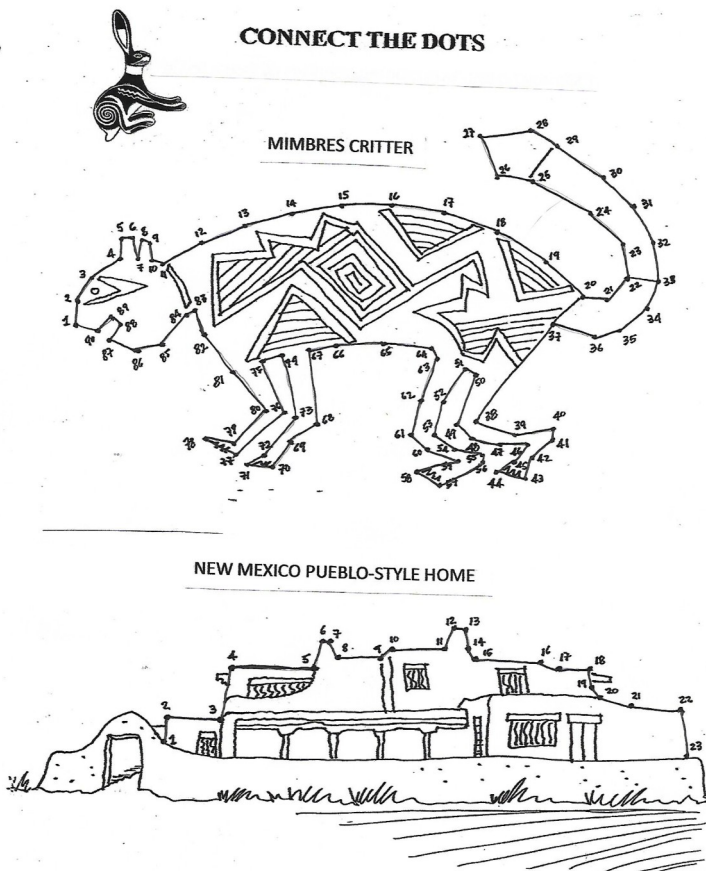
HEALTH ACTION LEAGUE
PO BOX 137 MIMBRES, NM 88049
www.mvhal.org

Mimbres Messenger
Farmers' Market
Harvest Festival
Commodities Distribution
The San Lorenzo
Children's Garden

WEDNESDAY, March 14 - 5:30 - 7:00 pm Mimbres Valley Health Action League Board Meeting. Roundup Lodge, Acklin Hill Road. ALL VALLEY RESIDENTS WELCOME.

WEDNESDAY, March 21 - Noon to 2 pm
Commodities Pickup - Roundup Lodge - Volunteers needed to pack food. Please bring suitable boxes.

The Mimbres Valley Health Action League was founded for the purposes of improving the health, well-being, and quality of life for the people of the Mimbres region. Some of the ways targeted to do that are by improving communication and social networks, providing preventive health education, improving access to health and social services, increasing financial and economic stability, increasing recreation opportunities, increasing education opportunities, and promoting a safe and healthy environment.

Answers to Puzzle on Page 19**ADVERTISING RATES
FOR THE MESSENGER****PREPAID rates**

Business card size ads are:

Ads - Month

Special Size Ads

Monthly	\$10	1/4 Page	\$20
3 Months	\$28	1/3 Page	\$25
6 Months	\$55	1/2 Page	\$30
12 Months	\$110	Full Page Ads	\$50



Dawn Gray will be collecting old t-shirts **in any condition** as long as they are clean.

They will be made into rag rugs which will be sold to supplement the income of the ladies who weave them.

Please bring the t-shirts to Commodities Distribution Day at the Roundup Lodge